

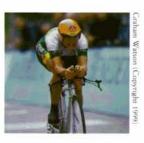
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Parklands Magazine is published quarterly by the Centennial Park & Moore Park Trust Locked Bag 15, Paddington NSW 2021.

Trustees: Annette O'Neill (Chairman), Phillip Black, Jill Hickson, Michael Marx AM, John Walker, Sarah Whyte, Bob Wilson.

Editor: Catriona Burgess email: catriona.burgess@cp.nsw.gov.au Contributors: Catriona Burgess, Joan Mabbutt, Sandra Symons, Georgia Stynes Design: Global Graphics Photography: Ian Lever Printed on recycled paper



Momentous occasion is about to unfold within the Centennial Parklands – the Sydney 2000 Olympic and Paralympic Games.

The festivities begin with cultural activities as part of the Olympic Arts Festival. The *Hemispheres* World

Music Festival will be held in Centennial Park on 9 and 10 September.

Following this, the Parklands will be playing a significant role in the Sydney 2000 Games, with the Olympic and Paralympic road cycling and marathon events taking place here.

It seems only fitting that the Parklands – Centennial, Moore and Queens Parks – should be the backdrop for these pinnacle events.

Our involvement in the first Olympic Games held in Sydney is a natural follow on from the long tradition of sporting activity in the Parklands.

The Parklands have been the setting for many major events over the years. The grounds are steeped with an atmosphere perfectly suited to spectacle and occasion. This ambience will combine perfectly with all the excitement the Sydney 2000 Games can muster.

In the final months leading up to the Games, the Trust has been liaising closely with bodies responsible for staging the sporting events in the Parklands.

All major details for the events have been finalised. An agreement with the Olympic Co-ordination Authority is also in place to ensure maximum enjoyment of Olympic and Paralympic events with minimum long-term disruption to park users, the local community and the Parklands' environment.

As our minds turn to the milestones of the coming months, it seems Sydneysiders will never be better placed to take advantage of a once in a lifetime historic opportunity.

The Parklands offer something unique as a Sydney 2000 Games sporting venue. The road cycling and marathon events are some of the key unticketed events of the Games. This will give many families a chance to enjoy the Olympic and Paralympic competitions in a parkland setting.

We are inviting you to make a day of the Olympic and Paralympic events in the Parklands. Some things will be different during the period. This issue of *Parklands* provides a special guide that will help you plan for both event and nonevent days.

On non-event days there will be plenty of activities for the whole family.

As the school holidays fall within the Olympic period, a special program of activities for families has been organised in the Parklands, including pony rides, horse and cart rides and an Australian wildlife show. See page 18 for details. Our mobile ranger station will be set up near the café in Centennial Park for visitor assistance and information.

So whether you are a sporting or cultural devotee, there are unforgettable days ahead.

The Trust looks forward to visitors joining with us to celebrate this great moment in the Parklands' history.

Peter Duncan Director, Centennial Park and Moore Park Trust

of music

Fields of Dreams Queen of the Track

Celebration of the power



Parkbench

Farewell John Leckie

Ranger John Leckie retired recently after more than 25 years service with Centennial Parklands, A familiar figure about Centennial Park, John was well known for carrying out his ranger duties on horseback. An accomplished rider, John competed in many equestrian events all over New South Wales, and was an invaluable source of advice for the many riders that use the Park. John will run an agistment business from the Centennial Parklands Equestrian Centre in his retirement.

John's contribution to the Parklands has been inestimable. Dedication, enthusiasm and an amazing ability to remember people's names and favourite haunts are just some of the qualities that he brought to his work as a Ranger.

We would like to thank John for his many years of outstanding service and wish him well in his retirement.

Final Cheque for Moore Park Improvements

On 21 June, Road and Traffic Authority Chief Executive Mr Paul Forward presented Trust Chairman Annette O'Neill with the final instalment of the \$12 million compensation package for the impacts of the Eastern Distributor on Moore Park.

One of the new facilities already made possible by this funding is the Moore Park East Bus Station, opened in January 1999. As well as increasing the number of people coming to Moore Park by public transport, the Bus Station was recently acknowledged as an exemplary piece of urban design. The project won a Royal Australian Institute of Architects (NSW) commendation – the architects were Bligh Voller Nield, the landscape consultants Spackman & Mossop.

Peace Pavilion Opening

September 4 will be a "day of peace" in the Parklands, when New South Wales Governor, the Honourable Gordon Samuels, officially opens the Peace Pavilion in Centennial Park. The temporary Pavilion is part of the United Nations International Year for the Culture Of Peace. For the next six months it will serve as a place for people seeking calm and contemplation.

The Pavilion has been designed in harmony with its setting near the Duck Pond. The ecologically-sensitive structure makes use of natural light and its inspiring surroundings to aid relaxation and reflection.

New Trustee

The Trust is pleased to welcome Sarah Whyte to our Board of Trustees. Mrs Whyte, a local resident and park user for more than twenty years, believes that the Parklands are an invaluable asset "belonging to everyone", listing Centennial Park as one of Sydney's three great natural assets, alongside the Harbour and Bondi Beach.

Mrs Whyte has worked as a volunteer welfare worker for the Smith Family since 1989, is Patron of The Burma Star Association of NSW and has also been a member of the Australiana Fund since 1990.

At the same time, Jill Hickson has been reappointed for a second term as a trustee.

Ms Hickson's reappointment acknowledges her considerable contribution to the Trust over the past four years. It also reflects her part in preparations for the Centenary of Federation celebrations to be staged in Centennial Park on 1 January 2001.

"The Centenary of Federation is the most important celebration of our times," Ms Hickson said. "I'm really delighted to have the opportunity of playing a part on behalf of the Parklands."

SHARE YOUR MEMORIES

Our next issue of *Parklands* will look back on the 100 years since the Federation of Australia was declared in Centennial Park on 1 January 1901.

As part of this issue, we are inviting readers to share their special memories of the Park – be it a family gathering, celebration or time spent in relaxation and enjoyment. Please outline in approximately 100 words your special memory that you would like to share.

We're hoping to publish as many memories as we can. We would particularly appreciate the loan of photos for publication as part of the feature. All photos will be returned.

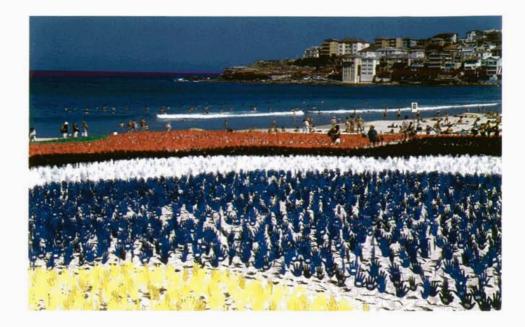
People interested in appearing in the feature should send their memories to:

Catriona Burgess Editor *Parklands* Magazine Centennial Park and Moore Park Trust Locked Bag 15 Paddington NSW 2021

or email catriona.burgess@cp.nsw.gov.au.

The Sea of Hands is a mobile art installation that has travelled around Australia moving audiences straight to the heart of Aboriginal reconciliation. It is coming soon to Centennial Park.

Joan Mabbutt reports.



Hands Of Friendship

n September 1998 eighty self-funded volunteers left Sydney on a mission to promote reconciliation between indigenous and non-indigenous Australians.

They took the "Sea of Hands" with approximately 120,000 hands holding signatures of people who support native title and coexistence.

The colourful hands were displayed at Uluru, Alice Springs, Darwin, Broome, Geraldton and Perth.

Since then the hands have been planted in many places down the eastern coast, including Bondi and Coogee.

It is the nation's largest artwork, and almost 250,000 people

"We are inviting everyone to come along and plant the hands – it will bring people closer together by creating public art to express their feelings."



The Sea of Hands comes to life as people add hands signed in support of reconciliation.

have already put their signatures on the hands since the exhibit first appeared in front of Parliament House, Canberra in 1997.

