



Centimano Counseling

Perinatal Mental Health

PERINATAL MENTAL HEALTH TRAINING

THE MENTAL HEALTH OF WOMEN IN THE REPRODUCTIVE YEARS

From Centimano Counseling comes a 6-hour mental health training based on 30 years' combined clinical experience with the perinatal population

Our training begins with an overview of perinatal adjustment and clinical concerns, as well as how to properly diagnose perinatal mood and anxiety disorders and manage recovery. We will explore the many ways the maternal brain changes, the importance of looking at women through the lens of the system they live in, and the impact of adversity and trauma on the parenting experience. Look forward to a day of learning, rich with case examples, clinical wisdom, and a healthy dose of humor.

MEET THE PRESENTERS



Meeka Centimano

LCSW, PMH-C



Kara Shelman

LCSW, MPH, PMH-C



This training is preapproved for 6 CEU credits by the Kansas Behavioral Sciences Regulatory Board. It also qualifies as an advanced 6-hr training for the Postpartum Support International PMH Psychotherapy and Affiliated certification tracks.

March 31, 2023
8:15 a.m. - 4:30 p.m.

6405 Metcalf (Building 3)
Mission, Kansas 66202

Register here www.centimano.com/training-opportunities. Cost: \$300.