

ASHLEY KUCHAR, MSc(OT), BSc

OCCUPATIONAL THERAPIST

COVERAGE AREA

GUELPH

Covering: Hamilton, Brantford, K/W, Cambridge, Wellington County, Halton, Mississauga, Orangeville and Bolton.

AREAS OF EXPERIENCE

Orthopedic Injuries
Chronic Pain Management
Acquired Brain Injury
Return to Work

EDUCATION

MASTER OF SCIENCE OCCUPATIONAL THERAPY 2008
University of Western Ontario, London, ON

HONOURS BACHELOR OF SCIENCE, HEALTH SCIENCE 2006
Brock University, St. Catharines, ON

EXPERIENCE

ENTWISTLE POWER OCCUPATIONAL THERAPY, ANCASTER, ON
OCCUPATIONAL THERAPIST

March 2015- Present

- Provide all levels of occupational therapy assessment and treatment for clients with serious and catastrophic injury, including acquired brain injury and multi-trauma for people of all ages including children and older adults.
- Occupational Therapy In-Home Activities of Daily Living (ADL) assessments, Home Safety Assessments, Attendant Care Needs Assessments (Form 1).
- Vocational Assessments, Job Site Analyses.
- Develop and monitor return to ADL programs to encourage increased functional independence in the home, workplace, or community; including goal setting and tracking.
- Act as part of a multi-disciplinary team member to facilitate functional and cognitive recovery.
- Recommend assistive devices, provide education on pacing, body mechanics, energy conservation, hurt versus harm principles and proper body mechanics to facilitate increased independence with activities of daily living in the home or workplace.

ST. JOSEPH'S HEALTH CENTRE

OCCUPATIONAL THERAPIST

2010 – 2011, 2014 – Present

- Provide occupational therapy assessment and treatment related to physical, affective and cognitive function, hand therapy/splinting, neurological intervention, and facilitating increased independence
- Complete assessment of ADLs, IADLs, mobility devices, bathroom/home safety equipment
- Facilitate in family conferences, team meetings, weekly rounds and discharge planning

TOYOTA MOTOR MANUFACTURING CANADA

OCCUPATIONAL THERAPIST

2011 – 2014

- Provided occupational therapy assessment and treatment of workers with occupational and non-occupational injuries
- Experience in ergonomic, work site and workstation assessments; return to work planning; facilitated work hardening referrals; job coaching; physical demands and line review to facilitate medical accommodation process for workers with temporary/permanent restrictions
- Completed upper extremity, hand therapy and splinting intervention

IME PLUS EVALUATIONS LTD.

OCCUPATIONAL THERAPIST

2010 – PRESENT

OPTIONS THERAPY

OCCUPATIONAL THERAPIST

2011 – 2012

REHAB FIRST INC.

OCCUPATIONAL THERAPIST

2008 – 2010

PROFESSIONAL DEVELOPMENT / ADDITIONAL QUALIFICATIONS	2014	Visual Perceptual and Visual Spatial Deficits Workshop by Dr. Joan Toglia
	2012	Progressive Goal Attainment Program (PGAP)
	2012	Access Recognition Award – For the collaborative efforts in implementing the SpinFit Pilot Study for individuals with spinal cord injury
	2012	NIHSS – National Institute of Health Stroke Scale (Hemispheres Stroke Competency Series – online education program)
	2011	4th Annual MacHAND Day - Evaluation & Management of the Upper Extremity
	2011	NDT Introductory in the Treatment and Management of Adults with Hemiplegia

2009 Health Care Innovations Conference
2007 Various workshops instructed by Consortium for Inter-Professional Health
Education and Research in Mental Health (CIPHER-MH)
2007 Health Care Innovations Conference

Current College of Occupational Therapists of Ontario (COTO)
Current Ontario Society of Occupational Therapists (OSOT)
Current Certified in CPR and First Aid
Current Volunteer Arm Spin Instructor - Spin Fit, St. Joseph's Health Centre since 2012