

Astrology Forecast for 2023: Endings and New Beginnings

We are in the midst of a major paradigm shift signified by the larger planetary cycles and their movements. From 2023 until 2025/6 all outer planets will have changed signs calling in a new world era. During 2023 we will write a new page in history when **Pluto dips into Aquarius during March – June for the first time since the late 1800's**. Pluto's passage through Aquarius will reshape human relationships on a fundamental level. Until the end of 2024, the Lord of the Underworld is still finalising his journey through the last degrees of Capricorn before he permanently settles in Aquarius for the next two decades. It marks the end of an era that began in 2008, with Pluto's ingress into Capricorn. Political and economic systems all around the globe have been challenged since then. The last three years especially have brought into the open many deep-seated tensions between governments and those governed as we are witnessing the deconstruction of our shared reality while trying to find new ground in an ever-changing environment. **This process of dissolution will continue once Saturn enters the fluid realm of Pisces in early March**. We might step into a period of grieving for a lost era, but also may have the opportunity to envisage and participate in co-creating a new future together. **Jupiter switches from Aries to Taurus on May 17th** inviting us to grow some of the seed ideas that have recently inspired us into practical form.

All planets are in forward motion from January 19th until May 1st when we can start stepping towards the future. However, **Mars in Gemini is retrograde until January 12th and Mercury in Capricorn is retrograde until January 19th signifying a slow start into 2023**. The first three weeks of January may be best used for reflection and integrating all the changes that we have been experiencing over the last years.

Saturn in Pisces: Dissolution of Old Structures

7 March 2023 – 14 February 2026
Saturn is in its own domicile of Aquarius until March 8th, and then will ingress into Pisces, where the planet signifying the material reality will be co-present with elusive Neptune. On February 21st, 2026 they will form a conjunction on zero degree Aries. Both Saturn and Neptune are in the end-phase of their 36-year synodic cycle that began in 1989 and at the same time prepare for a new beginning. Their combined journey through the most mysterious sign of the zodiac may herald a period of spiritual awakening and a strengthening of qualities such as empathy and compassion for others. Pisces is a dual sign signifying extreme highs and lows. On the other hand, during these next three years fears of uncertainty may increase giving rise to new ideologies and religions, polarising societies and nations and further dissolving the boundaries between fact and fiction, truth and deception. On a material and political level, Saturn in Pisces will erode and undermine the

structures that have been deteriorating since 2008, when Pluto entered Capricorn. While Saturn, the planet of time and necessity, is transiting the most visionary sign in the zodiac, we may ask the soul-searching question what reality after all is and how is it defined? Pisces is imaginative and likes to dream and Saturn can be helpful with manifesting these dreams. However, let's be prepared that dreams and beliefs will be tested for their validity. On a mundane level, Saturn in Pisces correlates with public health issues, epidemics, climate change and the declining state of the oceans, themes of mental health and the use of psychedelics, world service and world healing as well as new developments in music, films and the arts.

Pluto in Aquarius: The Reshaping of Human Relationships and Revaluation of all Values

23 March – 11 June 2023; 21 Jan 2024 – 1 Sept 2024; 19 Nov 2024 – 19 Jan 2044
Pluto's entrance into Aquarius on March 23rd signals the end of history as we know it. Pluto is a collective planet such as Uranus and Neptune and signifies the archetypal Lord of the Underworld, the Shivaitic principle of death, destruction and rebirth. Pluto has been passing through Capricorn since 2008 and is now slowly but surely transiting to Aquarius between March 2023 and November 2024. Then Pluto will finally settle for the next two decades in the sign of the mythical Cupbearer who fertilises our minds with fresh ideas. During March – June 2023 we will gain the first insights how this astrological influence will manifest in global affairs. Aquarius is an air sign associated with the ability to think objectively detached from too much emotional interference. It signifies the use of individual free will, the innate 'Divine Revolutionary', who wants to renew, improve and transform society based on fresh discoveries, humanitarian ideas and technological advances. Aquarius has two ruling planets, traditionally Saturn and in modern times Uranus. At its best, Pluto in Aquarius invokes self-responsibility, self-determination, the freedom to experiment and the desire to serve and contribute to humanity at large. Aquarius is a human sign, ruled by Saturn and Uranus, and concerns itself with the plight of the common man, emphasising the many over a selected few.

The last round of Pluto through Aquarius was during 1777 – 1797, the Age of Enlightenment and the French Revolution. The US Constitution was established in 1787, followed by the Bill of Rights in 1789. Ideas such as liberty, progress, equality, fraternity, and constitutional government were birthed. The French Revolution started in 1789 with the overthrow of the monarchy, the abolition of the feudal system and the declaration of the 'Rights of Man'. It was a period of many wars but also scientific inventions and revolutionising social reforms and social justice. This time around, we may witness changes in the way we live as we move deeper into an era of advanced

technology, AI, space colonisation as well as digital currencies. We may have to defend against all-pervasive models of digitisation to safeguard our individual freedom and humanity. As we transition from Earth (Capricorn) to Air (Aquarius) the possibilities for the future are limitless. It is up to us to consciously participate in co-creating this next chapter of our collective evolution and the revaluation of all values.