Centennial Park will be the focus of the next *Sea of Hands* exhibition on the weekend of 9 and 10 September.

"Coming to our event in Centennial Park will add to the groundswell of support that is gathering for reconciliation," says one of the organisers of the Centennial Park exhibition, Susan Grimes McPhee, from Australians for Native Title and Reconciliation (ANTaR).

"We thought Centennial Park would be an ideal venue. It's a beautiful place and beautiful space.

"We are inviting everyone to come along and plant the hands – it will bring people closer together by creating public art to express their feelings."

The multi-coloured hands will be planted near the Paddington Gates, starting at 8.30am on Saturday morning and finishing late Sunday afternoon.

The Trust's Co-ordinator of Programs and Events, Annie Heath, says the *Sea of Hands* will be a memorable and exciting event in the history of the Parklands.

The exhibition has been co-ordinated with the local La Perouse Aboriginal Land Council. An Aboriginal artist will draw up a design that especially relates to Centennial Park.

Volunteers arriving at Centennial Park early on Saturday morning will be asked to place hands in specially marked out sections to create the artist's design.

"We need lots of people to come along in the morning to set up the design," says Susan. "After that people can place their own signed hands within the design.

"Being involved in the Sea of Hands can elicit a very emotional reaction. People can be curious, moved, awestruck, elated or sad."

ANTaR staff will be at the exhibition to answer questions. For more information about the *Sea of Hands* weekend, please call ANTaR (02) 9555 6138.

Let the Games begin!

The Games are coming to Centennial Parklands. From the first beat of the Cultural Olympiad in Centennial Park to the final event – the Paralympic marathon – you can share the Olympic spirit in Sydney's favourite parks. The performances will be exhilarating, and the atmosphere will be exciting.

he Olympic and Paralympic sporting events in Centennial Parklands – road cycling and the marathon – are free Olympic experiences, providing unique opportunities to enjoy the Games in the beauty of a parkland setting. You won't need a ticket, but you do need to plan ahead.

This 11-page guide outlines where the Games events will be held and when – so you can make the most of the events or plan for regular Parkland activities on non-event days. We also take a trip down memory lane to look at special moments in the history of sport in Centennial Parklands.

Plus we talk to some elite athletes who have trained in Centennial Parklands over the past 40 years, including the 1999 Australian Female Athlete of the Year, Paralympic golden girl Louise Sauvage.

We look forward to seeing you in the Parklands for this once-in-a-lifetime event.

Sydney 2000 Olympic events in Centennial Parklands



Olympic Games

24	September	-	Women's marathon
25	September	-	Cycling. Training day
26	September		Cycling. Women's road race
27	September	-	Cycling. Men's road race
30	September		Cycling. Men's & Women's time trials
1 (October	-	Men's marathon



Paralympic Games

- 24 October Road cycling training
- 25 October Road cycling
- 26 October Road cycling
- 27 October Road cycling
- 29 October Men's and women's marathon



Olympic Arts Festival

9 & 10 September – Hemispheres (ticketed event – day pass \$66, weekend pass \$110)

Events at Sydney Football Stadium

16, 19, 23, 24, 28, 29 September - Olympic Football

Useful contacts

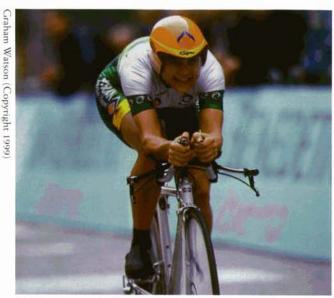
Public transport: 131 500 or www.gamesinfo.com.au Olympic Information: 13 63 63 or www.olympics.com Hemispheres tickets: (02) 9266 4888

Important information

he Olympic and Paralympic events will be great moments in the Centennial Parklands' history. Staging the events will have some impacts on normal Park use. Games organisers have strived to keep these at a minimum.

Please take note of all event days to take full advantage of spectator opportunities and avoid any inconvenience.

Games organisers have advised that if you are planning to visit Centennial Parklands on an event or training day, you need to bear in mind the following issues:



Australian cyclist Anna Wilson, one of the strongest contenders in the women's Olympic road cycling events.

Planning ahead

- Road Cycling and Marathon are FREE Olympic experiences – bring the family and make a day of it. Centennial Park, Moore Park and Queens Park will be open for spectators.
- Come by public transport or walk don't drive. There is no parking at the road cycling or marathon course. Trains will operate to Bondi Junction and Sydney Central railway stations, within walking distance of the Parklands. Existing STA bus routes will also carry non-ticketed spectators to the area.
- Be patient these are free Olympic events and large crowds are expected.
- Travel light and wear sensible walking shoes.
- Decide on a meeting point at your destination in case your are separated from your group.
- Plan to walk the dog after 5.30pm on cycling event days. Daylight saving means it will be light until about 7pm.
- To minimise infrastructure in the Parklands, there will be no public spectator seating, so be sure to bring

your picnic blanket.

If you are planning to visit the Centennial Parklands on dates when Olympic Football events are at the Sydney Football Stadium, please note that access to some local roads will be restricted. Driver Avenue in Moore Park will serve as the main pedestrian route to events and will be closed to private vehicles. A Residential Parking Scheme will also operate in streets surrounding the Stadium.

Staying safe

- Do NOT attempt to enter any part of the road cycling or marathon course. It is dangerous.
- You can only cross the course at designated and managed crossing points.
- Be aware of official support vehicles including motorbikes and other on-course vehicles – as well as cyclists and runners.
- Keep all body parts behind barricades and do not sit in the gutter.
- Supervise children.
- Do NOT bring family pets to the event. Horses, dogs and other animals will not be admitted to Centennial, Moore or Queens Parks on cycling event days until after 5.30pm.

Getting the best view

For road cycling there are a number of designated spectator vantage points in the Parklands. These locations have facilities such as toilets, catering outlets and speakers providing a race commentary.

- Moore Park along Driver Avenue, near the Sydney Football Stadium.
- Queens Park Western end, along York Road.
- Centennial Park there are several key viewing areas within the Park that are accessible by foot. These include the Paddington and Woollahra Gates, Centennial Park Café and Centennial Park Church Grounds (opposite the Govett Street gates).

Spectators can view the marathon from anywhere along the route. The corner of Anzac Parade and Lang Road will offer the chance to see the runners twice – as they enter and exit Centennial Park.

Disability Access

On road cycling event days a set down and collection point (no parking) for people with a disability will operate in Centennial Park. Enter via the Jervois Avenue Gate off Lang Road, Centennial Park.

Protecting the Parklands

Please take care of the Parklands' unique environment. Keep to existing pathways, observe Park rules and dispose of rubbish thoughtfully.

OLYMPIC EVENTS

♂ේ Olympic Road Cycling

Competition Dates

10am start Monday 25 September Training

10am start Tuesday 26 September Women's Road Race

10am start Wednesday 27 September Men's Road Race

9am start Saturday 30 September Men's and Women's Time Trials

The first Olympic road race took place in 1896 and was part of the inaugural modern Olympic Games. Exclusively for men, it covered 87 kilometres, a modest distance compared to the gruelling ride cyclists will face in Sydney. Riders raced from Athens to Marathon where they signed their names before pedalling back to Athens.

Almost a century passed before women got their chance to compete in 1984.

There are now four events in the Olympic road racing program: men's and women's road races and men's and women's individual time trials.

Road race

The aim is simple. Be the first rider across the line at the end of the race. But achieving the aim is not so simple. Endurance, fitness, tactics, luck and team work all play a part in ensuring success in the road race.

Which breakaway group will be the winning one? Is the rider who has attacked someone you need to worry about? Am I drinking and eating enough to ensure there's fuel in the tank when I need to attack? Which of my team mates is in the best position to win and what can I do to help them get on the podium? These are just a few of the questions that run though the minds of road cyclists during a race.

