



Where's the relief?

MARC VALERO/STAFF

September 2018 was one of the hottest Septembers on record in Highlands County and central Florida.

Forecast calls for a slight dip in temps next week

By MARC VALERO
STAFF WRITER

SEBRING — If it feels like another endless hot Florida summer it's because September 2018 was one of the warmest on record in central Florida.

The good word is that the afternoon high temperatures will likely drop a little next week from around 90 degrees Fahrenheit to the mid 80s, but conditions in the tropics will keep the humidity up in the 75 percent range.

Sebring resident Skip Adams said as other parts of the country start to cool off, Floridians get eager for a break from the heat.

"Eight months of 90s so we are ready for some upper 70s and 80s; 60s in the morning would be nice," he said. "Several people including myself have said the last couple of mornings have been different.

"It doesn't last long, but when you wake up early like most of us do, it is not that hot feeling yet, but we are waiting for that 'Aha!' feeling."

After 38 years in Florida, Adams said he knows how it works with eight



FILE PHOTO

The "Dog Days of Summer" are still hanging on in Highlands County. On average the high and low for Oct. 1 in Sebring is 86 and 69 degrees, respectively. By the end of the month, Oct. 31, the average high and low is down to 81 and 61 degrees, respectively.

months of temperatures in the 90s. National Weather Service fore-caster Tony Hurt said Friday an

area of tropical disturbance in the

TEMPS | 3A

Sebring Business Expo, a busy affair

By KIM LEATHERMAN
STAFF WRITER

SEBRING — Following the success of last year's inaugural Sebring Business Expo, the second annual event went off without a hitch on Friday at the Jack C. Stroup Civic Center.

The event technically kicked off Thursday night with a meet and greet for vendors with wine and hors d'oeuvres. According to the kick off attendees, it was a fun night of networking. Friday morning came and they got serious about highlighting their organizations.

Dozens of area businesses, schools and service providers set up a remote



KIM LEATHERMAN/STAFF

Melissa Mollenhour of Rickert Properties shared information with H&R Block's Lorri Lammie and Marilyn Reyes.

shop of sorts at booths that showcased the products or services each vendor

offered. The businesses ran the gamut from financial institutions, home health services, tax preparers, LuLaRoe clothing, essential oils and even a college.

There was something for just about every adult who visited. There was entertainment and the Loafin' Around food truck had lunch available in the parking lot. Vendors lured guests to their tables with freebies and photo ops with cute props. Many exhibitors had patrons fill out a slip in order to enter into a drawing for gift baskets.

Sebring Chamber of Commerce President and CEO Liz Barber was mingling with guests, making

sure they found everything and checking in with vendors to make sure they were well stocked or needed anything.

"Last year's event was very successful, so the Chamber of Commerce members wanted to have another one. We have had great participation from our vendors and exhibitors," Barber said. "We have had even better participation from the community this year. We have about the same number of businesses as last year; we reconfigured everything this year so that there is more foot traffic going by the outside vendors and the food truck."

Tradewinds Power Corporation was at the expo for the first time. They did not participate in the inaugural expo because they were not a chamber member. Taylor Douberley said she was pleased with the public's turn out.

"Our company just joined the Chamber of Commerce; we are participating as new members," Douberley said. "We have had a lot of people come by and ask for our business cards, get spec sheets for generators and are asking for quotes. This has been a great opportunity for Tradewinds Power

EXPO | 3A



Guests fill out entry slips for a chance to win a gift basket at Highlands Little Theatre.



October is Breast Cancer Awareness Month

Look for our special section inside

Readers' concerns being addressed

Sports Wire section is back for now

This week, Highlands News-Sun launched its own stand-alone Sports section for its readers. The newspaper removed the regional Sports section from the coast because instead of just national sports, the regional Sports section became local to Charlotte and Sarasota counties, and our readers let us know that isn't what they wanted.

CHANGES | 3A

Spring Lake board seats up for grabs

By KIM LEATHERMAN
STAFF WRITER

SEBRING — The Spring Lake Improvement District Board of Supervisors has three seats up for election this November.

The board is comprised of five seats; seats one, two and three are landowner seats while seats four and five and popularly elected. Every year, a landowner seat is up for election and it carries a three-year term. The popularly elected supervisors hold a term of four years.

"Every year, in November, at our landowner's meeting, one landowner is elected," District Manager Joe Decerbo said. "This November, seat one is up; Leon Van holds it now. Van has already picked up his proxies. So far, he is the only one to pick them up at the office but anybody could still enter. Someone could walk into the November meeting with proxy signatures in their hand."

Resident Kay Gorham will be running against incumbent Supervisor Brian Acker. The only two candidates who will appear on the ballot in November will be



GORHAM

SEATS | 3A

School Board to consider safety assessment

By MARC VALERO
STAFF WRITER

SEBRING — The School Board of Highlands County will consider approving the district's Safety and Best Practices Self Assessment Report at its meeting on Tuesday.

School districts received additional funding in 2018 earmarked for security improvements. A self assessment report will go to the state level and eventually be used to assess school safety funding needs for 2019.

Florida school districts have been addressing safety/security and mental health issues more closely since SB 7026,

SAFETY | 3A



Classifieds..... B3-7 Faith & Family A5 Viewpoints..... A4
Comics News Wire Lottery Sports Weather..... B8
Sports B1

Good morning To
Don Vineyard
Thanks for reading!



School Transportation mourns passing of 2 employees

By **MARC VALERO**
STAFF WRITER

SEBRING — Two School Board of Highlands County Transportation Department employees passed away within a two-day period due to illness.

The agenda for Tuesday's School Board meeting notes the deaths of bus driver Gary Moore and bus attendant Carrey Walton Jr.

Moore, 63, passed away Sept. 17 and Walton, 41, passed away Sept. 19.

Transportation Director David Solomon said Walton was a bus attendant and Moore was previously a mechanic who became a substitute bus driver. Both of them were ill.

They passed away around the same time, he said.

"What do you do with those types of things?; you kind of take them as they come," Solomon said with a soft voice. "It is like you take one step forward and two back."

Highlands News-Sun asked about the medical physical requirements for bus operators.

It is required by law, by the Florida Department of Transportation, that drivers take a physical



MARC VALERO/STAFF

Two School Board Transportation Department employees passed away recently.

exam every two years, Solomon said. That was changed about two years ago from an annual physical requirement. He believed it changed to every other year to save money.

A commercial license physical checks the vital signs, including blood pressure, and checks the medications that are being taken, he said.

If a bus operator is taking a medication that may impair them in any way, they have to get permission from their doctor to say that they can drive, Solomon said.

"If someone gets sick or hurt and they take off from work because of that, they have to give

us a [medical] clearance that they have no restrictions," he said. "From their doctor they have to get a 'no physical restrictions' before we can let them get back in the saddle and drive again.

"We have got to protect those kids; We do everything we can to do that."

According to the Federal Motor Carrier Safety Administration, a Department of Transportation physical exam is valid for up to 24 months. The medical examiner may also issue a medical examiner's certificate for less than 24 months when it is desirable to monitor a condition, such as high blood pressure.

Regarding Henry II



PHIL ATTINGER/STAFF

Casey Wohl Hart, lead consultant for the Tourist Development Council, retrieves the Henry Flagler Award, a first-place prize for tourism marketing awarded to Highlands County at the 2018 Governor's Conference for marketing of the Citrus Golf Trail. Since this is the second year for a first-place Flagler Award win, Hartt has called this year's award 'Henry II.'

Scott appoints 2 to Housing Authority

By **MARC VALERO**
STAFF WRITER

SEBRING — Gov. Rick Scott announced recently the reappointment of Tod Schwingel and the appointment of Deborah Wood to the Highlands

County Housing Authority.

Tod Schwingel, 56, of Sebring, is the senior minister at Sebring Christian Church.

He is reappointed for a term beginning Sept. 27, 2018, and ending June

14, 2022.

Deborah Wood, 59, of Avon Park, is a resource teacher for the Highlands County School Board. She fills a vacant seat and is appointed for a term beginning Sept. 27, 2018 and ending June 14, 2021.

AP man charged with theft

By **MELISSA MAIN**
STAFF WRITER

AVON PARK — An Avon Park man allegedly collected a deposit for a construction job, but he failed to complete the remodeling.



CLAITT

On Thursday, Highlands County Sheriff's Office arrested Sonny James Claitt, 46, of Avon Park.

Claitt was charged with engaging in a contracting business without a license and grand theft of \$5,000.

Claitt reportedly gave the victim a written proposal detailing the work on June 6, 2017. On the proposal it said, "above address work to be done is new walls, floor, painting, tileing [sic],

remodeling porch, new doors, bathroom, remodel all rooms, no windows, plywood floors, drywall walls. Total budget of job is \$7,500," the report states.

The proposal also states, "\$5,000 cash" was given the next day on June 7, 2017, and allegedly contained the names of both Claitt and the victim.

According to the victim, Claitt came to his home, ripped out several walls, dumped the debris in the backyard and never returned to finish the work even after the victim sent him a certified letter on Feb. 2, 2018.

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- from North American bats.
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- Source: animals.howstuffworks.com

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TEMPS

FROM PAGE 1A

western Caribbean could provide an increase in moisture next week in central Florida, which will increase rainfall chances for the area.

"With the cloud cover and potential rainfall the temperatures will be down a few degrees from where they have been with the drier weather," he said.

September 2018 was one of the warmest Septembers on record at several sites across the region with many locations about 2 to 5 degrees above normal, according to the National Weather Service in Ruskin.

For Highlands County



MARC VALERO/STAFF

Daytime highs may dip slightly next week as "Sport" keeps his cool during this extended "Dog Days of Summer."

the NWS uses data from Archbold Biological Station in Venus, which shows the average temperature was 2 degrees above normal at 81.7 degrees for the month of

September.

It was a relatively dry September at Archbold with a rainfall total of 3.67 inches compared to a normal of 6.46 inches.

Hurt explained, a

significant area of high pressure over the East Coast was the main driver for the hot September not only in Florida, but also Georgia, the Carolinas and Virginia.

Areas of high pressure result in sinking air that reduces cloud development and reduces precipitation, which allows those hotter days, he said.

On average the high and low for Oct. 1 in Sebring is 86 and 69 degrees, respectively. By the end of the month, Oct. 31, the average high and low is down to 81 and 61 degrees, respectively.

By Nov. 30 the average high and low in Sebring drops to a comfortable 77 and 56 degrees, respectively.

SEATS

FROM PAGE 1A

Acker and Gorham.

Tim McKenna, who holds seat five, will not be on the November general election ballot because he is running unopposed.

Gorham has been a property owner in the special district since 2002. She is currently secretary on the Waterways Board and was previous on the Golf Association for at least four years by her recollection. Gorham said she got bored with retirement and now works at the Spring Lake Golf Course.

She said she wanted to run because she thought it was time for some new blood on the board.

"I did some research and there hasn't been a woman on the board for a long time," Gorham said. "I want to make a difference in the community. I know a lot of people in the neighborhood and I

am meeting even more in my job. I am going around door to door and introducing myself."

Gorham said she got an official map of the district from Highlands County Supervisor of Elections Penny Ogg.

"The boundaries of Spring Lake changed depending on who I asked," she said.

Now she knows exactly where the boundaries are.

Gorham said her duties as a supervisor would include attending the monthly meetings, supervise property acquisitions, grants, and supervise water and utilities. She also said she will become well versed in the Sunshine Law and its policies and procedures.

Gorham filed the proper paperwork and paid her filing fees during the qualifying period in June.

Decerbo looks forward to the elections and said he would like to see more diversity in the future.

SAFETY

FROM PAGE 1A

the Marjory Stoneman Douglas High School Public Safety Act, implemented many safety initiatives.

In a March 23 letter to school district superintendents, Gov. Rick Scott outlined several deadlines that the school districts must meet for implementation of the new law. Specifically, the governor directed each school district to complete a security risk assessment for each public school campus by Aug. 1, 2018.

Highlands County Sheriff's Office Florida Crime Prevention Practitioner Nell Hays conducted the safety reviews of all the district's campuses.

An April 27 memorandum from State Education Commissioner Pam Stewart to district superintendents states, in accordance with Florida Statutes, each school board must receive assessment results at a publicly noticed school board meeting to provide the public an opportunity to hear the school board members discuss and act on any findings and recommendations.

The self-assessment findings and school board actions are to



MARC VALERO/STAFF

The School Board of Highlands County will consider approving the district's Safety and Best Practices Self Assessment Report at its Tuesday meeting.

be reported to Florida Department of Education by Oct. 31.

Some of the district safety self-assessments will be reviewed at the state level.

According to the FDOE, \$1 million in non-recurring funds has been appropriated from the General Revenue Fund to FDOE to competitively procure a contract with a third-party security consultant with experience in conducting security risk assessments of public schools.

Contract funds shall be used to:

- Review and analyze the department's current security risk assessment tool known as the Florida Safe Schools Assessment Tool (FSSAT).
- Review a sample of self-assessments

conducted by school districts using the FSSAT to determine the effectiveness of the recommendations produced based upon the FSSAT.

The review will include any recommended updates and enhancements with associated costs for their implementation to aid districts in developing recommendations to address safety and security issues discovered by the FSSAT.

FDOE will submit the completed review to the State Board of Education, the Executive Office of the Governor's Office of Policy and Budget, the chair of the Senate Committee on Appropriations, and the House of Representatives Appropriations Committee no later than Jan. 1, 2019.

CHANGES

FROM PAGE 1A

Beginning today, the regional Sports section will again be included in your news package along with our stand-alone Sports section. We erred in moving too fast when we launched our own stand-alone Sports section.

Our readers have not been shy in reporting back to us and we are hearing the displeasure. Please bear with us as we take this feedback and

see if we can't complete the rebuilding process to satisfy all of our sports readers. Also please keep in mind the best route may be to return to the regional Sports section and continue publishing local sports news separately.

For now, the regional Sports section from the coast will continue to be included in your news package each day until we have completed the task of what we are trying to accomplish — providing a comprehensive sports section that

includes local, regional, state and national sports coverage.

In our stand-alone Sports section, we have lottery and the Live Sports on TV schedule. A standings page will be added, but for now it can still be found in the regional Sports section.

We are working diligently to get everything into place so that readers will get a sports section they will be happy with. We apologize for any and all inconvenience this may have created for our readers.

EXPO

FROM PAGE 1A

Corporation."

The guests were plentiful and had their own reasons for attending. Tiffany Rogers brought her newborn to the expo for an outing as she has been cooped up in the house for a while.

"They did a really good job advertising, that's for sure," she said. "I kept hearing about it and thought I would give it a try. They (advertisers) also said that there was a free gift. I guess that was the free bag. It's nice but it doesn't really have anything to do with me. I just stayed out here and shopped LuLaRoe and talked to the ladies."



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KIM LEATHERMAN/STAFF

A travel company was busy with guests as they entered for special drawings at the Sebring Business Expo

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SUN

ANOTHER VIEW

Action needed on Florida affordable housing crisis

The Palm Beach Post on housing affordability:

All is not sunshine and beaches with the Florida economy. At least not when it comes to housing affordability.

GateHouse Media Capital Bureau correspondent John Kennedy reported last week that the percentage of Florida households owning homes has now plunged to "its worst level ever seen, with data going back more than three decades."

State economist Amy Baker told the Legislative Budget Commission that while home prices and sales have rebounded from the depths of the Great Recession, more Floridians are now being forced to rent in an extremely tight and costly market.

"What isn't back to normal is the homeownership rate," she said.

According to the latest figures, 64.1 percent of Florida households owned homes in 2017, slightly above the current national average but down from the state's 66.3 percent average of the past 34 years.

Before the housing collapse, the record high was 2007, when 72.4 percent of Florida households were homeowners.

Let this serve as a reality check on the usual, feel-good message that job growth and low unemployment are the indices that matter when it comes to measuring a strong economy. It takes a little off the shine of becoming a \$1 trillion economy, as declared by the Florida Chamber of Commerce in July, when the vast majority of jobs being created don't pay enough to qualify you for the American Dream of homeownership.

Though no doubt painful for business boosters to admit, it is a hard truth that Palm Beach County — indeed, the state of Florida — is in the midst of a full-blown workforce housing crisis. One that, in its own, way threatens to choke off our access to talented job applicants and the companies that want to hire them.

Yet even with such a bleak report, it remains difficult for this threat to the middle-class dream of owning a home to grab public attention in an election year dominated by toxic algae blooms on both of the state's southern coasts.

It should. Because there are solutions.

That's why the Palm Beach Post Editorial Board, for the better part of two years now, has sounded the alarm about our county's worsening shortage of available workforce housing and chided stakeholders to step up to fix it.

From builders and developers to towns and cities to county leaders, the Editorial Board — and affordable housing advocates in our community — have challenged them all to do better.

Because the \$350,000 median price of a single-family home is out of reach of 75 percent of county households. Because rents on two-bedroom apartments are well north of \$1,900 a month. And because few 30-something middle-class households can scrape together the 20 percent down payment for a \$276,000 home — the starting price at the most affordable new-home developments in the county.

It is good see some answering the call. Last month, the Palm Beach County Commission, led by Mayor Melissa McKinlay, approved 250 new "workforce housing" apartments and townhouses to replace a rundown shopping plaza on U.S. 1, just south of Juno Beach. But commissioners know that's far from enough.

Even the Florida Chamber Foundation in its Florida 2030 report, which the pro-business group began rolling out this year, carries a rather dire warning about a housing affordability crisis. The 28-page report's research includes townhalls involving more than 10,000 Floridians asking for their "input on what Florida needs to get right to succeed in 2030 and beyond."

The report overwhelmingly cites "affordability of housing" as the biggest "weakness." What's more, the crisis is "getting worse" and affecting "three key populations prevalent and critical to Florida's future, young families, retirees and critical workers such as teachers, first-responders, nurses, construction workers and professionals in midskills jobs."

As we've said previously, Florida lawmakers can begin by stopping their annual raids of millions of dollars from the Sadowski Affordable Housing Trust Funds to plug holes in the state budget. This diversion of trust funds is an obstacle to local governments like ours that need affordable workforce housing to attract new business growth and keep current government employees close to the communities they serve.

Job growth and low unemployment are good. But it will obviously take more to complete workers' vision of the American Dream.

KEVIN SIERS CHARLOTTE OBSERVER/OCTOBER 2018



A spooky challenge

I will admit that at age 60 I've given very little thought about what will happen to my body after I die.

I am an organ donor (though I pity the person who gets my eyes). Beyond that, I have no clue. If I were to drop dead in the middle of writing this column, others would make decisions about what I leave behind.

I'm mostly okay with that. I figure someone can pick what I wear for the funeral. Given how coffins are designed I won't need shoes, which is a relief. Where I'm buried will probably depend on where I'm living at the moment. That's also fine with me.

But this column will deal with a decision that must be made by (or for) those who die: what kind of coffin?

There are all kinds out there. We are long past the simple pine box these days. Coffins come in all kinds of colors and materials. They are padded inside, which I suppose is for looks more than

Laura's Look

Laura Ware

anything — it's not like the deceased will care.

Well, if you want to test drive a coffin for your future use and are a brave soul, Six Flags in Eureka, Missouri has a challenge for you — stay in a coffin for nearly 30 hours straight.

I am not kidding. According to a news article on foxnews.com, the theme park is holding the Fright Fest 30-Hour Coffin Challenge on Oct. 13 — not quite Halloween, but close enough for government work. Six competitors will vie for prizes that include two 2019 Golden Season passes, a Fright Fest prize package, and some passes to scary stuff. The winner also enters a drawing for a \$300 prize.

Six Flags will provide six "slightly used" 2' x 7' deluxe coffins (no, I don't know what a "deluxe" coffin is); meals, snacks and drinks "in bed;" and a six-minute bathroom break every hour. You also can take home the coffin

you lay in if you want it.

No mention of oxygen if they close the lid, which is an important piece of information as far as I'm concerned.

During park hours, the participants can have a friend with them to cheer them on. However, once the park closes, they're on their own. Well, almost. The article states that some of their "Fright Fest Freaks" will be out and about in the darkness. Somehow this doesn't sound very reassuring.

The article doesn't answer all of my questions. How long do you have to be there with the lid closed? I mean, I have trouble believing it's the whole 30 hours, given they're promising food and drink and that would be difficult to take advantage of with the lid down. And let's be honest, the status of the lid makes a big difference on just how bad it would be.

Are cell phones allowed in the coffin? Let's be honest, laying in a coffin staring in the darkness is one thing. Maybe being able to play Angry Birds

or Sudoku while you're in there is another.

This is probably not a contest for the claustrophobic. I'm guessing that they're not screwing the lid shut or anything, so that you could conceivably open it from the inside. Still, how long could you lay enclosed in a coffin before it got freaky? I don't consider myself claustrophobic but I'm not sure how long I could handle it.

I'm sure Six Flags will have no problem finding six brave (or crazy) people to take them up on the challenge. I'm wondering if it'll be on YouTube, though watching a closed coffin is hardly riveting video.

As for me, I'm going to pass on the thing. For one thing, I have plans that weekend. For another, there are less traumatic ways to scare myself — trying to use a down escalator, for example.

So by the time you find me in a coffin, I will be far past the ability to enjoy it. If you are choosing it for me, I kind of like mahogany.

YOUR VIEW

Charade?

Those of you that bothered to watch the circus in Washington, D.C. on Thursday got a good fill of the Senate in total dysfunction. The testimonies of Dr. [Christine Blasey] Ford and Supreme Court candidate [Brett] Kavanaugh were both compelling and yet a total disgrace of one-upmanship being shoved down the throats of the public.

The Republicans were, of course, supportive of Kavanaugh, while generally concerned for the Ford family, as they should have been. The Democrats on the

other hand attacked the candidate as some sort of confused playboy while in high school 36 years ago. The liberals who are doing all they can do to upset the timing of a vote for the candidate are fully hoping to win the November elections, and take control of the Senate, and were out in force on the committee, showing their fangs in their line of questioning.

Both sides accepted the fact Dr. Ford had an assault 36 years ago at age 15, but Kavanaugh strongly defended himself as not the perpetrator. Kavanaugh said his reputation and his family's lives have been

forever tarnished by this spectacle and even if he is voted in, the liberal left wing crowd will never let him off the hook.

This is where we are now a totally divided nation all over an election that has not and will not be accepted by the losers. This is some serious stuff folks, remember that when you go to vote.

Lowell Henline
Sebring

Hurry up and vote

Finally! The truth is out! Fox News has obtained an FBI report indicating that the assault on Dr. Ford was perpetrated by Bill

Clinton while wearing a Brett Kavanaugh mask. Further, FIB has proof that Judge Kavanaugh's offensive behavior at the recent Senate hearing was caused by "nasty pills" that were slipped into his water by a giant socialist (vast left-wing conspirator).

In view of these revelations and drawing upon the experiences of Saint Roger Ailes, Sean Hannity has ordered the president to order the Senate to hurry up and confirm Judge Kavanaugh before more sexually assaulted women have a chance to come forward!

Ron Chitwood
Sebring

JOIN THE CONVERSATION

Letters are welcome on virtually any subject, but we do have some rules. We will not accept any Letters to the Editor that mention a business in a negative tone, as they have no means to defend themselves. Please keep Letters to the Editor to less than 250 words. Letters will be edited to length as well as for grammar and spelling. All letters must be signed with full name — not initials. An address and telephone number must be included. The phone number and address are not for publication, but must be provided. In the case of letters that are emailed, the same rules apply.

Due to the number of letters received, we are able to run only four letters per person per month.

The Letters to the Editor section is designed as a public forum for community discourse, and the opinions and statements made in letters are solely those of the individual writers. The newspaper takes no responsibility for the content of these letters.

Please send or bring correspondence to the Highlands News-Sun, Letters to the Editor, 315 US 27 North Sebring, FL 33870, or fax to 863-385-1954. Readers may also email Letters to the Editor to editor@newssun.com.

