

Hospice & Palliative Care

Care & Support Through the Stages of Serious Illness

Daphne

Haacker

Derailed by Dementia, Embraced by Agrace

We all hope that those we love will have access to the **best possible care** at the end of life. But what does that look like? What does it feel like? We think maybe Chuck Haacker knows. We thank him for letting us show you his Agrace experience:

A week ago, my bride of 46+ years, Daphne, passed away in our loving arms. All of our loving arms.

My son and I took turns staying with her, and we were both with her at the moment she passed. She came to Agrace to die, and die she did, of complications of dementia. She was visited daily by her family, but the real constant presence, around the clock, was **Agrace staff.**

Daphne came to Agrace from the hospital kitten-weak, but still feisty, physically fighting being "cared for" and swearing like a Marine. Staff stroked her hair and skin, spoke gently to her, told her exactly what they were doing and why, and managed each

time to calm her enough to do what needed to be done. She probably still hated it, but those of us quietly observing were consistently impressed with the genuine love shown by staff, even for a very crotchety, dying old lady.

She hated being an Old Lady. In our youth and vigor we really have no concept of what it is to grow old. Aches. Pains. Eyesight. Hearing. Stomach. Hair. Fear of falling. At some point I realized I was old. I suspect we all do. But we don't feel old; not mentally. I'm 75 but I still feel, oh, 35-ish. I still want to DO stuff. So did Daphne. We had miles to go, but were derailed by a stupid, irreversible disease.

We had visits from social workers and doctors and nurse practitioners and spiritual & grief counselors. We had access to quiet rooms and a library. When our beloved daughter-in-law arrived with our 18-month-old granddaughter, no one asked her to quiet down. We were constantly asked, "How are YOU? Are you eating? Are you getting some rest?"

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SPRING 2017

News for friends of Agrace



Meet Agrace.org Our New, Simpler Website

When people in Wisconsin (and now also in northern Illinois) need information about hospice or palliative care, they want to find it quickly and easily. Our newly redesigned website will help.

It's now simpler for people to refer a patient, donate, find a grief support group, learn about caregiving, learn about volunteering, RSVP for events, see pictures of our hospice inpatient units and residence, and much more!



Upcoming Events & Groups

Every Wednesday - Bridges Grief Support Group. Madison. 9:30 a.m. - 11 a.m. each week at Agrace. No pre-registration required.

April 8 - Bus Tour, Agrace Thrift Store, Madison-West. Board the bargain express and spend the day thrift shopping on Madison's West Side. For details, call (608) 833-4556.*

May 2 - Journey Through Grief, **Madison.** A support group series for adults. Meets six Tuesdays. 6 p.m. - 8 p.m. at Agrace. Call Jody at (608) 327-7118 to register.

May 3 - Spouse/Partner Loss Support Group, Madison. Meets six Wednesdays, 1 p.m. -3 p.m. at Agrace. Call Jody at (608) 327-7118 to register.

June 6 - Spouse/Partner Loss Support Group, Janesville. Meets six Tuesdays, 10 a.m. noon, at Agrace. Call Laura at (608) 314-2924 to register.

June 17 - Gala on the Green, Janesville. See back page.*

June 25 - Butterfly Dedication, Janesville. Create a tribute to someone special by purchasing a personalized acrylic butterfly (as a tax-deductible donation to Agrace). For details, visit agrace.org/butterfly by May 12.*

July 18 - A Round with Agrace, Wisconsin Dells. See back page.*

Visit agrace.org for details, or call (608) 276-4660.

* Proceeds directly support patient and family care.

Embraced by Agrace, continued from front



Afterward, when you ceremoniously rolled Daphne out, I could hear her stifling a giggle. She would have been by turns deeply touched and amused. "For ME?" she would have said, "Oh, gosh, don't do that." Thus I was, by turns, deeply touched, and amused, but mostly grateful. That procession past staff standing silently at attention was very moving, and, I suspect, also very Agrace.

Daphne's death was long-expected, so there wasn't the crushing shock of sudden death, but there's a certain weirdness. We have all cried, but we stop, then start again. We know she is not here, and that knowledge sometimes washes over like a wave on the shore, then recedes.

I know Daphne was always—inside—that young, intelligent, funny, vibrant young woman I fell in love with all those years ago. If the soul survives the death of the body, I hope she went to the light.

Thank you all, again, from all of Daphne's family, and many others who loved and miss her.

Chuck Haacker

Generosity Keeps Growing... and Never Grows Old

If you feel moved by Chuck's letter (above) and Daphne's care, you can help ensure that Agrace's support continues to be available—to everyone who needs it. As Agrace grows, more and more people across southern Wisconsin and northern Illinois are counting on us for "the best possible" hospice and palliative care. And we count on support from generous donors like you.