Then there's luck...Or bad luck. Mechanical mishaps like punctures force riders to expend valuable energy chasing to rejoin the race. Unfortunately crashes do happen and sometimes it's impossible to avoid them. But in most cases road warriors get back on their bikes and keep riding. It's a tough sport.

The road race begins with a massed-start and in the case of the Sydney Olympic Games the men will cover 239 kilometres in a little more than five hours in the saddle. The women's race will run for around three hours over a distance of 120 kilometres.

Riders can pick up food and drink at designated feed stations along the route, and are permitted to receive assistance with repairs. Team mechanics follow in vehicles carrying spare bicycles and wheels. Other than on the last lap, lapped riders must leave the course.

During the road race cyclists are legally allowed to benefit from the slipstream created by the leading rider. The competitors tend to travel in packs, exchanging the lead many times, and using the leader as a wind break to conserve energy (known as "drafting"). As a result, the winner is often the rider that is best prepared for a finishing sprint.

Individual Road Time Trials

This is the race of truth where a rider has one chance to record the fastest time. It might seem as easy as riding as fast as you can from start to finish but it's not. Time is the key and you can't afford to lose any. Riders have to judge the corners...too fast and you might crash, too slow and you lose time. Cyclists have to make sure they pace themselves because it's no good going flat out at the start only to find you've exhausted yourself when you're still kilometres from home. But that doesn't mean you can take it easy. The art of time trialing is to go at the maximum speed you can until the finish when, if you've ridden the way you wanted to, you have nothing left to give.

Time trial competitors set out one-by-one at 90-second intervals and whilst they can receive assistance for mechanical problems from their following team vehicle they are not allowed to draft. If a cyclist catches the rider who left the start before them they must overtake without drafting. The rider who is passed must remain ten metres behind the leader.

The athletes

Cyclists qualify as a nation rather than as individuals according to the world ranking of riders and results at previous world championships.

Two hundred and twelve cyclists will compete on the road at the Sydney Games. Europe is the traditional cradle of cycling but with the efforts of those like 1999 and 2000 Tour de France winner Lance Armstrong from the USA and Australians including Robbie McEwen and Stuart O'Grady, the race is by no means decided. In the women's event Australian Anna Wilson, silver medallist in both the road race and time trial at the 1999 World Championships, will start as one of the favourites.

The course

The road cycling course through Centennial Parklands has been heralded as one of the best, if not the best, Olympic courses in history. It includes challenging climbs and descents that will test the all round skills of the cyclists and provide an exciting spectacle for the tens of thousands expected to line the course to cheer on their favourite Olympians.

The course starts and finishes on Driver Avenue outside the Sydney Football Stadium in Moore Park, travels east through Queens Park to Bronte before looping back through Centennial Park to the finishing straight. A similar course is used for both the road race and the time trials, although the length of the circuit will vary – a 17.1 kilometre course will be used for the road race, while the time trials will use a 15.6 kilometre course.

Roads forming the course will be closed to vehicles prior to the event. Centennial Park will also be closed to vehicles during the events. The Park will be open to spectators throughout the events.

Clympic Marathon

Competition Dates

9am start Sunday 24 September Women's marathon

4pm start Sunday 1 October Men's marathon

Steeped in Greek history, according to legend the marathon was introduced in honour of Pheidippides, a solider who ran 40 kilometres carrying news of Athenian victory over the Persians in the Battle of Marathon. Pheidippides is said to have dropped dead on arrival after spreading news of the victory.

In 1896 at the first modern Olympic Games, the marathon event was run once more from Marathon to Athens.

The men's Olympic marathon has provided a dramatic ending at every modern Games. The women's event was added at the 1984 Los Angeles Games.

The athletes

Australians to look out for include 31-year-old Victorian Rod de Highden, who won the Host City Marathon Olympic test event on 30 April 2000 in 2hours and 16minutes. De Highden overtook fellow Australian Magnus Michelsson to win the men's division less than a kilometre from the end. Susan Hobson, a 42-year-old runner from Western Australia, won the women's division (2hr:35mins), and will be a strong female contender.

The course

The Olympic Marathon course is precisely 42.195 kilometres. A blue line on the road will mark its entire length.



Runners in Centennial Park as part of the marathon test event in April.

The course starts in North Sydney. crosses the Harbour Bridge, passes through the city, heads east to Centennial Park and south to Kingsford. Returning through the city and west to Sydney Olympic Park, competitors finish in the Olympic Stadium. Runners should be in the Centennial Parklands leg of the course approximately 15 minutes after the race start.

PARALYMPIC EVENTS

Paralympic Road Cycling

Competition Dates

Tuesday 24 October Training Day Wednesday 25 October 10am – 50/60km Women's Tandem Road Race 12pm – 100/120km Men's Tandem Road Race 3pm – 1.5km Mixed Tricycle TT

Thursday 26 October

10am - 5km Mixed Bicycle TT Div 3

10.40am – 5km Mixed Bicycle TT Div 4 11.10am – 60/70km Mixed Tandem Road Race

1.10pm - 55/65km Mixed LC2 Road Race

1.13pm - 45/55km Mixed LC3 Road Race

Friday 27 October

10am – 5km Mixed Tricycle TT Div 2 10.40am – 20km Mixed Road Race Div 3 11.35am – 20km Mixed Road Race Div 4 12.20pm – 65/75km Mixed LC1 Road Race

(TTs and LCs represent the different disability classes of the three disability categories – cerebral palsy, vision-impaired and amputees)



Road cycling became a Paralympic sport at Seoul in 1988. There are 12 road cycling events in the Sydney Games. They include the 50–60km Women's Tandem, the 100–120km Men's Tandem, and the 60–70km Mixed Tandem, where men and women compete against each other.

Participating athletes are categorised into three groups: athletes with cerebral palsy compete in bicycle

and tricycle road events; amputees compete in individual road race and track events, and blind or visually impaired athletes compete on tandems as a team with a sighted cyclist in road race and track events.

Cycling is one of Australia's best Paralympic sports. Australia finished top of the cycling medal table in Atlanta in 1996 with five golds from track and road events. The Australians continued that domination at the World Championships in Colorado in September 1998 with 12 gold medals. At the 1999 European Championships in Blois, France, Australia collected another 10 gold medals. Some of the Australian stars include South Australian husband-and-wife team Kieran and Kerry Modra. Kieran is vision-impaired, and Kerry is his guide. They took a gold and bronze in France, two golds in Colorado and a gold in Atlanta.

Cerebral Palsy cyclist, Peter Homann of Victoria, took three golds in Colorado, silver in Atlanta and gold and silver in France.

The Start-Finish line for all Paralympic road cycling is the same as for the Olympics – in Driver Avenue, outside the Sydney Football Stadium. The course is a cut-down version of the Olympic road cycling route.

Paralympic Marathon

Competition Dates

9am start Sunday 29 October Men's and women's marathon

In keeping with Olympic tradition, the Paralympic marathon is held on the final day of competition. But unlike the Olympics, the Paralympic marathon is staged as one event, with men and women competing together on the same day. Eight gold medals are awarded – seven in various men's classifications and one for women (wheelchair only).

Athletes from three disability categories compete in the event – wheelchair, amputee (arm) and vision impaired.

The fastest marathon athletes in the Paralympic world are the wheelchair men, who can reach speeds of up to 50 kilometres per hour on good road conditions.

Three different wheelchair classes compete: T51, T52 and T54. Of these, the T54 functional class is the fastest as these athletes have normal arm and hand function and have greater mobility that the T51 and T52 athletes.

The current World Record for T54 athletes is held by "Mr Marathon" Heinz Frei of Switzerland at 1hr:20min:14sec, set in Japan last year. The women's wheelchair marathon World Record for T54 class is 1hr:39min:40sec.