Jupiter in Taurus: Consolidation

11 May 2023 – 26 May 2024
Jupiter rushes through fiery and pioneering Aries, the sign of new beginnings. On May 17th, the largest planet of our solar system shifts from fire to earth and enters stabilising Taurus. Jupiter is the planet of good luck and good fortune and once Jupiter reaches Taurus we will enter a phase of consolidation with new opportunities of material growth. Whatever has been explored while Jupiter was in Aries and proves worthwhile to maintain can be put onto firm ground now. This is the year to focus on expanding the abundance in our lives. Jupiter will be forming a square aspect with Pluto in Aquarius, exact on May 21st. The last two weeks of May might offer unexpected openings for regeneration and revolutionary changes. Nevertheless, Jupiter in Taurus is peace loving and wants us to walk the noble path with determination and strength. This way we will eventually reach our destination. Jupiter may also remind us to maintain a healthy body and a healthy mind, to treat ourselves and others well and give gratitude to Mother Earth and her riches so that we continue to receive her blessings.

Venus Retrograde in Leo: Revision and Adjustment of Values

23 July – 4 September
Venus, planet of love and beauty, turns retrograde once every 18 months when she shifts from evening to morning star. She draws her magic pentagram in the skies over an 8-year period. Venus returns to the same retrograde cycle every eight years. So, last time Venus was performing her retrograde loop in Leo was during August 2015. While Venus is retrograde, we will revise and reflect on our relationships, ponder on what we value and how to spend our resources best. We might revisit relationship challenges that came up for us the last time Venus was retrograde in Leo. What has changed since then? Venus retrograde will be forming a square aspect with Jupiter in Taurus during the second half of August initiating a period of re-evaluating our finances and adjusting priorities. It is not the best time for making new purchases or speculation. It may not pay off the way we are expecting it.

Lunar Nodes in Aries-Libra: The Art of Relating

18 July 2023 – 12 January 2025
The lunar nodes shift from the money signs Taurus-Scorpio to the relationship

signs Aries and Libra on July 18th. They will remain on this axis until January 12th 2025. Challenges will shift from concerns with resources, energy, food supply and the economy (Taurus-Scorpio) to the right way of relating. Aries is about one's individual identity and independence while Libra is about collaboration. The evolutionary intent on the Aries-Libra axis lies in developing autonomy as well as co-operation within relationships.

With the lunar North Node in pioneering Aries, we can expect more ground-breaking innovations. Historically, this nodal cycle has coincided with major discoveries, including the dwarf planet Eris which was transiting through Aries when encountered first time on January 5, 2005. Originally considered a tenth planet, Eris was named after the goddess of discourse and strife, sister of the war god Ares/Mars and ruler of the sign Aries. **Pluto will be squaring the Lunar nodes for most of the year and will be exact at the nodal axis between 23rd – 29th of July**. It indicates that 2023 may be the year for changing our programming, for undergoing a psychic reset which requires sorting through our thoughts, feelings and material possessions and eliminating what has to go. Pluto squaring the nodes in Aries and Libra can also indicate the need for working through power imbalances in our relationship dynamics.

Mercury Retrogrades in Earth signs

During 2023, Mercury will emphasise the Earth signs where the messenger planet will spend a lot of its time, starting with retracing its steps in Capricorn until January 19. We are asked to slow down, rest, plan well and re-examine our relationship with the Mother Earth. Much of 2023 is about getting in tune with the practical realm of living. Mercury will be retrograde in Taurus from 20 April – 15 May when we might spend time reviewing our relationship with food, money and nourishment on all levels as well as the building of strong foundations. Then from 23 August until 15 September Mercury will be retrograde in Virgo inviting us to develop greater efficiency and reflect on our dietary and health requirements. On December 15th, Mercury shifts its retrograde cycles from Earth to Fire when backing into the big picture sign Sagittarius and preparing us for the next year ahead.

• Navigation by the Stars for 2023
Plans, Directions, Concerns for 2023; contact Tina on 0457-903-957; in person, zoom or skype consultations; email: star-loom@hotmail.com

Gift vouchers available!

• 'The Astrology of 2023 and Beyond':
January 28th, 10am – 4pm
Lillfield Community Centre, 4505 Kyogle Road, Wadeville 2474. All welcome!
Information and registration: 0457-903-957 or email: star-loom@hotmail.com



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0457 903 957
star-loom@hotmail.com
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Aries

Jupiter, planet of growth and expansion, will be in your Sun sign until May 17th inspiring you to explore new parts of your identity initiating a new 12-year cycle. Jupiter was already in Aries during 11 May and 28 October 2022. Whatever you have started then can be brought forward once Mars and Mercury are direct again. Mars, planet of action and drive, ends his nearly three month retrograde cycle on January 12th. Mercury turns direct on January 19th ending a time of reflection on career goals and life direction. Jupiter shifts into Taurus from 17 May to 26 May 2024 when you start receiving the benefits from your activities. Overall, 2023 is a year of consolidation and being in tune with the pragmatic side of living.

Taurus

If 2022 was a year of disruptions to routine including financial struggles, you may like to hear that Jupiter, the planet of good fortune will be journeying through your Sun sign from 17 May to 26 May 2024. Take advantage of opportunities of personal growth when they emerge later in the year. Saturn, the hard taskmaster, leaves your career house on March 7th, not to return for another 29 years. You may have reached the peak of your career ambitions during the last two-three years and now might be looking forward to more freedom and time for play. When Pluto dips into Aquarius during March 23rd and June 11th you will notice a shift. During 2023 you may want to rethink your self-image, identity and life purpose.

Gemini

Action planet Mars will continue his extended journey through Gemini until March 26th, however, in forward motion from January 12th onwards. While Mercury is retrograde until January 19th, time until then is best used for reflection. Moving forward will be easier from the last week of January. When Saturn enters your solar 10th house of career and public standing you are urged to evaluate your future goals based on past achievements. Changes in life direction are possible during the next 2-3 years as part of this process. Friendships are emphasised during this year and you are likely to make new friends or become part of new networks. Helping others and working for social causes might become more important and will enrich your relationships with new meaning and purpose.