FAITH & FAMILY

Saturday, October 6, 2018

SECTION A

Journey toward transformation



By MELISSA MAIN
STAFF WRITER

SEBRING — Although Tricia Cox's family was plagued by alcoholism and negative attitudes, she decided she wanted a different life. She longed to embrace the joy and positive attitudes exhibited by people outside her inner circle.

At first, Cox cloaked herself in an outwardly positive attitude, but she was not inwardly positive. "I did not see myself as a positive person," Cox said.

Others looking at her life from the outside would have considered her to be upbeat and cheerful, but her inner thoughts did not match her outward disposition.

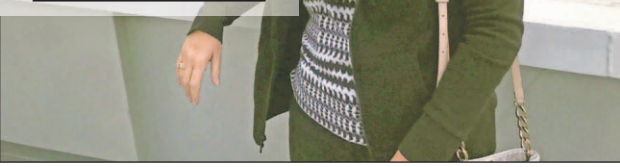
"There were people in my life who were negative and miserable, and I was determined not to become like them," Cox said. Her early role models did not provide her with the examples she needed, but she began a journey to transform her life with the help of God.

"Looking back I realize God placed so many special people in my life," she said. When Cox moved to Fernvale Street in Sebring, she met Monica Sauls, who became one of her biggest cheerleaders, and Wally Cox, her future husband.

"I wanted to become a more positive person, but it took years to get there," she said. "I married Wally Cox, and he is one of the most positive people on the face of the earth. I

LIFE VERSE

Tricia Cox's life verse is Jeremiah 29:11, which says, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future (NIV)."



COURTESY PHOTO

Tricia Cox wanted to break away from the negativism she saw modeled in her childhood and embrace a more positive outlook on life.

followed his example. "I watched Wally's calmness under pressure as the school superintendent for 16 years," she said. "Sometimes I would tell him, 'I don't know how you didn't react to that.' It motivated me to be more calm, to follow his example and to help me avoid high blood pressure.

"Surrounding yourself with positive people is essential," Cox said. "In the past, I have distanced myself from negative people and situations. It's pretty easy now that I am retired."

Besides carefully choosing her friends and closest companions, Cox also decided she wanted to get to know God better. That process began in 1995 with keeping a journal. In her quest to know God in a more personal way, she began writing down her thoughts and prayers every morning. Today she has over 50 journals.

"Through prayer journaling and God's hand in my life, I became a more positive person,"

she said. With journaling, Cox could look back and see God's answers to her prayers, even though his answers may not have been what she had originally wanted. "His plans are much better," she said.

Cox begins her day by reading the Bible, several devotions and writing her prayers in her journal.

"Sometimes I can't focus when I'm praying. Writing down my prayers helps me focus. I start with writing comments about my devotions before writing down my prayers.

When Cox worked as a school librarian, she set her clock back so she would have time to read her Bible and journal. "It was something I chose to do," she said.

"There's no right way to pray or journal," Cox said. "I encourage my friends to journal. Journaling is so healing — to write down your thoughts and prayers and see God's answers."

Cox also credits her

POSITIVE | 8A

CROSSWORD PUZZLES

Newsday Crossword

ACROSS

- 1 Pinch hitter
- 4 Alternatives to Mustangs
- 11 Preening type
- 14 "Borne hither, ___ all eludes me": Whitman
- 15 Closely following
- 17 Word from the Turkish for "lord"
- 18 Author who edited her husband's poems
- 19 2007 Emmy winner as Beatriz Suarez
- 21 Consult
- 22 Reminiscence opener
- 23 Class
- 25 Fuji setting
- 27 First Japanese luxury car
- 29 Nonparticipation worry, in texts
- 32 First Super Bowl officially a "Super Bowl"
- 33 Fitness buff's maxim
- 37 Cover with mud
- 38 Possible bed for fish
- 39 What good pitching can overcome
- 46 Coyotes, on NHL scoreboards
- 47 Well-aimed
- 48 Performance place for Plato
- 49 Non-American with the most PGA wins
- 52 Lance bombardier, in the RAF
- 54 Juan's "an extra"
- 55 Late-spring arrival
- 58 Tackle a cap
- 60 *Esprit de corps*
- 62 Orange Muppet monster in a tutu
- 63 Group headquartered in barracks

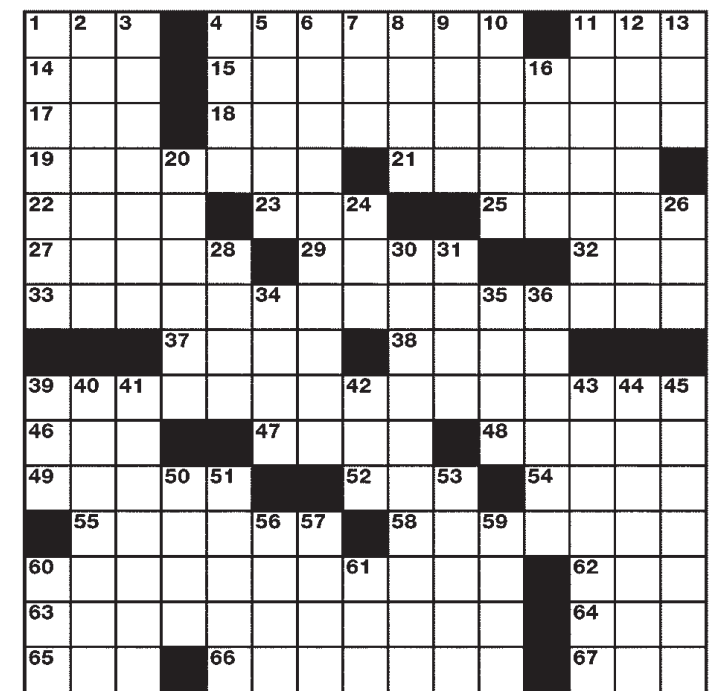
- 64 Verb with preposition and noun homophones
- 65 Bit emitted from some smoke detectors
- 66 System conveying blog updates
- 67 What TR headed in 1900

DOWN

- 1 Sign of agitation at the beach
- 2 What good pitching may convey
- 3 Fish catcher in training
- 4 Showed
- 5 Woz employer in '73
- 6 Scruples
- 7 Even a single
- 8 Chin ___
- 9 Plant watcher, for short
- 10 ___ life

SATURDAY STUMPER by Brad Wilber Edited by Stanley Newman www.stanxwords.com

- 11 What was once called a "fountain paintbrush"
- 12 Beef tallow by-product
- 13 Yanni's BA major at Minnesota
- 16 Grand Exalted Ruler's subjects
- 20 Took advantage of a "pay one price" promotion
- 24 Takes out
- 26 Metaphor for allocations
- 28 Entry-level govt. case workers
- 30 Older of the only mother-daughter Nobel Prize pair
- 31 Inventor motivated by proliferating stories
- 34 Dwelling mentioned in *Colorado: Hut to Hut*
- 35 Outer opening
- 36 Butterfly collector's hangout
- 39 Part owner of Air Greenland
- 40 Sushi bar sentiment
- 41 Any of nine guys at a scrimmage
- 42 ___ chariot (vehicle for Helios)
- 43 Latter-day free speech advocate
- 44 Passing
- 45 Stoics' opposites, sort of
- 50 What Wharton requires you to take
- 51 One posting on Jobrapido.com
- 53 Standing by
- 56 Refresher courses
- 57 Joining promises
- 59 Cross, with "off"
- 60 CBS All Access offering
- 61 Small wonder of myth



CREATORS SYNDICATE © 2018 STANLEY NEWMAN STANXWORDS@AOL.COM 10/6/18

Answer to previous puzzle

JABS SQFT MESSY
 ACRE AURA CAKED
 GLEN LIAR IVIES
 SUDOKU PUZZLE
 ROD AIR PTA
 PAGAN BINGOCARD
 ILO AQUA GYPSUM
 GIBE UNITE ACAI
 SCAMPI DUDS ANT
 TICTACTOE LILTS
 YAK THY TAG
 CHECKERBOARD
 IKNOW ONTO TROY
 VOILA BEAU INON
 SIXTY BELT TOME

10/6/18



PAUSE & CONSIDER
Jan Merop

My specific "happy"

One of my favorite places is Grandfather Mountain in North Carolina. It is such a happy place and so it was to be the destination for my birthday.

We started with an early lunch ... actually dessert first ... of chocolate meringue pie! That is definitely not typical of me ... so absolutely celebratory. Too full for lunch, we headed to the animal habitats ... my favorite, the bears. Several were out intriguing the guests. From behind boulders they sauntered up surprising visitors. Popping into the pond for a drink and bath brings smiles of wonder on the faces of spectators.

But the best was yet to be. In a birthday note to me, a dear friend said she was asking the Lord to give me a specific "happy" that I could remember took place on this particular birthday. I trusted God it would be so.

There are two viewing areas for the bears. I was at the larger and happened to turn and see a Dad and his two young sons coming my way. Had they seen the bears or was the crowd too thick, I wondered. Just as I noticed them, I happened to look into the habitat and saw one of the bears coming around a large boulder.

Quickly I spun around and said, "Do you want to see the bear? She's coming

MEROP | 8A



KEVIN'S KOMMENTS
Kevin Patterson

The innocence of children

Tommy was a little boy who always went to worship with his mother. As a rule, Tommy did not pay particularly close attention to the sermon. One Sunday, however, he was more attentive than usual. He listened closely as the preacher taught about creation, the origin of Adam, and how Eve was created from a rib taken from Adam's side.

After worship was over, Tommy felt a pain in his side but told no one. Later in the week, the pain came back, but it came back more seriously this time. Tommy went running into the house to his mother with both hands clasped against his side. "Oh, Mama!" he cried, "I've got a pain in my side. Do you think I'm going to have a wife, too?"

Children are incredible people and say some of the most amazing things. Art Linkletter used to have a television show that profiled children and the many funny things they would say. The show was so popular because it took kids in normal settings and allowed us to share in the joy and humor that can only be generated from the innocence of children.

Jesus taught about the innocence of children and instructed us to be like them. In Matthew 18:1, Jesus' disciples came to Him asking, "Who

KOMMENT | 8A

Los Angeles Times Daily Crossword Puzzle

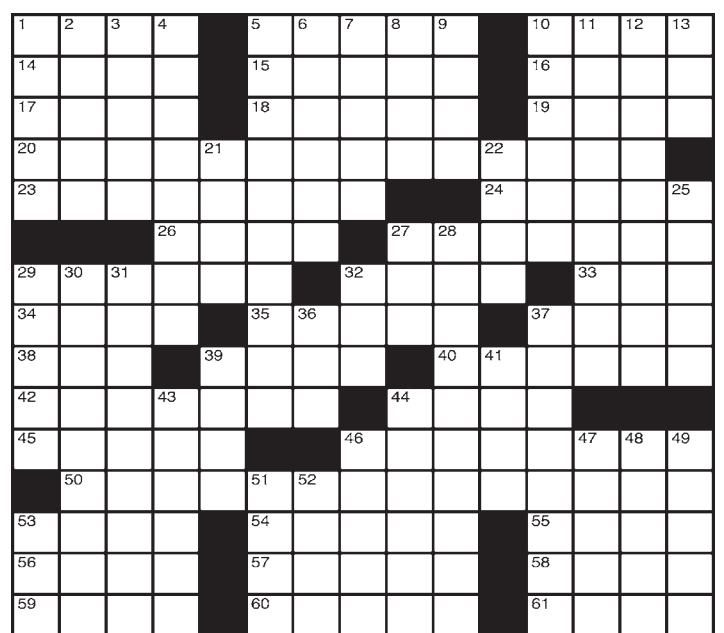
Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Soap-drop indicator
- 5 Prepared for pie, in a way
- 10 Trunk extension
- 14 Buddhist priest
- 15 The "A" in the Tokyo studio AIC
- 16 Stargazing subject?
- 17 Rural stopovers
- 18 Retro filter choice
- 19 Importunate solicitor
- 20 Spin-off with a bluesy theme song by John Lee Hooker
- 23 2000s political slogan
- 24 Initial payments
- 26 European hub
- 27 Industrious type
- 29 Nut
- 32 Ritual heap
- 33 Rapper will.
- 34 Half a piano duo?
- 35 Chaparral plant
- 37 Longfellow's "The Bell of ___"
- 38 Iwo Jima flag-raiser Hayes
- 39 Half a classic cowboy nickname
- 40 Top of the order?
- 42 DNA units
- 44 1990s game console release, initially
- 45 Strong feeling
- 46 '60s-'70s singer born Ellen Cohen
- 50 Catcall?
- 53 Circumstances, idiomatically
- 54 Hilarious
- 55 Look for
- 56 Certain something
- 57 "Obviously!"
- 58 Put away
- 59 Highland language
- 60 Irritations found in clouds
- 61 Iowa Department of Transportation city

DOWN

- 1 "Naturalis Historia" author
- 2 Poker for knights?
- 3 Old Dodges



By Gareth Bain

10/6/18

Friday's Puzzle Solved

H O S E H I D P L E A S E
 U N I X E R R H O T R O D
 H O R A N E A A C C U S E
 M A N M A R A M O N
 T A S M A R S O L O
 I D I M I O S I S L O G O
 A V E A N E W A M E N
 R I S I N G S E A L E V E L S
 A C T S A N I L L A P
 S E A L S E T T E E T E
 E N T S I A N T I C
 B A R A R A B B A L
 A P I E C E A T E E R A S
 W I D T H S L A D N I C E
 L A S S O S E R S D O L E

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- 32 Behind
- 33 ___ tem
- 36 Darwin's ___
- 37 Beagle
- 37 Graph point's x-coordinate
- 39 Low joint
- 41 Turtle's mouth
- 43 Vital vessels
- 44 Didn't play
- 46 Crete's highest elev.
- 47 Top squad
- 48 Martin or Miller
- 49 "I'ma Be Me" stand-up comic Wanda
- 51 Kodos' alien cohort on "The Simpsons"
- 52 It can be pumped
- 53 Honey, in slang

WORSHIP & PRAISE DIRECTORY

"Blessed is the nation whose God is the Lord" - Psalm 33:12



ANGLICAN	APOSTOLIC	ASSEMBLY OF GOD
<p>New Life Anglican Fellowship 10 N. Main Ave, (Woman's Club) Lake Placid, FL 33852 Sunday Worship, 10 a.m. Teaching, Holy Communion, Music, Fellowship, Healing Prayer. <i>The Rev. JEFFREY GROSSMAN, Catechist-Pastor</i> 833-369-5433 jeffg@newlifeanglicanlp.com "PASTORAL AND SPIRITUAL"</p>	<p>New Life Fellowship <i>Pastor J.P. FULLER</i> Sunday Morning Worship, 10:45 a.m. Sunday School 10:00 a.m. Thursday Evening Worship 7:00 p.m. 2213 Rainbow Avenue Sebring (corner of Youth Care Lane & Rainbow Ave.) 863-314-6427 facebook.com/NLFSebring</p>	<p>First Assembly of God 4301 Kenilworth Blvd., Sebring Service Times: Sundays 10:30 a.m. & 6:30 p.m. Wednesdays 7 p.m. <i>Pastor TRENT MORGAN</i> 863-385-6431</p>

ASSEMBLY OF GOD
Christ Fellowship Church (Assembly of God)
2935 New Life Way, Sebring, FL, 33870
Sunday School, 9 a.m.
Morning Worship, 10 a.m.
Evening Worship, 6 p.m.
Wed. Worship, 7 p.m.
Pastor ROBERT MATHEWS
Bearing His Name; Preaching His Doctrine; and Awaiting His Coming.
"Worshiping God in Spirit and in Truth."
863-214-7053

ASSEMBLY OF GOD
First Assembly of God
327 Plumosa Street, Lake Placid
Sunday Service 10:45 am
Wed. Bible Study 7 pm
Wed. Youth 6:30 pm
Rev. JOHNNY M. BRYANT
Everyone Welcome!
863-465-2363
firstassemblylp327@gmail.com

BAPTIST
Athens Baptist Church
6510 W. Bereah Rd.,
Located off Avon Park cut-off Rd.
Worship and a Country Welcome Await You!
Sunday School 10:00 am
Sunday Worship Services 11:00 am & 6:00 pm
Communion First Sunday of Quarter
Fifth Sunday Covered Dish Social Following 11am Service
Pastor MIKE ADAMS
863-381-2953
A Church after God's Own Heart

BAPTIST
Avon Park Lakes Baptist
The Home of Cornerstone Christian Academy
863-453-0894
Pastor GEORGE HALL
Contemporary Service 8:30 am
Sunday School 9:45 am
Blended Service 11:00 am
Evening Service, Children, and Youth 6:00 pm
Wednesday Classes for Everyone 6:15 pm
2600 N Highlands Blvd., Avon Park, FL 33852
863-452-6556
www.aplbc.info

BAPTIST
Faith Baptist Church
A Family of Faith!
660 Holmes Avenue, Lake Placid, FL 33852
Sunday School 9:30 a.m.
Sunday Worship Services 10:45 a.m. & 6 p.m.
Wed. Prayer Bible Study 10 a.m. & 6 p.m.
Ladies Bible Study Tuesday 10 a.m.
"The End of the Age" Daniel Bible Study Thursday 6 p.m.
Pastor BILL COLE
863-465-0060
www.faithbaptistchurchlp.com
faithbaptistlp@embarqmail.com
Loving God - Loving People - Making Disciples

BAPTIST
Fellowship Baptist Church
1000 Maxwell St., Avon Park, FL 33825
Sunday School 9:30 a.m.
Morning Worship 10:45 a.m.
Wed. Eve. Service 7 p.m.
Children/Youth 7 p.m.
863-453-4256
Fax: 453-6986; email: office@ap-fellowship.org
www.ap-fellowship.org

BAPTIST
First Baptist Church of Avon Park
100 N. Lake Ave.
Sunday School, 9:30 a.m.
Worship, 10:45 a.m.
Children's Church, 10:45 a.m.
Evening Worship, 6 p.m.
Nursery provided both services.
Wed. Night Adult Prayer Meeting/Bible Study 6:00 p.m.
Rev. JON BECK, senior pastor;
MATTHEW PRICE, minister of youth
JOY LOOMIS, director of music.
863-453-6681
www.fbcap.net

BAPTIST
First Baptist Church of Lake Josephine
111 Lake Josephine Dr., Sebring
SUNDAYS:
Bible Study
Adults 8:30, 9:30 & 11 AM
Children's Church 10 AM
Children Bible Study: 11 AM
Youth Bible Study: 11 AM
Worship
9:30 AM Contemporary
11 AM Traditional
6 PM Evening Worship
Wednesdays
5:30 PM Supper
6 PM Youth Bible Study & Activities,
Adult Bible Study & AWANA for Kids!
Dr. Kevin Ahrens, Pastor
863-655-1524
www.fbclakejosephine.com

BAPTIST
First Baptist Church of Lake Placid
Sunday Service:
9 a.m. & 10:45 a.m.
Wednesday Service:
5 - 6 p.m. Family Dinner
6:15-7:30 p.m. Student Ministries & Discovery Bible Study
119 E. Royal Palm St., Lake Placid
863-465-3721
www.fbclp.com

BAPTIST
First Baptist Church, Sebring
200 E. Center Ave.
Group Bible Studies, 9:15 a.m.;
Blended Service, 10:30 a.m.; Mision
Bautista Hispana, 2 p.m.; Sunday
Evening Worship, 6 p.m. Wed.
night programs at the ROC begin
at 5:30 p.m., church begins 6 p.m.
Preschool and Mother's Day Out
for children age 6 weeks to 5 years
old. **DR. DEREK LAMBERT, pastor,**
MARK HEBERT, associate pastor,
minister of music and senior adults
LONNIE HILL, pastor of students
and **DIXIE KREULEN,**
preschool director
863-385-5154
863-385-4704
www.fbsebring.com

BAPTIST
Independent Baptist Church
Pastor JOSHUA GOODWIN
Sunday School 9:30 am
Worship 10:30 am
Sunday Evening 6pm
Wednesday 7pm
Kids Program 7:00 pm
5704 CR 17S, Sebring, FL 33876
863-655-1899
ibcsebring.com

BAPTIST
Leisure Lakes Baptist Church
808 Gardenia St., Lake Placid
(just off of Miller at the west end of Lake June)
Sunday School, 9:30 a.m.
Sunday Worship, 10:45 a.m.
Sun. Eve. Service, 6 p.m.
Wed. Prayer Meeting & Bible Study, 6 p.m.
863-699-0671
"Where the old fashion gospel is preached."

BAPTIST
Maranatha Baptist Church
35 Maranatha Blvd., Sebring
9:00 a.m. Sunday School
Morning Worship, 10:45 a.m.
10:15 a.m. Worship
6:00 p.m. Eve. Service
6:00 p.m. Wednesday Bible Study
Senior pastor TERRY PRICE
863-382-4301

BAPTIST
Sunridge Baptist Church, (SBC)
3704 Valerie Blvd., Sebring
(U.S. 27 & Valerie, across from Florida Hospital)
Sunday School, 9:30 a.m.
Morning Worship, 10:45 a.m.
Sun. Eve. Service, 6:30 p.m.
Wednesday: Prayer, Bible Study, and Youth - Children in Action, 6:30 p.m.
TIM FINCH, pastor
Nursery provided
863-382-3695
sbc@centurylink.net

BAPTIST
Southside Baptist Church
379 S. Commerce Avenue • Sebring, FL 33870
863-385-0752
David C. Altman, Pastor
Ryan Myhre, Associate Pastor
Sunday - 9:00 AM - Coffee and Fellowship
9:30 AM - Sunday School for all ages
10:45 AM - Morning Worship
(Children's Church for K-5th Grade)
6:00 PM - Evening Service
Wednesday - 6:15 PM AWANA
6:30 PM - Student Ministry Bible Study
6:30 PM - Parenting Class
7:00 PM - Mid-Week Prayer Time
Mysouthsidebc.com

BAPTIST
Whispering Pines Baptist Church
303 White Pine Dr., Sebring, FL 33872
Sunday Bible Study for all ages, 9 a.m.
Sunday Worship 10:30 a.m. & 6 p.m.
Thursday Prayer, 11 a.m.
Pastor STEVE TRINKLE
"To know Christ and make Him known."
Minister of Worship-Tony Pangle
863-382-6265

BAPTIST
Sparta Road Baptist Church
4400 Sparta Road, Sebring, FL 33875
Sunday Services:
Sunday School 9:30 a.m.
Worship 11:00 a.m.
Wednesday:
Prayer and Bible Study 6:00 p.m.
Interim Pastor ED HOWELL
863-382-0869
www.srbchurch@embarqmail.com
info@spartaroad.com

BRETHREN
Lorida Church of the Brethren
332 Palms Estate Rd., Lorida, FL 33857
Sunday school, 9:30 a.m.
Worship Service, 10:30 a.m.
Pastor ROBERT CHAPMAN
863-655-1466

C&MA
Alliance Church of Sebring
A Church of The Christian & Missionary Alliance
4451 Sparta Road, Sebring, FL 33875
Sunday School 9:00 a.m.
Family Fellowship 10:00 a.m.
Worship Service 10:30 a.m.
Wed. Adult Prayer 6:30 p.m.
Friends Zone (K-5)
Middle School Encounter
Rev. STEVE HAGEN Pastor
863-382-1343

CATHOLIC
Our Lady of Grace Catholic Church
595 E. Main St., Avon Park, FL 33825
863-453-4757
Fr. NICHOLAS MCLOUGHLIN, Pastor
Saturday Vigil Mass 4 p.m. *English, 7 p.m. Spanish*
Sunday Mass 8 a.m. & 10:30 p.m.
Daily Mass Mon.-Fri. 8 a.m.
Saturday Confessions 3:30 *English, 6:30 Spanish*
Religious Education class K-5th Sun. 9 a.m.
6th - 12th grade, Wed., 6:30 - 8:30 p.m.