The vision-impaired athletes run with "a guide" beside them, usually tethered to them or maintaining contact verbally or by brushing the athlete's arm or shorts. At no time can the guide push or propel the athlete and must be no further away than half-a-metre throughout the race.

The vision impaired athletes complete a marathon in around 2hr:40min, the arm amputees in about 2hr:30min and the men's T51 and T52 in around 1hr:50min.

The Paralympic marathon will be staged on the same course as the Olympic marathon.



Paralympic Training Days

International Paralympic athletes will also be training in Centennial Park on the following mornings between 9.30 and 11.30am:

12,13,16,17 October – Athletics & cycling training 19, 20, 23 October – Athletics training

The training will take place on limited roads, mainly in the northern section of Centennial Park and near Loch Avenue. Pedestrians, bikes and roller bladers will continue to have access to Grand Drive on these days. Sections of Grand Drive will not be accessible to cars and sign-posted detours will be operating.

Celebration of the power of music

A sensational international line-up of star musicians will feature in "Hemispheres", a weekend concert at Centennial Park, and a key event in the Sydney 2000 Olympic Arts Festival.

he beautiful Mckay and Mission Fields, bounded on one side by the lovely Busby and Randwick Ponds and on the other by the gracious sweep of Grand Drive will be the setting for the transglobal music fest, Hemispheres.

More than 60,000 people are expected at the weekend concert on 9-10 September - just one week before the Sydney 2000 Games' Opening Ceremony.

The two-day musical celebration is the biggest event in the Olympic Arts Festival program with more than 40 contemporary, diverse acts from Australia and overseas starring on two stages. As well, some of the world's best known DJs and dance acts will appear in a huge adjacent tent

Artistic consultant Jaslyn Hall says the concert has been forged on a spirit of adventure and cultural exchange.

"More than 200 musicians will present an event that is at the crossroads of music, from intimate acoustic traditions, through to blues, rock, funk, hip hop, world fusion and the latest electronic DJ mix," she says.

"Hemipsheres is a rare event in Sydney's most beautiful park."

Leo Schofield, Artistic Director of the Olympic Arts Festival, says that just as the Olympic Games are a world celebration of sport, so Hemispheres celebrates a world of music.

"But while athletes come from all corners of the globe



Featuring some of Cuba's greatest signers and musicians, Juan de Marco's Afro-Cuban All Stars evoke the very best of the Cuban big band era.



Conceived by Siouxsie Sioux and Budgie of Siouxsie and the Banshees fame, The Creatures mix tribal rhythms with contemporary grooves to produce a unique sound.

to engage in friendly competition, our musicians come in joyous celebration of the power of music to inspire. inform, entertain."

As Mr Schofield points out, Hemispheres is particular to the Games and adds another dimension to a multifaceted, inclusive program.

"There can be a whiff of condescension about the phrase "something for everybody" but it should be the aim of every festival director to provide just that - a point of access for all comers," he says.

"Hemispheres has been specifically created for music lovers who enjoy the unusual and exceptional, he added. "Using those criteria, this spectacular assembly of talent promises satisfaction aplenty."

Leo Schofield's demonstrable satisfaction with the Hemispheres line-up is justifiable. Included on the bill are the Afro-Cuban All Stars, led by musical director Juan de Marcos Gonzalez, on their first visit to Australia.

Resonant and evocative, the multi-generational group performs a fusion of classical Cuban sounds - son, salsa and bolero - and captures the flavour of the great Cuban big bands of the 1950s.

Juan de Marcos' Afro-Cuban All Stars cross four generations and include some of Cuba's greatest singers and musicians who starred in the Oscar-nominated film. "Buena Vista Social Club"

The prestigious British newspaper, The Guardian summed up a recent Afro-Cuban All Stars concert, "the way the All Stars unfurled their forceful and quirky virtuosity made the music spring to life."

Also making a first appearance in Australia will be the legendary African blues singer Ali Farka Toure.

Master of a style that fuses Arabic-influenced Malian sound with deepsouth American blues, Toure was introduced to the world by Ry Cooder and has built a devoted following on the world music circuit.

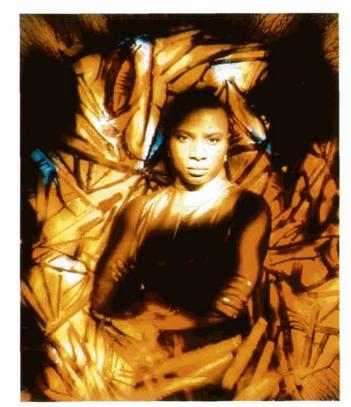
A fusion of Arabic, North African and electronic Euro rhythms will be presented by Natacha Atlas, former vocalist with Transglobal Underground, also visiting Australia for the first time.



Eclectic, eccentric and ethereal, Atlas is a big star in the Middle East and the English dance scene with her distinctive vocal gymnastics and physical training in raq sharki (belly dancing).

An exciting percussive sound derived from traditional Korean farmers' music is characteristic of the style of Samullori, an ensemble of 20 drummers. The group's vibrant, authentic beats are sourced in the character and rhythms of various Korean provinces.

Abdoulaye Epizo Bangoura's experiences as a member of a West Africa Guinean Griot family have shaped his



An international phenomenon known for her unforgettable live performances, Angelique Kidjo and her band will beadline the bill on Saturday 9 September.

Widely revered as the 'Bluesman of Africa', Ali Farka Toure is making his first visit to Australia to appear at Hemispheres.

music. The Griots are oral historians who tell stories of their people through song, dance and music. Epizo's talent was evident when he was a child and after coming to the notice of the King, he was invited to join several dance and music ensembles. Epizo speaks eight languages, including English, French and Japanese, and plays more than a dozen instruments. including the djembe, kora (21-stringed African harp) guitar, bolon (African double bass), saxaphone and keyboards.

Abdoulaye Eipizo Bangoura and African Express won the Best Live Act Award at the World Music Awards.

The subversive Asian Dub Foundation, one of Britain's most radical bands, offers a distinctive combination of hard ragga-jungle rhythms, metallic basslines, searing sitar-inspired guitars and traditional sounds shot through with fast-chat lyrics.

"Hemispheres offers the opportunity to hear the world's finest artists in the congenial atmosphere of Sydney's greatest public park."

This is a group with an attitude like Public Enemy and a musical subject list that refers to key events in Asian history.

Other renowned international performers include The Creatures (UK), Dwight 'Chocolate' Escobar (Venezuela), Kavisha Mazzella (Italy), Kaha (New Zealand) and DJs Dimitri (France) and Akaash (India)

The Australian line-up is just as star-studded with Christine Anu, Alex Lloyd, Endorphin, Friendly, Gondwana, Jimmy Little, Karma County, Full Fathom Five, Mara! & Martenisa Choir, Nokturnl, Psycho Zydeco and Paul Kelly.

As Leo Schofield says, the concert reflects the international nature of the Olympic Arts Festival. "Hemispheres offers the opportunity to hear the world's finest artists in the congenial atmosphere of Sydney's greatest public park."

Jaslyn Hall describes Hemispheres as a global party for people who like their music as eclectic as their food and friends. And she invites Sydney to share the fun and "listen with fresh ears and be surprised"

Fields of Dreams

Centennial Parklands has been played a major part in the lives of Olympic athletes and their

coaches for many decades. Joan Mabbutt talks to two athletes who have trained here.

Jack Giddy may not be a name that everyone knows, but this remarkable sports coach has devoted 40 years of his life to training athletes in Centennial Park. "Centennial Park is such a glorious environment in which to train," said Jack, 76, a former country boy from Grafton "It has a relaxed atmosphere and various aspects of landscape. We used to go for runs around the whole of the Park. It was an ideal place to do general fitness work. The whole of the Park was mentally quite refreshing."