Cancer

The journey into an uncertain future continues and you are getting used to it! The need for freedom and new adventures is growing stronger. With Saturn entering Pisces on March 7th, you are stepping into a 2-3-year period of evaluating your ideals and spiritual goals. Know what you want to be working towards. An emphasis on creativity might be the missing ingredient for making the transition into the next phase. Jupiter is in your Solar 10th house of career and life direction until May 17th offering fresh opportunities in this area if you are ready to move towards something big. New beginnings are possible especially around April 20th. Mars moving into Cancer on March 26th will bring fresh energy and incentives (until May 21st).

Leo

With Saturn moving into Pisces, some of the pressure that you have

been experiencing during the last two years is easing. The emphasis shifts toward deepening your relationships and using your creativity for crafting the right balance between giving and taking. With Pluto dipping into your relationship sector between March 23rd and June 11th, the focus will be on equally shared responsibilities. Less control and more freedom is crucial for moving forward. Venus, planet of love and beauty, will be retrograde in Leo during July 23rd and September 4th, further initiating a time of review and reflection on values and needs. Last time Venus was performing her retrograde loop in Leo was during August 2015. Relationship issues from that time might return to be looked at again.

Virgo

Since the end of October you might have entered a process of re-organising and pondering about your life's goals and purpose. You can move forward with your plans once Mars and Mercury are direct again from January 19th onwards. Relationships might become more of an issue when Saturn moves into your solar 7th house on March 7th, initiating a 2-3 year process of testing the strength of your bond and level of commitment to one another. More freedom and less stress becomes your mantra when Pluto moves in and out into Aquarius between 23 March and 11 June. This process will continue in 2024. New opportunities are opening from mid-May until the end of May 2024 through studies or travel that further your spiritual development.

Libra

Jupiter, the planet of good fortune, offers fresh opportunities in your personal and professional relationships until the end of May 2024. This coincides with an 18-month period of self-assessment starting on July 19th when you are seeking clarity about your priorities and true values. You will be required to let go of indecisiveness when Mars transits your Sun sign during August 28th – October 13th. Conflict cannot be avoided since you might have to make important decisions. However, you will find out more about your automatic response pattern and what motivates you on a deeper level. Friendships and social connections are under review when Venus will be retrograde during July 23rd – September 4th. It is the end of an eight-year cycle followed by a new beginning.

Scorpio

A nearly three month phase of re-considering your work commitments and daily routine is ending on January 12. You can start putting your plans into action once Mercury is direct again after January 19th. Early March brings a shift in responsibilities when the pressure building strong foundations at home eases. For the next two-three years your children and their education are the focus of your attention as well as finding more time for your own creative activities. During March 23rd and June 11th, you may be dealing with some old family secrets. A powerful lunar eclipse on May 5th might prepare the path for ancestral clearing and healing work. During July 23rd – September 4th a process of re-evaluating your life direction and career goals might propel your life into a new direction.

Sagittarius

Once Mars has ended his 2½-month retrograde cycle on January 12th

you might have gained more clarity about your personal and professional relationships. While Jupiter journeys through fiery Aries new opportunities for creative outlets, love and romance, as well as fun times with children could bless your life until May 17th. Then the energy shifts towards grounding, manifesting and perfecting the many inspirations that you have received with a more serious work routine. This process is supported by Saturn moving into your solar 4th house of home and family on March 7th for the next two-three years starting a new cycle of domestic responsibilities. The ongoing task of establishing a satisfying balance between your personal and collective goals will remain a vital part of your concerns until early 2025.

Capricorn

The year starts with Mercury 1st retrograde cycle through your Sun sign. Use the time until January 19th for reflecting on your goals and plans for the future while observing yourself as an individual with changing needs and values. A major shift of focus occurs on July 18th lasting until January 12th 2025, when the Lunar Nodes are transiting your solar 4th and 10th houses. The emphasis moves away from career goals and your public responsibilities providing you with more time and energy for family life and domestic concerns. More time spent at home can bring new growth on an emotional level which then will benefit your entire existence. It is a year for stressing less and getting in contact with the essentials of what makes you happy.

Aquarius

There are big times of personal evolution ahead for Aquarians in the years to come. You will get the first impressions during March 23rd – June 11th when Pluto enters Aquarius first time. Saturn, the hard task master of reality, is leaving Aquarius and transitions into Pisces on March 7th. Changes to your livelihood can be expected forcing you to get organised about your financial reality. Jupiter enters Taurus on May 17th and brings new opportunities of growth and expansion especially around your home and family. Your intimate relationships are in the spotlight when Mars moves through Leo during May 21st and July 11th followed by Venus who will journey through Leo from June 6th until October 10th. When Venus is retrograde during July 23rd – September 4th you will revise and reflect on your relationships trying to find more clarity. The last time Venus was performing her retrograde loop in Leo was during August 2015.

Pisces

When Saturn moves into Pisces on March 7th, you are entering a nearly 3-year phase of personality building and testing. You may have to shoulder new responsibilities forcing you to master different aspects of yourself that have laid dormant until then. With Jupiter journeying through Aries until May 17th you could be lucky with improving your finances and livelihood. Challenges may arrive from your social contacts and relationships which require some reflection and re-writing of contracts especially during August-September. Until March 26th a lot of your energy is tight up with your home and family life. An 11-week period of reorganisation of how to apply your energy more effectively ends on January 12th and you will be able to move forward once you have decided on a worthwhile project.



