

MAY 2022 • INDEPENDENT LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 May Day 11:30—1:30 Sunday Brunch (Main Dining Room)	2 10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 Classic Movie Night “My Fair Lady” (EC&C3)	3 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:30 Walgreens Senior Day 3:00 Sierra Club Chronicles (EC & C3)	4 9:00 Devotions (EC) <i>Special Music: Anne Brown, Nancy Mann, Alan Wedin, Ginny Croft “The Holy Virgin”</i> 9:45 Galveston Day Trip 10:45 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC)	5 Cinco De Mayo 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) “Favorites” with Louise Frowe 4:30 Cinco de Mayo Celebration (Bar)	6 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (AR) 3:00 Mother’s Day Tea (EC) All ladies living at BTBM are invited!	7 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream “Copland 3 + Higdon World Premiere” (C3)
8 Mother’s Day 11:30—1:30 Sunday Brunch (Main Dining Room) 1:30 Houston Symphony “Copland +World Premiere”	9 Nat’l Nurses Week 10:00 Exercise w/ Frances (EC) 10:45 Meyerland Shopping Trip 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 BTBM Book Club (7W) <i>The Whistling Season by Ivan Doig Led by Barbara Bailar</i>	10 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 10:30 Caring Friends Meeting (SOL) 2:00 <i>Speaker: Donna Fain</i> “All Things Rodeo”	11 9:00 Devotions (EC) Reverend Omar Roushon St. Philip Presbyterian 10:45 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC) 11 AM—1 PM Chair Massages <i>Courtesy of Elizabeth Asnes</i> 1:00 J’s Treat: MFAH	12 Nurses Day and Florence Nightingale Day – In celebration of the birth anniversary of Florence Nightingale (1820–1910), a British nurse whose efforts significantly contributed to the development of modern professional nursing. 10:00 Exercise w/ Leo (AR) TBD To the Movies	13 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 11:30 Grillin’ with Scott & Jim <i>Pick up in the Bistro!</i> 2:00 Cinema with Chaplain Charles (EC) 7:00 Glennie Scott & Judy England	14 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Mah Jongg (7W) <i>New class begins!</i> 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
15 11:30—1:30 Sunday Brunch (Main Dining Room) 2:30 Houston Symphony Livestream “Itzhak Perlman: Mozart + Tchaikovsky 4” (C3)	16 10:00 Exercise w/ Frances (EC & C3) 11:00 Monthly Lunch Bunch “Cleburne’s Cafeteria” 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 7:00 Bayou City Singers (EC)	17 Pack Rats Day – Celebrated annually on May 17, Pack Rat Day is a day dedicated to those who hold on to stuff for sentimental value. 10:00 Exercise w/ Leo (AR) 10:30 Kroger Grocery 3:00 Afternoon Ice Cream Treat <i>Just outside the Event Center</i>	18 9:00 Devotions (EC) Dr. Colin Bossen First Unitarian Universalist Church 10:45 Catholic Communion (PR) 11:00 Exercise w/ Leo (EC)	19 10:00 Exercise w/ Leo (EC) 10:45 Sing-a-Long (L) with Ginny Croft & Anne Brown 2:00 “Curiosity” Gathering with Margaret Desmond (7W) 5:00 May Birthday Dinner (EC)	20 9:00 Coffee Talk (Bistro) 10:00 Exercise w/ Frances (EC) 10—12 Sierra Shred Event <i>(just outside the main entrance)</i> 3:30 Shabbat Service with Cantor Tunitsky (7W) 7:00 Gulf Coast Concert Band (Event Center)	21 Armed Forces Day 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Mah Jongg (7W) 2:00 Needlework (3rd Floor) 7:00 Bingo (EC) 8:00 Houston Symphony Livestream “Music Director Designate Juraj Valcuha Conducts Beethoven 9” (C3)
22 National Maritime Day – On this day in 1819, the steamship <i>Savannah</i> made the history books. It was the first steamship to cross the Atlantic. <i>Savannah</i> sailed from Savannah, Georgia, to Liverpool, England. 11:30—1:30 Sunday Brunch (Main Dining Room) 3:00 Wine & Music with Louise Frowe at the piano (Lounge)	23 Victoria Day 9:30 Houston Junior Forum Resale Shop/Lunch at Alice Blue 10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L)	24 Brother’s Day – An annual May 24 celebration of biological brothers, fraternal brothers, and brothers united by life experiences. 