



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:



Section 2. Progress towards Goals continued

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: GENEVA CITY

Month and year of current assessment: 12/2023

Date of last Local Wellness Policy revision: 6/2021

Website address and/or information on how the public can access a copy of the Local Wellness Policy /Triennial Assessment: <https://www.gck12.com>

Wellness Committee Information

How often does your district wellness committee meet? ANNUALLY

District Wellness Coordinator

Name	School	Job Title	Email Address
HEATH MCINNIS	BOE	ADMIN	MCINNISH@GCK12.COM

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
HEATH MCINNIS	BOE	ADMIN	MCINNISH@GCK12.COM

District Wellness Committee Members

Name	School	Job Title	Email Address
MELISSA BROWNELL PATE	MES	NURSE	BROWNELLM@GCK12.COM
JAMI SEAY	MES	PRINCIPAL	SEAYJ@GCK12.COM
TERESA KUNKLE	GHS	CAFE MGR	KUNKLET@GCK12.COM
GERID WHITE	GMS	PRINCIPAL	WHITEG@GCK12.COM
HANNA WALDNER	MES	TEACHER	WALDNERH@GCK12.COM
MAX CREWS	GHS	STUDENT	CREWSM@GCK12.COM
JOMANDA JOHNSON	MES	PARENT	JOHNSONJ@GCK12.COM
CYNTHIA MITCHUM	GHS	NURSE	MITCHUMC@GCK12.COM

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

Alliance for a Healthier Generation Model Policy

WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

- Nutrition Education that promotes student wellness occurs in all 3 schools.
- It is integrated into other subjects and addresses agriculture.
- Skills based, behavior focused methods are used.

- Our policy is in compliance with USDA nutrition standards for reimbursable school meals.
- Free and reduced forms are provided to all families and the student's privacy is protected.
- Breakfast is offered every day to all students and free water is available.

- Nutrition standards and fundraising with food is addressed.
- Smart Snack standards are easily accessed in the policy.

- PE curriculum is aligned with state standards and promotes a healthy lifestyle.
- Joint use agreements exist for all 3 school facilities.
- Recess and pe minutes per week are addressed.

- Our policy addresses employee wellness opportunities.

- Our policy is made available to the public online.
- Stake holders from various areas are included in its development.

Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p>	<p>Describe progress and next steps:</p>
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and <u>Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p style="text-align: center;">COMPLIANT</p> <p style="text-align: center;">COMPLIANT</p> <p style="text-align: center;">COMPLIANT</p>
<p>Access to free potable water on campus</p>	<p>Describe progress and next steps:</p>

Section 2. Progress towards Goals continued

<p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>COMPLIANT</p> <p>WATER FOUNTAINS ARE AVAILABLE IN BOTH CAFETERIAS.</p> <p>FOUNTAINS AND WATER FILL STATIONS ARE CONVENIENTLY LOCATED IN ALL SCHOOLS.</p>

NOTE: Required components are listed in blue.

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guide and Implementation.</u></p> <p>If applicable, list additional school goals below:</p>	<p>COMPLIANT</p>
<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>

Section 2. Progress towards Goals continued

<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>COMPLIANT</p>
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*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p>	<p>MOSTLY COMPLIANT NO BEFORE SCHOOL ACTIVITIES</p> <p>BASKETBALL FOOTBALL TRACK SOCCER CROSS COUNTRY CHEER VOLLEYBALL TENNIS FACILITIES</p>

Section 2. Progress towards Goals continued

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p>	<p style="text-align: center;">COMPLIANT</p> <p style="text-align: center;">SIGNAGE IN CAFETERIAS MORNING ANNOUNCEMENTS OF MENU MENUS POSTED IN CAFETERIA, HALLWAY, SCHOOL TV FIELD TRIPS TO LOCAL FARMS ALABAMA COOPERATIVE EXTENSION PROGRAMS TEEN CUISINE, TEEN CUISINE ENCORE MY PLATE PROGRAM, LANA PROGRAM, BODY QUEST FARM DAY HEALTH EDUCATION CLASS DIETETICS CLASS AGRICULTURE CLASSES</p>

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p>	<p style="text-align: center;">COMPLIANT</p> <p style="text-align: center;">SEE ATTACHED LIST</p>