CATHOLIC
Saint Catherine Catholic Church
820 Hickory St., Sebring, FL 33870
Tel: 863-385-0049
Spanish: 863-385-6762
www.stcathe.com
email: office@stcathe.com
Pastor: Very Reverend JOSE GONZALEZ, V.F
Mass Schedule
Saturday 9 am & Vigil Mass 4:00 pm
Sunday 8 am & 10 am
Monday - Friday 8 am & 12pm
Sunday Spanish Mass 12 pm
First Friday Mass 6pm
First Friday Confessions 7:15 am to 7:45 am
Saturday Confessions 3:00 pm - 3:45 pm

CATHOLIC
Saint James Catholic Church
3380 Placidview Drive Lake Placid
Mass schedule:
Saturday 4 p.m. (vigil)
Sunday 9 a.m.
Weekdays 9 a.m.
Holy Days 9 a.m. & 7 p.m. (vigil)
First Saturday each month: Healing Mass 9 a.m.
Father VINCENT CLEMENTE, pastor
863-465-3215

CHRISTIAN
Avon Park Christian Church
1016 West Camphor St., Avon Park, FL 33825
Office: **863-455-5334** Fax: **863-453-9773**
APCC Pastor GREG L RATLIFF
Worship Services:
Sunday 9 a.m. & 10 a.m. ; Wed. 6 p.m.
Contemporary & Traditional Worship
Spanish Services Tues 7 p.m. & Sat. 6-9 p.m.
Pastor ROBERTO RENTIERA
Youth Director - MIKE MIRANDA
Youth Meetings - Wed 6 p.m. & Sun 9 a.m.
Weight Watchers Tues. 6 p.m., Thurs. 9:30 a.m. & Fri 10 a.m.
Contact us Mon - Fri 8 a.m. - 12 p.m. for more information
Email - Apcc.2017@yahoo.com
Web: www.avonparkchristianchurch.com

CHRISTIAN
Cornerstone Christian Church
1003 W. Pine St., Avon Park, FL 33825
Sunday School, 9 a.m.
Worship, 10 a.m.
Wednesday Bible Study Fellowship, 6 p.m.
TOBY CRIBBS, Pastor 863-655-1377
JOHN CARTER, Music Minister 863-214-1093
"...built on the foundation of the apostles & the prophets with Jesus Christ Himself as the Chief Cornerstone."
To Love Christ ~ To Love People

CHRISTIAN
First Christian Church of Sebring Disciples of Christ
510 Poinsettia Ave. Sebring, FL 33870
385-0352
Rev. Alan Brown
Sunday Worship 10:30 am
Open door Adult Sunday School 9am.
Continental breakfast 9:45-10:15.
AA meets 10 am. every Tuesday & Thursday
Bible Study 11 am every Tuesday with Ron Colwell

POSITIVE

FROM PAGE 5A

deep, life-long friendships with helping her to maintain a positive attitude on life. "You have to work at having friends and having connections," she said.

"Life can be a struggle without friends and family for support," Cox said. She texts her friends every day to stay in touch, and she regularly meets with them.

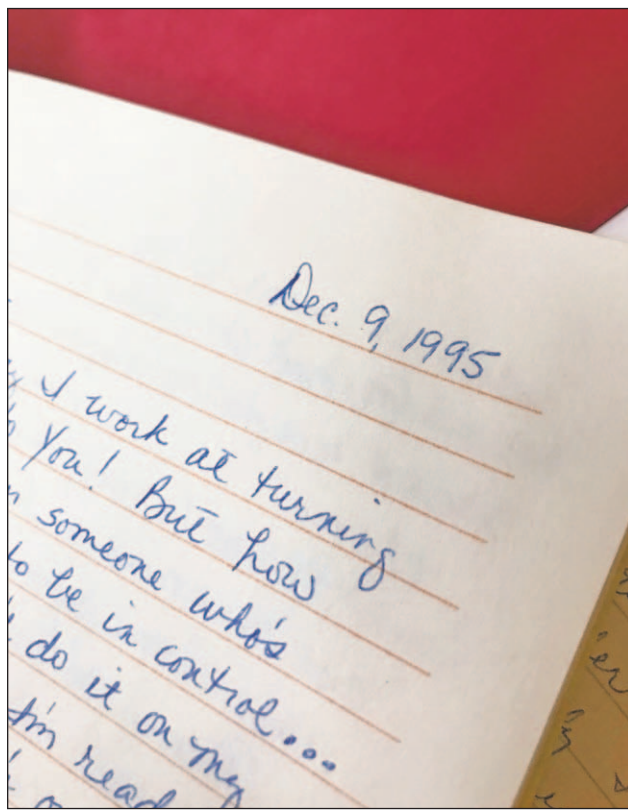
Friendships are vitally important to Cox. "At my lowest point, I felt God pursuing me through the encouragement of friends. That's when I began seeking His plan for my life through my early morning quiet time."

Cox still meets with co-workers from Fred Wild Elementary even though she is retired, and she stays in touch with classmates she has known since elementary school.

Another key to Cox's joy is her decision to forgive others. "I've had to learn to forgive people who have really wounded me," she said.

"If I had not worked on my positive attitude and my relationship with God, it would have been harder to get through to get through the most troubling times in my life," she said.

Because Cox has overcome her hardships and radiates joy, she continues to be a blessing to others around her. She shares her smile and sunny disposition with school-age children even after her retirement. "I volunteer and help my daughter-in-law at the



COURTESY PHOTO

Tricia Cox began journaling in 1995, and it has helped her develop a more positive outlook. She journals her thoughts and prayers. When she looks back at her journal, she can see God's answers to her prayers and his concern for her.

Kindergarten Learning Center," Cox said.

"Volunteering helps me keep a sense of purpose and have something to do," she said. "I could become very negative if I sat around and did nothing. I volunteer and stay connected with the community.

"I make a choice to be positive," she said.

Indeed, Cox has made a choice to seek God's plan for her life, journal every morning, surround herself with positive friends, become more positive and volunteer — all purposeful activities that require discipline. Yet these activities have sown

the fertile soil in her heart and yielded a beautiful bouquet of joy.

KOMMENT

FROM PAGE 5A

is the greatest in the kingdom of heaven?" Jesus answered them in verses 2-4 by calling to a little child and having him stand in the midst of the disciples. Jesus then said, "I tell you the truth, unless you change and become like little children, you will never enter

the kingdom of heaven. Therefore, whoever humbles himself like this child is the greatest in the kingdom of heaven." Jesus knew the value of innocence and urged us to value it, as well. God wants us to be like children — loving, trusting, and obedient. If we demonstrate these qualities as we follow Christ, then we will be counted as the greatest

among all children, for we will be children of God.

Kevin's Komments is written by Kevin Patterson and presented by the Sebring Parkway church of Christ assembling at 3800 Sebring Parkway, Sebring, Florida 33870. Find them online at sebringcoc.com, or e-mail sebringparkway@sebringcoc.com.

MEROP

FROM PAGE 5A

now." These two little freckle faced boys opened their eyes wide and said, "Yes, thank you." With Dad's nod of approval, they stepped up to the fence.

My heart beat a merry tune in helping them experience this extraordinary moment. But, I was in for one of my own.

"Thank you," they kept saying. I responded by letting them know that this is all about them having a wonderful time.

Then the older of the two reached out and hugged me and asked me my name. The little one joined in the hugs.

"I'm Jan," I said. And then it was "Thank you, Miss Jan, thank you."

Wow! "Thank you," I said. "You have made my day." And, I whispered, "It's my birthday today." A chorus of happy birthdays and hugs ensued.

As they turned to leave, I felt the joy that my specific "happy" had been granted.

Just then, the older of the two turned and called over his shoulder,

"How old are you, Miss Jan?" Dad moved them forward saying not to ask that question. We laughed and I let him know that I celebrate the second time of half my age!

Proverbs 16: 20 says, "Whoever trusts in the Lord, happy is he."

I couldn't agree more. Selah

Jan Merop, a columnist with the Highlands News-Sun for 29 years, resided in Sebring for 28 years; now living in North Carolina. Visit her blog Journeying with Jan @ pauseandconsider.net.

LP couple celebrate 50th anniversary

SPECIAL TO HIGHLANDS NEWS-SUN

LAKE PLACID — Maria E. Leal Gonzalez and Juan Miguel "Mike" Gonzalez Sr. recently celebrated their 50th wedding anniversary. Maria was born in Harlingen, Texas. Juan was born in Brownsville, Texas. The couple have been residents of Lake Placid for 53 years and are both retired.

The couple were married on Sept. 29, 1968 at St. Catherine's Catholic Church in Sebring, Florida

where they renewed their vows 50 years later. Father Jose A. Gonzalez of St. Catherine's Catholic Church, Diocese of Venice, renewed their vows.

Maria and Juan have two children; a son, Juan M. Gonzalez Jr. of Cocoa Beach; and daughter, Maria C. Gonzalez of Venice; four grandchildren, Christina Felix, Jared Baird, Solana Gonzalez and Juan M. Gonzalez III; five great-grandchildren, Thalia, Lillian, Hazel, Elena and Clarissa.



From left to right: Maria Gonzalez, Father Jose A. Gonzalez of St. Catherine's Catholic Church and Miguel Gonzalez, Sr.

WORSHIP & PRAISE DIRECTORY

"Blessed is the nation whose God is the Lord" - Psalm 33:12

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Sunday Worship, 10:30 a.m.
Children's Church, 11 a.m.
Wednesday:
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Worship, 7 p.m.

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Children's Pastor: **FAWN WATERMAN**
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www.weareunion.org



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Covenant Presbyterian Church (PCA)

4500 Sun N Lake Blvd Sebring, FL 33872

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Sunday School 9 am
Teaching/Equipping 5 pm
Wed. Evening Programs
Prayer Meet./Kids/Youth 6 pm

Pastor: **TOM SCHNEIDER**
863-385-3234
cpc@cpcsebring.org
www.cpcsebring.org

PRESBYTERIAN

First Presbyterian ARP Church

319 Poinsettia Ave. Sebring, FL

863-385-0107
Rev. **DARRELL A. PEER**
Rev. **DON DAVIS**
Pastor of Visitation

Sunday School 9:30 a.m.
Fellowship Time 10:30 a.m.
Worship Service 11:00 a.m.
Wednesday:
Adult Bible Study 10:30 a.m.
Call for info on events, special classes & functions

PRESBYTERIAN

First Presbyterian Church, ARP

Rev. **RAY CAMERON**

Sunday School 10:00 a.m.

Traditional Worship (Sanctuary) 9:00 a.m.

Contemporary Worship (Genesis Center) 11:00 a.m.

117 N. Oak Ave., Lake Placid

863-465-2742

www.fpclp.com

PRESBYTERIAN

Spring Lake Presbyterian Church (USA)

5887 US Highway 98 Sebring, FL 33876

863-655-0713

Pastors **JOHN & HARRIET DAVIS**

Sunday worship 10 am

Adult Bible Study Tuesday 11 am

Choir practice Wednesday 7 pm

UNITED CHURCH OF CHRIST

Emmanuel UCC

3115 Hope Street, Sebring, FL

SUNDAY WORSHIP

Worship: 9:30 am

Fellowship: 10:30 am

REV.

GEORGE N. MILLER,
Pastor

863.471.1999

www.euccfl.org

UNITED METHODIST

The First United Methodist Church of Avon Park

Pastor: Rev. **RICHARD STACKHOUSE**

Adult Sunday school 8:45 AM,

Children Sunday school at 10:15 AM.

Sunday morning worship 10 AM, Evening 6 PM.

Wednesday worship 11 AM.
1st & 3rd week of each month
200 S. Lake Ave., Avon Park, FL 33825
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WESLEYAN

Harvest House Fellowship

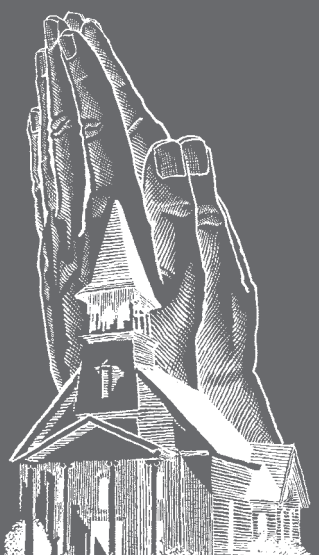
A Wesleyan Missional Community

Sunday Worship 10:30 a.m.

Desoto Community Center

6305 State Road 17A S. Sebring, FL 33870

Pastor Angelo Trunzo
863-273-5640





SPORTS

• LOCAL • STATE • NATIONAL

Saturday, October 6, 2018

SECTION B



JOHN ROUX/ASSOCIATED PRESS PHOTO

In this Nov. 17, 2007, file photo, Florida quarterback Tim Tebow scrambles from the backfield during the second half of a football game against Florida Atlantic in Gainesville.

Tebow gets Gators' top honor

By MARK LONG
ASSOCIATED PRESS

GAINESVILLE — Tim Tebow has a bronze statue outside Florida Field and his most memorable quote emblazoned on a plaque a couple hundred feet away. His All-American brick rests nearby, too.

Today, the Gators will honor their most famous quarterback one more time.

Florida will induct Tebow into the program's Ring of Honor, making him the sixth player with his name prominently and permanently displayed inside the Swamp.

The 22nd-ranked Gators (4-1, 2-1 Southeastern Conference) will celebrate Tebow at the end of the first quarter of Saturday's game against LSU (5-0, 2-0). At halftime, they will honor the 2008 national championship team that featured Tebow, receiver Percy Harvin, cornerback Joe Haden, linebacker Brandon Spikes and defensive end Carlos Dunlap.

"That was a team that had a lot of talent on it," said Florida coach Dan Mullen, who was the team's offensive coordinator a decade ago. "But there's a lot of teams have talent that don't always know how to



MATT YORK/ASSOCIATED PRESS PHOTO

FILE — In this Jan. 8, 2007, file photo, Florida quarterback Tim Tebow celebrates his team's 41-14 victory over Ohio State at the BCS national championship football game in Glendale, Arizona.

win. That was a team that started and they really learned how to win, how to play for each other, the intensity they went after winning."

Tebow was Florida's emotional leader, on and off the field.

The 2007 Heisman Trophy winner and two-time national champion finished his college career with 9,285 yards and 88 touchdowns passing to go along with 2,947 yards and an SEC-record 57 scores rushing.

"He was a guy that you would want to have on

TEBOW | 8B

AP girls win Brojek Invitational



JIM TAYLOR/CORRESPONDENT

The start of the girls race of the Chet Brojek Cross Country Invitational.

Red Devil boys place 2nd in meet

By JIM TAYLOR
CORRESPONDENT

AVON PARK — The Avon Park Red Devils did their coach, Chet Brojek, proud on Tuesday afternoon with the girls winning and the boys placing second as a team in the Chet Brojek Cross Country Invitational that saw 10 girls teams and nine boys teams compete.

"Great turn out," said the Red Devils' coach, Brojek. "I have been on vacation for two weeks on a boat in Europe and just came back yesterday, but Coach Pearson has been working them and they are doing well. The girls had five girls in the top 10."

As he was speaking, Avon Park's Dylan Branch reached the final



JIM TAYLOR/CORRESPONDENT

Avon Park's Dylan Branch (No. 835) races to the front of the pack on his way to winning the Chet Brojek Cross Country Invitational.

stretch of the run down the Avon Park Chet Brojek track to be the overall winner for the boys with a blistering time of 16:17.

For the girls, Avon Park's Emily Vargas finished first overall with a time of 19:01, over two minutes faster than teammate Amy Schlosser, who finished second at 21:22.

In all, Avon Park had five girls finish in the top 10 with Amanda Catania finishing sixth at 24:15. Miranda Bustos and Leawna Egan finished eighth and 10th respectively with times of 24:37 and 25:08.

With those results, the Avon Park girls finished first as a team with 27 points. Hardee finished second with 47.

The Lake Placid girls



JIM TAYLOR/CORRESPONDENT

Lake Placid's Francesca Chillemi.



RUN | 2B Avon Park's Amy Schlosser.

Miami, FSU ready for battle

By TIM REYNOLDS
ASSOCIATED PRESS

MIAMI GARDEN — There have been bigger games in the Miami-



TAGGART

Florida State rivalry. Games that have thwarted undefeated seasons. Games that have cost a team the national championship. Games that elevate someone to the No. 1 spot in the rankings.

None of that applies this time.

Yet to the Hurricanes and Seminoles, it's still enormous.

No. 17 Miami (4-1, 1-0 Atlantic Coast Conference) plays host to Florida State (3-2, 1-2) today, a chance for the Hurricanes to retain bragging rights over their archrival and a chance for the Seminoles to erase more of the stench that followed an awful start. And even without a trophy at stake, players know exactly what this



WILFREDO LEE/ASSOCIATED PRESS PHOTO

Miami quarterback N'Kosi Perry calls a play during the first half of the team's NCAA college football game against North Carolina ON Thursday, Sept. 27. Perry completed eight of 12 passes for 125 yards with one touchdown and one interception in his debut as the Miami starter.

matchup means.

"It defines your season," Miami linebacker Michael Pinckney said. "You can do a lot of great things — but you know, a lot of people are going to ask you what you did in this game."

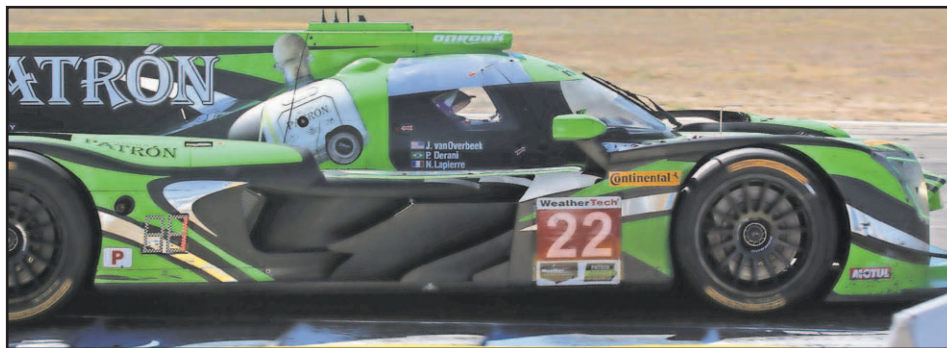
And those people will remember, too.

Missed kicks. Big rallies. Bigger hits. And just last year, a final-second catch for victory by the Hurricanes' Darrell Langham. If something

goes down in a Miami-FSU matchup, it becomes unforgettable.

"It is one of our biggest games of the year," said Florida State cornerback Stanfords III, whose father was responsible for one of those Miami-FSU hits back in 2003 that remains off-replayed. "One of the biggest games in college football history with the rivalry. It is a game that

FSU | 8B



ALLEN MOODY/STAFF

The No. 22 Tequila Patrón ESM Prototype races at Sebring.

ESM tabs Bernhard, Giovinazzi for Petit

By Special to Highlands
News-Sun

Tequila Patrón ESM has secured Timo Bernhard and Antonio Giovinazzi for the 21st Annual Motul Petit Le Mans, Oct. 10-13. The pair of drivers has stepped in to replace Olivier Pla and Nico Lapierre following a schedule change and date conflict between the IMSA WeatherTech Championship finale event and the World Endurance Championship's Six Hours of Fuji.

Bernhard and Giovinazzi will



ALLEN MOODY/STAFF

Tequila Patrón ESM driver Ryan Dalziel climbs into the car during driver change practice.

close out the 2018 IMSA WeatherTech Championship with

full season drivers Scott

ESM | 8B

THIS WEEK IN THE



POWERED BY *The Tuscaloosa News*

WEEKLY E-EDITION: For more coverage of college football around the nation – plus in-depth reports from all of the Power Five conferences – check out the 8-page e-edition, Varsity, every Saturday on our website.

STANDINGS Through Sept. 30

EAST TEAM	CONF W-L	ALL W-L	PF	PA	HOME	AWAY	WEST TEAM	CONF W-L	ALL W-L	PF	PA	HOME	AWAY
Georgia	3-0	5-0	216	65	3-0	2-0	Alabama	2-0	5-0	271	65	4-0	1-0
Kentucky	3-0	5-0	161	63	4-0	1-0	LSU	2-0	5-0	169	75	4-0	1-0
Florida	2-1	4-1	177	70	2-1	2-0	Auburn	1-1	4-1	163	63	4-1	0-0
Missouri	0-1	3-1	160	107	2-1	1-0	Ole Miss	0-2	3-2	184	192	2-1	1-1
Vanderbilt	0-1	3-2	138	103	3-1	0-1	Texas A&M	1-1	3-2	180	107	3-1	0-1
South Carolina	1-2	2-2	113	94	1-1	1-1	Mississippi State	0-2	3-2	163	66	2-1	1-1
Tennessee	0-2	2-3	130	128	2-2	0-1	Arkansas	0-2	1-4	119	156	1-1	0-3

GAME OF THE WEEK NO. 5 LSU (5-0, 2-0) AT NO. 22 FLORIDA (4-1, 2-1)

When: 3:30 p.m. EDT Saturday **Where:** Ben Hill Griffin Stadium, Gainesville, Fla. **TV:** CBS



LSU wide receiver Justin Jefferson scores a touchdown Saturday in Baton Rouge, La. [SCOTT CLAUSE/THE DAILY ADVERTISER VIA AP]

INTO THE SWAMP

TIGERS FLYING HIGH, BUT VISIT TO FLORIDA FRAUGHT WITH DANGER

KEYS FOR LSU

Possess the ball: The Tigers rank third in the SEC in time of possession, holding the ball for 32 minutes on average. Florida is 12th in the league in the same category. LSU needs to create long drives to grind down the Gators.

Stop the run: Florida's passing game has been erratic at bests, and the Gators rank 11th in the conference in team rushing at less than 175 yards per game. LSU needs to stop the UF running game cold and make the

Gators one-dimensional.

KEYS FOR FLORIDA

Win the turnover battle: Florida has thrived on creating turnovers, leading the league in turnover margin at plus-9. LSU is right behind at plus-7. Whoever wins the turnover battle might very well win the game.

Sack Joe Burrow: LSU's quarterback hasn't thrown an interception and he hasn't faced a lot of defensive pressure. Florida has produced 15 sacks this season, while

LSU has allowed just eight. The Gators need to dial up the pressure and force Burrow to make quick decisions.

PREDICTION

LSU 24, Florida 17: Dan Mullen seems to have Florida going in the right direction, and the Kentucky loss doesn't look so bad in hindsight. LSU, however, is on a roll and looks like a team that can still contend in the tough SEC West. The Tigers are just too much for UF.

BEST OF THE REST This weekend's other top conference games (all times EDT)

NO. 13 KENTUCKY (5-0, 3-0) AT TEXAS A&M (3-2, 1-1)
When: 7 p.m. Saturday
Where: College Station
TV: ESPN
 Kentucky is off to a hot start and has shown that it's, for now, the second-best team in the East behind Georgia. A pair of confidence-boosting victories over Mississippi State and South Carolina, and a win in the Swamp over Florida early in the season have the Wildcats flying high. Can they escape the 12th Man?

NO. 8 AUBURN (4-1, 1-1) AT MISSISSIPPI STATE (3-2, 0-2)
When: 7:30 p.m. Saturday
Where: Starkville, Miss.
TV: ESPN2
 Since piling up the points in its first three games of the season, Mississippi State's offense has nearly disappeared. After averaging 50 points per game in three early wins, the Bulldogs put up just 13 total points in losses to Kentucky and Florida. Things aren't looking better with Auburn, which allows just 12.6 points per game, coming to town.

VANDERBILT (3-2, 0-1) AT NO. 2 GEORGIA (5-0, 3-0)
When: 7:30 p.m. Saturday
Where: Athens, Ga.
TV: SEC Network
 Georgia remains at No. 2 in the polls this week, but many believe that the Bulldogs aren't playing to their peak just yet. A homecoming matchup with Vanderbilt might be the last "breather" Georgia will have for awhile. The Bulldogs' next four come against No. 5 LSU, No. 22 Florida, No. 13 Kentucky and No. 8 Auburn.