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 3:00 Sierra Club Chronicles (EC & C3) 4:00 Party at the Pool Table <i>Open to everyone! Lessons available</i>	25 Nat’l Senior Health & Fitness Day 9:00 Devotions (EC) Reverend Jim Gill w/ Guitar St. Andrew’s Presbyterian 11:00 Exercise w/ Leo (EC) 10:45 Catholic Communion (PR) 11 AM—1 PM Chair Massages <i>Courtesy of Elizabeth Asnes</i>	26 10:00 Exercise w/ Leo (EC) 3:00 Town Hall Meeting w/ Scott (Live in the EC) 6:00 BTBM Dinner Night Out “Pico’s”	27 9:00 Coffee Talk (Bistro) 10:00 Episcopal Worship with The Reverend David Goldberg (AR) 10:00 Exercise w/ Frances (EC&C3) 11:30—1:30 2nd Annual BTBM Crawfish Boil	28 10:00 Card Craft (Craft Rm) 1:00 Canasta (Lounge) 1:00 Mah Jongg (7W) 1:30 A.D. Players “Apollo 8” 2:00 Needlework (3rd Floor) 7:00 Bingo (EC)
29 Indianapolis 500-Mile Race – Recognized as the world’s largest single-day sporting event, it is held annually on the Sunday of Memorial Day weekend. 11:30—1:30 Sunday Brunch (Main Dining Room) 1:00 Houston Ballet “Pretty Things”	30 Memorial Day 10:00 Exercise w/ Frances (EC) 1:00 Line Dance w/ Gayle (EC) 1:00 Brazos Needle Group (L) 2:00 Memorial Day Sing a Long with Ginny Croft at the piano	31 Nat’l Smile Day 10:00 Exercise w/ Leo (EC) 10:30 Kroger Grocery 2:00 Craft Corner Spring Wreaths 3:00 Sierra Club Chronicles (EC & C3)	<div style="border: 1px dashed black; padding: 5px; text-align: center;"> Tune to Channel 103 for daily and upcoming events </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> Inside/Outside/Religious Activities </div>	<div style="border: 1px solid black; padding: 5px;"> Room Legend EC - Event Center L - Lounge 7W - 7th Floor Conference Rm A/L 2R - Assisted Living/Living Rm PVD - Private Dining Room AR - Aerobics Room PR - Prayer Room SOL - Solarium </div>	<div style="font-size: 2em; font-weight: bold; margin-bottom: 10px;">May 2022</div> <div style="border: 1px dashed black; padding: 5px; font-size: 0.8em;"> Events may be rescheduled or cancelled due to low turnout or inclement weather. </div>	

MAY 2022 • ASSISTED LIVING Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>9:00- Sunday Devotions (available for pick-up in AR3) 10:00- Independent Puzzles AR3 2:00- Activities on the go and friendly visits</p> <p>May Day</p>	<p>9:00- Morning visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 1:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee LR3</p>	<p>9:00- Morning visits 10:45- Daily Chronicles AR3 11:00- Resident Council AR3 2:00- Adult Coloring AR3 3:00- BINGO! DR3</p>	<p>9:00- Morning Visits 9:00- Devotions EC 10:45- Catholic Comm. (PR) 1:00- Afternoon Walk in the garden 2:00- Puzzles AR3 3:00- Afternoon Cinema</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Cinco de Mayo Craft 12:00- Cinco de Mayo Party Cart DR3 2:00- Happy Hour DR3 4:00- Room Visits</p> <p>Cinco de Mayo</p>	<p>9:00- Morning Visits 10:30- Coffee Talk AR3 11:45- Mothers Day Wrist Corsage AR3 3:00- Mother's Day Tea (Event Center)</p>	<p>10:00- Daily Chronicles delivered to room 11:00- Chair exercise AR3 1:30- Room Visits w/ Activity Cart 2:30- BINGO DR3</p>		
<p>9:00- Sunday Devotions (available for pick-up in AR3) 10:00- Independent Puzzles AR3 2:00- Activities on the go and friendly visits</p> <p>Mother's Day</p>	<p>9:00- Morning visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 1:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee LR3</p>	<p>9:00- Morning visits 10:45- Daily Chronicles AR3 11:00- Stretch & Hydrate AR3 2:00- Adult Coloring AR3 3:00-BINGO! DR3</p>	<p>9:00- Morning Visits 9:00- Devotions EC 10:45- Catholic Comm. (PR) 1:00- Afternoon Walk in the garden 2:00- Puzzles AR3 3:00- Afternoon Cinema</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Chair Exercise 2:00- Food For Thought DR3 4:00- Room Visits</p>	<p>9:00- Morning Visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 11:30- Grillin' with Scott (Bistro) 2:30- Sing-a-Long DR3 3:00- Friday Movie DR3</p>	<p>10:00- Daily Chronicles delivered to room 11:00- Chair exercise AR3 1:30- Room Visits w/ Activity Cart 2:30- BINGO DR3</p>		