2023-24 Plan for Wellness Programs and Events

NUTRITION

- Roasted Corn day with nutrition education
 - All elementary grades
- Diabetes education yearly
 - All staff members, August
- Nutrition education component taught in Health Class
 - all 10th grade
- Nutrition education is integrated into cooking lessons in Dietetics classes
 - All GHS by Nancy Galloway.
- Mrs. Green: a container garden
- Breakfast program
 - all 3 schools
- Menu announcements each morning
 - all schools
- Water bottles allowed in all classes
 - middle and high school except computer classrooms
- Water bottle refill stations
 - all schools
- Grab and go lunch options available for students and faculty
 - GMS/ GHS
- Continuation of the fruit and vegetable grant
 - Mulkey
- Yearly fresh strawberry fundraiser by FFA
- Yearly fresh citrus fundraiser by FFA
- Alabama Junior Cattlemen's Association (AJCA) Fall Field Day at Lawler Farm in Opelika, AL
 - 9/13/23
 - Students learned about genetic documentation and selection for herd improvement, learned about cattle/beef production, livestock evaluation, and oral reasons (communication skills)
 - Students:
 - GMS - 2
 - GHS - 4
- WBYLP Agriculture Day
 - 10/18/23

- Purpose is to create a better understanding of our food supply and economic impact of agriculture. Students will tour Carr Farms and learn about row crops and livestock production.
 - GHS - 6
- Geneva County Farm-City
 - November 2023
 - Classroom presentations on the importance of agriculture and food production.
 - Video contest for high school students
 - Essay contest for high school and middle school students
 - Poster contest for elementary school students
- Cattle Class
 - February 2024
 - Purpose is to educate students about food supply (cattle/beef production), nutritional benefits of beef (had butcher and chef present), sustainability, and economic impact of cattle industry on Geneva County and Alabama.
 - GMS 6th grade
- Bonnie Plants Cabbage Program
 - All 3rd grade students at Mulkey will be given a cabbage plant plug and growing sheet. I plan to return to read a book to them.
- Alabama Farm-City Literacy Ag Day
 - February 2024
- Read book about food production to PreK-2nd grade students

BY GRADE LEVEL: We have at least one agricultural or food related experience for each grade level

- Pre-K: LANA PROGRAM
 - Sicily Yarbrough
- Kindergarten
 - Dirt Day Soil Babies (Soil & Water Conservation District)
- 1st grade
 - Soil Babies (Soil & Water Conservation District)
- 2nd grade
 - Ag Literacy Day (Farm-City Committee)
- 3rd grade
 - Ag Day (Geneva County Cooperative Extension)
 - Body Quest Nutrition program
 - Sicily Yarbrough

- Bonnie Plants Cabbage Program
- 4th grade
 - Groundwater Festival (Geneva County Cooperative Extension)
 - 4H
- 5th grade
 - Classroom in the Forest (Soil & Water Conservation District)
 - My Plate lesson
 - Sicily Yarbrough
 - Teen Cuisine
 - Abbigail Shehee 6 weeks
- 6th grade
 - Cattle Class (Geneva County Cattlemen's Association)
- 7th grade
 - GMS Loves Good Manners
 - "Teen Cuisine Encore" education
 - 6 weeks, Abigail Shehee
- 8th grade
 - Middle School Career Fair
 - Farm Tour (Farm-City Committee)
- GHS
 - mandatory health class that includes nutrition education
 - classes in agriculture and nutrition available to all grade levels
 - Tour Carr Farms
 - Alabama Junior Cattlemen's Association (AJCA) Fall Field Day

ACTIVITY

- *Boys and Girls Cross Country team and Soccer team recently added*
 - *GHS / GMS*
- Field Day for all students
 - K-5 and 6-8
- Jump rope for Heart event
 - Elementary, all grades, Jomanda Johnson

STAFF

- Pack health resources made available for weight loss, blood pressure and diabetes prevention/treatment
 - staff/spouses
- Resources made available for smoking cessation

- staff/spouses
- Prenatal resources made available for nutrition support/education during pregnancy
 - staff/spouses
- WONDR nutrition program offered
 - employees thru BCBS free of charge
- Wellness screenings offered to all staff and spouses covered by PEEHIP
 - 5 opportunities yearly, all employees

