

The Mental Health of Women in the Reproductive Years

Understanding Risk, Assessment, Diagnosis, & a Comprehensive Approach to Intervention

The Midwest region of the U.S. is limited in its number of mental health providers who specialize in helping women and families during the perinatal period. Meeka Centimano, LCSW, PMH-C, and owner and director of Centimano Counseling, is offering an opportunity to learn from the first perinatal-specific counseling practice in the Kansas City metropolitan area.

This 6-hour training will provide an overview of the changing landscape of perinatal mental health care in the Midwest and beyond, as well as a breakdown of perinatal mood and anxiety disorders. It will include information on assessment, screening, best practices, intervention, and support for those experiencing PMADs. This training qualifies as an advanced 6-hour training for the Postpartum Support International PMH Psychotherapy and Affiliated certification tracks.

How to join us

8:30 a.m. - 4:30 p.m. | April 8, 2022
6405 Metcalf (Building 3)
Mission, Kansas 66202

Register on [our website](#).
Early bird rate (March 1): \$225
Final registration rate (March 25): \$250

About Meeka Centimano

In 2003, Meeka Centimano, LCSW, established Centimano Counseling, the first perinatal mood and anxiety disorder counseling practice in Kansas City. She provides case consultation to perinatal therapists in the Midwest. She is an educator and keynote speaker for community groups, mental health providers, and healthcare professionals. She has worked with the University of California-Berkeley, Postpartum Support International, the University of Kansas Hospital, Children's Mercy Hospital, St. Luke's Health System, Advent Health, and Kansas State Health Department, among others.