BY THE NUMBERS SEC individual statistical leaders through Sept. 30

PASSING YARDS	PASSING TOUCHDOWNS	RUSHING YARDS	RECEIVING YARDS	SCORING
Player	Player	Player	Player	Player
Jordan Ta'amu, MISS 1,537	Tua Tagovailoa, ALA 14	Benny Snell Jr., UK 639	Kalija Lipscomb, VAN 480	Cole Tracy, PK, LSU 49
Drew Lock, MIZ 1,283	Feleipe Franks, FLA 12	T. Williams, TA&M 582	A.J. Brown, MISS 453	R. Blankenship, PK, UGA 48
Kyle Shurmur, VAN 1,231	Drew Lock, MIZ 11	Scottie Phillips, MISS 563	Emanuel Hall, MIZ 430	Benny Snell Jr., RB, UK 48
Kellen Mond, TA&M 1,221	Jordan Ta'amu, MISS 10	Nick Brossette, LSU 481	Jerry Jeudy, ALA 423	Luke Logan, PK, MISS 44
Tua Tagovailoa, ALA 1,161	Several tied at ... 9	Elijah Holyfield, UGA 368	D.K. Metcalf, MISS 405	Several tied at ... 42

POWER RANKINGS Breaking down the SEC

- 1. Alabama (5-0):** Alabama gives a new meaning to "option football" – every player on offense has the option to score on any play. Except linemen. Maybe.
Last week: 1
- 2. Georgia (5-0):** The SEC championship could be the de facto national championship game.
Last week: 2
- 3. LSU (5-0):** Quarterback Joe Burrow is more popular in Louisiana right now than boudin and beer combined.
Last week: 3
- 4. Auburn (4-1):** Tigers are winning but offensive inconsistency has caused what one Auburn message board poster calls a case of "Gustration."
Last week: 4
- 5. Kentucky (5-0):** Can the Wildcat Miracle keep going at Texas A&M? With Benny Snell Jr. rolling, why not?
Last week: 7
- 6. Florida (4-1):** Dan Mullen still breaking Mississippi State hearts, just in a different sweatshirt.
Last week: 8
- 7. Texas A&M (3-2):** This weekend, Kentucky travels to A&M for the first time ever. Rule No. 1 for the 'Kats: don't even try to figure out the cheers.
Last week: 6
- 8. Mississippi State (3-2):** The Bulldogs might have dropped more if someone had stepped up from below. Auburn may be a chance at redemption.
Last week: 5
- 9. Missouri (3-1):** Mizzou and South Carolina swapped spots this week but they play on Saturday so we will know who deserves ninth place FOR SURE.
Last week: 10
- 10. South Carolina (2-2):** About as disappointing as the Ryder Cup team last weekend and did not get a free trip to Paris, either.
Last week: 9
- 11. Ole Miss (3-2):** Will put up big numbers against Louisiana-Monroe. But ULM might put up big numbers, too.
Last week: 11
- 12. Vanderbilt (3-2):** Narrowly averted a loss to Tennessee State, which would have meant they weren't even neighborhood champions.
Last week: 12
- 13. Tennessee (2-3):** An off-week for the Volunteers, who would be glad to take three or four more off-weeks if they could.
Last week: 13
- 14. Arkansas (1-4):** The Razorbacks played Texas A&M to the wire, giving Nick Saban just enough to get his team's attention.
Last week: 14

PLAYER TO WATCH

Kalija Lipscomb, WR, Vanderbilt: Hauled in nine catches for 174 yards and two touchdowns in a 31-27 win over Tennessee State.



ROUNDING IT OUT This weekend's other games

SATURDAY	Matchup	TV
Noon	Missouri at South Carolina	SEC Network
Noon	#1 Alabama at Arkansas	ESPN
4 p.m.	UL Monroe at Ole Miss	SEC Network



Maine liberals vow to fight Collins over Kavanaugh

By **PATRICK WHITTLE**
ASSOCIATED PRESS

PORTLAND, Maine — Maine Sen. Susan Collins said Friday she'll vote yes on Brett Kavanaugh's Supreme Court nomination, putting him on track for approval and dealing a blow to opponents who have flooded her office with last-minute phone calls urging her to reject him.

Collins, a moderate Republican who holds a key swing vote, said she trusts Kavanaugh to cast his own political preferences aside as a Supreme Court justice in a lengthy speech on the Senate floor.

Liberal Maine groups vowed to give Collins a hard fight at the polls in 2020 after crowd-funding nearly \$2 million that will be used for her future Democratic opponent.

"There are culture shifts

in our country that she is deeply out of step with," said Marie Follayttar, co-director of Mainers for Accountable Leadership. "We are coming after her seat."

After watching last week's testimony, Collins said she believes Kavanaugh accuser Christine Blasey Ford is a "survivor of a sexual assault." But the lack of corroborating evidence in Ford's story made it so she had to maintain Kavanaugh's "presumption of innocence," Collins said.

Kavanaugh faces multiple allegations of sexual assault and misconduct. He has denied allegations of sexual assault by Ford, describing them in testimony before the Senate Judiciary Committee last week as part of a political smear campaign.

Collins also voiced skepticism of liberals' criticism of Kavanaugh, saying they believe

he was "selected to do the bidding of conservative ideologues, despite his record of judicial independence."

The state's Republican Gov. Paul LePage and state Republican Party praised Collins's decision. Maine Republican Party Chair Dr. Demi Kouzounas said she made the decision while facing "immense and aggressive pressure" and she "did not crack."

A flag bearing "#MeToo" flew atop a building around the corner from Collins' office.

News about Kavanaugh's nomination has been nearly inescapable in the state. Maine's other senator, independent Angus King, reiterated Thursday he's voting against Kavanaugh. A report from the Brennan Center for Justice at New York University said Maine is the top state in the nation for television ad spending



AP PHOTO

A demonstrator holds up a sign at the entrance of U.S. Sen. Susan Collins, R-Maine, office Friday, in Portland, Maine.

COLLINS | 8



AP PHOTO

This March 2017 photo provided by Johns Hopkins University shows therapy dog Winnie at the university's hospital in Baltimore, Maryland.

Therapy dogs can spread superbugs to kids, hospital finds

By **MIKE STOBBE**
AP MEDICAL WRITER

NEW YORK — Therapy dogs can bring more than joy and comfort to hospitalized kids. They can also bring stubborn germs.

Doctors at Johns Hopkins Hospital in Baltimore were suspicious that the dogs might pose an infection

risk to patients with weakened immune systems. So they conducted some tests when Pippi, Poppy, Badger and Winnie visited 45 children getting cancer treatment.

They discovered that kids who spent more time with the dogs had a 6 times greater chance of coming away with superbug

bacteria than kids who spent less time with the animals. But the study also found that washing the dogs before visits and using special wipes while they're in the hospital took away the risk of spreading that bacteria.

The results of the unpublished study were released Friday at a scientific

meeting in San Francisco.

One U.S. health official said the findings add to the growing understanding that while interactions with pets and therapy animals can be beneficial, they can also carry risk.

"Whether covered in fur, feathers or scales, animals

THERAPY | 8

Pompeo goes to North Korea under pressure to show progress

By **MATTHEW LEE** and **MATTHEW PENNINGTON**
ASSOCIATED PRESS

WASHINGTON — Secretary of State Mike Pompeo headed off to North Korea on Friday under pressure to produce tangible progress at persuading the country to get rid of its nuclear weapons as President Donald Trump seeks a second summit with leader Kim Jong Un.

Pompeo departed Washington for a packed, three-day tour of East Asia that will take him to Japan, North Korea and then South Korea. He's also due to visit China, which will bring its own set of challenges, as relations with Beijing slide over trade tensions and accusations of election interference.

But it's in Pyongyang on Sunday where Pompeo could face his toughest diplomatic test. There's been little visible progress since Trump and Kim made a vague agreement at their historic June summit in Singapore on "denuclearization," with the two sides deadlocked over seemingly inflexible demands about how to achieve it.

Pompeo's task has been made harder by mixed messaging from within the administration over a timeline for the North to abandon its nukes and Trump's hyperbole about what's he's achieved in his own talks with Kim. At a political rally last weekend, the president rhapsodized — perhaps a little tongue in cheek — about how the North Korean leader had sent him "beautiful letters" and "We fell in love."

Pompeo, who was snubbed by Kim on his last visit to Pyongyang in July, is expected to

POMPEO | 8

Nobel Peace laureates demand end to sexual violence in war

By **JIM HEINTZ**, **CARLEY PETESCH** and **MARK LEWIS**
ASSOCIATED PRESS

OSLO, Norway — Raped after being forced into sexual slavery by the Islamic State group, Nadia Murad did not succumb to shame or despair — the young Iraqi woman spoke out. Surgeon Denis Mukwege treated countless victims of sexual violence in war-torn Congo and told the world of their suffering. Together, they were awarded the Nobel Peace Prize on Friday for their campaigns to end rape and sexual abuse as weapons of war.

The award "is partly to highlight the awareness of sexual violence. But the further purpose of this is that nations take responsibility and that communities take responsibility and that the international community take responsibility," said Berit Reiss-Andersen, chairwoman of the committee, which bestowed the \$1.01-million prize.

"Dear survivors from all over the world, I would like to tell you that, through this Nobel Prize, the world is listening to you and refusing indifference," Mukwege, 63, told a news conference outside the hospital he founded in Bukavu in eastern Congo, where he has treated tens of thousands of victims — among them "women, teenage girls, small girls, babies," he said Friday.

"The world refuses to remain idle with arms crossed facing your suffering. We hope that the world will not put off acting with force and determination in your favor because the survival of humanity depends on you," Mukwege said.

Murad, 25, was one of an estimated 3,000 girls and women from Iraq's Yazidi minority group who were kidnapped in 2014 by IS militants and sold into sexual slavery. She was raped, beaten and tortured



AP PHOTO

This combo of file photos shows Doctor Denis Mukwege, from the Democratic Republic of Congo, left, on Nov. 26, 2014, and Yazidi woman from Iraq, Nadia Murad, on Dec. 13, 2016, as they both address the European parliament in Strasbourg, France.

PEACE | 8

STOCKS LISTING CHANGE - REQUESTS WELCOME! Mutual funds listings will run on Saturdays.

our readers don't want. If you do not see your stock in the paper, please let us know and we will put it in the listings. Email the name of the company and the symbol to nlane@sun-herald.com, or call 941-206-1138. You can leave the stock name and symbol on voice mail. If you reach voice mail, please leave your contact information so your call can be returned.

Money&Markets Extra

Dow industrials -0.04% (wkly) ▲ 4-wk. 2.05% ▲ YTD 6.99%

Nasdaq -3.21% (wkly) ▼ 4-wk. -1.44% ▲ YTD 12.82%

S&P 500 -0.97% (wkly) ▲ 4-wk. 0.48% ▲ YTD 7.93%

S&P mid-cap -2.55% (wkly) ▼ 4-wk. -2.92% ▲ YTD 3.55%

Russell 2000 -3.80% (wkly) ▼ 4-wk. -4.73% ▲ YTD 6.29%

Combined Stocks

From the New York Stock Exchange and the Nasdaq.

Table with columns: 52-week HI, Low, Name, Div, PE, Last, Wk chg, YTD %chg. Includes sub-sections A-B-C, D-E-F, G-H-I, J-K-L, M-N-O, P-Q-R, S-T-U, V-W-X-Y-Z.

Table with columns: 52-week HI, Low, Name, Div, PE, Last, Wk chg, YTD %chg. Includes sub-sections A-B-C, D-E-F, G-H-I, J-K-L, M-N-O, P-Q-R, S-T-U, V-W-X-Y-Z.

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Stock Footnotes: Stock Footnotes: cld - Issuing has been called for redemption by company. d - New 52-week low. e - Company formerly listed on the American Exchange. f - Emerging Company Marketplace. g - Dividends and earnings in Canadian dollars. h - Does not meet continued listing standards. i - Late filing with SEC. j - Stock was a new issue in the last year. The 52-week high and low figures date only from the beginning of trading. p - Preferred stock. pr - Preferences. pu - Holder owns installments of purchase price. r - Right to buy security at a specified price. rs - Stock has undergone a reverse stock split of less than 50% within the past year. s - Stock has split by the 20 percent within the last year. w - Trades will be settled when the stock is issued. wd - When distributed. wt - Warrant, allowing a purchase of a stock. u - New 52-week high. un - Unit, including more than one security. vj - Company in bankruptcy or receivership, or being reorganized under the bankruptcy law. Appears in front of the name. Stocks in bold are worth at least \$5 and changed 5 percent or more in price. Underline: listing for 50 most actively traded stocks of the day.

HOROSCOPE

ARIES (March 21-April 19). In school, we study for the tests to get the grade. Real-life relationships aren't forged in tests. We make the grade through routine pleasant interactions.
TAURUS (April 20-May 20). Games, awards or some kind of competition is featured. If you win, be gracious and brief. If you lose, the same applies. Either way, you're likely to win a friend, acquaintance or at the very least, a new contact.
GEMINI (May 21-June 21). Most people will go wide; you should go deep. Do the best you can do at the thing you do the best and you'll be sprinting past the rest, making a name for yourself, carving out your unique niche.
CANCER (June 22-July 22). You'll be making things and presenting things. Perfection isn't the point. Take a step back. What matters about this? What will people's take away likely be? Speak to that. Any attempts at perfection are misguided.
LEO (July 23-Aug. 22). It's not about going slow, it's about creating a sustainable

rhythm you can carry out time and time again, a steady march that will get you across the regions to where you want to be.
VIRGO (Aug. 23-Sept. 22). It's not always as easy as it seems to figure out what you really want and need because it's different for every person. To see yourself and your needs more accurately is the start to attracting more desirable circumstances.
LIBRA (Sept. 23-Oct. 23). You have charisma to spare. The challenge is in directing it well and handling the attention that comes with it. Which is the most appealing choice. Which is the kindest?
SCORPIO (Oct. 24-Nov. 21). What you're making isn't for everyone, so don't concern yourself with what everyone thinks about it. Cater your efforts specifically to the people for whom they will matter.
SAGITTARIUS (Nov. 22-Dec. 21). The way to happiness will be very simple. Find what matters to you and get deeper into it. Learn it well, do it often, take your understanding and appreciation of it to the highest level you can.
CAPRICORN (Dec. 22-Jan. 19). Love doesn't always feel like love because it

takes on so many forms. Some of the forms, for instance, the more truthful ones, can sting a little but you'll still find them very worthwhile.
AQUARIUS (Jan. 20-Feb. 18). Informal gatherings will be part of the fun. The conversation will be interesting, the food delicious. Plus, it will be satisfying to know that you can charm people just by being you.
PISCES (Feb. 19-March 20). Let someone take care of you. You don't have to be needy to do this, of course. People take care of one another in many different ways. Accepting a little help or tenderness is as good for the relationship as giving it is.
TODAY'S BIRTHDAY (Oct. 6). You will claim a fulfilling sense of community in the months to come, involving yourself in scenes that fit nicely with your worldview, interests and with what you have to contribute. Other highlights include a renovation of your domestic digs, a project that gets funded and being a major part of a loved one's advancement. Leo and Aries adore you. Your lucky numbers are: 9, 33, 31, 2 and 17.

Saturday, October 6, 2018

GOREN BRIDGE

WITH BOB JONES
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WEEKLY BRIDGE QUIZ

Q 1 - Neither vulnerable, as South, you hold:

♠ 2♥ J 7 5♦ A K 9 3♣ 10 9 7 6 3

NORTH EAST SOUTH WEST
1♦ 1♥ 2♦ 2♥
Pass Pass ? 2♥
What call would you make?

Q 2 - North-South vulnerable, as South, you hold:

♠ Q 10 5 4♥ Q 10 7♦ K Q 2♣ A 8 2

SOUTH WEST NORTH EAST
1♣ Pass 1♦ Pass
?
What call would you make?

Q 3 - East-West vulnerable, as South, you hold:

♠ A 5♥ K 9♦ K Q 8 6♣ K Q 8 3 2

As dealer, what call would you make?

Q 4 - Both vulnerable, as South, you hold:

♠ 9 3♥ A J 9 8♦ A J 2♣ A 8 7 3

NORTH EAST SOUTH WEST
1♦ 1♠ Db1* Pass
2♦ Pass ?
*Negative
What call would you make?

Q 5 - North-South vulnerable, as South, you hold:

♠ 7 3♥ J 3 2♦ A 7♣ K Q 10 9 8 2

NORTH EAST SOUTH WEST
1♣ Pass 2♣* Pass
2♥ Pass ?
*Forcing for one round, at least invitational values
What call would you make?

Q 6 - East-West vulnerable, as South, you hold:

♠ J 5 3 2♥ A Q 7♦ K 8 5 4 3♣ Q

Right-hand opponent opens 1C. What call would you make?

Look for answers on Monday.
(Bob Jones welcomes readers' e-mails: tcaeditors@tribpub.com)

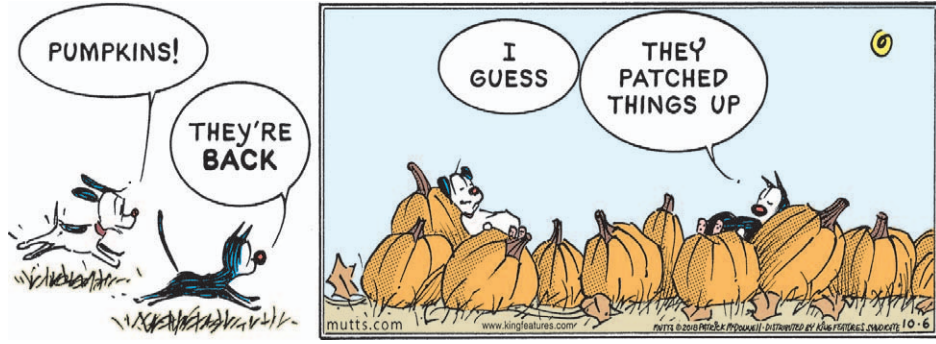
BORN LOSER By Art and Chip Sansom



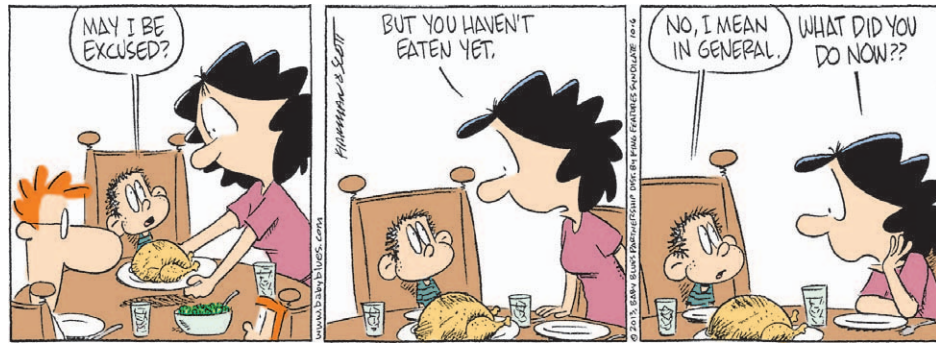
BLONDIE By Dean Young and John Marshall



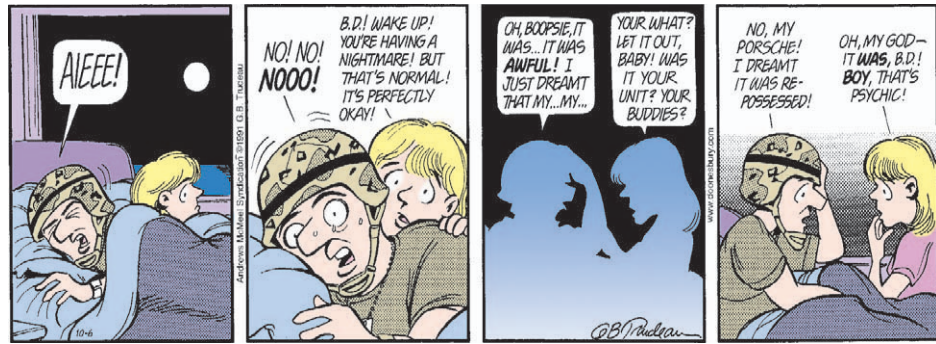
MUTTS By Patrick McDonnell



BABY BLUES By Rick Kirkman and Jerry Scott



DOONSBURY By Garry Trudeau



JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

Sudoku grid with numbers and empty cells. Rating: GOLD. Solution to 10/5/18.

Completed Sudoku solution grid.

WORDY GURDY

BY TRICKY RICKY KANE

- 1. Candle material E-help info (1)
2. First-aid box's drill parts (1)
3. Catch the sound of an ole (1)
4. Goat-man see-er romantically (2)
5. Latter-day Saint crew chief (2)
6. Huskier at a time before now (3)
7. Features just-past-sunset times (2)

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

ANSWERS
1. WAX FLAYS 2. KITS BITS 3. HEAR CHEER 4. SATYR DATER 5. MORMON FOREMAN 6. BURLIER EARLIER 7. HIGHLIGHTS TWILIGHTS

TODAY'S CROSSWORD PUZZLE

- ACROSS
1 Pie ingredient
6 Kites and blocks
10 Male gypsies
14 Apprehension
15 Tin foil
16 Livy's "it was"
17 Cruise port
18 Land measure
19 Auto parts store
20 Gold Medal org.
21 In a monetary manner
24 Cornering
26 Bearded flowers
27 Carson City loc.
28 Written reminders
30 Helps in wrongdoing
33 Unrestricted workplace (2 wds.)
37 Carry on
38 Ghostly noise
40 Ambiance
41 Famed French cathedral
43 Scoff at
44 Lull
45 Solstice mo.
46 In short supply
49 Plywood layers
53 Oddities
56 Miss Piggy's word
57 Mr. Redding of the blues
DOWN
1 Come clean
2 Monastery title
3 Nobel Prize category
4 On the —
5 Uplifts
6 Nasal tone
7 Porpoise relative
8 Wild tale
9 Lab sample
10 Michelangelo's time
11 Grad-school exams
12 Vermont syrup
13 Spends the night
22 Packing slip
23 Implacable
25 Ventures
28 Huge-antlered deer
29 It banned DDT
30 Electric bridge
31 Phoogy!

PREVIOUS PUZZLE SOLVED
JEFF MAGIC RODE
AXEL ELENA UNIV
BEAU SILKS LUKE
CROSSES CRISES
REIN CAAN
MALICE PEDIGREE
OMEN RUINED ALS
DIMES BET SODAS
EGO TOOTSY RITE
MANTARAY INDIES
HILT LEON
VICUNA SELVAGE
EDAM NOMAD NOSH
GORP DOUSE CATO
ALES OPTED ETAT
32 "— Luna" (Allende book)
34 Tint
35 Prospector's find
36 Standard
38 Horrible
39 Home tel.
42 Tortilla snack
43 Feeling
45 "Gidget" actress
46 Flat-bottomed vessels
47 — pie
48 Hop out of bed
49 Wall climbers
50 Qatar rulers
51 Swelter
52 Meat-locker units
54 Casually
55 Shower liner
60 Comic — Costello

Crossword puzzle grid with numbers 1-66 indicating starting points for words.

Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com

FOR BETTER OR FOR WORSE By Lynn Johnston



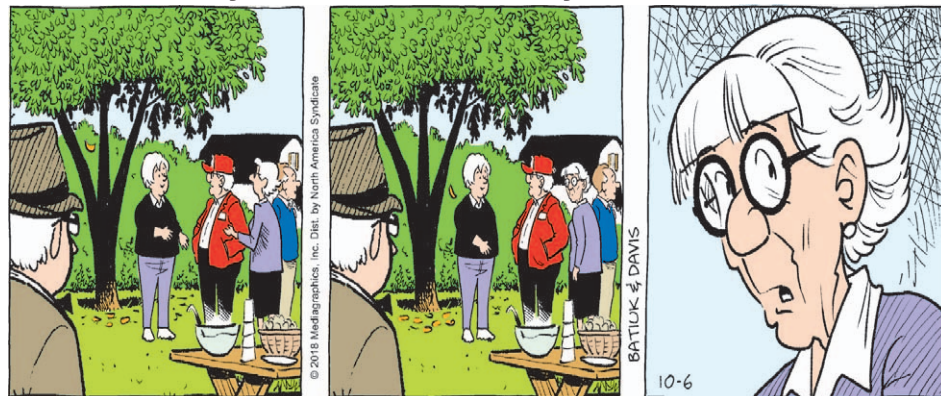
PEANUTS By Charles Schulz



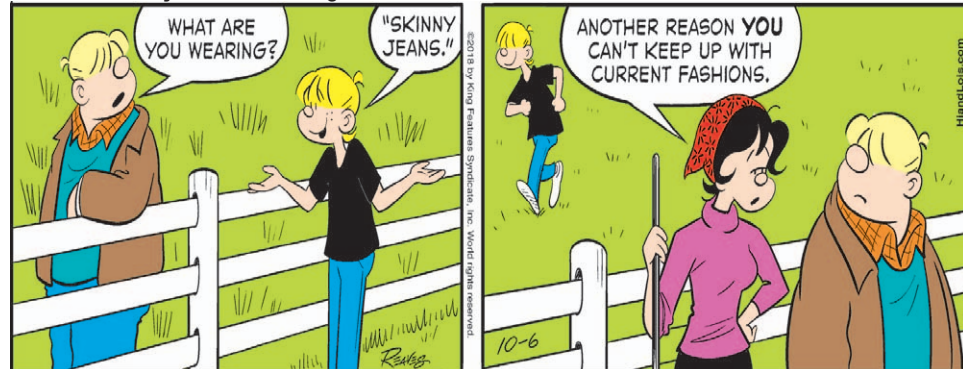
MALLARD FILLMORE By Bruce Tinsley



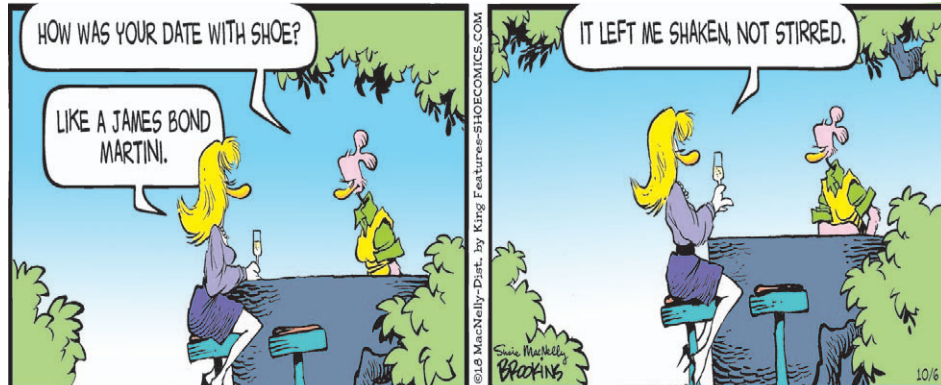
CRANKSHAFT By Tom Batiuk & Chuck Ayers



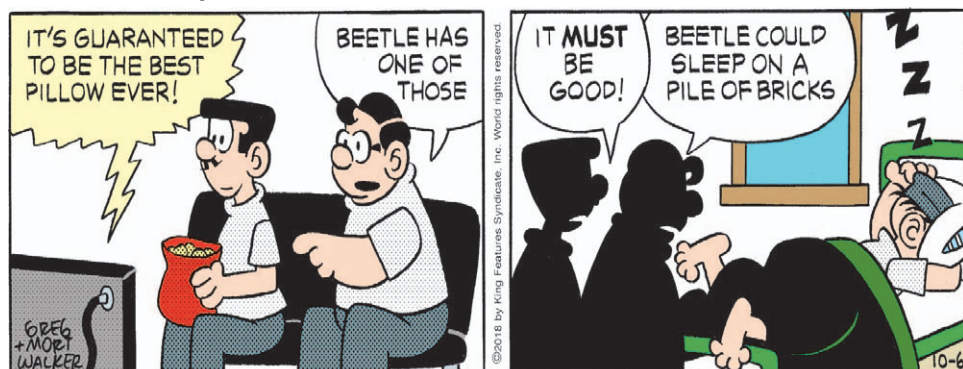
HI AND LOIS By Brian and Greg Walker



SHOE By Gary Brookins & Susie MacNelly



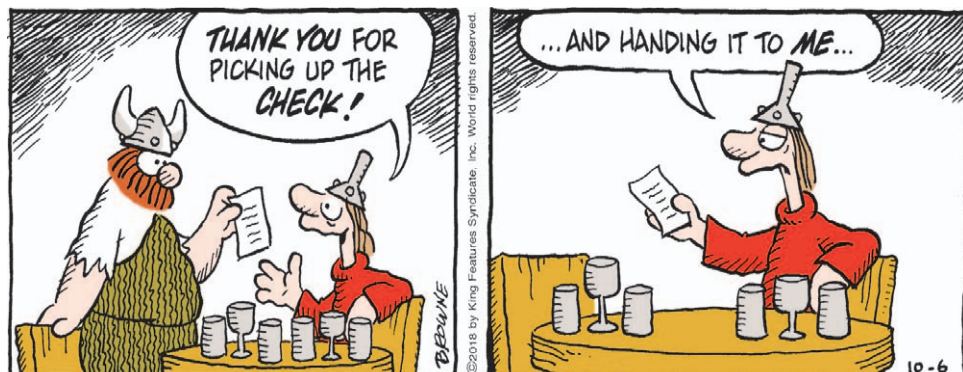
BEEBLE BAILEY By Mort Walker



REX MORGAN By Terry Beatty



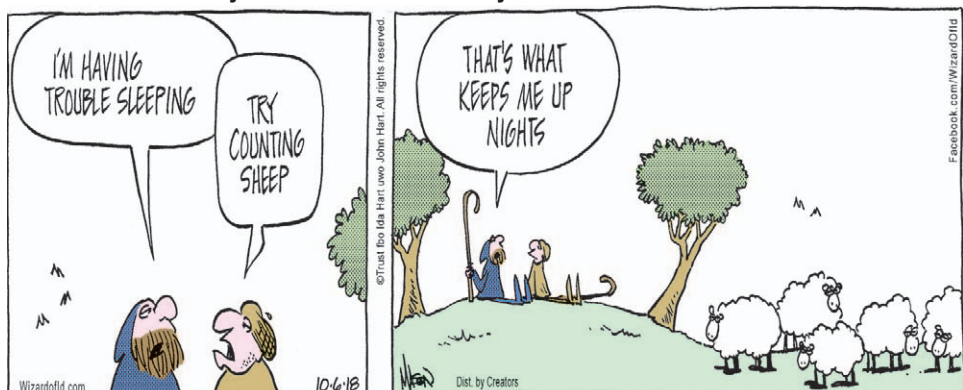
HAGAR THE HORRIBLE By Chris Browne



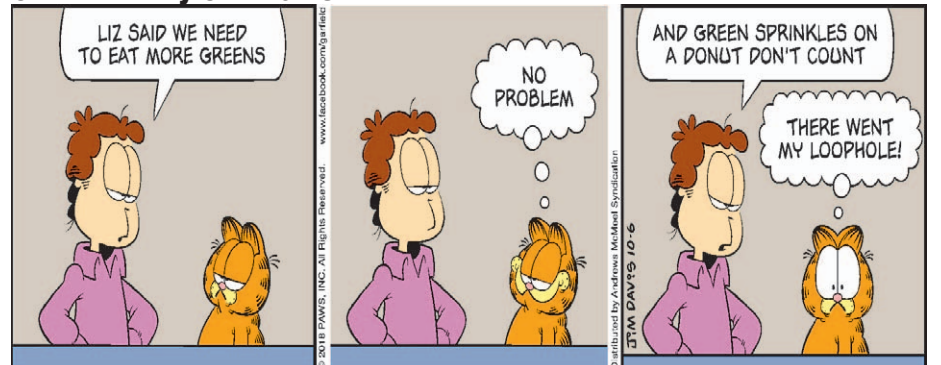
ZITS By Jerry Scott & Jim Borgman



THE WIZARD OF ID By Brant Parker and Johnny Hart



GARFIELD By Jim Davis



MOTHER GOOSE AND GRIMM By Mike Peters



NON SEQUITUR By Wiley



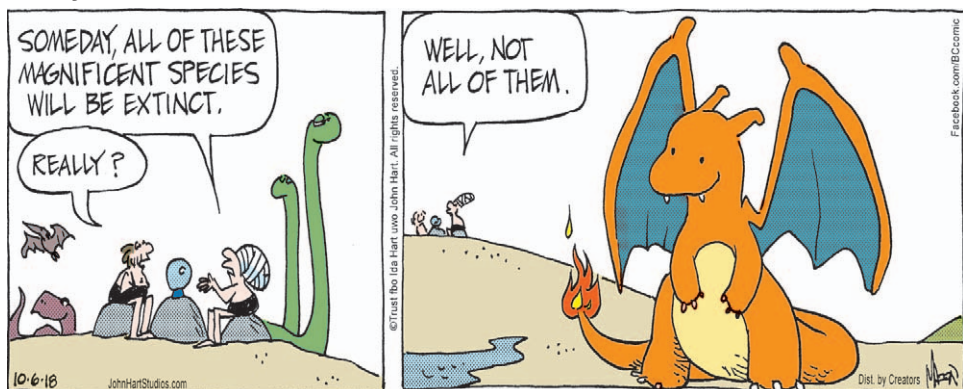
PICKLES By Brian Crane



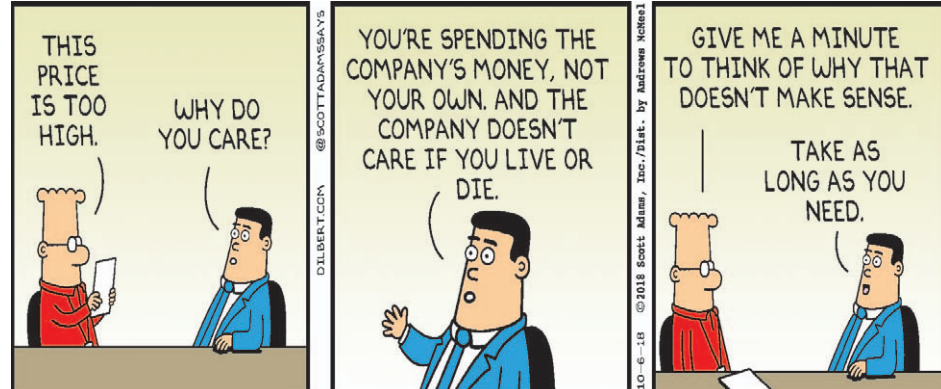
MARY WORTH By Karen Moy and June Brigman



B.C. By Mastroianni & Hart



DILBERT By Scott Adams





Astros pound Indians in game 1

A year after launching a World Series-record 15 homers in winning their first championship, the Astros picked up right where they left off, hitting four home runs to power past the Cleveland Indians.

— See page 4

■ PREP FOOTBALL: North Port 17, Bayshore 6

Bobcat defense repels Bayshore's comeback attempt

By **JACOB HOAG**
STAFF WRITER

BRADENTON — With the offense held at bay on the road for most of the second half Friday night, the North Port High School defense had to do the same to the Bayshore offense.

With the Bobcats holding a 17-6 lead with 2:44 left in the game, Bayshore quarterback Corey Vanborstel dropped back on 4th-and-8, with eyes

on his receiver running a slant at the sticks.

As the pass met the Bruin receiver's hands, North Port safety Bradley Augustin made contact and jarred the ball loose for the crucial stop.

On the next Bayshore possession following a failed fake punt attempt by the Bobcats, the defense came through again as Bobcat defensive back Joey Anderson sealed the game with his second interception of the game.

"We just never gave up," Anderson said. "We've had a rough time coming out in the second half of games without any energy, but that didn't stop us today. Everyone hustled. It just shows that we can come out in the second half and finish games. No one can sleep on us now."

The 17-6 win did plenty of things for the Bobcats.

Not only did it get them to 3-3 as they strive for their first .500 season

in school history, it also proved they could close out a game after letting the lead slip in two of their previous three games.

North Port held halftime leads against Sarasota and DeSoto before inevitably falling. The Bobcats did everything they could to reverse that trend Friday.

"Our defense was on the field a long time," Hatler said. "They bent, but didn't break. We

felt pretty comfortable because it was a two possession game still toward the end. We were making them work to get points. It was a hard-fought game."

North Port, who came in as a bit of an underdog to the 3-2 Bruins, jumped out to a 17-point lead by halftime.

Quarterback Steffan Johnson capped the Bobcats' opening drive, with a 1-yard touchdown run, set up by his 15-yard

run two plays prior. John Victor Oliveira added to that lead with a 33-yard field goal with 6:56 left in the second quarter.

Bruising tailback Jalien Whye paced the Bobcat offense yet again with 104 rushing yards on 24 carries — his third 100-yard game of the year.

Whye scored on a short run up the gut with 2:35 left in the first half to give the Bobcats

BOBCAT | 3

■ PREP FOOTBALL: Lemon Bay 26, Estero 3



PHOTO BY TIM KERN

On the first offensive play of the game for the Lemon Bay Manta Rays quarterback Trevor Hedges launches a deep pass for a touchdown to DeVante Roberson against Estero on Friday.

Manta Rays pick up first victory over Estero

By **CHUCK BALLARO**
SUN CORRESPONDENT

ENGLEWOOD — Keegan Marinola rushed for 142 yards, ran for a touchdown and threw for another as the Lemon Bay High School football team earned its first win of the season Friday over Estero 26-3 in a non-district contest.

After allowing an early field goal, the Manta Ray defense smothered the Wildcats, allowing -11 yards on the ground and getting three first-half turnovers.

"Winning feels exactly what I thought it would. I'm elated for the young men who worked so hard, been in close games and tonight

MANTA RAYS | 3



PHOTO BY TIM KERN

Derrick Dagg (45) and Anthony Amo (21) sack the Estero quarterback and force the fumble in which Amo recovered for his Manta Rays.

■ PREP FOOTBALL: Venice 58, Champagnat Catholic 6

Venice celebrates homecoming with 52-point win

By **VINNIE PORTELL**
SPORTS EDITOR

Homecoming night for the Venice football team began with Indians alum and Super Bowl champion Trey Burton escorting the captains out for the opening coin toss to the roaring approval of the home crowd.

The good feelings wouldn't stop there for Venice (5-1), as the Indians had no trouble dominating the Lions, 58-6, at Powell-Davis Stadium on Friday night.

"It's awesome that Trey takes time out of his

schedule to come back here and give back to our community," Venice coach John Peacock said.

"That's what makes him special. That's why the kid was special when he was here, and it's why he's special now. There's a million other things he could've been doing, but to come back here on Friday night just to be here is unbelievable."

Following the coin toss, it took just one drive for Venice to take control of the game.

After receiving the opening kick, the Indians marched down the field

with four rushes for 50 yards from Brandon Gregory and 3-of-3 passing by quarterback Hayden Wolff.

Gregory finished the drive with a 14-yard rushing touchdown, and Venice was off to the races.

The Indians kept the offense churning throughout the first half, scoring five more times on two passes from Wolff, a run from Wolff and two runs by backup quarterback Nico DallaCosta.

The first downs and touchdowns kept piling up

VENICE | 3



PHOTO BY JUSTIN FENNEL

Hayden Wolff is cheered by the student section after running in a touchdown.

■ PREP FOOTBALL: DeSoto County 16, Lake Placid 8

Bulldogs get disappointing victory

By **STEVE KNAPP**
SUN CORRESPONDENT

The DeSoto County Bulldogs slid out of Lake Placid with a 16 to 8 win last night in a game that resembled a kickoff classic more than a game in the middle of the season.

There were turnovers and numerous penalties for too many men on the field, delay-of-game, and personal fouls and unsportsmanlike conduct assessed to both teams.

It was the kind of game where the suspense kept building, but nothing big happened. It was the type of game that felt like it would end on some unusual play.

The Bulldogs struck first on an 18-yard kick return for a touchdown by Kawassmi Wilson. It was a short punt into the wind and as everyone was scattering away from the ball, it took a bad hop and bounced right into Wilson's hands.

"The coach was yelling for everyone to get out of the way, and the ball just bounced up and landed right in my arms, so I just took it and did what I had to do," said Wilson.

The all-purpose athlete rumbled in 18 yards to give the Bulldogs a 7-0 lead early in the second quarter.

The Green Dragons came back with a touchdown with just over two minutes left in the first half on a 4th and 23-yard pass. The ball looked more like a punt as it sailed end-over-end down to the 10-yard line. With the receiver and defensive back both going for the ball at the same time, with the receiver winning the battle, ripping the ball out of the defensive back's hands, and taking it in for a touchdown. A slant pass for two points gave the Green Dragons an 8-7 lead.

It was the first touchdown that the Bulldogs defense had given up in three games. With just under three minutes to go in the third quarter, and still leading 8-7, the Green Dragons went back to punt.

The punt was mishandled and as the

BULLDOGS | 3

■ **MLB: Houston 7, Cleveland 2**

Springer, Astros hit 4 HRs, down Indians in ALDS opener

By KRISTIE RIEKEN
AP SPORTS WRITER

HOUSTON — It's October and George Springer, Jose Altuve and Alex Bregman are all hitting home runs once again, helping the Houston Astros to a postseason win.

A year after launching a World Series-record 15 homers in winning their first championship, the Astros picked up right where they left off, hitting four home runs to power past the Cleveland Indians 7-2 Friday in Game 1 of the AL Division Series.

Martin Maldonado also connected for the Astros, who didn't waste any time displaying the same power that carried them to last year's title.

Much was made about the pitching prowess these teams possess in the days leading up to this game. But it was a bunch of longballs to put the Astros ahead in this best-of-five series.

"As much as I've heard different opinions about our offense, it's pretty long, it's pretty good, it's pretty potent," manager AJ Hinch said. "Case in point today."

Houston's pop backed up a solid start by Justin Verlander, who bested Corey Kluber in a matchup of Cy Young Award-winning aces in the first postseason meeting between these teams.

Verlander took a no-hitter into the sixth inning and got his 12th playoff win. He allowed



Houston Astros' Alex Bregman hits a solo home run against the Cleveland Indians' Corey Kluber during the fourth inning in Game 1 of the American League Division Series.

AP PHOTO

two hits and two runs in 5 1/3 innings — the Indians finished with only three hits, all singles.

Kluber, a two-time Cy Young winner who was coming off his first 20-win season, was tagged for three home runs in 4 2/3 innings. It was a repeat performance from last October's ALDS, when he made two starts against the Yankees and left with a 12.79 ERA.

Game 2 is Saturday in Houston. Gerrit Cole starts

for the Astros against Carlos Carrasco.

The Astros hit 27 homers last postseason — Springer hit five in the World Series and set a record by connecting in four straight games on his way to winning the MVP award.

Bregman, coming off a breakout year, got Houston's first hit with his drive to the Crawford Boxes in left field to start a two-run fourth inning. "The only thing I can

say about him is without him we wouldn't be here," Altuve said.

The 103-win Astros were still up 2-0 when Springer led off the fifth with a full-count homer to left. That made him just the third player in major league history to homer in five straight postseason games.

"I'm happy that I was able to help us win in all of those games and be a sparkplug," Springer said. Two pitches later

Altuve, last year's AL MVP, connected for his eighth career postseason homer when he also sent one to left field. He began last year's playoffs with three home runs in the ALDS opener against Boston.

Kluber watched stone-faced as Altuve headed for first and shook his head slightly as he rounded the bases and the crowd roared with scattered chants of "MVP."

Kluber followed up his splendid regular season

with another playoff dud. A year after giving up four homers in two starts against the Yankees, the longball again proved to be a problem for him. He left with two outs in the fifth inning after allowing six hits and four runs while walking three.

"Last year has nothing to do with today," Cleveland manager Terry Francona said. "They're a good team. He made a couple mistakes. They made him pay for it."

Verlander was masterful through the first five innings, with Cleveland's only baserunner in that span coming on a walk to Jose Ramirez with two outs in the first. The Houston right-hander set down 13 in a row after that, fanning seven, including striking out the side in the third.

Yan Gomes broke up the no-hitter with his single to shallow right field to start the sixth and Francisco Lindor singled with one out in the inning. When Verlander walked Michael Brantley to load the bases after that, Hinch had seen enough and replaced him with Ryan Pressly.

The Indians cut the lead to 4-1 on a wild pitch by Pressly, who came to Houston in a July trade, and got within two when Lindor scored on a groundout by Ramirez.

Maldonado, making his playoff debut, connected off Cody Allen for a two-out homer in the seventh. Bregman made it 6-2 with an RBI single later in the inning.

■ **MLB: Milwaukee 4, Colorado 0**

Chacin, Brewers blank Rockies, take 2-0 lead

By JAY COHEN
AP SPORTS WRITER

MILWAUKEE — It turns out there is way more to the Milwaukee Brewers than just Christian Yelich.

The rest of this Brew Crew can play, too. Especially those guys in that loaded bullpen.

Jhoulys Chacin pitched five sparkling innings before turning over things to the relievers, Mike Moustakas contributed two more big hits and the Brewers blanked the Colorado Rockies 4-0 Friday to take a 2-0 lead in their NL Division Series.

While the sweet-swinging Yelich had a quiet day by his lofty standards, the NL Central champions showed off their supporting cast on the way to their 10th straight win going back to an impressive finish to the regular season.

Erik Kratz had two hits and two RBIs, Hernan Perez hit two ground-rule doubles and Milwaukee's bullpen closed the door after Chacin delivered in his playoff debut.

Game 3 is Sunday at Coors Field. Another win, and Milwaukee is into the NL Championship Series for the first time since its previous postseason appearance in 2011.

Nolan Arenado had two of Colorado's six hits — just two more than the franchise playoff low set in Thursday's 3-2, 10-inning loss in Game 1. The wild-card Rockies have scored six times in their last four games, and their potent lineup is showing signs of frustration.

Chris Iannetta snapped his bat in half over his right leg after he struck out with a runner on third, no one out and Colorado down 1-0 in the seventh. Arenado threw down his bat and



Milwaukee Brewers starting pitcher Jhoulys Chacin reacts after Colorado Rockies' Trevor Story strikes out during the first inning of Game 2 of the National League Divisional Series.

AP PHOTO

helmet after he struck out swinging in the fifth. Carlos Gonzalez leaned over with his hands on his knees after he lined out in the eighth.

The Rockies had just one hit through eight innings in the series opener before rallying for two runs in the ninth against Jeremy Jeffress.

But the All-Star right-hander was back to his normal self in Game 2, working around a single in the eighth and ninth for his first save in his third career playoff game.

Backed by a sellout crowd of 44,547 waving yellow towels and standing for every big moment, Chacin set up

Milwaukee's bullpen by escaping a pair of early jams. The veteran right-hander, who helped pitch the Brewers past the Chicago Cubs in the division tiebreaker Monday at Wrigley Field, allowed three hits and walked three.

Tyler Anderson matched Chacin zero for zero before Moustakas and Perez hit consecutive one-out doubles in the fourth. The Brewers had a chance for more, but Perez was caught off third in a baserunning blunder and Kratz flied out to end the inning.

Moustakas, who got the game-ending hit in the series opener, came up with the bases loaded in

the eighth and singled in Yelich to give Milwaukee a 2-0 lead. Kratz tacked on a two-run single with two out.

The 30-year-old Moustakas helped Kansas City win the World Series in 2015 and was acquired by Milwaukee in a trade in late July. Back in the playoffs for the first time since that run with the Royals, the veteran third baseman is working on another memorable October.

Yelich went 0 for 2 and walked twice. After almost winning the Triple Crown, he homered, singled, walked twice and scored two runs Thursday in his first postseason game.

■ **MLB: Oakland Athletics**

Bob Melvin extension among A's offseason priorities

By MICHAEL WAGAMAN
ASSOCIATED PRESS

OAKLAND, Calif. — The Oakland Athletics plan to discuss a contract extension with manager Bob Melvin this offseason as well as possible new deals with home run leader Khris Davis and All-Star second baseman Jed Lowrie.

Two days after the A's lost to the New York Yankees in a wild-card game, team officials began mapping out the framework for 2019 with hopes of capitalizing on the team's first playoff appearance in four years.