The hundreds of athletes who have come under Jack Giddy's care over the years include the Los Angeles Games long-jumper Linda Garden, world champion broad jumper and Munich Games Olympian Lyn Jacenko and veteran runner Reg Austin. Sprinter Darren Clark sought Jack's advice at the Los Angeles Games.

Jack was also the fitness conditioner for the Sydney Swans and Eastern Suburbs Rugby League team. His techniques were formative in developing modern coaching methods.

"We used to go for runs around the whole of the Park. It was an ideal place to do general fitness work. The whole of the Park was mentally quite refreshing."

"We used to train at McKay Oval and focus on repetition running, short and long sprints and changing direction," he recalled.

"We also used to sprint up the hill next to the caretaker's lodge 20 to 30 times. That focused on aerobic running."

"I work through encouragement. You have to be able to convince a person about why you want them to do something and why they should do it. "

While Jack was training both athletes and football squads, he held down a demanding full-time job as a road design engineer for the Department of Main Roads, working on projects such as the Sydney to Newcastle freeway.

Jack took up running after World War II, after returning to Australia as "a pretty skinny bloke". To build up his strength and condition, he did sprints in the sand at the beach.

Competitive running followed. After moving to Sydney in 1961, he discovered Centennial Park was the perfect place to train after work and was approached to coach other athletes.

This cherished sporting association with the Parklands only came to an end five years ago.



Athletes Mikes Murphy (left) and Jack Giddy (right) revisit the scenic surrounds of Centennial Park, which they used as a counterpoint to the track as part of their elite training regimes.

One of the people who observed Jack's inimitable coaching style in the 1980s was Olympic runner Miles Murphy. He competed at the 1988 Seoul Games and won a silver medal as part of the relay team at the 1986 Commonwealth Games.

"Although I was not coached by Jack, I got to know him quite well," recalled Miles, now Director of Events and Venues at the Olympic Co-ordination Authority. "Everybody knew Jack and respected him."

Miles was 17 and still at school when he started working out at Centennial Park as part of the Eastern Suburbs Track Club sprint team. The Park was the location for winter training.

Two mornings a week Miles would travel in from Blacktown to put in the "long runs around Grand Drive and around the ponds".

"The Park is very nice," said Miles. "I liked it for its open space and the serenity of the environment. It was good to get away from the red surface of the running track." Summer training was divided between the Chatswood running track and the ES Marks Athletics field in Moore Park.

"The track was a very good surface on which to train for speed work," Miles recalled.

His hard work paid off with a win in the 400 metres at the world Junior Championships in 1986. This was followed by his silver medal at the 1986 Edinburgh Commonwealth Games and by being chosen to compete at the 1988 Seoul Olympics. "Competing at the Olympics was the highlight of my life," said Miles, who finished sixth in the relay team event.

After retiring from running, Miles went on to forge a career in promotions and development at Athletics New South Wales, before joining the Olympics Co-ordination Authority in the lead up to the Sydney 2000 Games.

"I wish I could witness events staged at Centennial Park for the Olympics, but I'm going to be spending all my time out at the Homebush Bay site," said Miles.

Queen of the Track

entennial Park has a very special place in the heart of Paralympic golden girl Louise Sauvage.

The Park has been Louise's training ground for the last three years in her preparations for the Sydney 2000 Paralympic Games.

"Centennial Park is a cool place to train. It's nice to be somewhere so rustic in the middle of the city," said Louise, 26, who travels from Ryde two mornings a week for road training on Grand Drive.

Louise believes being familiar with Centennial Park may give her an advantage over other competitors in the marathon, which runs from North Sydney to Homebush through Centennial Park. After all, she knows every groove in the Park's road after three years of training workouts.



1999 Australian Female Athlete of the Year, Louise Sauvage, has trained in Centennial Park for more than three years as part of the lead up to the Sydney 2000 Paralympic Games.

e Year Louise usually trains in the Park with o

Louise usually trains in the Park with other members of the Paralympic track and road squad – Christie Skelton, Kurt Fearnley and Paul Nunnari.

She trains twice a day, six days a week. When not at Centennial Park, she trains at Homebush (track and road), Penrith Regatta Centre, Eastern Creek Raceway and the M2 Freeway. She also boxes and trains in the gym.

Having the Games in Sydney will be the highlight of Louise's sporting career.

"I am thrilled to have been selected for the Australian Paralympic team and to represent my country at my third Paralympic Games," said Louise. "It will be wonderful to have a strong Aussie presence when we are competing. I can't wait."

Named World Sportsperson of the Year with a Disability and 1999 Australian Female Athlete of the Year, Louise is known as the "Queen of the Track" and is an entrant in the 800m, 1500m and 5000m Paralympic Skelton, Kurt Fe

the race. Louise will also seek to qualify for the Olympic Games 800m women's wheelchair demonstration race. The stellar athlete with a disability has already

events. She has entered the Paralympic marathon and will

decide closer to the event whether she will compete in

scooped three gold medals and one silver at the Barcelona Paralympic Games, four gold medals at the Atlanta Paralympic Games and a gold medal at the Atlanta Olympic Games in the 800m Wheelchair Demonstration Race. She currently holds the world records in the 200 metre, 1500 metre, 5000 metre and the 4x100 metre and 4x400 metre relays. Louise moved to Sydney to prepare for the 2000 Paralympic Games. A number

of factors influenced her move including the opportunity to become a member of the newly-established NSW Wheelchair Track and Road program which was founded by the NSW Institute of Sport. The Institute offered the only wheelchair track and road program in the country.

Centennial Park is one training venue which is part of the program devised by her coach Andrew Dawes.

"It's difficult for athletes with a disability to find places which don't have too many hills and which don't have too many cars," commented Louise. "That's why I like

Sporting Glories

From their very beginnings, Centennial Park, Moore Park and Queens Park have been places

where Sydneysiders came to unwind and indulge in their favourite outdoor activity



Long distance Australian runner Alan Lawrence puts in some hard training in Centennial Park in preparation for the 1960 Rome Olympic Games. His motivation to run so fast? Recently breaking both the two and three mile indoor records.



Princess Anne, a talented equestrian, never missed a chance to go riding when touring on royal duties. In 1970 she visited Australia for the Captain Cook Bi-centenary and explored Centennial Park on horseback. Six years later she went to the Montreal Olympics as part of the British equestrian team.



In 1956 'Colden Cirl' Betty Cuthbert won three gold medals at the Melbourne Olympic Games. Here she competes in the British Empire and Commonwealth versus USA Games at the ES Marks Athletics field, held directly after the Olympics. She is about to take the baton from Fleur Mellor in the 4x100 yard relay to set a mew world record of 45.6 seconds.



Another world breaking time was achieved at the ES Marks Athletics field by the men's relay team at the British Empire and Commonwealth Cames. Champion Australian runner John Landy (right) grasped the baton from Creat Britain's and 26.4 seconds. Landy, a national icon since 1954, and recently appointed Covernor of Victoria, was the second man in the world to run the mile in under four minutes.



Cycling has always been one of the most popular sporting pastimes in the Parklands. In 1900 Cyclists' Avenue in Centennial Park was opened to the public, with a huge roll up of local enthusiasts.



Team cycling meets have seen thousands of bike racers competing in the Parklands over the years. This picture shows some eager young lads from the Dunlop Junior Cycling Squad doing laps of Centennial Park in 1934.



Road technique and training methods have been an evergreen topic of conversation with cyclists training in the Parklands. Only their exercise outfits have changed since this photograph was taken in 1936.



Moore Park was set aside for public recreation as long ago as 1867. In the 20th century netball became one of the most keenly contested team sports, as shown by these competitors from the Odeon National Cinema Club Girls Netball Team, playing in 1937.



Look at that swing! Admiring gents watch a female player showing them how to drive the ball down the Moore Park Golf Course in 1934. Golf has been played at Moore Park Golf Course since 1907.



