

Carramar Chit Chat,

Tuesday 20th October 2020 Issue 16

Email: Carramar.PS@education.wa.edu.au

Dear Families

Thank you for your response to the drop off and collection arrangements that began last week. These procedures are going very well with most children in class by 8.50am, and lessons starting on time. Thank you for modelling safe road use, especially at the end of the day, both as pedestrians and drivers. We are mindful that there has been an increase in congestion, but are hopeful that with patience, we will work together and keep everyone safe.

EXCITING NEWS: The children of Room 8 were very excited to meet their new teacher Mrs Jordan (aka Miss Sinclair) last week and hear her special holiday news. Mrs Jordan finally got to celebrate her wedding, originally planned for earlier in the year, but due to COVID-19 needed to be rescheduled. From everyone, a very big congratulations!

Term 4 is shaping up to be a very busy term.

AMAZING RACE: The Year 6 classes kicked things off on Friday, with a day of wonderful team building challenges, followed by the Amazing Race around the school grounds, then pizza for dinner, a movie and bed. This was followed by a yummy breakfast on Saturday morning, before heading home — maybe for some more sleep. Thank you to all Year 6 teaching and support staff, and to all additional staff and parents who assisted. Events such as these take a lot of

preparation and planning. Special thanks to Mrs Block who did a wonderful job in coordinating all arrangements.

BOOK WEEK: This week we are celebrating Book Week. Our Kindy B classes got things started today, and if previous years are anything to go by, I am sure there will be many *Curious Creatures and Wild Minds* joining Carramar Primary on Thursday, when all classes are invited to dress up. Please remember to recycle, re-use and re-invent to keep costs down. We won't be having an assembly but there will definitely be photos in our next newsletter. If costumes are likely to get in the way of normal school day activities, please send along your child's school uniform for them to change into.



LAP-A-THON: This Friday is our Lap-a-thon with all classes, K-Yr 6. The forecast is for a lovely day, so please come along and join us on the oval, starting at 1.45pm. Children are asked to wear their faction shirts and must remember their hats. This event is one of our key P & C fundraisers for the year and we are very much looking forward to your support.

WORLD TEACHERS DAY: This year, despite major challenges, our teachers and support staff have worked very hard to make sure the education of our children has continued. Their collective actions have reinforced the significant role teachers and support staff play in the lives of students, their families and communities across Australia. Next **Friday, 30th October**, is World Teachers Day, a day to say a big thank you, and for our staff to be proud of the wonderful job they do, in particular this year. Please take some time to share your words of thanks on the postcards the children will be bringing home later in the week, and return your postcard to the office next week. These will be displayed in the staff room. If you would like more than one postcard, there are more at the office.

HEALTH & HYGEINE: We have recently been advised of a possible Gastro outbreak. This condition is extremely contagious and can be very debilitating. Thank you for considering the health and wellbeing of all members of our school community, some who are immune compromised. It is very important that children who are unwell are kept at home. The Health Department of WA recommends students do not return to school for 24hrs after symptom free. Please use the following

https://www.healthywa.wa.gov.au/ Articles/A_E/Diarrhoea-and-vomiting

link for further information.

Have a wonderful fortnight everyone. Thanks for your ongoing support.

Marce James



Rooms 1 & 4 enjoying their crunch and sip break in the spring sunshine.

Maree James, Principal

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MERIT CERTIFICATES

Year 1 Ethan, David, William	Emma, Asha	, Taylor, Hudson
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- Year 2 Alfie, Oliver, Mahalia, Sophie, Leandro, Chloe, Owen, Joshua
- Year 3 Rachael, Kai, Rylan, Alora, Isabel, Zara, Ryan, Maaui,

Maddison, Isabelle, Sabine, Tyla

- Year 4 William, Lewis, Tayla, Ryan, Ashlee, Mikayla, Willow, Cem
- Year 5 Caiden, Erica, Indie, Melissa, Isabella, Piper
- Year 6 Ava, Samantha, Indianna, Riece, Alexia, Cedric, Ben, Codie



















Term 3 Pasta Masterclass

In the last week of Term 3, Yr 4-6 students got a taste of Italy and made gnocchi with Signorina D'Onofrio and Signora Vinciullo. Students learned 4 different ways to shape the gnocchi, before cooking and eating their own creations. They had a great time creating the shapes, rolling the dough and of course eating the final dish with *sugo or burro e formaggio*. 'Grazie Mille' Miss Schofield, Mrs Hollows, Mrs Northcliffe and Mrs Magee for helping us in the Pasta Masterclass.



























P&C News



Term Four is already off to an amazing start and it's looking like a busy but fun term.

Coming up THIS WEEK is the Whole School Lapathon on Friday 23rd October. (Thurs 22nd October for Kindy Groups A). This will be a Lapathon with a Twist. Awesome obstacles will be set up to keep it fun for everyone. There is still plenty of time to rally up some donations. Remember to return all forms and donations by FRIDAY 6th NOVEMBER. There will be prizes for the top fundraisers as well as some Lucky Draw prizes.