<p>9:00- Sunday Devotions (available for pick-up in AR3) 10:00- Independent Puzzles AR3 2:00- Activities on the go and friendly visits</p>	<p>9:00- Morning visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 1:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee LR3</p>	<p>9:00- Morning visits 10:45- Daily Chronicles AR3 11:00- Stretch & Hydrate AR3 2:00- Adult Coloring AR3 3:00-BINGO! DR3</p>	<p>9:00- Morning Visits 9:00- Devotions EC 10:45- Catholic Comm. (PR) 1:00- Afternoon Walk in the garden 2:00- Puzzles AR3 3:00- Afternoon Cinema</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Chair Exercise 2:00- Brazos Garden Club AR3 4:00- Room Visits</p>	<p>9:00- Morning Visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 2:30- Sing-a-Long DR3 3:00- Friday Movie DR3</p>	<p>10:00- Daily Chronicles delivered to room 11:00- Chair exercise AR3 1:30- Room Visits w/ Activity Cart 2:30- BINGO DR3</p> <p>Armed Forces Day</p>		
<p>9:00- Sunday Devotions (available for pick-up in AR3) 10:00- Independent Puzzles AR3 2:00- Activities on the go and friendly visits</p>	<p>9:00- Morning visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 1:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee LR3</p> <p>Victoria Day (Canada)</p>	<p>9:00- Morning visits 10:45- Daily Chronicles AR3 11:00- Stretch & Hydrate AR3 2:00- Adult Coloring AR3 3:00- BINGO! DR3</p>	<p>9:00- Morning Visits 9:00- Devotions EC 10:45- Catholic Comm. (PR) 1:00- ICE CREAM TREAT (Bus Trip) 2:00- Puzzles AR3 3:00- Afternoon Cinema</p>	<p>9:00- Morning Visits 10:45- Daily Chronicles AR3 11:00- Chair Exercise 2:00- Aroma Therapy LR3 4:00- Room Visits</p>	<p>9:00- Morning Visits 10:30- Coffee Talk AR3 10:45- Daily Chronicles AR3 11:30- Crawfish Boil! (More info to come) 2:30- Sing-a-Long DR3 3:00- Friday Movie DR3</p>	<p>10:00- Daily Chronicles delivered to room 11:00- Chair exercise AR3 1:30- Room Visits w/ Activity Cart 2:30- BINGO DR3</p>		
<p>9:00- Sunday Devotions (available for pick-up in AR3) 10:00- Independent Puzzles AR3 2:00- Activities on the go and friendly visits</p> <p>Memorial Day</p>	<p>9:00- Morning visits 10:30- Coffee Talk AR3 11:00- Brain Exercise AR3 2:00- Room Visits 3:00- Monday Matinee LR3</p>	<p>9:00- Morning visits 10:45- Daily Chronicles AR3 11:00- Stretch & Hydrate AR3 2:00- Adult Coloring AR3 3:00- BINGO! DR3</p>	<p>*** Activities may be subject to change***</p> <p>AR3- Activity Room 3rd floor DR3-Dining Room 3rd floor LR3-Living Room 3rd floor EC- Event Center 1st floor PR-Prayer Room 1st floor</p>				<h1>May 2022</h1>	

MAY 2022 • MEMORY CARE Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30- Breakfast DR2 9:00- Sunday Devotions AR2 10:00- Puzzles AR2 11:30- Lunch DR2 2:00- Friendly Visits 5:00- Dinner DR2</p> <p>May Day</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Fresh Air on the Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Sing a Long AR2 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- One on One Visits 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair Exercise LR2 3:30- Movie LR2 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 2:00- Cinco De Mayo- Happy Hour DR3 5:00- Dinner DR2</p> <p>Cinco de Mayo</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Daily Chronicles AR2 11:30- Lunch DR2 4:00- Mother's Day Tea Cart AR2 5:00- Dinner DR2</p>	<p>9:00- Daily Chronicles Delivered to Rooms 11:30- Lunch 1:30- Chair Exercise 2:30- BINGO DR3 4:00- Room Visits 5:00- Dinner DR2</p>
<p>8:30- Breakfast DR2 9:00- Sunday Devotions AR2 10:00- Puzzles AR2 11:30- Lunch DR2 2:00- Friendly Visits 5:00- Dinner DR2</p> <p>Mother's Day</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Fresh Air on the Patio 11:30- Lunch DR2 2:00- Sensory Work AR2 3:00- Classical Music AR2 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Sing a Long AR2 11:30- Lunch DR2 2:00- Adult Coloring AR2 3:30- One on One Visits 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:30- Table Top Games AR2 11:30- Lunch DR2 2:00- Chair Exercise LR2 3:30- Movie LR2 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 2:00- Food for Thought DR3 5:00- Dinner DR2</p>	<p>8:30- Breakfast DR2 9:30- Morning Visits 10:00- Morning Exercise AR2 11:30- Lunch DR2 3:30- Lotion Therapy AR2 5:00- Dinner DR2</p>	<p>9:00- Daily Chronicles Delivered to Rooms 11:30- Lunch 1:30- Chair Exercise 2:30- BINGO DR3 4:00- Room Visits 5:00- Dinner DR2</p>
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