The New

by Marilyn Devlin

It's almost like we need a new language... to express the unexpressable. This time feels shrouded in fog... our body carrying the injuries... to our flesh and our spirit.

We scurry to find a phrase that says it all... and yet it lies dormant, asleep, unknown. Crying for a voice.

2023... who are you really?

We gather the pieces scattered around, repair what we can, leave the rest behind. The voice is calling us to move to a place we've never inhabited before.

We complain and grumble... oh that's not fair... while Life is trying to keep us all safe. We face our follies... too numerous to count... we dream endless dreams... seeking love.

Our head is turned to face behind... look, see... yes you don't understand but you need to trust. Trust that place that never leaves your side... regardless of the tumbling, the crashing and noise.

Amid it all... this sweet siren sound... for a moment you awaken and you see it all. Sweet tears of gratitude fill your eyes.

Yes, you don't know... some things you can't see. You can feel it though... swirling, impregnating... staying close. The invisible scares you... "I need to know," you shout from the rooftop... quiet is the reply.

We're used to knowing... setting things in steel. Concreting them in so they won't run away. We strive to own and control... this is mine, this is mine. No it's not... it's all just on loan. Life's generosity is voluminous it seems.

Looking at the opening of this calendar year... a form created by us... but by its collective belief a vibration is set. It's a seven year... blessed by the Water Rabbit... there's a lot to work out and a lot of letting go... learning to move steady and slow. It's a new pace... we've slowed a lot. It's a welcome relief after the last few years... yet, the unfolding, dismantling continues its trajectory.

I feel there'll be space for clarity... finding ourselves again. A time to gather all the pieces... even through the abrupt and sudden changes. We need to get through these next few years... to truly reach safer land. But safe is always with us in the here and now.

Everything's a process... there's only one way and that's through. But heh, we've become pro's at handling the more challenging stuff.

There's a powerful feminine energy that permeates this year... a supportive presence that stays by our side. There's a lot of ancient wisdom bubbling beneath... there's huge amounts of capability all ready to let fly. There's magick rippling through the air waves. It's time to turn the other way... the new road calls.

We're all a bit stunned... not sure what's up or down... or in between. We've been battered and torn... but look, we're still standing. Or sitting... or lying horizontal... we're still here. That's the greatest celebration of all.

Not knowing can be a good thing... as we can get so full of ourselves... we actually know very little... we're tiny children in this vast space of life. Not knowing allows for possibilities and joyful surprise... not knowing gives space for understanding of where we stand. Not knowing sets a light in a darkened space... possibilities, possibilities... the canvas is bare awaiting our strokes. We get a chance to create a brand new life.

The number one priority... your duty of care. First to your sacred self... without, nothing is possible for you. Then to our sacred Earth... god, if we could truly understand... just what she really is... we would weep and genuflect ourselves.

The changes will come... we've learnt to battle the storms. There's only one way through... we need to trust... believe in our self. Believe in Life. Trust Life to get us through.

Wishing you boundless opportunities, truck-loads of grace... and loads of Love.

Rainbow Ridge travels to the red heart of our country

by Rosalie Shearer

The Class 7 and 8 students from Rainbow Ridge Steiner School had the privilege of travelling to the sacred heart of our country, for their class camp in 2022. The transformational experience which saw 13 students and 4 adults, transverse the great distance which links our green Widgabal Wia-bal home with the rich, red, lands of the Anangu (pronounced arn-ung-oo), will continue to live on in the group for a long time to come.

The adventure began with uncertainty and trepidation. Leaving home on a day following flooded roads and school closures, but the steadfast determination and combined will power of the school community created a clear path of sunshine and grace to have the Middle School students board the

direct flight to Uluru from Brisbane airport.

The first glimpse of Uluru was a vision that not many can claim to have seen, as the rain which followed us from the Northern Rivers made a spectacular appearance, creating silver threads of waterfalls, gushing like cleansing tears from a deep purple, fully saturated sponge of sandstone that was not to be seen in the same way again.

Our group was fortunate enough to have a fantastic local guide who shared his stories and knowledge so enthusiastically, and who connected us with the local Anangu mob where the students got to paint and learn from local artists. The students were so inspired by the artwork, they created a painting using the techniques and symbology they had learnt to gift their well-loved tour guide, who by the last day had become a part of the Rainbow Ridge



Family.

So much was condensed into such a short amount of time, but nothing was rushed as each new experience or place was given the reverence and respect it deserved, allowing a deeper understanding and connection

to Tjukurpa (pronounced chook-orr-pa). Breathing in the first and last rays of sunlight, sitting in silence watching the light dance on the sacred waters at Mutitjulu Waterhole, watercolour painting in the Garden of Eden at Watarrka,

and sleeping in swags under the star filled sky, were just a few of these magical moments.

The adventures had, could probably fill the pages of an entire book, but as the students learnt from their trusty tour guide "be careful what you read about a culture that doesn't write!" So, in the spirit of supporting oral communications, if you would like to hear more about this trip, or anything else about the amazing opportunities Rainbow Ridge School for Steiner Education has to offer, please, pick up the phone and give the school a call today!

Rainbow Ridge School for Steiner Education is taking enrolments in Kindergarten to Year 8 for the 2023 school year. Situated 15 mins from Nimbin, at 279 Lillian Rock Road, Lillian Rock, NSW, 2480.

