

SARAH OWENS

Film & Commercial Actress
SAG-Eligible

(714) 475-4753
saraheowens21@gmail.com



Height: 5'4" Hair: Brown Eyes: Light Brown

FILM/TV EXPERIENCE

Of the Water	Ama - Lead	Independent, Dir. Annie Kane
Survive Hope	Athena - Lead	Independent, Dir. Jason Rhodes
Poypoy And The Little Milkfish	Charla - Lead	GFS Productions, Dir. John Silvan Dayot
Unspoken Rules	Priscilla - Lead	Stories Deep Productions; Dir. Jaison Blackwater
Cheaper By The Dozen	Featured	Disney+, Dir. Gail Lerner
One Night Stand	Charlene - Lead	Independent, Dir. David Samuel
"What Had Happened Was"	Maci - Lead	Independent, Dir. Mia Miller
In Another Time	Eurydice - Lead	AK Productions, Dir. Felicity Childs Smith
The Dig	Dr. Connor - Lead	Fake ID Productions, Dir. Jasmin Please
Westworld	Featured	HBO, Dir. Jonathan Nolan
"Sex Change"	Cassie	Independent, Dir. Tim O'Shea
Run This Town	Agent Hada	C2Entertainment, Dir. Charles Clemmons
"A House Divided"	Nurse - Featured	BondIt Media Capital, Dir. Dan Garcia
There's No Heaven for the Beasts of The Field	Melora - Support	Independent, Dir. Jacob Tomin

COMMERCIAL EXPERIENCE

Kia x Emmys	Car Owner	CBS/Viacom, Dir. Jordan Rubin
Disney Star Wars Land	Park Guest	Freeform, Dir. Kristen Vargo
Universal Studios Hollyw.	Park Guest	Cortez Bros., Dir. Max Gutierrez
L'Oréal Paris	Skincare User	Media Lab Science, Dir. Aameann DeJohn
UC San Diego Health	Nurse	Vitro Agency, Dir. Tim Hsuing
IT Cosmetics	Makeup Model	Media Lab Science, Dir. Aameann DeJohn
Airbnb	Guest	Atashgah Prod., Dir. Tara Atashgah
Hint Water	Influencer	Honeybird Pictures, Dir. Bree Doehring
Crocs	Principal	Crevice Entertainment, Dir. Diaz
Wetzel's Pretzels	Friend	Contractor, Dir. William Callan
Feel Good Foods	Teen Friend	Exit 14 Prod., Dir. Jeremy Paczos

TRAINING

Crash Acting, Scene Study: Ben Mathes; March 2022-current
UCLA, The Meisner Technique and Voice & Movement for the Actor; January - March 2021
Killian's Workshop, Scene Study, Foundation Commercial Class; Instructor: Jaret Sacrey; November 2020-April 2021
The Actor's Studio of Orange County, Film Technique; Philip Orazio; Summer 2018-2020
University of California Los Angeles, Theater 20; Instructor: Ulato Sam; Spring 2019

SPECIAL SKILLS

Languages: Spanish (conversational), Korean (beginner)
B.A. in Linguistics & Dialects; B.S. in Biochemistry from UCLA
Accents: Australian, British, Scottish, French, Vietnamese, US Southern (rhotic and non-rhotic), Mid-Atlantic, and Learn & Develop new accents rapidly
Singing: Alto
Cheer & Dance (hip-hop): Competitive (8 years)