## **RECOMMENDED BOOKLIST**

**Zero Limits** 

**RELATIONSHIPS:** The 7 Principles to Make Marriage Work: A Practical Guide John Gottman The 5 Love Languages Gary Chapman I Deserve Love / Loving Relationships Sondra Ray Open Heart Therapy / Heart Over Heels...out of print/2<sup>nd</sup> hand **Bob Mandel David Schnarsch** Passionate Marriage and anything else by MEN: Intimate Communion & anything else by David Deida The New Manhood: The 20th anniversary edition & anything else by Stephen Biddulph Secret Men's Business Ken Druck The Men's Room **Toby Green** Flying Boy I and II John Lee Fire in the Belly Sam Keen He'll be OK Celia Lashlie Iron John Robert Blv King, Warrior, Magician, Lover: Rediscovering the Archetypes of the R Moore & D Gillette Mature Masculine **BIRTH:** Birth Without Violence Frederick LeBoyer Secret Life of the Unborn Child **Thomas Verney** The Continuum Concept Jean Liedloff The Feeling Child **Arthur Janov** Lotus Birth Rachana Sacred Birthing Sunni Karll Circumcision Daricha Being Born Robyn Fernance MONEY: The Money is in the Mindset Dr Andrew Powell **Money Rules Annie Marosy** The Instant Millionaire Mark Fisher **HEALTH:** Anatomy of the Spirit Caroline Myss Health Wars, Cancer & anything else by Philip Day Peace, Love and Healing Bernie Siegel Take Control of your Health E Hollingsworth The Body is the Barometer of the Soul Annette Noontil Vaccination Roulette VISA You Can Heal Your Life Louise Hay Rebirthing... The Science of Enjoying your Life Leonardd Orr Anthony William Medical Medium Heal your Wounds and Find Your True Self Lise Bourbeau Your Body's telling you: Love Yourself Lise Bourbeau **OTHER:** The Bach flower Remedies Bach & Wheeler Conversations with God I - II - III & Little Soul and the Sun Neale Donald Walsch Creative Visualisation / Living in the Light Shakti Gawain Many Lives Many Masters/Through Time into Healing **Brian Weiss** Messages from the Water Dr Emoto Power Vs Force & The Eye of the I **David Hawkins Radical Forgiveness Colin Tipping** Teach Only Love / Goodbye to Guilt Gerry Jampolsky The Biology of Belief & The Honeymoon Effect & Spontaneous Evolution **Bruce Lipton** The Field & The Intention Experiment Lynne McTaggart The Isiaah Effect & Spontaneous Healing & Divine Matrix & God Code Gregg Braden The Law of Attraction & anything else by J & E Hicks The Power of Now **Eckhart Tolle** Unlimited Power / Awaken the Giant Within **Tony Robbins** Way of the Peaceful Warrior Dan Millman

Joe Vitale