Call (02) 6689-7033 or email: admin@rainbowridge.nsw.edu.au

Dance for the silkworms



by Aimee Morrissey, Educator

It's been a very eventful year here at Tuntable Falls preschool.

Many of our children were affected by the floods and landslides and we have provided a safe and calm space for them to retreat.

Our nature-based curriculum has definitely helped with all the unrest in our local community.

We have been making great use of the beautiful creek on these summer days.

What a joy it is spending the morning rock hopping and exploring under the shade of the trees with our toes in the cool water, absolute bliss.

As the year comes to an end the preschool puts on an end-of-year performance for their families.

We started the show with one of the preschoolers leading the Acknowledgment to Country and the children all singing "Head, shoulders knees and toes in Bundjalung language".

Thanks to our Bundjalung Elder, Uncle Gilbert Laurie, who taught us this song.

Next was our dance performance. This year we had the wonderful Miriam Torzillo (our movement teacher) doing movement and dance with the children, so we decided that the provocation for the dance would be "silkworms", to continue on from our learning during the year where we have been watching the metamorphosis of the silkworms.

The children used interpretative dance to show the life cycle of the silk worm and gosh, they did it so beautifully.

Lastly the parents were led outside where the children would show off their circus skills with our very talented circus teacher Simon.

Our preschool is open three days a week in the school terms so if you're thinking about sending your child to preschool, please call our office to arrange a visit: 02-6689-1179.

Happy holidays!

Funds raised for defibrillator

by Cath Marshall, Principal

A massive thank you to everyone for participating in the Nimbin Central School's Fun Run Crazy Colour Day!

Thank you all of you that fundraised. We raised \$1,677.60, which will go towards a defibrillator!

We want to especially congratulate the Kindy/1/2 classes and Mereki (Year 6) for raising the most money.

The event was a great day, and it was fantastic to see all of our students getting involved.

Finally, a very special thank you to the SRC students who helped pull this fantastic event together.

Their ingenuity and tireless planning made this a fabulous day for students, staff and the community.

Students who fundraised and ordered prizes will receive them in early 2023 from the school.

Thanks again for supporting your child and our school.



Nimbin Preschool – it's awesome!

by Alex Manzi Fe

Hi, my name is Yoshi and I have been at Nimbin Preschool for three years. I want to tell you what an awesome place it is for little kids.

We have so much stuff to play with. Connecting magnets, blocks, a huge sandpit, swings, obstacle courses and lots more. We love having fruit ice blocks; we make them from fruit with no extra sugar.

We also go for walks and have story time. Sometimes we even get to see whirly whirlies and helicopters in the show ground.

When I first started I didn't know anyone but now I have lots of friends. Apart from my kid friends there's Katie and May, who I like to play in the vegie garden with; Gordon, who cooks yummy biscuits with us; Sarah's great at puzzles and boardgames; Juliette has a beautiful smile and Maddy gives the BEST hugs.

Some of our friends aren't humans. Gidget (a special dog) and Ponyo (a talking parrot) sometimes come to play. We also have chickens, guinea pigs, rabbits and lots of wild animals that share the space with us.

I feel safe and comfortable at Nimbin Preschool. I can explore and have lots of fun. Come visit, we like making new friends.



Nimbin Trivia Time

by Eclectus

Questions

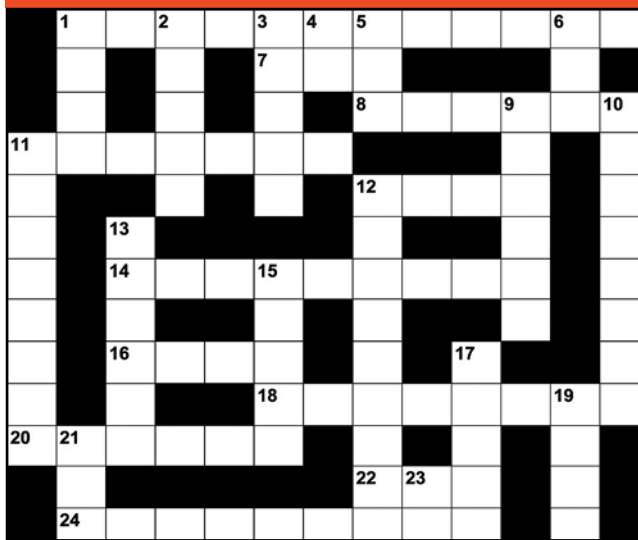
1. What is this delicious looking fruit? Take a bonus point if you can say what it was bred from. Hint: its name is a portmanteau of its parents'. (Image courtesy of Wikipedia)
2. While on the subject of fruit, which flavoursome tropical vine fruit, introduced to Europe in 1533, comes in red, yellow, green or purple varieties?
3. Customline, Fairbanks, Galaxie, Mainline and Thunderbird are all models of what marque? Take a bonus point if you can name the decade in which they were all available.
4. Which Nimbin business is located on the site of the 1973 Nimbin Aquarius Festival?
5. Channel-billed, Chestnut-breasted and Shining Bronze are all types of what?
6. On the 20th of July 1969, which famous explorers set foot where no woman or man had before? Take a bonus point if you can name their vessel.
7. Which sport is played in time periods called chukkas?
8. Which 2015 Sundance Film Festival comedy-drama hit tells the story of transgender sex worker Sin-Dee Rella's search through Hollywood for her boyfriend and pimp who has been cheating with a cisgender woman while Sin-Dee was in jail?
9. True or false? Bratislava is the capital of Slovakia.
10. Who was the bravest person in history?