OTHER

- Middle School Career Fair
 - 10/26/23
 - Multiple agriculture careers will be represented, including Forestry, Fish & Wildlife, Cooperative Extension, Select Sires (Cattle) and Alabama Farmers Federation.
- Red ribbon week for Drug Awareness activities
 - Middle and Elementary, October
- Scoliosis screenings
 - 5th – 9th grades – opt in, March
- Blood Drive
 - 10-12 grades
- Dental Education with Dr. Markham
 - K thru 3rd students
- Flu Shot clinic is provided for all Geneva City School Staff and students.
- Yearly physicals
 - Athletes: in May
- CPR classes
 - all coaches and optional for all other employees
 - 10th grade health students
- Anaphylaxis, food allergy, and standard precaution education
 - all employees
- Diabetes education
 - All employees
- Vision Research
 - K, 2, 4 grades
- Manners Lessons at Mulkey: Purpose is to teach good manners and communication skills (foundation for future employability skills). Also covered basic hygiene practices (washing hands before meal, covering sneeze, etc.)
 - James 2nd grade
- Geneva Middle School Loves Good Manners (Lessons and Professionalism Luncheon)

- February 2024
- Purpose is to teach good manners and communication skills (foundation for future employability skills). Also covered basic hygiene practices (washing hands before meal, etc.)
- GMS 7th grade
- Healthcare Career Showcase: Students will visit Wiregrass Medical Center to learn about careers in healthcare. They will hear from college instructors for programs such as Physical Therapy, Nursing, EMS, Respiratory Therapy, and Radiology. They will tour the hospital and nursing home.
 - Spring 2024
- ABAC Field Trip
 - 11/14/23
 - GHS – 10th grade
- WBYLP (Warren Beck Youth Leadership program) Healthcare Day: Students will tour Alabama College of Osteopathic Medicine and Flowers Hospital
 - 11/15/23
 - Students: WBYLP students GHS

Section 2. Progress towards Goals continued

CHECKLIST:

Triennial Assessment was made public:

Date: 1-19-24

Updated Wellness Policy received Board approval: (if applicable)

Date: 2-13-24

Wellness Policy was made public:

Date: 2-14-24

SIGNATURES:

Heath McInnis

District Wellness Assessment Leader

PRINT NAME: Heath McInnis

DATE: 1-19-24

Heath McInnis

District Wellness Coordinator

PRINT NAME: Heath McInnis

DATE: 1-19-24

Ronald L. Small

Superintendent

PRINT NAME: Ronald L. Small

DATE: 1-19-24

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: GENEVA MIDDLE SCHOOL Date: 12/12/23

School Wellness Leader: HEATH MCINNIS

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>	X			
<p>Access to free potable water on campus</p>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			

If applicable, list additional school goals below:				
MENU IS ANNOUNCED DAILY	X			
LAST CHANCE FRUIT BASKETS BY REGISTER	X			

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.		X		NO BEFORE SCHOOL ACTIVITIES OFFERED AT THIS TIME
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	X	X		
List school goals in this section: EXPLORE BEFORE SCHOOL ACTIVITIES DAILY RECESS	X			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	X			



<p>List school wellness activity goals in this section:</p> <p>EXPLORE WAYS TO INCREASE CAREGIVER AND COMMUNITY INVOLVMENT</p> <p>PE SHALL BE TAUGHT BY CERTIFIED PERSONNELL AND SHALL BE AN ESSENTIAL ELEMENT OF OUR SCHOOL CURRICULUM.</p> <p>THE PE PROGRAM SHALL BE DESIGNED TO STRESS PHYSICAL FITNESS AND ENCOURAGE A HEALTHY ACTIVE LIFESTYLE.</p> <p>TEACHERS WILL BE ENCOURAGED TO INCORPORATE PHYSICAL ACTIVITY INTO LESSONS OR WITHIN THE CLASS TIME IN MIDDLE GRADE LEVELS.</p>	<p>X</p> <p>X</p> <p>X</p>			
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Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (i.e., Nutrition Education, Physical Education/Activity)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):



Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: MULKEY ELEMENTARY SCHOOL **Date:** 12/12/23

School Wellness Leader: HEATH MCINNIS

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>				
<p>Access to free potable water on campus</p>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			

If applicable, list additional school goals below: MENU IS ANNOUNCED DAILY	X			
FRESH FRUITS AND VEGETABLES GRANT- ALLOWS STUDENTS TO TRY HEALTHY SNACKS	X			

Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.		X		NO BEFORE SCHOOL ACTIVITIES OFFERED AT THIS TIME
Examples: • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i>	X X			
List school goals in this section: EXPLORE BEFORE SCHOOL ACTIVITIES JUMP ROPE FOR HEART COMMUNITY FUNDRAISER DAILY RECESS	 X X			

Examples: <ul style="list-style-type: none"> • <i>Social Emotional Development</i> • <i>Counseling</i> • <i>Health Services</i> • <i>Physical Environment</i> • <i>Caregiver (Family) Engagement</i> • <i>Community Involvement</i> 	X X X X X X			ONSITE COUSELING AVAILABLE ONSITE NURSE AVAILABLE PE / RECESS DAILY FAMILY EVENTS
List school wellness activity goals in this section: EXTENSION OFFICE OFFERS NUTRITION COURSES TO MULTIPLE GRADES. SEE MULTIPLE WELLNESS ACTIVITIES IN YEARLY PLAN. CONTAINER GARDEN WITH MRS. GREEN	 X X X			

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: GENEVA HIGH SCHOOL **Date:** 12/12/23

School Wellness Leader: HEATH MCINNIS

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. 	X			
<p>If applicable, list additional school goals below:</p>	X			
<p>Access to free potable water on campus</p>	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u></p> <ul style="list-style-type: none"> • Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. 	X			

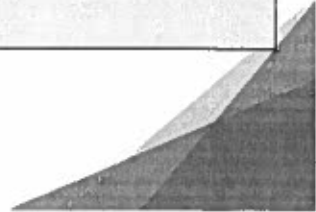


If applicable, list additional school goals below:				
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Section 3: School Level Progress Report

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p>		X		NO BEFORE SCHOOL ACTIVITIES OFFERED AT THIS TIME
<p>Examples:</p> <ul style="list-style-type: none"> • <i>Physical education: (structured and unstructured play)</i> • <i>Our school prohibits withholding activities/recess as a punishment.</i> 	X			
<p>List school goals in this section:</p> <p>EXPLORE BEFORE SCHOOL ACTIVITIES</p>				

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p>	X			





<p>List school wellness activity goals in this section:</p> <p>EXPLORE WAYS TO INCREASE CAREGIVER AND COMMUNITY INVOLVMENT</p>				
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Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- content specific training (*i.e., Nutrition Education, Physical Education/Activity*)
- assistance with a school-based health assessment
- strategies for implementing the local Wellness Policy
- healthy and profitable non-food fundraisers
- healthy school non-food celebrations
- increasing engagement
- grant writing support
- local and state resources
- other (please specify):



WORKSHEET 4: SUMMARY OF FINDINGS

☆ SECTION1: STRONG POLICIES AND ALIGNED PRACTICES

Our district is fully compliant with federal requirements that regulate school meal nutrition standards.

Nutrition education is integrated into other subjects beyond health education and addresses agriculture and the food system. Skills based, behavior focused and interactive methods are used to develop student skills.

Our district is in compliance with the USDA nutrition standards for reimbursable school meals. We also take measures to protect the privacy of our students in regard to eligibility for free and reduced price meals and provide adequate seat time to eat. Free water is provided during meals and throughout the school day. Strategies are in place to promote participation in school meal programs. Care is given to avoid stigmatizing children with unpaid meal balances. Families are provided information about determining eligibility for free/reduced price meals.

Our District regulates food and beverages sold in vending machines, fundraising to be consumed during the school day, foods sold a la carte. Smart Standards are easily accessed in our policy.

Our district policy addresses qualifications for all Physical Education teachers and PE classes are aligned with state standards which promote a physically active lifestyle. Exemptions and substitutions for PE are addressed. Joint or shared-use agreements for exist for all schools.

Employee wellness strategies are implemented and available to all employees.

Marketing is prohibited on school campus during the school day, and on educational materials, for all foods/beverages that do not meet Smart Snack standards.

Our wellness committee meets regularly and has a broad representation including teachers, physical education teachers, administrators, dietary managers, nurses, students, and parents. Our policy is made available to the public on our website and will be assessed every 3 years via the triennial assessment and those results will be public as well.

Opportunities for growth include:

- Annual training for food and nutrition services staff
- Identifying the officials responsible for implementation and compliance with the local wellness policy
- Applying smart snack standards to all food sold in school stores and parties

Additional opportunities include:

- Increasing engagement opportunities to include family and community
- Increasing before and after school activities like intramurals or clubs
- More strategies to promote healthy food and beverage choices