Signing Melvin, Oakland's manager since 2011, to an extension is high on the list of things to do. He's currently signed through the 2019 season.

"Bob's one of the best in the game and he's perfect for us," said Executive Vice President Billy Beane, who appeared before reporters Friday along with Melvin and general manager David Forst. "The idea is that he's here for a long time and the rest of his career. Our feeling is that Bob's the right guy for this club and should be going forward. (That's) another question that we hope to have answered in the offseason."

The A's playoff appearance was the fourth in eight seasons under Melvin. Oakland's 97-65 record was also the best mark of Melvin's managerial career.

The 56-year-old skipper said he still hasn't gotten over the wild-card loss to the Yankees but is optimistic about Oakland's prospects for next season. "As impressive as some of these younger players

were, we feel like they can even get better so I'm excited about where we're going from here," Melvin said. "I expect us to have results again next year. Obviously, we're going to have to add some pieces and make some decisions on some free agents but I'm really excited about where this team's going."

Davis isn't scheduled to be a free agent until after the 2019 season but the A's are hopeful of getting the slugger inked to a long-term deal before then.

Davis led the majors with 48 home runs this year, his third consecutive season with 40-plus homers.

"We've had some preliminary conversations about keeping him around longer (than 2019)," Beane said. "That'll be part of the conversations that David, myself and Bob and the rest of the staff have."

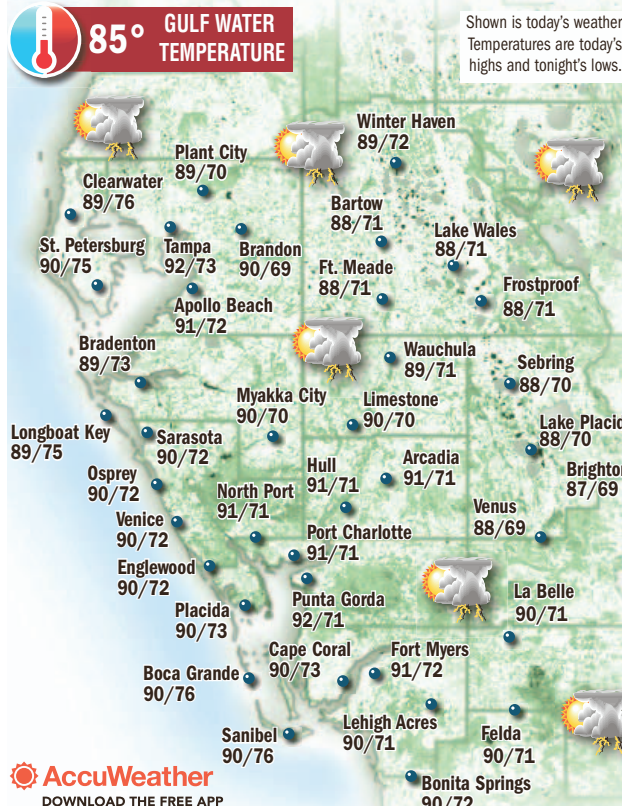
Lowrie's situation is more uncertain despite his first All-Star appearance.

The veteran infielder hit .267 with a career-high 23 home runs and 99 RBIs and was a key influence inside Oakland's mostly young clubhouse.

But Lowrie turns 35 next April and the A's may be tempted to go with Franklin Barreto, their young prospect who hit five home runs with 16 RBIs in 73 at-bats.

"I'm happy with the year that I had and I feel like I'm going to go into the offseason and hopefully be in a good position," Lowrie said, adding he's open to returning to the A's. "Free agency can be funny so you just go into it with an open mind. We'll talk with my agent and we'll be prepared for situations that arise."

Weather forecast table for Today/Tonight, Sunday, Monday, Tuesday, Wednesday, and Thursday. Includes icons for weather conditions, high/low temperatures, and chance of rain.



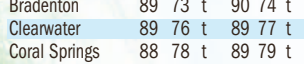
FLORIDA CITIES: Table with columns for City, Today (Hi, Lo, W), and Sun. (Hi, Lo, W).

TIDES: Table with columns for High and Low tide times for Punta Gorda, Englewood, Boca Grande, El Jobean, and Venice.

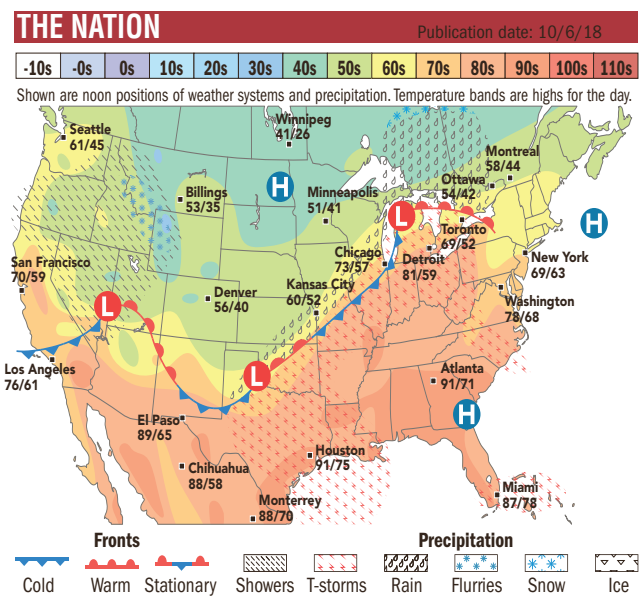
MARINE: Table with columns for Wind, Speed, Seas, Bay/Inland direction, and chop.

SUN AND MOON: Table with columns for The Sun (Rise, Set) and The Moon (Rise, Set) for Today and Sunday.

CONDITIONS TODAY: UV Index and RealFeel Temperature Today.



AIR QUALITY INDEX: Air Quality Index readings as of Friday.



U.S. EXTREMES: Table showing high and low temperatures for the 48 contiguous states yesterday.

WORLD CITIES: Table with columns for City, Today (Hi, Lo, W), and Sun. (Hi, Lo, W).

PORT CHARLOTTE

Weather forecast for Port Charlotte, including temperatures, precipitation, and monthly rainfall.

VENICE

Weather forecast for Venice, including temperatures, precipitation, and monthly rainfall.

CONDICIONS TODAY

Weather forecast for various Florida cities including Venice, Sebring, and Airport.

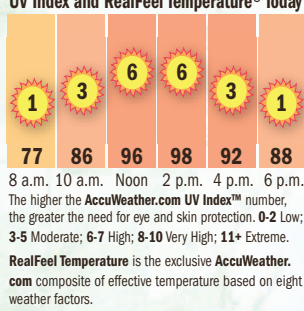
MONTHLY RAINFALL

Table showing monthly rainfall for 2018 and 2017, along with historical records.

SEBRING

Weather forecast for Sebring, including temperatures, precipitation, and monthly rainfall.

POLLEN INDEX



AIR QUALITY INDEX

Air Quality Index readings as of Friday, including a color-coded scale from 0-50 to 500.

U.S. EXTREMES

Table showing high and low temperatures for the 48 contiguous states yesterday.

WORLD CITIES

Table with columns for City, Today (Hi, Lo, W), and Sun. (Hi, Lo, W) for various international cities.

NASCAR: Dover

Place your bets: Dover set to roll the dice on NASCAR bets

By DAN GELSTON AP SPORTS WRITER

DOVER, Del. — Place your bets at Dover and let it ride: The track is ready to roll the dice on NASCAR betting.

Sunday is the main attraction, and fans can bet on the race winner, the first two stage winners, and a slew of prop bets that range from number of drivers to lead a lap to the average race speed.

start in offering full-scale sports wagering. At Dover Downs and Dover International Speedway, single-game and championship wagering on professional baseball, football, hockey, basketball, soccer, golf and auto racing are now offered, with betting lines supplied by William Hill.

really like to gamble and want to get into a new form of it, maybe they'll come out and give it a shot. I don't think it's a bad thing. It's a cool little deal that they're allowing in that state.

wagered on all sports so far in the state. "We don't anticipate a huge movement from a revenue standpoint for the gaming company," McGlynn said.

without a gambling policy. Signs are posted in baseball clubhouses and most sports locker rooms warning of the severe consequences of betting on sports.

Advertisement for Heron Creek Golf & Country Club, featuring a golf course image and promotional text.

Advertisement for North Port Sun Readers' Choice 2017, featuring a golfer image and award information.

Market profile

NYSE 12991.95 -50.35
Advanced 917 Volume (000s) 2,898
Declined 1,917 New Highs 21
Unchanged 64 New Lows 371

NYSE American 2709.99 -15.57
Advanced 92 Volume (000s) 305
Declined 193 New Highs 1
Unchanged 20 New Lows 33

Nasdaq 7788.45 -91.06
Advanced 869 Volume (000s) 3,045
Declined 2,019 New Highs 25
Unchanged 157 New Lows 186

WEEKLY CHANGE
Advanced 706 Volume (000s) 2,943
Declined 2,209 New Highs 148
Unchanged 28 New Lows 579

WEEKLY CHANGE
Advanced 105 Volume (000s) 319
Declined 209 New Highs 12
Unchanged 5 New Lows 46

WEEKLY CHANGE
Advanced 758 Volume (000s) 3,117
Declined 2,274 New Highs 172
Unchanged 85 New Lows 342

FRIDAY MOST ACTIVE
Name Vol Last Chg
GenElec 150,992,900 13.18 +5.2

FRIDAY MOST ACTIVE
Name Vol Last Chg
IndiaGCap 29,832,000 4.05 -2.36

FRIDAY MOST ACTIVE
Name Vol Last Chg
AMD 87,533,000 27.35 -4.3

WEEK'S BIGGEST GAINERS
Name Close Chg
CentEBR B 5.83 +29.6

WEEK'S BIGGEST GAINERS
Name Close Chg
PlanetGm 2.20 +147.4

WEEK'S BIGGEST GAINERS
Name Close Chg
vIvThera n 3.35 +335.1

WEEK'S BIGGEST LOSERS
Name Close Chg
Telaria n 2.45 -35.4

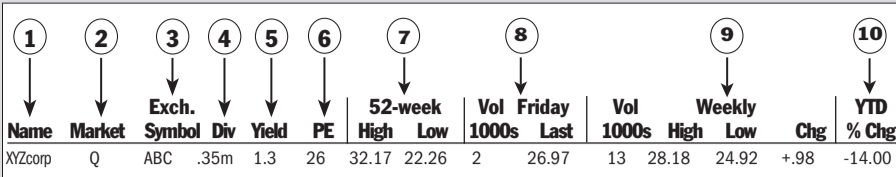
WEEK'S BIGGEST LOSERS
Name Close Chg
IndiaGCap 4.05 -37.2

WEEK'S BIGGEST LOSERS
Name Close Chg
Akorn Inc 5.96 -54.1

NYSE, NYSE American and Nasdaq Exchanges

Table with columns: Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stocks like AAPL, AMZN, GOOGL, etc.

How to read the weekend stock tables



1 - Name of stock. 2 - Market: N = NYSE, A - NYSE American, Q = NASDAQ. 3 - Ticker Symbol company trades under. 4 - Dividend: A distribution of the company's earnings to shareholders...

STOCK GLOSSARY - cc: PE greater than 99. d: New 52-week low; ddt: Loss in last 12 mos. g: Stock trades in U.S. money but dividend and earnings in Canadian money...

Table with columns: Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stocks like AERJET, AERVI, AETERN, etc.

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stocks such as AMZN, AAPL, MSFT, etc.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stocks such as ARRY, ARRS, ARW, etc.

- B -

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stocks such as BAC, BGS, BIL, etc.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Exch., Name, Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Contains a large list of stock tickers and their performance metrics.

Table with columns: Exch., Name, Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Contains a large list of stock tickers and their performance metrics.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD. Lists various stocks including ConatusPh, ConcerPh, ConchoRes, ConcoMed, etc.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD. Lists various stocks including DavidSgn, DavSelfn, DavSelEq, etc.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Lists various stocks and their performance metrics.

- E -

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Continues the list of stocks from the previous table.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Continues the list of stocks from the previous table.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg. Includes various stock listings such as ExtraSpc, ExtronNet, ExxomMbl, etc.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg. Includes various stock listings such as FT SSIcv, FT DWf5, FT HeltG, etc.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table of stock market data including columns for Exch., Name, Market Symbol, Div, Yield, PE, High, Low, Vol, Friday Last, Vol, Weekly High, Low, Chg, and YTD % Chg.

Table of stock market data including columns for Exch., Name, Market Symbol, Div, Yield, PE, High, Low, Vol, Friday Last, Vol, Weekly High, Low, Chg, and YTD % Chg.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Lists various stocks and their performance metrics.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Lists various stocks and their performance metrics.

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table listing stock market data for NYSE, NYSE American, and Nasdaq exchanges. Columns include Exch., Name, Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, and YTD % Chg.

Table listing stock market data for NYSE, NYSE American, and Nasdaq exchanges. Columns include Exch., Name, Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, and YTD % Chg.

- J -

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

- K -

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

- L -

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

- M -

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Main table with columns: Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Includes sub-sections like NYSE, NYSE American, and Nasdaq.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Exch., Name, Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stock tickers and their performance metrics.

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stock tickers and their performance metrics.

P-Q

Table with columns: Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg. Lists various stock tickers and their performance metrics.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table listing NYSE, NYSE American and Nasdaq Exchanges with columns for Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, and YTD % Chg.

Table listing various financial instruments with columns for Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, and YTD % Chg.

Continued on next page

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table with columns: Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Includes various stock listings such as SPDR funds, technology stocks, and energy stocks.

Table with columns: Name, Exch., Market, Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, % Chg, YTD % Chg. Continues stock listings from the previous table, including sectors like healthcare, consumer goods, and industrial.

NYSE, NYSE American and Nasdaq Exchanges

Continued from previous page

Table of NYSE, NYSE American and Nasdaq Exchanges. Columns include Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

Table of NYSE, NYSE American and Nasdaq Exchanges (continued). Columns include Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

X-Y-Z

Table of NYSE, NYSE American and Nasdaq Exchanges (continued). Columns include Name, Exch., Market Symbol, Div, Yield, PE, 52-week High/Low, Vol 1000s, Friday Last, Vol 1000s, Weekly High/Low, Chg, YTD % Chg.

Nasdaq Small cap

Table of Nasdaq Small cap. Columns include Name, Ticker, Friday Last, Chg, Name, Ticker, Friday Last, Chg, Name, Ticker, Friday Last, Chg, Name, Ticker, Friday Last, Chg, Name, Ticker, Friday Last, Chg.

Nasdaq small cap

Table of Nasdaq small cap stocks with columns for Name, Ticker, Last, Chg, and Friday Last Chg. Includes sub-sections for -N-, -M-, -P-Q, -R-, -S-, and -X-Y-Z.

Money Markets

Large table of Money Markets with columns for Fund, Assets, Avg Mat, Avg Yld, Comp Yld, and Friday Assets Avg Mat Avg Yld Comp Yld. Includes sub-sections for Money Funds and FidPA.

Top 20 Mutual Funds

Table with columns for fund name, objective, NAV, YTD return, and phone number. It is divided into three sections: 'By Year-to-Date Percent Return*', 'By Total Net Assets*', and 'By 4-Week Percent Return*'. Each section contains a list of 20 funds with their respective performance metrics.

Mutual Funds

Main table of mutual funds listing various categories such as American Independent, Angel Oak, Aquila, Arbitrage, Ariel, Aristotle, Artist, Ashtmore, Auxier, Ave Maria, BBO, BMO, BNY Mellon, Broadview, Brookfield Investmen, Brown Advisory, C&G Capital Markets, Calamos, Cambiar, and ClearBridge. Each fund entry includes the fund name, objective, NAV, YTD return, and phone number.

Mutual Funds

Continued from previous page

Table of mutual fund performance data with columns for Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk, and Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk.

Continued on next page

Mutual Funds

Continued from previous page

Table with multiple columns: Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk, Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk, Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk. Lists various mutual funds and their performance metrics.

Continued on next page

Mutual Funds

Table of mutual fund performance data, organized into columns for 'Continued from previous page' and 'Mutual Funds'. Each column contains a list of funds with their names, objective, NAV, percentage change, and other performance metrics. The data is divided into three main sections: the first two columns (Obj, NAV, etc.) and the last three columns (Obj, NAV, etc.).

Mutual Funds

Continued from previous page

Table of mutual fund data including columns for Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rrk, and various fund names like CoreBondZ, GIBRLEstA, GIBRLEstZ, etc.

Table of mutual fund data including columns for Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rrk, and various fund names like Pacific Capital TrfSecy, Pacific Funds OptmzAgrsGrC, etc.

Table of mutual fund data including columns for Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rrk, and various fund names like HighYieldA, HighYieldM, InCea m, etc.

Table of mutual fund data including columns for Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rrk, and various fund names like LPHRtRetPrem, MNBd, SP500dlns, etc.

Continued on next page

Mutual Funds

Continued from previous page

Table with multiple columns: Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk, Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk, Name, Obj, NAV, Wk Chg, 4-wk Rtn, YTD Rtn, 3-yr Rtn/Rk. Includes sections like Undiscovered Manager, Value Line, VanEck, Vanguard, Tocqueville, and various fund categories.

Charlotte • DeSoto • Englewood • North Port • Venice • Highlands

WEEK OF OCTOBER 7 - 13, 2018

TV
times

BOOTS ON THE GROUND

Born into a multigenerational law enforcement family, Special Agent Maggie Bell (Missy Peregrin) commits deeply to the people she works with as well as those she protects as part of the "FBI," a new CBS procedural airing Tuesday at 9 p.m.



Photo: ©/iStockphoto.com

Chart a course to relief from joint pain. Start at our free seminar.



We're making joint replacement easier. Today's techniques include minimally invasive surgery designed to mean a shorter hospital stay and faster recovery than traditional surgery. Some patients return home in only two days! Our Joint and Spine Center features all private rooms plus a team of nurses, pain management specialists and physical therapists focused on your care and active recovery.

Find out more at our free joint pain seminar.
Wednesday, October 10 • Noon-1 p.m.

Bayfront Health Punta Gorda
Medical Office Plaza, 4th Floor Conference Room
713 E. Marion Ave., Punta Gorda

Led by Mark Davis, M.D., Orthopedic Surgeon

Register today at BayfrontCharlotte.com/Relief.



809 E. Marion Avenue, Punta Gorda

Patient results may vary. Consult your physician about the benefits and risks of any surgical procedure or treatment.

On the Cover

Dick Wolf Embraces His Dream Procedural

BY DAN RICE

Prolific television producer Dick Wolf has certainly had a hand in molding the genre of modern procedural dramas. As the creator and executive producer for the "Law & Order" and "Chicago" franchises, as well as a number of stand-alone series, Wolf has engaged viewers with tense stories of police officers, firefighters, medical workers and courtroom professionals, each with their relatable personal lives in the mix. Already filling a big percentage of NBC's primetime schedule, Wolf has stationed his latest project, "FBI," on CBS, where it airs Tuesday at 8 p.m.

The series follows Special Agents Maggie Bell (Missy Peregrym) and Omar Adom "OA" Zidan (Zeeko Zaki) as they tenaciously investigate cases of national import, including terrorism, organized crime and counterintelligence. They are assisted by Assistant Special Agent in Charge Jubal Valentine (Jeremy Sisto) and brilliant analyst Kristen Chazal (Ebonée Noel), while all are under the guidance of Special Agent in Charge Dana Mosier (Sela Ward).

"The opportunity to do this show has sort of fulfilled a dream for me," reveals Wolf. "My uncle was an FBI agent in the '50s and '60s, and I grew up not only really sort of idolizing my uncle, but having a very, very warm feeling about all the agents I met back there. He was an SAC in Nassau and Suffolk County. And it was a great role model to have growing up. These people are assiduously nonpolitical. If you go back over the years, you can't find many episodes of any show that I've done that is politically oriented because, no matter what you're doing, if you do that, 50 percent of the audience is [angered] from the first frame. That's just life.

"And there are many, many stories that involve the Bureau that people don't realize how heavily they're involved. And that's the show we want to do. One of the things is the scope of what the FBI does. And the writers all know that if it's a show that could be done on 'Law & Order' or 'SVU' or 'NYPD Blue,' we're not doing it here.

These are cases that police departments can't handle. And needless to say, these guys are a terrific representation of the troops on the ground in New York. People are going to get a very realistic view of how that office operates and the stresses. It's a zerotolerance FBI office. I mean, it's a good day when nothing happens. And an enormous amount of their time is spent in preventive measures."



After working two years undercover for the DEA, West Point graduate Omar Adom "OA" Zidan (Zeeko Zaki) was cherry-picked for service with the "FBI," a new CBS procedural airing Tuesday at 9 p.m.

While she had no idea at the time, this lead role for Peregrym came about as a result of an episode she did last year on Wolf's "Law & Order: Special Victims Unit." "It was an amazing experience for me to do that," she says, "because of working with Mariska (Hargitay) and seeing how she ran that show. And because of that, I guess, is why this was a conversation in the first place."

"This is a little bit unfair, but Missy basically sealed the deal when she did 'SVU,'" Wolf adds. "There is a scene in

that episode one-on-one with Mariska, which is one of the best scenes in the 20 years of 'SVU.' And if you can take on Mariska one on one for a three-and-a-half-minute scene, pretty good."

"So, I came to Los Angeles to just have a couple days off. I thought pilot season was over. I was like, 'Great. No pressure anymore.' And, all of a sudden, I get a call about this, and they're like, 'They really want to know how you feel about it.' And I was like, 'Uh, OK. I'll read it.' Of course, I read it and it's a great pilot. And, really, it just came down to the fact that even though I was scared to say yes, it was so clear you just

Zeeko is the fact that he's Egyptian. He's a Muslim. He speaks fluent Arabic. And that character has not been on in a series before. And, again, I think he is representative of the type of people that are the boots on the ground in the FBI."

"When I auditioned for it, you know, you have Hoover's FBI sort of in your head," Zaki relates. "Then I met these guys, and they're the most diverse, outgoing, interesting group of people. And it clicked why we need to tell their story. So, very happy and excited to start to change that narrative with the Bureau and with Arab Americans inside of the Bureau, inside of this country."

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guide to symbols

★★★★ = Exceptional ★★★ = Good
★★ = Fair ★ = Poor

Symbols & codes:

'R' = Repeat; 'N' - new; (HD) = High Definition; DVS = Descriptive Video Service; ITV = Interactive Television; T = Taped.

Parental Guidelines for TV:

You may see rating codes on your TV screen. Here what they mean: 'Y' - appropriate for all Children. 'Y7' - appropriate for 7 and older. 'G' - general audience. 'PG' - parental guidance suggested. '14' - 14 and older. 'M' - 17 and older.

Along with the rating codes mentioned above, you may see additional abbreviations. Here's what they mean: 'AC' - adult content. 'AH' - adult humor. 'AL' - adult language. 'AS' - adult situations. 'BN' - brief nudity. 'GL' - graphic language. 'GV' - graphic violence. 'MT' - mature themes. 'MV' - mild violence. 'SC' - sexual content. 'SSC' - strong sexual content. 'V' - violence.

Motion picture guidelines:

Movies that appear on movie channels may have a theatrical rating. Here's what they mean: 'G' - general audiences. 'PG' - parental guidance suggested; some material may not be suitable for children. 'PG-13' - special parental guidance strongly suggested for children under 13. 'R' - restricted; under 17 requires accompanying parent or guardian. 'NC-17' - not recommended for persons under 17.

contact information

Programming Questions?
1-800-Comcast or www.Comcast.com

Why is TV Schedule Different from this book? TV networks sometimes change schedules after this weekly book is printed. More accurate TV schedules are in our daily Sun Newspaper and our websites: www.venicegondolier.com or www.sun-herald.com.