- Answers**
1. It's a tangelo, a cross of the tangerine and the pomelo.
 2. Passionfruit (Passiflora edulis) which comes from South America.
 3. They are all Fords of the 1950s.
 4. Rainbow Power Company relocated to the site at 1 Alternative Way Street in 1992.
 5. They are all cuckoos: Scythrops novaehollandiae; Cacomantis castaneiventris and Chrysococcyx lucidus, respectively.
 6. First Neil Armstrong and then Buzz Aldrin stepped from the Apollo 11 landing module, Eagle, onto the Sea of Tranquility on the Moon.
 7. Polo. Interestingly, while a game is played in four to six chukkas at elite levels and up to eight at other levels, a game lasts one to two hours.
 8. Tangerine, which was shot on iPhone with a budget of \$100,000.
 9. True.
 10. The first person to eat a raw oyster.

Nimbin Crossword

2023-01
by Novata



Across

1. Shortened form of a word or phrase (12)
7. Condition characterised by behavioural and learning disorders (inits) (3)
8. Formally reject or disavow a formerly held belief, usually under pressure (6)
11. Involves, has as a logical consequence (7)
12. Provoke by constant criticism (4)
14. Various trees/shrubs having jointed stems and whorls of scalelike leaves (9)
16. Sign of something about to happen (4)
18. Basic unit of money in Argentina, equivalent to 100 centavos (8)
20. Propose a toast to (6)
22. Water (French) (3)
24. Mexico's most famous tree; a giant Montezuma cypress 2,000 years old (9)

Down

1. Muslim summons to prayer (4)
2. Side road little travelled, in the countryside (5)
3. Belonging/happening near the beginning of a particular period (5)
4. Communicable disease from sexual contact (inits) (2)
5. Highest mountain on Crete (3)
6. Pertaining/belonging to us (3)
9. Mythical state for a zombie; neither dead nor alive (6)
10. Flaps attached to a cap to keep ears warm (8)
11. Membranes in the ear that vibrate to sound (8)
12. Take all or part of a debtor's wages on legal orders (9)
13. Body of creative artists, writers or thinkers linked by a similar style or teacher (6)(6)
15. Inner and longer bones of the human forearm (5)
17. Present reasons for evidence (5)
19. State of needing something that is absent or unavailable (4)
22. Used to introduce pseudonyms, aliases, nicknames (inits) (3)
23. 100 of these equals one kip in Laos (2)

Solution: Page 34

Rainbow RIDGE
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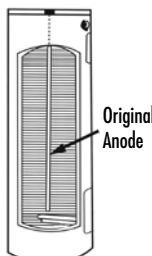
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Comes with a 5 year warranty
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AUSSIE ANODES

Arrange a free inspection: phone

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Cutaway section of a typical electric hot water heater

Tarot Calendar winners

Congratulations to the entrants in our Calendar giveaway in December:

- Jasmin Theodore of Nimbin
- Jakob Binder of Balaclava, Victoria
- Melosy Mandeno of South Lismore, and
- Di Artup of Wildes Meadow, NSW

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Slow fashion brand comes to Northern Rivers



Wallis and Jazz are proud to announce the launch of their new market stall locations and collections in the Northern Rivers area.

After moving from the Northern Territory tropics, the fashion label wanted to spread its wings to allow its colorful designs and timeless classic cuts to permeate through the Rainbow Region!

The village of Nimbin will be the new headquarters of Wallis and Jazz, where anyone can make an appointment for private, or the label can be found at any of the following markets: The Channon, Byron Beachside, Bangalow and Kingscliff.

The brand's unique cuts, timeless designs and wonderfully colorful prints are hard to put down, especially if you have a 'trained' eye for fashion.

Since its inception, Wallis and Jazz has focused on small batch production of women's clothing, however, you will now find Men's tailored shirts and kids dresses to match some of the Women's collections.

"Since I started, I never wanted to mass produce," says Jazz, the company's creator, "I wanted to create something that I wanted to wear and that suited my own

personality. A mix of bright colours, beautiful fabrics and classic cuts sums me up quite nicely, I reckon!

"I relentlessly travelled Bali for five years to find the right tailor and eventually found Ny, a beautiful Balinese lady with a family run business. I brought the design ideas and she brought the scissor skills and between us we created Wallis and Jazz!

"I didn't want to go down the same route as many of my peers that have reduced the quality of their product just to appease the egos need for expansion.

"I wanted to make something special and to make others feel special when they wore my creations, keeping things 'slow' and not mass producing, enables me to maintain my integrity and maintains the company's values," says Jazz.

Some might say that 'slow' fashion' is bad business, however the goal for Wallis and Jazz is to one day create their own (hemp) fabrics and employ local seamstresses to create a new 'haute couture' in Nimbin.

"We would love to see aspects of production like stitching and fabric manufacturing being done on-shore as we would see



new industry evolving out of it..." says Tom, Wallis and Jazz's director.

Wallis and Jazz was founded 10 years ago with a dream of creating beautiful clothes that people could wear and feel themselves in. Over the years the designs

have changed, but the mission and values have not.

The choice to remain 'slow' is based in the goal that one day, production of fabrics and clothing will one day be back on Australian shores.

Visit Wallis and Jazz at: www.wallisandjazz.com



Good resolutions for you and your business

by Aurelie Billot

After reflecting on 2022 during the festive season, Your Business Web Design felt blessed and happy realising how many small local or not-so-local businesses we helped launch or grow in the past few years.