"take as much interest in it as if by your own hands you had planted the flowers ... and if you thus rise to the full appreciation of this great beauty and your great privileges, the park will be one of the grandest adornments of this beautiful country." Sir Henry Parkes, 1888

Friends of the Parklands

Friends – Application Form

Become a Friend of Centennial Parklands and enjoy these benefits:

- membership key ring
- Parklands Magazine posted 4 times a year
- 10% discount at Centennial Parklands Restaurant and Café
- Ranger guided walks and other Friends' activities
- quality membership certificate
- discounts on selected Parklands events

Plus you will be helping to support the future of Sydney's grandest 19th century public park, dedicated to the people by Sir Henry Parkes in 1888

Membership category □ Single (1 year).....\$55 (inc.GST) □ Family (1 year)....\$99 (inc. GST)

Name:	Mrs/Ms/Miss/Mr/Dr	_
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Address

Postcode:	
business	
	is enclosed (cheques payabl Moore Park Trust) OR Please

charge \$ to my O Bankcard O Mastercard O Visa Card no

Expiry date / /

Card Holder's name

Card Holder's signature

Send to: Centennial Parklands Friends Locked Bay 15 PADDINGTON NSW 2021 Phone: (02) 9339 6699 (02) 9332 2148 Fax:



Swing Under The Stars

An irresistible summer cocktail of moonlight picnics, park scenery and big band sounds, Big Bold and Brassy returns to Centennial Park on Saturday 25 November. Once again the Friends of Centennial Parklands are invited to bring their picnic basket and enjoy this nightime swing spectacular at a discount rate.

This year Big Bold and Brassy features the unforgettable hits of Shirley Bassey, Duke Ellington and Frank Sinatra. Rhonda Burchmore, Grace Knight, Ignatius Jones, Don Lane and Tommy Tycho will delight audiences with renditions of classics such as "Goldfinger", "New York New York" and "Big Spender"

All seating is unreserved picnic style. Gates open at 5pm, the concert begins at 7.30pm. Friends of Centennial Parklands receive \$5 discount off each ticket. Friends Adults \$34.90. Friends Concession \$29.90. Friends must RVSP by Friday 10 November to Georgia Stynes (02) 9339 6699 to receive the discount rate.

Spring Discounts

This Spring, Friends can enjoy a wide range of discounts on our Escape and Explore Holiday Program, featuring family activities such as pony rides, horse and cart tours, native wildlife shows, horse camps and spotlight prowls. Friends of Centennial Parklands are also entitled to discounts on a range of major events, including Moonlight Cinema and Big Bold and Brassy. See pages 18-19 for the full range of spring events and look for this symbol ⁽²⁾ for events with a Friends discount. Discount is 10% unless otherwise stated. Please present your Friends keyring on payment to secure a discount.

Bastille Day Dinner

Over 80 Friends and their guests celebrated Bastille Day with a French feast at Centennial Parklands Restaurant on Friday 14 July.

Leading Australian landscape practitioner Mathew Taylor began the evening with a fascinating glimpse into some of France's most beautiful gardens including Monet's Water Garden in Giverny and the Chateau De Villandry.

Congratulations to the winner of the Friends Draw - Jennifer De Hoory, whose French origins made her an ideal winner. Jennifer took home a bottle of fine French wine and a video of famous French-Canadian circus troupe, Cirque du Soleil.

Book now for our Spooky Halloween dinner on Tuesday 31 October at the Centennial Parklands Restaurant. This special tribute to all things creepy starts with a family sitting, where dressing up is a must and kids' delicacies include "sea monster plates with chips" and "bloody fingers banana ice cream sundaes". Then kids will go on a spooky hunt looking for clues leading to hidden treasures.

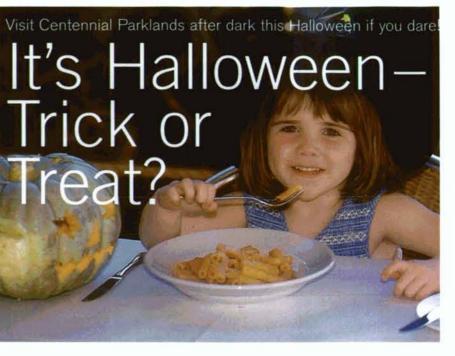
The later sitting offers adults fine cuisine and magic tricks. Book through the Centennial Parklands Restaurant on (02) 9360 3355.

New Friends

As an acknowledgment of their tremendous support, we welcome the following new Friends of Centennial Parklands

Dr E Coombs The Duncan Family Andrea Elliott Judy Keogh The Gibson Family The Graham Family The Gregory-Roberts Family

The Heazlett Family John Hogg Natalie Kave The Plummer Family Sabrina Snow Robin Walsh



Bubble bubble toil and trouble, fire burn and cauldron bubble...Halloween is coming to the Centennial Parklands Restaurant.

Treasure hunts, magic tricks and costume fun are just some of the treats on the menu for this special event presented by the Friends of Centennial Parklands and the Centennial Parklands Restaurant on Tuesday 31 October.

The evening begins with an early family sitting for pint-sized spirits and their minders from 5.30 to 7pm. Dressing up is a must! Dust off your witches' hat and broomstick. find those fangs or dig out your skeleton suit! Prizes will be awarded for the best-dressed child and family. Devilish delicacies on offer for kids include: "sea monster plate with chips", "spooky crumbed ghost chicken bits and chips"; "bowl of worms with gut sauce and white sauce" and "bloody fingers banana ice cream sundaes". Then the fun really begins! After feasting, the whole family will brave the dark shadows of Centennial Park...claw through the Pine Forest skirt the cobwebs and enter the spooky swamp! Find the creepy animals that live in the swamp's murky depths and solve the puzzle of the Halloween Hunt. Rewards await those who master the challenge. Our rangers will be on hand to watch for evil spirits throughout your journey. From 7.30pm adults will enjoy their own evening of magic dressing up optional. Following in the footsteps of Harry Houdini and David Copperfield, our roving conjurer will

mystify even the most discerning eye, bringing magic tricks to your table as you dine on a menu of Halloween-inspired treats.

Entrees include: Corn Crab and Chicken Soup: Caesar Salad; and Squid Ink Pasta with Cuttlefish and Sauce Verige.

Then feast on Baked Baby Pumpkin Filled with Roasted Spring Vegetables and Aioli; American Slow Roasted Beef Ribs with BBQ Sauce and Salad; or Crisp Grilled Cod Fillet with Avocado Salsa.

Finally, can you resist the temptation of our gorgeous desserts? Sweet Potato Pie with Ice Cream or Lemon Meringue Pie.

It will be a night of high spirits, not to be missed!

Family sitting 5.30-8pm (Dinner 5.30-7pm, Hunt 7-8pm) Adult sitting 7.30-11pm (including magic show)

Children: 2 courses \$19.20 Adults: 2 courses \$48.40. 3 courses \$55

Friends of Centennial Parklands (present your Friends keyring on the night to receive your discount) Children: 2 courses \$17.50 Adults: 2 Courses \$44. 3 Courses \$49.50

All prices include GST and activities. Those who become Friends of Centennial Parklands on the night will also be eligible for the discounted price.

Call the Centennial Parklands Restaurant on 9360 3355 (9am to 3pm daily) to make your reservation. Parking is available at the Restaurant, entry via Paddington gates.

spring events

Bookings and enquiries
(02) 9339 6699 (unless otherwise stated).
In case of rain, please call to confirm event is proceeding.
Events with ⁽²⁾ symbol offer discounts for *Friends of Centennial Parklands*. To secure a discount *Friends* must show their keyring upon payment. *Friends* discount is 10% unless otherwise stated.

