do not know the ease with which the produce of this planetary garden flows to those who love this world. The moment you awaken to the truth of yourself, the moment you realize that you are essentially a spiritual being, your relationship to matter changes. You have no further difficulty drawing to you all that you require.

Those who serve the purposes of life are not troubled for its necessities.

The finest food that this planet has to offer is only a small portion of the nourishment that comes to those who live their lives in the energy currents of eternal love.

The Earth recognizes people in whom God flowers. There is a sensuousness, a

centeredness and a grace to their movement. There is a relaxed gentility of power flowing quietly within and beneath their action. There is a humble assuredness about them, a reverence, a sense of humor and a sense of the sacred entwined. They are the magical people for whom the Earth has longed. **

THE COSMIC HEART

by Brian Grattan

aitreya, through Jesus, demonstrated a popular example of the Etheric Body Ascension, striving to teach mankind its meaning and directing them to the same attainment. This beloved teacher and many, many before him made it very clear that one is sometimes raised to the Etheric Ascension close to or just prior to the transition called death; however, it must be accomplished from the dense physical side of life. It must also be done at a point before the silver cord of Light has been withdrawn from the physical body, otherwise it becomes impossible to illuminate and raise that body, and one would need to incarnate once more in order to attain that final freedom from the dense physical experience. ascension must take place consciously, as this attainment is the final completion of all dense physical experiences through the personality level.

Physical embodiment is for the purpose of preparing, perfecting and

enlightening the body to the vibratory level where it can once again blend with the universal body of the I Am Presence. This is the state that Jesus/the Christ referred to as the "the Seamless Garment." In this etheric body, which is made of pure electrical energy, one has complete freedom from all dense physical limitation. Through intense devotion to the I Am Presence, anyone can release Its power to achieve this point. We remind you that this is your eternal birthright!

Of all the habits that mankind has created for itself, self-pity is the most inexcusable because it is the height of human selfishness. Through self-pity the attention and the energy of the personal consciousness, or outer self, are completely focused on the petty, useless, human desires of the physical body. The glorious power of the I

Source

Tays for an unlimited number of Cosmic Days.

Ninth climension

Mahatma Creator/Cosmic Avatat'

Eighth climension

Mahatma Creator/Cosmic Avatat'

Monadic Level

The laboratory of oration for the Cosmic Day

Seventh climension

Seventh climension

Seventh climension

Cosmic Avatat' (Lampis Day

Limburga Level

The Cosmic Avatat' (Lampis Day

Limburga Level

Am Presence — the "Mahatma," now — is entirely ignored, yet its energy is squandered by humanity on their misaligned priorities. Humanity cannot experience the higher side of life until it looks away from the little self to acknowledge and feel the presence of the all-encompassing Mahatma, which now finds no level that it cannot access.

Grief, which is believed to be a form of love, is nothing more than another powerful expression of selfishness. Apathy also belongs in this category — it is neither life nor love. These negative emotions effectively lower humanity into "slavery," as they break down one's resistance by wasting the energy of life, which should be used for the creation of love, beauty and relative perfection. This slavery will continue as long as the personality fails to make the necessary conscious effort to free itself from the lure of the psychic world, which contains only those creations of humanity generated

by the discordant feelings, thoughts and words of the personality level. It is the daily activities of the mind, emotions and body that distort the creative expression of life to create the illusion of these psychic/lower astral levels.

Humanity is fascinated, entertained and hypnotized by the various phenomena of the psychic world; but we must warn you that there is nothing positive or permanent within the psy-

chic/lower astral strata – they are as dangerous as quicksand, and just as deceiving. The psychic/lower astral realm is the emotional/lower mental realm; it is the creation of human consciousness,



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the accumulation of human thoughts and forms energized by human feelings, and referred to as "mass consciousness." It contains nothing whatsoever of the cosmic Light.

This fascination with and desire for psychic expression is experienced as a very subtle feeling that diverts attention away from one's connection to and acknowledgement of one's true reality, the I Am Presence of Source. Focusing on the activities of the psychic plane effectively cuts off the individual from the energy of and the ability to connect with the God Source or even (with rare exceptions) to anchor the primal soul and personality levels into the Earth and her higher astral levels.

It is important to realize that nothing of Divine Consciousness comes from the psychic realm, regardless of any manifestations of "evidence" to the contrary. These levels of outer activity of the lower mind are forever changing their qualities, while the Christ Consciousness — for those in dense embodiment — which is of the Divine Light, is ever-expanding, although not in the manner propounded by the world religions of today which convey only form, darkness and limitation.

