



Science Series

The Opioid Epidemic: How We Got Here and How to Get Out



Thursday, February 7th, 2019
9:00-11:00am, Alway M112

Click [HERE](#) to Register!

The mission of the Stanford Center for Clinical Research (SCCR) includes offering educational resources, training, and support for investigators and research staff. We have invited Associate Professor of Psychiatry and Behavioral Sciences, **Anna Lembke, MD**, to present on the important topic of prescription drug misuse. In this course, you will learn about the opioid epidemic and what health care professionals need to know to help with recovering from this crisis.

At the conclusion of this class, you will be able to:

- *Recognize how and why opioid prescribing has changed from 1980 to 2016*
- *Identify the neurobiological, sociocultural, and psychodynamic factors driving over-prescribing and over-consumption of prescription opioids*
- *List ideas for what health care providers can do to target and reduce this public health crisis going forward*

Attendance is open to all research staff

About the Instructor:



Anna Lembke, MD, Associate Professor of Psychiatry and Behavioral Sciences, Medical Director of Addiction Medicine, and Chief of Addiction Medicine Dual Diagnosis Clinic, was one of the first in the medical community to sound the alarm regarding opioid overprescribing and the opioid epidemic. In 2016, she published her best-selling book on the prescription drug epidemic, *Drug Dealer, MD – How Doctors Were Duped, Patients Got Hooked, and Why It’s So Hard to Stop*, which combines case studies with public policy, cultural anthropology, and neuroscience, to explore the complex relationship between doctors and patients around prescribing

controlled drugs, the science of addiction, and the barriers to successfully addressing prescription drug misuse and addiction. Using her teaching/academic position and her public platform, Dr. Lembke continues to advocate for people with addiction, and educate health care professionals, policymakers, and the public on a wide variety of addiction-related topics.

BRN OPTIONAL

Spectrum is an approved provider by the California Board of Registered Nursing, Provider Number CEP15435 for 2 contact hour(s).

To receive your certificate with BRN credit, you are required to complete an evaluation at the conclusion of this class.

BRN Cancellation Policy: If you wish to cancel your registration, please contact the course coordinator, Kiera Larsen, klarsen5@stanford.edu.