SEPTEMBER

3 Sunday

SPRING CAR FREE DAY Walk, cycle or catch public transport and enjoy the first

Sunday of Spring in Centennial Park. Disabled access via Musgrave Ave Gates. 9am–5pm

4 Monday until December PEACE PAVILION

A unique place for relaxation and meditation, the Peace Pavilion is part of the United Nations International Year for the Culture of Peace. Available for informal reflection or small group bookings. Corner Grand and Parkes Drives, Centennial Park. Enquiries (02) 9960 5443.

9 Saturday and 10 Sunday HEMISPHERES - Sydney 2000 Olympic Arts Festival

A two-day celebration of world music, featuring acts from Australia and overseas including Angelique Kidjo and Christine Anu. Saturday 11am–12pm, Sunday 11am–10pm. McKay Sports Oval, Centennial Park. Tickets: \$66 day pass, \$110 weekend pass Ticketek (02) 9266 4888, online at www.olympics.com or at the gate.

SEA OF HANDS

Previously at Uluru, Alice Springs, Broome, Perth, Bondi and Coogee, the colourful Sea of Hands visits Centennial Park. Near Paddington Gates. Information ANTaR (02) 9555 6138. From 8.30am

11 Monday

ESCAPE AND EXPLORE HOLIDAY PROGRAM

PONY RIDES ⁽²⁾ The only place where kids can jump in the saddle so close to the city! Hand-led, 10 minute rides for toddlers and children.10am-4pm. \$8.50 per ride. Meet Mobile Ranger Station, Centennial Parklands Café.

HORSE AND CART TOURS 🙂

Explore Sydney's premier 19th century park by horse and cart. Rangers will provide a one-hour guided tour of the monuments and scenic environment of Centennial Park. 10am-4pm. \$20 adults, \$15 children/seniors, \$65 families (2 adults & 2 children). Meet Mobile Ranger Station, Centennial Parklands Café.



AUSTRALIAN WILDLIFE SHOW 🙂

Join wildlife expert Anthony Stimson and get really close to live Australian animals, birds, snakes, lizards and frogs. 10–11.30am. \$10 adults, \$8.50 children/seniors, \$35 families (2 adults & 2 children). Meet Mobile Ranger Station, Centennial Parklands Café.

MOBILE RANGER STATION

Visit the mobile ranger station near the Centennial Parklands Café for displays, information and family activities. Every day until 2 October. From 8am

12 Tuesday

PONY RIDES ⁽¹⁾ HORSE AND CART TOURS ⁽¹⁾ See 11 September

HORSE RIDING DAY CAMP 🙂

A one-day horse riding camp for children five and over. Each camp includes a horse ride through Centennial Park. 10am–3pm. \$80 per camp, bookings Moore Park Stables (02) 9360 8747.

13 Wednesday

PONY RIDES ⁽²⁾ HORSE AND CART TOURS ⁽²⁾ See 11 September

HORSE RIDING DAY CAMP ③ See 12 September

SPOTLIGHT PROWL ©

A chance to see the wild nightlife of Centennial Park. Join Rangers spotlighting possums, flying foxes and lots of other night creatures. Bring a torch. 7pm–8.15pm. \$10 adults, \$8.50 children/seniors, \$35 families. Bookings essential (02) 9339 6699

14 Thursday

PONY RIDES ⁽¹⁾ HORSE AND CART TOURS ⁽¹⁾ AUSTRALIAN WILDLIFE SHOW ⁽¹⁾ See 11 September

HORSE RIDING DAY CAMP (2) See 12 September

See 13 September

15 Friday

PONY RIDES ⁽¹⁾ HORSE AND CART TOURS ⁽¹⁾ See 11 September

HORSE RIDING DAY CAMP ③ See 12 September

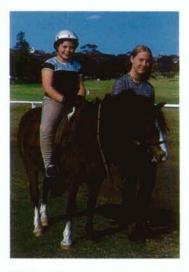
16 Saturday

PONY RIDES © HORSE AND CART TOURS © See 11 September

17 Sunday

PONY RIDES ⁽²⁾ HORSE AND CART TOURS ⁽²⁾ See 11 September

18 Monday PONY RIDES © HORSE AND CART TOURS © AUSTRALIAN WILDLIFE SHOW © See 11 September



19 Tuesday PONY RIDES © HORSE AND CART TOURS © See 11 September

HORSE RIDING DAY CAMP (3) See 12 September

20 Wednesday PONY RIDES © HORSE AND CART TOURS © See 11 September

HORSE RIDING DAY CAMP (3) See 12 September

SPOTLIGHT PROWL © See 13 September

21 Thursday

PONY RIDES (1) HORSE AND CART TOURS (1) AUSTRALIAN WILDLIFE SHOW (1) See 11 September

HORSE RIDING DAY CAMP (1) See 12 September

See 13 September

22 Friday

PONY RIDES 😳

HORSE AND CART TOURS See 11 September

HORSE RIDING DAY CAMP (1) See 12 September

23 Saturday

PONY RIDES ⁽²⁾ HORSE AND CART TOURS ⁽²⁾ See 11 September

24 Sunday

SYDNEY 2000 OLYMPIC GAMES Women's Marathon

Runners should be in the Centennial Parklands' leg of the course approximately 15 minutes after race start at North Sydney at 9am. Free and unticketed.

PONY RIDES 🙂

HORSE AND CART TOURS (3) See 11 September. From 11am.

25 Monday

SYDNEY 2000 OLYMPIC GAMES ROAD CYCLING TRAINING

From 10 am. Free and unticketed.

26 Tuesday

SYDNEY 2000 OLYMPIC GAMES WOMEN'S CYCLING ROAD RACE

From 10am. Free and unticketed.

27 Wednesday

SYDNEY 2000 OLYMPIC GAMES MEN'S CYCLING ROAD RACE

From 10am. Free and unticketed.

See 13 September

28 Thursday

PONY RIDES (1) AUSTRALIAN WILDLIFE SHOW (1) See 11 September

SPOTLIGHT PROWL © See 13 September

29 Friday

PONY RIDES ③ See 11 September

30 Saturday

SYDNEY 2000 OLYMPIC GAMES MEN'S AND WOMEN'S ROAD CYCLING TIME TRIALS

Women's event from 9am, men's event from12noon. Free and unticketed.

OCTOBER

1 Sunday

PONY RIDES () See 13 September. 10am-1pm

SYDNEY 2000 OLYMPIC GAMES MEN'S MARATHON

Runners should be in the Centennial Parklands' leg of the course approximately 15 minutes after the race start at North Sydney at 4pm. Free and unticketed.

2 Monday

PONY RIDES (1) AUSTRALIAN WILDLIFE SHOW (2) See 11 September

6 Friday

SPOTLIGHT PROWL See 13 September

11 Wednesday

MY LITTLE PONIES

A special tour for toddlers of the Centennial Parklands Equestrian Centre. Children will see where the horses live and how they are cared for. Includes a short pony ride. 10–11am. \$7.50 toddlers, adults free. Bookings essential (02) 9339 6699

15 Sunday

BIRDWATCHER'S BREAKFAST 🙂

Centennial Park is a haven for birds, supporting more than 150 different species of land and water birds. Join a Ranger-guided walk to discover native and exotic birds living in Centennial Park. Bring binoculars. Includes breakfast. 8.30–10.30am. \$8.50 per person. Bookings essential (02) 9339 6699



23 Monday LITTLE BLOOMERS (2)

This Ranger-led toddler activity is an encounter with the delights of spring flowers in the Parklands. Toddlers will hand-paint a flowerpot to take home. 10–11am. \$7.50 toddlers, adults free. Bookings essential (02) 9339 6699



24 Tuesday SYDNEY 2000 PARALYMPIC GAMES – ROAD CYCLING TRAINING From 9am. Free and

unticketed.

25 Wednesday SYDNEY 2000 PARALYMPIC GAMES - ROAD CYCLING From 10am. Free and unticketed.

26 Thursday SYDNEY 2000 PARALYMPIC GAMES - ROAD CYCLING From 10am. Free and

unticketed. 27 Friday

SYDNEY 2000 PARALYMPIC GAMES - ROAD CYCLING From 10am. Free and unticketed.