World Teachers Day is the following Friday 30th October. This day allows us to recognise, celebrate and thank the teachers for the amazing work they do. We will host a lunch for the teachers on this date. If you are able to provide a small snack on this day, please contact either Louise Graham or Simone West for details.

LADIES please keep your evening of Friday 6th November free for another amazing Ladies Night. This time we are learning some Self Defence with an incredible instructor from ATI Martial Arts. Grab a group of friends and family and come and join in this community event.

Please continue to support the Year 5's with their Sock Sales. There are some great designs on the quality socks. All money raised helps keeps costs down for their camp next year.

FUTURE EVENTS TO LOOK OUT FOR:

There will be a Disco this term. All details to come.



Children's Book Week is our favourite time of the year at the Wanneroo Libraries.

What wonderful authors we have been celebrating in our state and at Clarkson Library we are showcasing a wonderful wordsmith, T.C Shelley. Her first book was an international smash hit and she is showcasing her next title. Please share this amazing opportunity with your teachers and school communities. Here's some wording for your socials posts or newsletters.

Celebrate Children's Book Week in this highly engaging and interactive session with author TC Shelley as she tells us all about her latest release, 'The Werewolves Who Weren't'.

It is a well-known fact that fairies are born from a baby's first laugh. What is not well documented is how monsters come into being... so come along to Clarkson Library and find out on **Thursday 22 October from 4:00 - 5:00pm**.

This is a **FREE** event but bookings are essential and the Dymocks team will have copies on sale for purchase and signing. Suitable for ages 10 and over. Book here: <a href="https://www.eventbrite.com.au/e/meet-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-library-tickets-defentation-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-to-the-author-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-shelley-clarkson-t-c-s

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Check out the winners, amazing resources and news on these sites:

The Children's Book Council of Australia

https://cbca.org.au/

The Children's Book Council of Australia Western Australian Branch

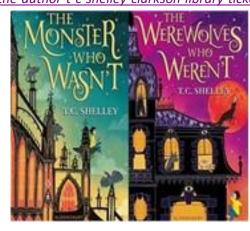
https://wa.cbca.org.au/

Story Box Library (free access via with a library membership)

https://storyboxlibrary.com.au/

Specific Book Week resources can be accessed here:

https://storyboxlibrary.com.au/blog/story-box-library-cbca-book-week-2020-activity-resources





Webinar: Parenting like a cat and dog

New in 2020

11 November 2020 8:00pm AEDT

Effective parents use more than one style when communicating with their families. They know how to alter their style to suit the situation. In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children. The cat-dog approach to parenting is fun, easy to use, respectful and maximises parent effectiveness in challenging situations.

Key learning and discussion points include:

- How parents can identify their natural style and work harmoniously with their partner and/or support networks
- · Building confidence to manage children who relish getting their own way
- Constructive ways to adjust communication so that it meets the individual needs of children
- Effective methods to communicate with anxious children so they feel supported, safe and listened to
- Techniques to adapt parenting styles as children move into adolescence



Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators and an award-winning speaker who has been informing and inspiring audiences around Australia, and internationally for more than 20 years.

He is a bestselling author of 12 books for parents including the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Anxious Kids: How children can turn their anxiety into resilience which he co-authored with Dr Jodi Richardson.

Michael has had parenting segments on The Project, The Today Show, Weekend Sunrise, 3AW, ABC radio and more. He has contributed to Huff Post, Kidspot and Mamma Mia, and is a former columnist with News Ltd and Fairfax newspapers.

Michael holds a Master of Educational Studies. He's also the parent of three children who have all successfully flown the parenting nest.

Redeem your webinar - it's easy!

To redeem your webinar click this link: www.parentingideas.com.au/parent-resources/parent-webinars/parenting-like-a-cat-and-dog

- Click 'Add to cart'
- Click 'View cart'
- · Enter the voucher code METAPHOR and click 'Apply'
- Enter your school's name to verify your eligibility. The \$37 discount will then be applied.
- · Click 'Proceed to checkout'
- Fill in your account details. These are the details you will use to login to your account and access your webinar and resources
- Click 'Place Order'

This offer is valid until 31 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.







Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- Seminar Series 90-minute talks on:
 - children's behaviour
 - the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- Discussion Group small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - bedtime routine
 - hassle-free shopping with children.
- Group Triple P 8-week parenting course.



Program details:

Discussion Group, (Managing Fighting and Aggression) Warwick Stadium Wednesday 9.30am - 11.30am 28th October 2020

BOOKINGS ARE ESSENTIAL

Visit www.healthywa.wa.gov.au/parentgroups

How do I book?

Ask your child health nurse or visit healthywa.wa.gov.au/parentgroups.



To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the Child Health Booking System on 1300 749 869 (metro only).

Please note:

Unless there is a crèche advertised, only babies under the age of 6 months can attend this group. However, we welcome babies who need breastfeeding during the session. DO NOT bring hot food and drinks for safety reasons.



YEAR 7 2021 ORIENTATION DAY!

Tuesday 1 December 2020
Joseph Banks Secondary College
Endeavour Theatre
9:00am-2:30pm

For more information please contact Tanya Weston on 9303 7400. An enrolment application and consent form must have been submitted prior to attending.