SPORTS

AUTO RACING

NASCAR

Sunday

2:00 p.m. NBCSN Monster Energy NASCAR Cup Series Delaware 400 (Live)

Saturday

12:30 p.m. FOX NASCAR Camping World Truck Series Pre Race NASCAR Camping World Truck Series Pre Race (Live)

1:00 p.m. FOX NASCAR Camping World Truck Series Talladega (Live)

BASEBALL

MLB

Monday

5:00 p.m. TBS 2018 MLB Playoffs American League Division Series, Game 3 (Live)

8:30 p.m. TBS 2018 MLB Playoffs American League Division Series, Game 3 (Live)

Tuesday

8:00 p.m. TBS 2018 MLB Playoffs 2018 MLB Playoffs (Live)

Thursday

8:00 p.m. TBS 2018 MLB Playoffs 2018 MLB Playoffs (Live)

Saturday

4:00 p.m. FOX 2018 MLB Playoffs National League Championship Series, Game 2 (Live)

8:00 p.m. TBS 2018 MLB Playoffs American League Championship Series, Game 1 (Live)

BASKETBALL

NBA

Wednesday

7:00 p.m. FSN Memphis Grizzlies at Orlando Magic (Live)

8:00 p.m. ESPN Indiana Pacers at Chicago Bulls (Live)

10:30 p.m. ESPN Golden State Warriors vs Los Angeles Lakers (Live)

Friday

10:30 p.m. ESPN2 Los Angeles Lakers vs Golden State Warriors (Live)

FOOTBALL

College

Tuesday

8:00 p.m. ESPN2 Appalachian State Mountaineers at Arkansas State Red Wolves (Live)

Thursday

7:30 p.m. ESPN Texas Tech Red Raiders at TCU Horned Frogs (Live)

Friday

7:00 p.m. ESPN South Florida Bulls at Tulsa Golden Hurricane (Live)

10:00 p.m. ESPN Arizona Wildcats at Utah Utes (Live)

Saturday

Noon ESPN College Football Teams TBA (Live)

Noon ESPN2 College Football Teams TBA (Live)

Noon ABC College Football Teams TBA (Live)

12:30 p.m. FSN College Football Teams TBA (Live)

12:30 p.m. CW College Football Teams TBA (Live)

12:30 p.m. CW College Football Teams TBA (Live)

2:30 p.m. NBC Pittsburgh Panthers at Notre Dame Fighting Irish (Live)

3:30 p.m. CBS College Football Teams TBA (Live)

3:30 p.m. ABC College Football Teams TBA (Live)

3:30 p.m. ESPN2 College Football Teams TBA (Live)

3:30 p.m. ESPN College Football Teams TBA (Live)

7:00 p.m. ESPN College Football Teams TBA (Live)

7:00 p.m. ESPN2 College Football Teams TBA (Live)

7:37 p.m. ABC College Football Teams TBA (Live)

10:30 p.m. ESPN2 College Football Teams TBA (Live)

NFL

Sunday

1:00 p.m. CBS NFL Football Regional Coverage - Teams TBA (Live)

1:00 p.m. FOX New York Giants at Carolina Panthers (Live)



Terence Crawford, the WBO welterweight champion, will be fighting in his hometown of Omaha, Nebraska, when he battles Jose Benavidez Jr. on "Top Rank Boxing," airing Saturday at 10:30 p.m. on ESPN.

4:25 p.m. FOX Minnesota Vikings at Philadelphia Eagles (Live)

8:20 p.m. NBC Dallas Cowboys at Houston Texans (Live)

Monday
8:15 p.m. ESPN Washington Redskins at New Orleans Saints (Live)

8:15 p.m. ESPN2 In Spanish Washington Redskins at New Orleans Saints (Live)

Thursday
8:00 p.m. FOX Philadelphia Eagles at New York Giants (Live)

GOLF

Champions Tour

Friday

3:00 p.m. GOLF PGA Tour Champions Golf SAS Championship: First Round (Live)

Saturday

3:00 p.m. GOLF PGA Tour Champions Golf SAS Championship: Second Round (Live)

European Golf Tour

Sunday

7:30 a.m. GOLF European Tour Golf Alfred Dunhill Links Championship: Final Round (Live)

Thursday

4:30 a.m. GOLF European Tour Golf British Masters: First Round (Live)

Friday

4:30 a.m. GOLF European Tour Golf British Masters: Second Round (Live)

Saturday

7:00 a.m. GOLF European Tour Golf British Masters: Third Round (Live)

PGA

Sunday

5:30 p.m. GOLF PGA Tour Golf Safeway Open: Final Round (Live)

Wednesday

10:30 p.m. GOLF PGA Tour Golf CIMB Classic: First Round (Live)

Thursday

10:30 p.m. GOLF PGA Tour Golf CIMB Classic: Second Round (Live)

Friday

11:00 p.m. GOLF PGA Tour Golf CIMB Classic: Third Round (Live)

Saturday

11:00 p.m. GOLF PGA Tour Golf CIMB Classic: Final Round (Live)

HIGH SCHOOL

Thursday

7:00 p.m. ESPN2 Archer Tigers at Grayson Rams (Live)

Friday

7:00 p.m. ESPN2 Our Lady of Good Counsel Falcons at St. John's Cadets (Live)

RADIO DIAL & EVERY HOUR CHANNELS

FM RADIO STATIONS

Station	Freq.	Format	Location
WJIS	88.1	Religious	Sarasota
WVNF	88.5	Eclectic	Tampa
WSMR	89.1	Classical	Sarasota
WUSF	89.7	Classical/Jazz	Tampa
WGCU	90.1	Public Radio	Ft. Myers
WBVM	90.5	Religious	Tampa
WSOR	90.9	Religious	Ft. Myers
WSEB	91.3	Religious	Englewood
WJYO	91.5	Religious	Ft. Myers
WVJ	91.7	Religious	Punta Gorda
WDDV	92.1	Easy Listening	Venice
WYUU	92.5	Latin	Safety Harbor
WIKX	92.9	Country	Punta Gorda
WFLZ	93.3	Contemporary	Tampa
WTLT	93.7	Easy Listening	Ft. Myers
WARO	94.5	Album Rock	Ft. Myers
WWRM	94.9	Easy Listening	St. Pete
WOLZ	95.3	Oldies	Ft. Myers
WMTX	95.7	Contemporary	Clearwater
WRXK	96.1	Album Rock	Bonita Springs
WINK	96.9	Contemporary	Ft. Myers
WKDW	97.5	Variety	North Port
WTLQ	97.7	Latin	Ft. Myers
WXTB	97.9	Rock	Seminole
WUSV	98.5	Country	Ft. Myers
WBCG	98.9	Contemporary	Murdoch
WJBX	99.3	Alternative	Ft. Myers
WQYK	99.5	Country	St. Pete
WCKT	100.1	Country	Pt. Charlotte
WAVV	101.1	Easy Listening	Ft. Myers
WPOI	101.5	Album Rock	St. Pete
WWGR	101.9	Country	Tampa
WHPT	102.5	Album Rock	Tampa
WJGO	102.9	Oldies	Ft. Myers
WTBT	103.5	Country	Bradenton
WXKB	103.9	Pop	Ft. Myers
WKZM	104.3	Religious	Sarasota

WRBQ	104.7	Classic Hits	Tampa
WCVU	104.9	Easy Listening	Solana
WZSP	105.3	Latin	Zolfo Springs
WBTT	105.5	Hip Hop	Ft. Myers
WDUV	105.5	Easy Listening	New Pt. Richey
WTZB	105.9	Rock Alt.	Englewood
WJPT	106.3	Easy Listening	Ft. Myers
WCTQ	106.5	Country	Venice
WENG	107.5	Talk	Englewood
WSRZ	107.9	Oldies	Sarasota

AM RADIO STATIONS

Station	Freq.	Format	Location
WHNZ	570	Talk	St. Pete
WDAE	620	Talk	St. Pete
WBDN	760	Latin	Tampa
WVCN	770	Talk	Ft. Myers
WRFA	820	Talk	Largo
WGUL	860	Oldies	Dunedin
WLSS	930	Talk	Sarasota
WFLA	970	Talk	Tampa
WQYK	1010	Talk	St. Pete
WMTX	1040	Talk	Clearwater
WKII	1070	Oldies	Pt. Charlotte
WTIS	1110	Religious	St. Pete
WINK	1200	Talk	Sarasota
WIBQ	1220	Talk	Ft. Myers
WINK	1240	Talk	Sarasota
WTMY	1280	Talk	Sarasota
WDDV	1320	Easy Listening	Venice
WCRM	1350	Latin	Ft. Myers
WRBQ	1380	Oldies	Tampa
WMYR	1410	Country	Bradenton
WBRD	1420	Religious	Ft. Myers
WWCL	1440	Latin	Sarasota
WSDV	1450	Easy Listening	Englewood
WWPR	1490	Oldies	Punta Gorda
WENG	1530	Talk	
WCCF	1580	Talk	



CNN Headline News (HALF HOUR)

:00 - National and International News
 :15 - Dollars & Sense
 :20 - Sports
 :24 - Local News/People & Places
 Available on: VEN 27, ENG 27, SAR 27, PTC 27, ARC 27, SPG 59



The Weather Channel (HOUR)

:00 - Today's Weather
 :05 - Extended Forecast
 :10 - Radar Update
 :17 - Traveler's Update
 :20 - Day Planner
 :25 - Morning's Weather
 :30 - Today's Weather
 :35 - Extended Forecast
 :40 - International Weather
 :47 - Season Update
 :55 - Drivers Report

And Storm Stories every night at 8 and 8:30 p.m.
 Available on: VEN 31, ENG 31, SAR 31, PTC 31, ARC 31, SPG 52

HOCKEY

NHL

Thursday

7:00 p.m. FSN Columbus Blue Jackets at Florida Panthers (Live)

Saturday

7:00 p.m. FSN Vancouver Canucks at Florida Panthers (Live)

HORSE RACING

Sunday

4:30 p.m. NBC Breeder's Cup Challenge Series: Keeneland from Lexington, Ky. (Live)

MARTIAL ARTS

Friday

9:00 p.m. PARMT Bellator MMA Live 207 from Mohegan Sun Arena in Uncasville, Conn. (Live)

Saturday

9:00 p.m. PARMT Bellator MMA Live Bellator MMA Live (Live)

SOCCER

English League Soccer

Sunday

6:55 a.m. NBCSN Arsenal at Fulham (Live)

9:10 a.m. NBCSN Chelsea at Southampton (Live)

11:25 a.m. NBCSN Manchester City at Liverpool (Live)

International

Sunday

7:20 a.m. FS1 Bayer Leverkusen at Freiburg (Live)

9:30 a.m. FS1 Eintracht Frankfurt at Hoffenheim (Live)

MLS

Sunday

1:00 p.m. ESPN Chicago Fire at D.C. United (Live)

UEFA Soccer

Friday

2:30 p.m. ESPN2 England at Croatia (Live)

Women's International

Sunday

5:00 p.m. FS1 Panama at United States (Live)



Quarterback DeShaun Watson and the Houston Texans welcome in-state rivals the Dallas Cowboys to NRG Stadium for a "Sunday Night Football" Texas showdown," kicking off at 8:20 p.m. on NBC.

Women's Soccer

Friday

5:00 p.m. FSN Louisville Cardinals at Wake Forest Demon Deacons (Live)

VOLLEYBALL

Sunday

1:00 p.m. ESPN2 North Carolina Tar Heels at Florida State Seminoles (Live)

CELEBRITY EXTRA

BY DANA JACKSON

Q: Is Hollywood seriously remaking the classic film "Mary Poppins"? Why must they remake everything? Leave well enough alone. — Aimee G., via email

A: You have about three months to prepare for the premiere of "Mary Poppins Returns," starring Emily Blunt, but based on the trailer, it looks surprisingly good! This film is actually a sequel, not a remake, of the original "Mary Poppins," which came out back in 1964.

Directed by Rob Marshall, the screenplay for the sequel was written by David Magee based on the original "Mary Poppins Stories" by P.L. Travers. You may remember that Emma Thompson played Travers in the biographical movie

"Saving Mr. Banks" alongside Tom Hanks as Walt Disney. Travers reportedly was not happy with Disney's interpretation of her literary character, even though it went on to win five Oscars.

In the sequel, set in Depression-era London, little Michael and Jane Banks are all grown up, and Mary returns to take care of Michael's children after the untimely death of his wife. And if you're wondering why Miss Poppins hasn't aged, remember, she's magic.

The Disney film will premiere in theaters Dec. 19 with a star-studded cast. In addition to Blunt, Meryl Streep, Lin-Manuel Miranda and Colin Firth all have lent their talents to the musical production.

Q: I saw that John Legend is one of the rare stars to win an EGOT. How many others have there been? — Sally R., via email

A: To qualify for the elusive EGOT status, you must have won all four of the big showbiz awards: Emmy, Grammy, Oscar and Tony. Singer John Legend just achieved this by winning an Emmy as one of the producers of "Jesus Christ Superstar," in which he also starred.

Others who can boast EGOT status are Mel Brooks, Whoopi Goldberg, Helen Hayes, Rita Moreno, John Gielgud, Audrey Hepburn, Mike Nichols and Scott Rudin. Rounding out the list are composers Richard Rodgers, Martin Hamlisch, Jonathan Tunick, Robert Lopez, Andrew Lloyd Webber and Tim Rice.

Q: Is it true that Guy Pearce might become the new James Bond? Isn't he from Australia? — Molly B., via email

A: I haven't heard even any unfounded rumors about Guy Pearce being slated to take over the James Bond

legacy from Daniel Craig, but I have to admit I'd buy tickets for that film. There were rumors that Idris Elba ("Molly's Game") would be next to don the tuxedo, but he told People magazine that it simply isn't true.

As for Pearce, he grew up in Australia, but was born in England. You can see him in the series "Jack Irish" on the subscription streaming service Acorn TV. Now in its second season, "Jack Irish" is about an antihero, played by Pearce, who finds himself battling to clear his name while searching for a missing person.

Acorn TV is North America's largest streaming service focusing on British and international television.

Write to Dana at King Features Weekly Service 628 Virginia Drive Orlando, FL 32803 or e-mail her at NewCelebrityExtra@gmail.com

OCT. 7		MORNING SUNDAY																			
		KIDS			NEWS			SPORTS			SPECIALS			MOVIES							
		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30								
SPORTS	ESPN	29	29	29	29	29	29	29	29	29	29	29	29	29	29	29					
	ESPN2	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30					
	FS1	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48					
	FSSUN	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38					
	FSN	72	72	72	72	72	72	72	72	72	72	72	72	72	72	72					
	GOLF	49	49	49	49	49	49	49	49	49	49	49	49	49	49	49					
	NBCSN	71	71	71	71	71	71	71	71	71	71	71	71	71	71	71					
KIDS	DISN	136	136	136	136	99	45	136	136	250	Phineas	Phineas	Milo	DuckTales	Big City	Grav Falls	Raven	Raven	Bizaard	BUNK'D	Frozen ('13)
	NICK	25	25	25	25	24	44	25	25	252	Full House	Full House	Alvin	Alvin	Ninja	Movie			SpongeBob	SpongeBob	SpongeBob
	TOON	80	80	80	80	46	20	57	87	257	Ben 10	Mega Man	Titans	Titans	Dramarama	Dramarama	Titans	Titans	Titans	Titans	Titans
	CNBC	39	39	39	39	59	37	39	102	Options	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid	Paid
	CNN	32	32	32	32	18	38	39	32	100	New Day (N)		New Day (N)		Politics (N)		State (N) (HD)		GPS (N) (HD)		Reliable (N)
	CSPN	18	18	18	18	37	12	96	96	109	Public (R) (HD)		Washington Journal		News discussion. (R) (HD)				Newsmr		Washington Week (R)
	FNC	64	64	64	64	48	71	64	64	118	FOX-Friend		FOX-Friend		FOX-Friend		FOX-Friend		Sunday (N)		MediaBuzz (N)
NEWS	MSNB	83	83	83	83	185	40	82	82	103	(5:00) Dateline		MSNBC		Business		Politics (N)		Alex Witt (N)		AM Joy Political comment. (N)
	SNN	6	6	6	11	-	-	-	-	-	Weekend		Weekend		Weekend		Weekend		Hmown		50Plus
	CMT	47	47	47	47	35	24	37	37	221	CMT Music		Country music video. (TVPG) (N)						Hot 20 Countdown (TVPG) (R) (HD)		
	MTV	33	33	33	33	23	48	33	33	210	Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous
	VH1	50	50	50	50	43	23	50	50	217	Martin		Martin		Martin		Wayans		Wayans		Wayans
	ENC	150	150	150	150	150	150	150	150	350	X-Men 3		She's Having a Baby ('88)		A Man Fnd out his wife is pregnant.		(:22) Tremors ('90, Horror)		Worms		Harry Tracy ('82, Western) Outlaw finds love.
	HBO	302	302	302	302	302	302	302	302	400	(5:10) The Ghost Writer		(:10) Making of		(:40) Darkest Hour ('17)		★★★ Britain faces threat of Nazi invasion.		(:45) Real Sports (HD)		(:45) Student Athlete ('18) Amateur athletes.
HBO2	303	303	303	303	303	303	303	303	402	(5:55) The Scorpion King ('02)		Ancient assassin.		Practical Magic ('98)		★★½ Witches are cursed.		(:15) Queen of the World		New insights. (TVG)	
HBO5	304	304	304	304	304	304	304	304	404	Ferrell Takes The Field (TV14)		Man on the Moon ('99)		Agony & ecstasy of an oddball comic.		Flight of the Conchords: Live in London (TV14)		Girls Trip ('17, Comedy)		★★★ Raunchy weekend.	
MAX	320	320	320	320	320	320	320	320	420	The Outsiders ('83)		★★½ Gangs in small town.		(:35) Extreme Measures ('96)		A doctor asks too many questions.		(:35) Born on the Fourth of July ('90)		A veteran becomes an anti-war activist. (R)	
MMAX	321	321	321	321	321	321	321	321	422	12 Strong		(:50) The Alamo ('04, Drama)		★★½ Texas fighters defend legendary mission. (HD)		(:10) The Rookie ('02)		★★★ A coach promises to fulfill his dream.		(:20) Snatched ('17, Comedy)	
SHO	340	340	340	340	340	340	340	340	365	(:15) Anger Management ('03)		★★½ Ordered to therapy. (PG-13)		Inside NFL: 2018 Week 4 (R)		Backdraft ('91, Action)		★★★ Kurt Russell. Firefighting brothers seek arsonist. (R)		Memento	
TMC	350	350	350	350	350	350	350	350	385	Pork Pie		Accidental out-laws.		Romy and Michele's High School Reunion		(:35) The Light Between Oceans ('16)		Married couple raises found baby as own.		The Game ('97) A twisted gift.	

OCT. 7	AFTERNOON SUNDAY										SPECIALS		MOVIES	
	KIDS		NEWS		SPORTS									
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
ABC (26)	-	-	-	7	11	7	-	-	-	-	-	-	-	-
ABC (28)	-	-	17	-	-	17	17	11						
ABC (40)	7	7	7	10	7	-	-	7						
CBS (10)	10	10	10	-	-	10	10	10						
CBS (11)	213	213	-	5	5	5	213	-						
NBC (8)	8	8	8	-	8	8	8	8						
NBC (20)	-	232	-	2	2	2	-	232						
FOX (13)	13	13	13	-	13	-	13	13						
FOX (36)	-	-	-	4	4	4	-	-						
PBS (3)	3	17	3	-	-	-	3	3						
PBS (30)	-	3	-	3	3	3	-	-						
CW (46)	-	-	-	6	21	6	-	-						
CW (44)	9	9	9	-	-	9	9	4						
MYN (38)	11	11	11	-	-	11	11	14						
IND (32)	12	12	12	-	38	-	4	4						
ION (66)	2	2	2	13	26	-	438	438						
WCLF (22)	22	22	22	-	-	22	22	2						
WRXY (49)	-	-	-	22	44	10	-	-						
TIF (50)	23	23	23	-	95	-	23	23						
UNIV (62)	15	15	15	-	-	15	15	6						
A&E	26	26	26	26	39	50	26	181						
AMC	56	56	56	56	30	53	62	231						
APL	44	44	44	44	36	68	44	130						
BET	35	35	35	35	40	22	51	270						
BRAVO	68	68	68	68	254	51	65	185						
COM	66	66	66	66	15	27	52	190						
DISC	40	40	40	40	25	43	43	120						
E!	46	46	46	46	27	26	46	196						
EWTV	243	243	243	12	243	17	243	285						
FOOD	37	37	37	37	183	76	88	164						
FREE	55	55	55	55	10	46	58	199						
FX	51	51	51	51	58	49	34	53						
GSN	179	179	179	179	34	179	80	184						
HALL	5	5	5	17	137	73	86	240						
HGTV	41	41	41	41	53	42	258	165						
HIST	81	81	81	81	33	65	126	128						
HSN	24	24	24	24	51	19	16	151						
LIFE	36	36	36	36	52	41	36	140						
OWN	58	58	58	58	47	67	56	145						
PRMT	57	57	57	57	29	63	54	54						
QVC	14	14	14	9	14	13	12	150						
SYFY	67	67	67	67	253	64	55	180						
TBS	59	59	59	59	32	62	59	52						
TCM	65	65	65	65	74	169	169	230						
TLC	45	45	45	45	57	72	45	139						
TNT	61	61	61	61	28	55	61	51						
TRAV	69	69	69	69	260	66	260	170						
TRUTV	63	63	63	63	50	30	60	183						
TVLND	62	62	62	62	31	54	57	241						
USA	34	34	34	34	22	52	35	50						
WE	117	117	117	117	117	117	117	149						
WGN	16	16	16	19	41	11	95	68						

Table with columns for channels (VEN, ENG, SAR, PC, ARC, SPG, SEB, LP, FDS) and time slots (6 PM, 6:30, 7 PM, 7:30, 8 PM, 8:30, 9 PM, 9:30, 10 PM, 10:30). Rows are categorized by genre: KIDS, NEWS, SPORTS, EVENING SUNDAY, SPECIALS, MOVIES, CABLE, SPORTS, KIDS, NEWS, MUSIC, PREMIUM. Shows include Her Boyfriend's Secret, Bar Rescue, Harry Potter Sorcerer, Tomorriowland, Billy Rose's Jumbo, 90 Day Fiancé, Batman v Superman, Paranormal, Jokers, Reba, Law & Order: SVU, Monk, Blue Bloods, SportsCenter, NBA Rookie Special, Drone Racing League, UFC Unleashed, Heat, Fishing, Ship Shape, NASCAR Victory Lap, Invisible Sister, Raven, Jersey Shore, The Girl in the Bathtub, Dr. Phil, Bar Rescue, Harry Potter and the Chamber of Secrets, Bang, The Mummy's Hand, The Mummy's Ghost, Unexpected, Batman v Superman: Dawn of Justice, The Last Ship, Scariest, Jokers, Reba, Goldbergs, Loves Ray, Law & Order: SVU, Monk, Monk Serial murderer, Monk Murdered doctor, Monk Dog accused, Blue Bloods: Justice Served, Blue Bloods: Bad Blood, Blue Bloods: Mistaken Identity, Blue Bloods: Mob family ties, 2018 World Series of Poker, NBA Rookie Special, Drone Racing League, UFC Main Event, Wrld Poker, Heat, Fishing, Ship Shape, Sportsm, Reel Time, Fishing Flats, Florida, Fishing, Silver, PGA Tour Golf, NASCAR Victory Lap, Racing Roots, Mecum Auto Auctions, Stuck Mid., Bizaard, Invisible Sister, Raven, Raven, Raven, Star Wars, Knight, Henry, Thunder, Star Falls, Full House, Full House, Full House, Friends, Friends, Puss in Boots, Gumball, Gumball, Gumball, Gumball, Burgers, Dad, Fam Guy, Shark Tank, CNN Newsroom, Pts Unknwn, Pts Unknwn, Greed Lottery jackpot, News, Fox Report, FOX News, Ben Shapiro, Next Revolution, Life, Liberty, Meas the Press, Kasie DC Capitol Hill news, Dateline Extra, Lockup, SNN, Aging G, Matter, Weekend, Weekend, Weekend, Weekend, Weekend, Weekend, Walk the Line, Twister, Jersey Shore: Family Vacation, Jersey Shore: Family Vacation, Jersey Shore: Family Vacation, Love & Hip Hop Hollywood, Black Ink Crew, Black Ink Crew, Black Ink Crew, Black Ink Crew, Tremors, Sleepy Hollow, 27 Dresses, CHiPs, Game Night, The Duce, Ballers, Ballers, Ballers, Bangers, Bangers, Bangers, Father Figures, Flight of the Conchords, The Terminal, X2, Insidious: The Last Key, Get Out, A Time to Kill, The Italian Job, Proof, The Grudge, The Circus: Shameless, Kidding, The Circus: Kidding, Valkyrie, War Horse, Light Between