29 Sunday

SYDNEY 2000 PARALYMPIC GAMES – MEN'S AND WOMEN'S MARATHON

Competitors are expected in Centennial Parklands within 15 minutes of the race start in North Sydney at 9am.

31 Tuesday HALLOWEEN – A SPOOKY DINNER FOR KIDS AND DINNER WITH MAGIC FOR ADULTS (3)

This special Halloween tribute starts with a family sitting, where dressing up is a must and kids' delicacies include "sea monster plates with chips." Then kids will go on a spooky Halloween Hunt. The later sitting offers adults fine cuisine and magic tricks. See page 17 for more details. Bookings (02) 9360 3355

NOVEMBER

3 Friday SPOTLIGHT PROWL © See 13 September

8 Wednesday

MY LITTLE PONIES See 11 October

16 Thursday LITTLE BLOOMERS (1) See 23 October



24 Friday – February (except Mondays and selected dates) MOONLIGHT CINEMA (3)

Enjoy the latest releases and movie favourites under the stars in Centennial Park's amphitheatre. Screening details www.moonlight.com.au or

phone 1900 933 899. Friends' must present keyring at the Centennial Park box office to receive discount.

25 Saturday

BIG BOLD & BRASSY 🙂

Join Rhonda Burchmore, Grace Knight, Ignatius Jones, Don Lane and Tommy Tycho as they perform classic hits from swing masters Frank Sinatra and Shirley Bassey. From 7.30pm, Parade Grounds, Centennial Park. Ticketek (02) 9266 4868. Friends of Centennial Parklands should call (02) 9339 6699 by 10 November to book tickets at discount rate.

26 Sunday

BIRDWATCHER'S BREAKFAST 3

See 15 October

Parklands Spring 2000 = 19

Centennial Parklands - User's Guide

PARKLAND OPERATIONS

First Aid and Emergency 24 hour Ranger service, 7 Days. 9746 2164 or 9746 0444

Administration

8.30am-5pm Monday-Friday. Located behind Centennial Parklands Café. Phone 9339 6699, fax 9332 2148

Friends of Centennial Parklands

More than a group of park lovers, the Friends are an important association of likeminded people committed to preserving the Parklands' history and culture. 9339 6699

Community Consultative Committee

Meets approximately every six weeks. Committee members can be contacted via Centennial Parklands' Administration. 9339 6699

DINING & REFRESHMENTS

Centennial Parklands Restaurant

Modern Australian à la carte restaurant offering a full wine list. Open daily for breakfast and lunch. Also available for weddings and function hire. Open 7 days, 8.30am-3pm. **9360 3355**

Centennial Parklands Café

Specialising in light meals and snacks, the Café offers open air eating in our awardwinning forecourt. Open 7 Days, 8am-5pm.

Centennial Parklands Kiosk

Located next to the Duck Pond, the Kiosk serves sandwiches, light meals, coffee, cold drinks and ice cream. Open Weekends and Public Holidays, 8am-sunset.

SPORT AND RELAXATION

Cycling & Roller Blading

A 4km cycling and roller blading track follows the perimeter of Grand Drive. A Learner's Cycleway for children is also available (cycling only). Cyclists are not permitted to ride in packs of more than 15. Hire available from:

- Centennial Park Cycles: 9398 5027 (bikes & blades)
- Woolys Wheels: 9331 2671 (bikes)
 Bondi Boards & Blades: 9369 2212
- (blades) Total Skate: 9380 6356 (blades)

Horse Riding

Centennial Park is one of the few remaining parks in the world offering inner-city horse riding, with a 3.6 km circular horse track and some 2 hectares of fenced equestrian grounds. Horse hire available from:

- Moore Park Stables: 9360 8747
- Centennial Stables: 9360 5650
- Eastside Riding Academy: 9360 7521

Picnics & BBQs

The Parklands offer unlimited picnic spots, with views of ponds, fields and gardens. Also five BBQ locations in Centennial Park and one in Queens Park. Access to picnic areas and BBQs operates on a first-in basis. Bookings required for groups of 50 or over. Bookings: **9339 6699**

Jogging & Walks

A 3.6 km jogging track is available around Grand Drive. Self-guided walking trails are located at Lachlan Swamp and the Duck Pond. Guided walks held regularly each season. Guided walks bookings: **9339 6699**

Dog Walking

Dogs can be exercised off leash, but under control in Centennial Park outside Grand Drive, and in Moore and Queens Park. Dogs must be on a lead inside the Grand Drive circle and Federation Valley. For safety reasons dogs are not allowed on the horse or cycle track, roads, equestrian grounds, children's playgrounds, Learner's Cycleway, in ponds or on sporting fields when in use. Dogs must be kept 10 metres from BBQs.

Children's Activities

Ranger-led Birthday Parties, toddler activities, Holiday activities and School Excursions are available as part of the Parkland's *Escape and Explore Program*. **9339 6641** or **9339 6645**

FACILITIES

Centennial Parklands Equestrian Centre

Formerly the historic Sydney Showgrounds stables, now a world-class Equestrian Centre offering 270 stables, a lunging yard, arenas, veterinarian, agistment providers and riding schools. **9332 2809**

Moore Park Golf Club

Public 18 hole golf course in the heart of the Eastern Suburbs. Includes Golf Pro Shop and one of the largest driving ranges in Australia. **9663 3791**

ES Marks Athletics Field

International standard 400 metre recatan running track, shot put, discus, javelin, long, high & triple jump facilities available. Quality change rooms, first aid rooms and a meeting room also available. **9339 6620**

Centennial Parklands Sports Centre

Tennis, basketball and netball courts available for casual or regular use. 9662 7033

Playing Fields

Playing fields in Centennial, Moore and Queens Parks are available for team sports, including cricket, soccer, hockey, rugby and touch-football. Bookings: **9339 6620**

Centennial Parklands Children's Centre

Long day care centre for babies to preschoolers. 9663 1200

FUNCTIONS & EVENTS

Centennial Square

Surrounded by trees and designed for marquees, this site caters for 50 to 1200 people. Located next to one of Centennial Park's historic ponds on the eastern side of the Park. Perfect for weddings, launches and events. Bookings: **9339 6613**

C Pavilion

Originally built as home for the Carlton Clydesdale Team, C Pavilion captures the spirit of a historic stables with function and exhibition space facilities. Holds up to 500 people. Bookings: **9339 6613**

Events

Submissions from the public are welcome for activities and events that support the Parklands' cultural policy. Enquiries: **9339 6615** or **9339 6635**.

Filming & Photography

Centennial Parklands offers a versatile range of locations for commercial filming and photography at competitive rates. Bookings: **9339 6621**

TRANSPORT

Public Transport – easily accessible by bus. Route 339 from City stations and 355 from Bondi Junction run regular services to Moore Park. Route 378 from Central and 380 from Circular Quay run services to Centennial Park.

Phone 131 500 for timetable details.

Car - main gates to Centennial Park open sunrise to sunset.

Car Free Days are held on the first Sunday in March, June, September and December. A 30km speed limit applies on all roads in Centennial Park.



Above: Join wildlife expert, Anthony Stimson, and get really close to Australian animals, birds, lizards and frogs. The Australian Wildlife Show is one of the bighlights of the Centennial Parklands' Spring Holiday program, which also features Horse and Cart tours, guided by a ranger, and pony rides. See page 18 for more details. いたち

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Front cover: Spring is in the air – Musgrave Pond Centennial Park. Characterised by ponds and willows, the picturesque surrounds of Musgrave Pond were created to recall the qualities of English landscapes.



Locked Bag 15 PADDINGTON NSW 2021 tel (02) 9339 6699 fax (02) 9332 2148 www.cp.nsw.gov.au