Visit agrace.org/donate-today or use the enclosed envelope to send a tax-deductible donation. Gifts of any amount are welcome. Please keep Agrace growing strong. Thank you!

Agrace to Open Freestanding Grief Support Center

Each year, hundreds of people attend grief support groups at Agrace to find hope and healing after someone they love has died. Soon, we'll have a new space where we can offer this support.

We are excited to announce plans for the Agrace Grief Support Center, opening in July in Fitchburg. It will be a welcoming place for people of all ages. Anyone in our service area will be welcome to use it to find comfort, express their grief and work toward healthy survivorship—even if the person whose loss they are grieving was not an Agrace patient.

Look for more information about the Center and a grand-opening celebration in the Summer 2017 issue of this newsletter.



Volunteering Brightens Lives!

Volunteer Roles



80,175 Volunteer Hours in 2016



Equivalent to 38 full-time staff (and that's 1 more than 2015!)

943 Active Volunteers



Areas of Greatest Need in 2017

As more patients and families choose Agrace, we need to add more volunteers to lend a hand to our caring staff. There are four volunteer roles where we could use more help right now.











Patient companions

in and near Rockford, Ill., and in all Dane County communities.

Patient companions

and patient-care assistants at our inpatient units (IPUs) in Madison and Janesville. **Garden volunteers** to plant, mulch, deadhead, prune, weed, and more,

in the Agrace gardens in Madison and Janesville.

To learn about volunteering with Agrace, call (608) 327-7163, email volunteer@agrace.org or visit agrace.org/volunteer.

Thrift Stores Generate Nearly \$250,000 in 2016

Agrace's three thrift stores finished the year strong! We exceeded our 2016 revenue goal and generated nearly **\$250,000** to help support patient and family care throughout Agrace's service area. Our Janesville thrift store was a rock star in 2016, increasing sales nearly 15 percent over 2015.

In 2017, we'll be working to attract more donations and keep a steady number of (amazing) volunteers. With very limited paid staff, we rely on dedicated volunteers, and we're always looking for more to join the fun!

Interested? There are lots of ways you could help as a volunteer, in just four hours a week. Want to operate the cash register? Sort new donations? Price clothing, housewares or collectibles? We have a solid training process and skilled store leaders to help you succeed. To learn more, visit any of our thrift stores and talk with a manager, or call (608) 327-7163. See our store locations at agracethriftstore.org.



Thrift store volunteers (left to right)
Colleen McCabe, Louise Stephenson and Jane Norman

Planting the Seeds for Legacy Giving

As spring approaches, it's exciting to make plans—for enjoying warm weather (hopefully soon), and also for a little further down the road. Perhaps 2017 holds a special graduation, or a long-awaited new family member or your much-anticipated retirement.

There are simple things we can do every day to prepare for the future. Legacy giving works the same way! Simple steps taken now can help build your legacy of charitable giving. For example, by naming a favorite charity, like Agrace, as the beneficiary of your life insurance policy or your retirement account, you plant a seed today that will grow into something beautiful tomorrow. Your gift is an investment in the future of Agrace and a legacy of exceptional end-of-life care for our community.

To learn more about making a legacy gift to Agrace, please contact Courtney Polster at (608) 327-7139.



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Please save the date and join us!



Golf Fundraiser Needs Sauk County Sponsors, Golfers

A Round with Agrace returns on Tuesday, July 18, in Wisconsin Dells at Trappers Turn Golf Club. This event helps support the services we provide in and around Sauk County, where we currently serve about 100 hospice patients. More golfers and sponsors are needed to make this event a success. To join us, please visit agrace.org/ roundwithagrace or call (608) 327-7205.

Building Relationships with Agrace Supporters in Rock **County and Rockford Area** We're pleased to welcome

Tami Kellerman to Agrace as a development manager. Tami will help us build on the very successful donor relationships Jayme Roth initiated in Rock County over the past 10

Tami Kellerman Joins Agrace

years, and also add new donors to support the services we now offer to northern Illinois residents.

Tami has more than 20 years' experience working with nonprofit organizations and donors. Most recently, she was executive director of The Haven Network. Rockford. You can contact Tami at (608) 206-3067 or tami.kellerman@agrace.org.



Gala on the Green



Agrace's Gala on the Green blends an elegant evening at the Janesville Country Club with just a little bit of golf! On **June 17**, please join us for gourmet dining, an entertaining live auction and

live music by Eddie B Jazz. Golfers, try your luck at a putting contest under the lights! Tickets are \$100/person. To volunteer, sponsor or register, please see agrace.org/events.