It is because of this subtle fascination for and attention to the lower astral levels that humanity is today like a mass of children in need of the great help and all-encompassing wisdom of the cosmic walk-in to raise them into the understanding of the Light, first by becoming the Christ and then by anchoring and becoming the Mahatma, which is the only means of release from the darkness of Earth's present chaos. Avatars have come to this planet at regular intervals since the end of the Second Golden Age when mankind became fascinated with the form side of life and the creation of "things," to bring the needed assistance. (Refer to the diagram, "The Cosmic Heart.") Humanity's attention turned, at that point, to outer activities and the conscious recognition of its own individualized Godself was forgotten. The Creator level - abiding in Its spiritual body, and now in the atomic body - was completely ignored. Thus, Source has been able to express only part of the Divine Plan to dense co-creator levels of consciousness.

Devic and Astral Levels Are Not Christ Consciousness

Those who venerate the magician do not become Light themselves...but then, neither does the magician! Using the devic elementals constructively, but still psychically, there have been and still are many beings on Earth who have been venerated because they work as atomizers, able to manipulate the elemental kingdom. This is what caused the destruction of Atlantis! These beings go through the platitudes of their respective "religions" but do not shift consciousness into the Light; thus the masses particularly adore the phenomenon of atomization, which the Light is trying to raise them above. The danger here is the same as that of the old Atlantean psychic/emotional realms which ultimately destroyed that continent because the Atlanteans became unable to distinguish the devic elemental kingdom from the psychic/lower astral levels. They therefore became trapped in illusion and the emotional body, not in the reality of becoming Christ Consciousness and moving beyond these profound limitations.

I can hear you now asking, "But we've seen such wonderful healings performed by psychic atomizers. How can you say this when Jesus/the Christ did the same thing?" Both used the devic elementals and the lower astral levels to create the loaves of bread or the jewels and the profound healings. What the Christ Consciousness, through Maitreya, allowed Jesus and Peter (principally) to perform was not a manipulation of the elemental/astral realms, but was from the Divine Light of the Christed Energy. Two thousand years ago on Earth, this was a new beginning, a new approach to demonstrating the Divine qualities of Light, and not the manipulation of the devic elementals through the lower astral/psychic realms.

We wish to remind you that the basic principle of healing on this planet through mass consciousness is neither Light nor dark; it is simply what you, the creator of your own reality, have allowed

When the Atlanteans destroyed their continent, Sanat Kumara ended their civilization and the doors were closed to the elemental kingdom which had been misused by the priest class to so distort reality that it became impossible to distinguish the lower astral levels from the day-to-day dense physical expression; there was an immense overlap of realities. The shifts on Earth as a result of the crystalization of Earth and humanity, parallel in many ways the destruction of Atlantis. Sanat Kumara will initiate similar shifts on the Earth because mankind has not understood even remotely the correct angle of ascent and integrations.

Today there is such a thin line between Light and darkness that the differences for humankind are not yet distinguishable. Thus we have spent sequential time studying this phenomenon on Earth regarding an aspect of self called Sai Baba (and others) - who, as well intentioned as he (and they) believes himself to be, working "on the fence" between Light and darkness, but expressing the fully developed primal soul - and we have come to the realization that his (and their) veneration by millions of followers cannot and will not assist anyone who is following this enigma! In its Divine right to become Light and not mirror this through another personality, mankind has become hypnotized by the phenomenon and not by the primal soul level (which does not include the higher self or oversoul levels) represented by Sai Baba's choice (free will) to demonstrate the continuum of a religion brought in and introduced to the world by the current Christ, Maitreya, in his embodiment as Sri Krishna. What may have been valid 3,000 years ago has no validity whatsoever as we enter this New Age and causes multitudes to adore the image but not the substance, and to give their power away. A good example of this is the worship of Jesus within Christendom.

How, pray tell, are Sai Baba's ancient dark beliefs regarding a religion that cannot function fourth dimensionally going to assist a fourth-dimensional being who is mesmerized by the "calling card," the atomizing? This wonderful ability of Sai Baba doesn't rub off through osmosis; mankind must "taste the carrot," not have it dangled in front of them! One does not benefit by adoring and dutching the hem of Sai Baba's garb or waiting for the Akashic Ash to fall from his picture. This demonstration benefits not humankind!

The primal soul of Sai Baba is totally developed and is one that should be emulated and then moved beyond, but not worshipped; and there are many who fall into this category, including all of your world religions and gurus, of which Sai Baba will unintentionally simply become another. Mankind must stop giving its creative power to others; people must become the creators of their own realities!

Ascension is Humanity's Choice

Humanity has become so bound by its own outer creations that as we enter this New Age, and because the soul levels have invited the Cosmic Avatar, Mahatma, out of sheer compassion for the misery of humanity and the slowness of its growth, the collective "we" have come to energize what will have to be, not what was. The transformational fire introduced on Earth through the tenth, eleventh and twelfth rays, incorporating the spiritual microtron for all fourth through sixth densities, is just that — transformation. When we say that there should be tens of millions doing their Etheric Lightbody Ascension, that will depend totally upon humankind's response to this supreme opening during the next 35 years on Earth, and how much Sanat Kumara's ravaged and crystallized body remains habitable. The choices are yours and that of mass consciousness; the remarkable opening is available! **