The last two years especially have been hard and challenging on business owners and their families forcing them to be resourceful, resilient and courageous to weather the downturn. Assisting family-owned businesses to thrive in these troubled times has meant a lot to us.

Starting 2023 is now like opening a new chapter, and we wish nothing but the best for all business owners. We wonder who we will be able to help this year with web design and graphic design services, and can't wait to get started with exciting new projects.

Are you one of those creative and entrepreneurial people in the Northern Rivers? If you have always wanted to set up a business but don't know exactly where to start; if you feel somewhat overwhelmed and there is that nagging little voice that suggests it's not the right time; or you don't have the budget to strike out on your own; or the technology is a bit of a hurdle... we are here as your sounding board and safety net.

At Your Business Web Design we can help you through the creative process of getting your business up and ready to go at an affordable price. We can workshop your business ideas and assist in marketing. We can provide photographic and video input or curate material that is already existing... giving your website design positive pulling power.

Stop dreaming of it and waiting for the right moment. Just make it happen in 2023. It is time for the wider community



to hear about your ideas, services and/or products and for you to finally kick your goals.

If you already have a business and aim to reach the next level, ease your daily tasks, be more efficient and get more customers, we also come in with optimised website and e-commerce strategies. Your website then becomes a full time team member... well on the way to becoming your most profitable investment.

Some of our customers had a return on investment in only one or two months and confess the decision they made for their business to be live on-line professionally, actually saved their business during the past two years.

If the startup or growing business situation sounds like yours, 'Your Business Web Design' would love to hear from you and start 2023 with a plan and strategic actions re your branding or online presence.

We are Nimbin locals and we know what it takes to set up a business and make it grow. We will collaborate on your project, making it unique, immersive, and keep the birthing of your new creative initiative as smooth as possible.

We are also very proud to say that we are a carbon positive studio, offering 10% discount for not-for-profit organisations eg. arts, Indigenous communities, organic co-ops as well as wildlife and environment.

If you have been holding on your dreams for quite some time without taking action, remember this simple but so true saying: "Some people want it to happen, some wish it would happen, others make it happen." – M Jordan.

Wishing you all a fantastic 2023 combining Success, Creativity and Fun! Contact me at: www.yourbusinesswebdesign.com.au to help make it happen for you.



Nimbin Crossword Solution

From Page 33

	A	B	B	R	E	V	I	A	T	I	O	N
	Z		Y		A	D	D					U
	A		W		R		A	B	J	U	R	E
E	N	T	A	I	L	S					N	A
A			Y		Y		G	O	A	D		R
R		S					A				E	F
D		C	A	S	U	A	R	I	N	A		L
R		H		L			N				D	A
U		O	M	E	N		I		A			P
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S	A	L	U	T	E		H		G			A
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	A	H	U	E	H	U	E	T	E			K

Walking the walk

by Tom Jones

Last month I talked about fear and how that lowers your immune system and challenged you guys to attempt 10,000 steps per day. How did you go? Did you hit 10,000 or were you close? The main thing is you gave it a crack and (hopefully) got off your backside!

Walking is an extremely underrated tool in the fitness tool box. It has many benefits, but one important truth is its ability to lower your stress response. Getting out and about in nature and walking with purpose can have tremendous effect.

Just being outside and surrounded by nature has been proven to lower stress hormones (like cortisol) which is what the normal, everyday stressed-out human needs!

Trouble relaxing or trouble sleeping? Try getting out for a walk on dusk, the light that penetrates through your eyes stimulates melatonin production which is what you need to feel relaxed and sleepy!

We also spoke of fear and the disease-causing effect of lowering one's vibration. Fear also has another trick up its sleeve. That is the hijacking of the amygdala. The amygdala is the area of the brain that controls our 'fight or flight' reaction in a (or what feels like) stressful situation. It is the reptilian part of the brain.

This part of the brain doesn't allow time for logic or empathy (the human part) and nor is it concerned with connection or love (the mammalian part), it is solely focused on survival. Having this response chronically elevated is certainly not good news for the human body. This creates the perfect storm for all kinds of



physiological and psychological breakdowns which can end in disease.

Us humans are quite well equipped to deal with reasonable amounts of acute stress. We are hard-wired that way. Back when we had to contend with killer saber tooth tigers, we dealt with short sharp bouts of stress pretty well. The flight or fight hormones, namely cortisol and adrenaline work extremely well in either enabling us to sprint away from danger or stand our ground and use our brawn.

Apparently, part of the reason we are still around today is due to our ability to create an internal chemical supernova that gives us either incredible strength or speed to preserve our life in critical situations.

Nowadays, the type of stressors that we have cascading on top of us are more of the chronic nature. No longer is it the saber tooth tigers but heavy metal poisoning from crop spraying, junk food, plastics, (excessive) pharmaceutical drug and alcohol use and financial pressures and responsibilities that stop us from staying fit. Mix these physical stressors with the mental stressors

and you have yourself one inflamed, stressed-out body!

A much smarter man than me once said the following: "Let food be thy medicine" – Socrates

They knew it then and we still know it now; however we have seemed to have forgotten and are in the sways of cultural amnesia.

