

14th Annual
PARKLAND

PACE OR RACE

August 19th 2023

USATF certified 5K course
is flat and fast

Raffle prizes are given away
at awards ceremony

Medals are given to 1st place
overall male and female

Ribbons are given to top 3
in each gender and age group

All proceeds benefit
Washington High School
Cross Country



Location:

Washington H.S.
12420 Ainsworth AVE S
Tacoma, WA 98444

Schedule:

8:30 AM – Registration Opens
9:20 AM – Registration Closes
9:30 AM – Start of Event
10:30 AM – Start of Awards

Registration:

<https://patriotcrosscountry.com/ppr>
Registrations are also accepted on the
day of the event for an additional charge of \$5

Course Map and Results:

<https://patriotcrosscountry.com/ppr>

For More Information:

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