

# MENU

**EVERY DAY WE DO FRESH FLAVOR.**  
HAND-SMASHING HASS AVOCADOS FOR THE FRESHEST GUAC,  
DICING ROMA TOMATOES FOR OUR PICO DE GALLO,  
SEARING & GRILLING OUR PROTEINS IN-HOUSE ON AN OPEN FLAME.  
**BECAUSE HERE QDOBA STANDS FOR FLAVOR™.**

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**QDOBA**  
MEXICAN EATS®

## CREATE YOUR OWN

### CHOOSE YOUR ENTRÉE

**BURRITO** cal 720 - 1080

**BOWL** cal 450 - 800

**GRILLED QUESADILLA** cal 920 - 1190

**3-CHEESE NACHOS** cal 930 - 1220

**SALAD** cal 360 - 1270

**LOADED TORTILLA SOUP** cal 1070 - 1370

**3 TACOS** CORN OR FLOUR TORTILLAS cal 600 - 890

### CHOOSE YOUR PROTEIN

#### VEGGIE

skip the protein and choose from a variety of ingredients

**GRILLED ADOBO CHICKEN** cal 150  
marinated in chiles, garlic and spices

**GRILLED STEAK** cal 230  
marinated in chiles, garlic and spices

**GROUND BEEF** cal 190  
seasoned with chiles, onion and garlic

**PULLED PORK** cal 140

slow-braised and shredded by hand

**SMOKED BRISKET** cal 270

slow-smoked for 10 hours and shredded by hand

**PLANT-BASED IMPOSSIBLE™** cal 180

seasoned with tomatoes, garlic, chiles and spices

### ADD SOME FLAVOR

**HAND-SMASHED GUAC** cal 90

**3-CHEESE QUESO** cal 90

**QUESO DIABLO** cal 90 ⚡

**FAJITA VEGGIES** cal 35

**PICO DE GALLO** cal 10 ⚡

**CHILE CORN SALSA** cal 50 ⚡

**RED ONIONS** cal 0

**SALSA VERDE** cal 15 ⚡

**SALSA ROJA** cal 20 ⚡

**HABANERO SALSA** cal 20 ⚡

**PICKLED JALAPEÑOS** cal 15

**BACON** cal 35

**CILANTRO LIME RICE** cal 190

**SEASONED BROWN RICE** cal 170

**BLACK BEANS** cal 140

**PINTO BEANS** cal 130

**ROMAINE LETTUCE** cal 0

**CHOPPED CILANTRO** cal 0

**SHREDDED CHEESE** cal 170

**COTIJA CHEESE** cal 50

**SOUR CREAM** cal 50

**PICANTE RANCH DRESSING** cal 40

**CITRUS LIME VINAIGRETTE** cal 110

**TORTILLA STRIPS** cal 70

⚡ MILD ← → ⚡⚡⚡ SPICY

## SIGNATURE EATS

our most popular chef-crafted flavors

**CHICKEN QUESO BURRITO OR BOWL** cal 780 - 1080  
grilled chicken, 3-cheese queso, pico de gallo, corn salsa, shredded cheese, cilantro lime rice, black beans

**CHICKEN PROTEIN BOWL** cal 610  
double chicken, double fajita veggies, hand-smashed guac, pico de gallo, salsa verde, romaine, black beans

**STEAK FAJITA QUESADILLA** cal 1130  
grilled steak, fajita veggies, pico de gallo, salsa roja, shredded cheese, hand-smashed guac, sour cream

**3 STREET STYLE CHICKEN TACOS** cal 470 - 520  
grilled chicken, hand-smashed guac, salsa verde, red onion, cotija cheese on **CORN** or **FLOUR** tortillas

**IMPOSSIBLE™ FAJITA BOWL** cal 500  
plant-based protein IMPOSSIBLE™, fajita veggies, corn salsa, salsa verde, cilantro lime rice, black beans

### GRAB A SMALL BITE

**MINI BOWL** cal 220 - 400  
a smaller version of our popular bowl

**CUP OF TORTILLA SOUP** cal 100  
topped with tortilla strips and sour cream

**TACO** CORN OR FLOUR TORTILLA cal 200 - 295  
create your own taco with one of our flavorful proteins

### ROUND OUT YOUR MEAL

**SIGNATURE QUESO & CHIPS** cal 740 - 940  
choose from our 3-cheese queso or fiery queso diablo

**HAND-SMASHED GUAC & CHIPS** cal 730  
freshly made in-house with Hass avocados

**SALSA & CHIPS** cal 595

**FOUNTAIN AND BOTTLED DRINKS** cal 0 - 440

### KIDS MEAL

includes side of applesauce, tortilla chips or beans, and apple juice or milk

**KIDS QUESADILLA** cal 350 - 450

**KIDS TACO** cal 110 - 260

**CHOCOLATE CHUNK COOKIE** cal 260

**CHOCOLATE BROWNIE** cal 360

**KIDS 3-CHEESE NACHOS** cal 370 - 550

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.

**WE'RE ALL ABOUT FLAVORFUL MEXICAN EATS, WHEREVER AND WHENEVER YOU WANT IT. ORDER ONLINE, VISIT A QDOBA OR CATER YOUR NEXT MEAL. VISIT QDOBA.COM FOR MORE INFORMATION.**

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Pricing and menu varies by location. Visit QDOBA.COM for your favorite QDOBA location's prices and menu. Online ordering valid only at participating QDOBA locations.