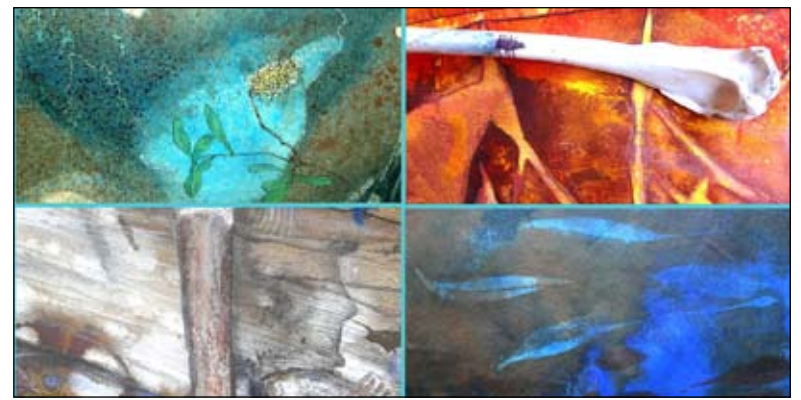
One can ignore reality but you cannot ignore the consequences; a powerful statement which leads me onto what solutions there are to help reduce some of that unnecessary stress on your body, including:

1. Eat organic produce (or at least non-GMO)
2. Only consume water that is filtered and re-mineralised or natural spring water. Nothing else.
3. Do resistance training of some kind on top of usual daily duties at least two - three times per week.
4. Reduce or cut out any packaged foods that are considered as a 'quick snack' or a 'meal to go' (add any fast-food brand here).
5. Try to get 10,000 steps in.
6. Practise some kind of mindfulness whether that's journaling, meditating, breathwork, cold water or maybe doing walking meditations, by far the most challenging one of them all, but it delivers best bang for buck.

Your mental health is just as important as your physical health. In strength training you must build a good foundation. Your mental health is like that foundation and if that's off, then so will your physical health be.

As the saying goes, "You cannot shoot a cannon from a canoe."

If you have any questions, don't hesitate to email me: CharlieJones5891@protonmail.com



Nimbin Open Learning

by Christine Strelan

Mixed Media Visual Art, tutored by Lisa Carsley Dowall, is a new class offered by the Nimbin Open Learning Centre this year, beginning in February.

Self-expression will be stimulated through the use of non-toxic materials on paper, so bring your open mind and half-formed ideas to this class and enable your creative potential to blossom.

A toolkit of techniques and media will be taught to students and an experimental attitude is encouraged.

First term will introduce students to the delights of playing with various media, both fluid and static, and they will learn how to develop imagery under Lisa's guidance.

The class will run for two hours (10am-noon) on Wednesday mornings.

A materials Levy of \$30 for the term will apply to provide quality papers and materials and equipment wear and tear. Casual materials levy \$5 per week.

Bring what art materials you already have. If you want to buy your own supplies, please buy Stonehenge Mixed Media papers

and Art Spectrum drawing inks, available through the Art Shed in Brisbane or online.

Enrolment in this new class is encouraged, as it will enable a continuity of learning.

Lisa is the current organiser for the Nimbin Life Drawing group sessions. These are un-tutored sessions, so some life drawing experience is advised.

We need more participants to allow it to go ahead through Nimbin Open Learning, so let us know if you're interested in attending for a term.

Nimbin Open Learning has offered a variety of classes, including Creative Writing, Tai Chi, Meditation, crafts and languages.

Tuition fee is \$60 per term for six weeks of tuition or \$15 for a casual class.

The Term One timetable will be finalised during January, so if you have a skill you'd like to share, contact us on 6689-1477 or on facebook under Nimbin Open Learning.

Enrolments will be open on Wednesday 1st and Thursday 2nd February, between 10am and 3pm, with classes beginning the following week.

The man is on fire, 11 sales in 11 weeks, a great way to end the year!

I would like to say a big thank you to my valued clients & the supportive wider community, you are all amazing, have a very Merry Christmas everyone.



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<p>\$4,000,000</p> <p>75 TUNTABLE FALLS ROAD, NIMBIN 3 TITLES 2 HOUSES 157 ACRES LOCATION, LOCATION, LOCATION</p>	<p>\$1,200,000</p> <p>78 LANE ROAD, GEORGICA 3 BED 1 BATH SHED POOL 3.9 ACRES</p>	<p>\$1,050,000 - \$1,150,000</p> <p>99 FARAWAY ROAD, CAWONGLA 2 STRUCTURES 3 BED 1 BATH SHED MAINS POWER CREEK 142 ACRES</p>	<p>\$590,000 - \$640,000</p> <p>81 OXBOW ROAD, CAWONGLA 1 BED 1 BATH 2.86 ACRES INNOVATIVE RAMMED EARTH BUILD</p>	<p>\$990,000</p> <p>222 BISHOPS CREEK RD, COFFEE CAMP 4 BED 1 BATH 176 ACRES CREEK BUSH BLOCK</p>
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0427 531 951



Sundai
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AGENCY OF THE YEAR
2019 | 2020 | 2021 | 2022



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NEW

2/919 Clearfield Road
Myrtle Creek 38 acres
\$140,000 Agent: Sam



NEW

43/4505 Kyogle Rd
Wadeville 5 acres
\$565,000 Agent: Jacqui



NEW

4/919 Clearfield Road,
Myrtle Crk 79 Acres
\$240,000 Agent: Sam



NEW PRICE

301 Wallace Road,
The Channon 13 acres
\$ 875,000 Agent: John & Sundai



NEW PRICE

176 Gungas Rd
Nimbin 1.25 acres
\$725,000 Agent: John & Sundai



SOLD

7 Cecil St,
Nimbin 516sqm
CONTACT AGENT Agent: Sam



SOLD

102/265 Martin Rd
Larnook 2 acres
CONTACT AGENT Agent: Jacqui



SOLD

45B Lawlor Rd,
Terania Crk 88 acres
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SOLD

23/1157 Stony Chute Rd
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