		MORNINGS WEEKDAY										SPECIALS		MOVIES	
		KIDS	NEWS	SPORTS											
		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30		
MONDAY OCT 8	AMC	56	56	56	56	56	56	56	56	56	56	56	56	Paid	Paid
	ENC	150	150	150	150	150	150	150	150	150	150	150	150	(:13) Long Halftime Walk (*16)	Invasion Body Snatchers (*78)
	HBO	302	302	302	302	302	302	302	302	302	302	302	302	(:25) Duplicity (*09, Thriller) Rival spies unite.	Brillo Box
	HBO2	303	303	303	303	303	303	303	303	303	303	303	303	Avatar A new planet.	Oliver
	HBOS	304	304	304	304	304	304	304	304	304	304	304	304	(:05) Annapolis (*06)	(:50) Taxi (*04) Cabbie helps cop.
	MAX	320	320	320	320	320	320	320	320	320	320	320	320	(:15) Spies Like Us (*85) Inept spies make a mess of a mission.	Die Hard 2 (*90, Action) John McClane battles airport terrorists.
	MMA	321	321	321	321	321	321	321	321	321	321	321	321	Hulk	12 Strong (*18) Post 9/11 battle.
	SHO	340	340	340	340	340	340	340	340	340	340	340	340	Serving Sara A trip to Texas.	(:55) The Jerk (*79) ★★★ Charm but no brains. (R)
TUESDAY OCT 9	AMC	56	56	56	56	56	56	56	56	56	56	56	56	Paid	Paid
	ENC	150	150	150	150	150	150	150	150	150	150	150	150	(:534) Kalifornia (*93)	(:35) Underworld (*17)
	HBO	302	302	302	302	302	302	302	302	302	302	302	302	TMNT (*07) Ninja Turtles unify.	Dolphin Tale 2 (*14) Medical team finds dolphin companion.
	HBO2	303	303	303	303	303	303	303	303	303	303	303	303	Barbershop (*02) ★★★½	(:45) Victoria and Abdul (*17)
	HBOS	304	304	304	304	304	304	304	304	304	304	304	304	(:05) Adam (*09, Drama)	(:50) House of D (*04, Comedy)
	MAX	320	320	320	320	320	320	320	320	320	320	320	320	Tightrope Cop hunts killer. (R)	Erin Brockovich (*00) ★★★ A secretary's crusade brings out truth.
	MMA	321	321	321	321	321	321	321	321	321	321	321	321	Heart Is	(:40) Son in Law (*93)
	SHO	340	340	340	340	340	340	340	340	340	340	340	340	Enemy of the State (*98) Framed for murder.	(:45) Spy Game (*01, Action) ★★★ A CIA agent tries to save his protégé. (R) (HD)
WEDNESDAY OCT 10	AMC	56	56	56	56	56	56	56	56	56	56	56	56	Paid	Paid
	ENC	150	150	150	150	150	150	150	150	150	150	150	150	Fellowship of the Ring (*01)	(:51) Scream (*96) ★★★
	HBO	302	302	302	302	302	302	302	302	302	302	302	302	Vanilla (*01) (:35) Mr. Mom (*83) ★★★½ Man turns housewife.	(:10) Duplicity (*09) ★★★½ Former lovers spy for rival companies.
	HBO2	303	303	303	303	303	303	303	303	303	303	303	303	Space Cowboys (*00) One last mission.	Batman Villains unite.
	HBOS	304	304	304	304	304	304	304	304	304	304	304	304	(:10) I Heart Huckabees (*04) (R)	The Fugitive (*93, Action) ★★★½
	MAX	320	320	320	320	320	320	320	320	320	320	320	320	Something's Gotta Give Bachelor fond of girlfriend's mother.	(:10) The American President (*95, Romance) Oval Office love.
	MMA	321	321	321	321	321	321	321	321	321	321	321	321	La La Land Love threatened.	(:10) Couples Retreat (*09) ★★
	SHO	340	340	340	340	340	340	340	340	340	340	340	340	(:10) Quantum of Solace (*08) Daniel Craig. Market corruption.	Extraordinary Measures (*10, Drama) ★★★½ Seeking a cure. (PG)
THURSDAY OCT 11	AMC	56	56	56	56	56	56	56	56	56	56	56	56	Paid	Paid
	ENC	150	150	150	150	150	150	150	150	150	150	150	150	Prophecy	Dracula (*31)
	HBO	302	302	302	302	302	302	302	302	302	302	302	302	Runaway Jury Gun law-suit.	(:20) Annapolis (*06, Drama) Naval recruit doubts his own worth.
	HBO2	303	303	303	303	303	303	303	303	303	303	303	303	Undercover Brother	Bring It On (*00) ★★★½
	HBOS	304	304	304	304	304	304	304	304	304	304	304	304	(:10) Lowriders (*17)	Waitress (*07) Seeking new life.
	MAX	320	320	320	320	320	320	320	320	320	320	320	320	Three Fugitives (*89, Comedy) Dad robs bank.	Our Family Wedding (*10) Feuding fathers threaten a wedding.
	MMA	321	321	321	321	321	321	321	321	321	321	321	321	Powers	Corky Romano (*01) ★★
	SHO	340	340	340	340	340	340	340	340	340	340	340	340	Solace (*08)	The Queen (*06, Drama) The Royals plan Princess Diana's rites.
FRIDAY OCT 12	AMC	56	56	56	56	56	56	56	56	56	56	56	56	Paid	Paid
	ENC	150	150	150	150	150	150	150	150	150	150	150	150	El Dorado Out of retirement.	(:56) Mother (*97) ★★★
	HBO	302	302	302	302	302	302	302	302	302	302	302	302	(:20) The Ghost Writer (*10, Thriller) ★★★ A writer probes a politician's life. (PG-13)	From Prada to Nada (*11) ★★★½ Losing fortune.
	HBO2	303	303	303	303	303	303	303	303	303	303	303	303	(:45) Invincible (*06)	The Princess Bride
	HBOS	304	304	304	304	304	304	304	304	304	304	304	304	Brillo Box	The Company Ballet dancers.
	MAX	320	320	320	320	320	320	320	320	320	320	320	320	(:25) You Got Served (*04) ★	Nell (*94, Drama) ★★★ Daughter of hermit tries to communicate.
	MMA	321	321	321	321	321	321	321	321	321	321	321	321	Drugs (*10) ★★★½	Big Fish (*04) Life in tall tales.
	SHO	340	340	340	340	340	340	340	340	340	340	340	340	(:45) Rushmore (*98, Comedy) Love triangle.	The Hitchhiker's Guide to the Galaxy (*05)

MONDAY - FRIDAY WEEKDAY MORNINGS

MONDAY HIGHLIGHTS

Whale Rider

7:15 p.m. on TMC

A Maori girl of the Whangara tribe from the coast of New Zealand becomes convinced that she is destined to be the chief of her people despite her tribe's tradition of patriarchal leadership and she becomes determined to prove herself worthy. (HD)

Geostorm

8 p.m. on CINE

A system of satellites designed to protect the planet from extreme weather malfunctions due to an intentionally installed virus, planted by a villain with their own agenda, leaving it to the system's architect to stave off a worldwide disaster. (HD)

The Resident

8 p.m. on FOX

Nic and Conrad think about their past when they work together to diagnose a happy couple who exhibit some odd symptoms; Bell and Marshall confront each other over their business tactics; AJ ignore Mina's warning and rejects a request from Bell. (HD)

Better Call Saul

9 p.m. on AMC

Jimmy changes the outlook on his reputation; Lalo searches for a loose end that could ruin Gus' plan; Mike is faced with a difficult choice. (HD)

Halloween Baking Championship

9 p.m. on FOOD

The bakers have to work together in order to create a 3-D sketch of a monster

out of pate a choux in the pre-heat, then the bakers have to make some monster-sized Halloween deserts like giant cupcakes, pies and cream puffs for the main heat. (HD)

9-1-1

9 p.m. on FOX

Maddie goes for a ride-along with Athena in the hopes of being on the other end of a 9-1-1 call; Hen attempts to learn how to prevent her family from falling apart at the seams; disaster strikes at a military funeral and movie theater. (HD)

Long Lost Family

9 p.m. on TLC

Chris attempts to unravel the mystery surrounding a baby that was left in a shoe box outside a gas station in Ohio; a woman turns to Lisa for help finding her biological mother, but her

life is turned upside down when she makes a shocking discover. (HD)

Ghost Adventures

9 p.m. on TRAV

Zak Bagans and the crew investigate the location of the infamous 1947 "Black Dahlia" murder of Elizabeth Short in Los Angeles and they capture some compelling visual evidence of a tragic spirit that is lurking around the iconic Hollywood sign. (HD)

Sentenced to Life: Teen Killers

10:02 p.m. on A&E

A legal decision by the Supreme Court regarding child murderers brings change to the way in which America treats children who have killed other human beings by allowing them a possibility to regain their freedom through a hearing. (HD)

SOAP OPERA UPDATE

THE BOLD AND THE BEAUTIFUL

Will asked Katie how often he would be able to see his dad. Sally gave Wyatt his own private lingerie show. Bill visited with Liam and Kelly after a stressful day in court. Meanwhile, Ridge and Brooke continued to disagree about Bill. Zoe warned Xander that Emma was sabotaging his modeling career with her jealousy. Having overheard a conversation not meant for her ears, Brooke did some amateur detective work. Bill paid an unexpected visit to Ridge while Brooke confronted Judge McMullen. Katie watched as her son reconnected with his father. Tiffany gave Emma some sage advice about not letting history repeat itself. Ridge was stunned by how passionately Brooke defended Bill.

DAYS OF OUR LIVES

Eric was stunned by Nicole's unexpected revelation. John and Marlena discovered what really happened the night of their almost-wedding. Kristen and Brady shared an intimate moment. Lani was jealous when Eli reconnected with Sheila. Nicole considered some extreme measures to be with Eric. Hattie caused further headaches for John. Brady continued to gain Kristen's trust. Hope found Rafe comforting Sami. Later, Stefan gave Sami a lead on EJ. Brady secretly followed Kristen, hoping to uncover her secrets. Xander had a surprising new partner in crime. John read Hattie the riot act for putting his plan in jeopardy. Nicole and Eric made love.

GENERAL HOSPITAL

Nina was shaken. Oscar kept Drew at arm's length. Julian agreed to back off. Jason reassured Sonny. Chase and Lulu's friendship continued to blossom. Cameron was stuck in the middle of an uncomfortable situation. Monica offered her full support. Maxie sensed that something was off with Nina. Curtis got the information he needed. Lulu received a pleasant surprise. Sonny put Ava in her place. Maxie was skeptical. Nina just wanted to do the right thing. Griffin got some reassurance. Sam was forced to admit her reservations. Kim confronted Oscar while Cameron refused to lie for him. Griffin had pure intentions. Jordan gave Margaux some bad news.

THE YOUNG AND THE RESTLESS

Victor reluctantly agreed to attend his Nick's upcoming wedding. Lily struggled with her new life in prison but promised her kids they'd get through it together. Phyllis failed to mention that Billy embezzled from Jabot when she asked Jack if he would help his brother pay back his gambling debts. Jack agreed, but only if Billy went to rehab. Arturo learned that Rey was moving in above the coffeehouse, prompting the two brothers to come to an uneasy truce. Lola and Kyle grew closer. Nick looked forward to his new life with Sharon, while she tried to shake off her doubts about "the new Nick."

WORD SEARCH

In the grid below, twenty answers can be found that fit the category for today. Circle each answer that you find and list it in the space provided at the right of the grid. Answers can be found in all directions — forwards, backwards, horizontally, vertically and diagonally. An example is given to get you started. Can you find the twenty answers in this puzzle?

Today's Category: Things Worn on the Head

U P H X T P N A B R U T	1. Crown
B A G C R O W N S X S S	2. _____
E N M W H S L I E V H S	3. _____
R A A I C A D S J B O K	4. _____
E M T M V C P C F M O D	5. _____
T A D P H A S E B D D G	6. _____
S E C L D P D R A G G H	7. _____
W D N E H O E J S U E A	8. _____
I C R N R R D G C L C T	9. _____
G B D A O S G X M F V S	10. _____
Y G B A X B H E A S E C	11. _____
B O W L E R T I A R A Z	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

10. Hat	20. Wimple
9. Fez	19. Wig
8. Fedora	18. Veil
7. Derby	17. Turban
6. Crown	16. Tiara
5. Chapeau	15. Tam
4. Cap	14. Sombrero
3. Bowler	13. Panama
2. Bonnet	12. Hood
1. Beret	11. Helmet

Word Search Solution:

MONDAY

OCT. 8	VEN	ENG	SAR	PC	ARC	SPG	SEB	LP	FDS	KIDS				NEWS				SPORTS				EVENING MONDAY										SPECIALS		MOVIES		
										6 PM		6:30		7 PM		7:30		8 PM		8:30		9 PM		9:30		10 PM		10:30		10 PM		10:30				
										ABC (26)	ABC (28)	ABC (40)	CBS (10)	CBS (11)	NBC (8)	NBC (20)	FOX (13)	FOX (36)	PBS (3)	PBS (30)	CW (46)	CW (44)	MYN (38)	IND (32)	ION (66)	WCFL (22)	WRXY (49)	TLF (50)	UNIV (62)	A&E	AMC	APL	BET	BRAVO	COM	DISC
-	-	-	7	11	7	-	-	-	-	ABC7 News at 6:00pm (N)	ABC World News Tonight (N)	The 7 O'Clock News (N) (HD)	Entertainment Tonight (N)	Dancing with the Stars: Most Memorable Night (TVPG) (N) (HD)	The Good Doctor: 36 Hours (TV14) (N) (HD)																					
-	-	17	-	-	-	17	17	11	News (N) (HD)	News (N) (HD)	Inside (TVPG) (HD)	The List (HD)	Dancing with the Stars: Most Memorable Night (TVPG) (N) (HD)	The Good Doctor: 36 Hours (TV14) (N) (HD)																						
7	7	7	10	7	-	-	-	7	News (N)	News (N) (HD)	News (N)	News (N)	Dancing with the Stars: Most Memorable Night (TVPG) (N) (HD)	The Good Doctor: 36 Hours (TV14) (N) (HD)																						
10	10	10	-	-	-	10	10	10	10 News This Evening (N)	CBS Evening News (N) (HD)	Wheel of Fortune (TVG)	Jeopardy! (TVG) (N) (HD)	The Neighbor- hood (N) (HD)	Happy To- gether (N) (HD)	Magnum P.I.: The Woman Who Never Died (TVPG) (N) (HD)	Bull: Excessive Force (TV14) (N) (HD)																				
213	213	-	5	5	5	-	213	-	News (N) (HD)	News (N) (HD)	News (N) (HD)	Inside (TVPG) (HD)	Neighborhood Happy (N) (HD)	Magnum P.I.: The Woman Who Never Died	Bull: Excessive Force (TV14) (N) (HD)																					
8	8	8	-	8	-	8	8	8	News Channel 8 at 6:00 (N)	NBC Nightly News (N) (HD)	News Channel 8 at 7:00 (N)	Extra (TVPG) (N) (HD)	The Voice: The Blind Auditions, Part 5 (TVPG) (N) (HD)		Manifest: Turbulence (TV14) (N) (HD)																					
-	232	-	2	2	2	-	232	-	News (N) (HD)	Nightly News (N)	Wheel (TVG) (HD)	Jeopardy! (TVG) (N)	The Voice: The Blind Auditions, Part 5 (TVPG) (N) (HD)		Manifest: Turbulence (TV14) (N) (HD)																					
13	13	13	-	13	-	13	13	13	(5:30) FOX 13 6:00 News (N)	FOX 13 6:30 News (N)	Access (TVPG) (N) (HD)	TMZ (TVPG) (N) (HD)	The Resident: Three Words Think about past. (TV14) (N) (HD)	9-1-1: Awful People Maddie goes for ride-along with Athena. (N)	FOX 13 10:00 News The top news stories are updated. (N) (HD)																					
-	-	-	4	4	4	-	-	-	FOX 4 News at Six Local news; weather. (N)	Six Local news; weather. (N)	Feud (TVPG) (N)	Feud (TVPG) (N)	The Resident Think about past. (TV14) (N)	9-1-1: Awful People Maddie's ride-along. (N)	FOX 4 News at Ten Nightly news report. (N)																					
3	17	3	-	-	-	3	3	3	News (TVPG)	Report (N) (HD)	The PBS NewsHour (N) (HD)		Antiques Roadshow Presentation watch.	American Experience: The Circus The circus transformed American culture. (TVPG) (N) (HD)																						
-	3	-	3	3	3	-	-	-	News (TVPG)	Report (N) (HD)	The PBS NewsHour (N) (HD)		Antiques Roadshow Presentation watch.	American Experience: The Circus The circus transformed American culture. (TVPG) (N) (HD)																						
-	-	-	6	21	6	-	-	-	Bang (TV14) (HD)	News (N) (HD)	Bang (TV14) (HD)	Bang (TV14) (HD)	iHeartRadio Music Festival, Night 2 (N) (HD)		News at 10pm (N) (HD)																					
9	9	9	-	-	-	9	9	4	black-ish (TVPG)	black-ish: Stuff	Friends (TVPG)	Girls (TV14) (HD)	iHeartRadio Music Festival, Night 2 (N) (HD)		Men (TV14) (HD)	Men (TV14) (HD)																				
11	11	11	-	-	-	11	11	14	Extra (TVPG) (N)	Entertainment (N)	Feud (TVPG) (N)	Feud (TVPG) (N)	News Channel 8 News at 8pm (N)	Law & Order: Criminal Suicide examined.	Law & Order: Criminal Multiple murders.																					
12	12	12	-	38	-	4	4	12	Goldbergs (TVPG)	Goldbergs (TVPG)	Bang (TV14) (HD)	Bang (TV14) (HD)	Mom (TV14) (HD)	Mom (TV14) (HD)	Man (TVPG) (HD)	Man (TVPG) (HD)	Chicago P.D. Gang massacre. (TV14) (HD)																			
2	2	2	13	26	-	438	438	17	Criminal Minds (TV14) (HD)	FBI profilers. (TV14) (HD)	Criminal Minds (TV14) (HD)	FBI profilers. (TV14) (HD)	Criminal Minds (TV14) (HD)	FBI profilers. (TV14) (HD)	Criminal Minds (TV14) (HD)	FBI profilers. (TV14) (HD)																				
22	22	22	-	-	-	22	22	2	Christian Fit- ness	Meyer Self control.	Levitt (TVG) (N)	The Great Awaking		Love Child (TVG)	Miracles (TVG)	Wommack (TVG)	Jerusalem	Reagan (TVG)																		
-	-	-	22	44	10	-	-	-	Meyer Self control.	Watch There- fore	Crossing Paths	The Great Awaking		Inspiration Day	Love Child (TVG)	Meyer Self control.	11th Hour	Wommack (TVG)																		
23	23	23	-	95	-	23	23	5	Noticias (N)	Noticiero Univ. (N)	La rosa de Guadalupe Final feliz. (TV14)	El rico y Lázaro Drama bíblico. (HD)	Mi marido tiene más familia (HD)		La Piloto Viajes ilegales. (TV14) (HD)																					
15	15	15	-	-	-	15	15	6	Porque el amor manda Relato de un amor.	Relato de un amor.	Me caigo de risa Competición mediante una serie de retos locos. (TV14) (HD)	El rico y Lázaro Drama bíblico. (HD)		Renta (HD)	La jefa del campeón (TV14) (HD)																					
26	26	26	26	39	50	26	26	181	First 48 (TVPG) (R)	First 48 (TV14) (R)	Kids Who Kill Experts interviewed. (TV14) (R)		Sentenced (TV14) (N)																							
56	56	56	56	30	53	62	62	231	Shooter ('07, Thriller) ★★★ for the assassination of an Ethiopian dignitary. (R) (HD)	Mark Wahlberg, Michael Peña. A former Marine is framed	Better Call Saul: Winner Jimmy makes al- terations to reputation. (N)		Lodge 49 (TV14)																							
44	44	44	44	36	68	44	44	130	North Wood (TV14)	North Wood (TV14)	North Wood (TVPG)	North Wood (TV14)	North Wood (TV14)																							
35	35	35	35	40	22	51	51	270	Movie	Movie	Movie	Movie	Movie																							
68	68	68	68	254	51	65	65	185	Housewives (TV14)	Housewives (TV14)	Housewives (TV14)	Housewives (TV14)	Housewives (TV14)	Bravo's	Bravo's																					
66	66	66	66	15	27	52	52	190	The Office (TV14)	The Office (TV14)	The Office (TV14)	The Office (TV14)	The Office (TV14)	The Office (TV14)	The Office (TV14)																					
40	40	40	40	25	43	43	43	120	Shifting Gears with Aaron (TV14) (HD)	Shifting Gears with Aaron (TV14) (HD)	Shifting Gears with Aaron: Cage Match	Shifting Gears with Aaron: Rally (TV14)	Vegas Rat Rods: Heroes and Villains (N)																							
46	46	46	46	27	26	46	46	196	Botched (TV14) (R)	El News (N) (HD)	Botched (TV14) (R)	Botched Drag queen.	Botched (TV14) (R)																							
243	243	243	12	243	17	243	243	285	News	Catholics	Daily Mass (TVG) (R)	Journey (TVG)	News	Rosary	The World Over																					
37	37	37	37	183	76	88	88	164	Halloween (TVG) (R)	Halloween (TVG) (R)	Halloween (TVG) (R)	Halloween (TVG) (R)	Halloween (TVG) (N)	Cake-Off (TVG) (R)																						
55	55	55	55	10	46	58	58	199	Sweeney ('07) ★★★½	Dark Shadows ('12, Comedy) ★★★½ Johnny Depp. A vampire impris- oned for 200 years wakes up in 1972. (PG-13) (HD)	The Addams Family A con artist attempts to dupe an ec- centric family out of their fortune.																									
51	51	51	51	58	49	34	34	53	(5:30) Spy ('15) ★★★½ A meek and demure CIA analyst goes undercover to help her partner.	The Boss ('16, Comedy) ★★ Melissa McCarthy. Woman depends on former assistant. (R) (HD)		The Boss ('16, Comedy) Strug- gling mogul.																								
179	179	179	179	34	179	80	80	184	Feud	Feud	Feud	Feud	Feud	Feud	Feud																					
5	5	5	17	137	73	86	86	240	All of My Heart: The Wedding ('18, Romance) Jenny and Brian must save their home. (HD)	Falling for Vermont ('17, Romance) ★★★ Julie Gonzalo. Celebrity author gets amnesia. (NR)		Golden (TVPG)	Golden (TVPG)																							
41	41	41	41	53	42	258	258	165	Love It (TVG) (R) (HD)	Love It: Elbow Room	Love It (TVG) (R) (HD)	Love It or List (TVG)	Hunters	Hunters																						
81	81	81	81	33	65	126	126	128	Am. Picker (TVPG)	Am. Picker (TVPG)	Am. Picker (TVPG)	Am. Picker (TVPG)	Am. Picker (TVPG)																							
24	24	24	24	51	19	16	16	151	Sig.Club A (TVG)	Monday Night (TVG)	Monday Night (TVG)	Monday Night (TVG)	Electronic Gifts: Arlo	Electronic Gifts: Arlo																						

TUESDAY HIGHLIGHTS

2018 American Music Awards


8 p.m. on ABC

Actress Tracee Ellis Ross hosts the 46th annual awards event, where rappers Drake and Cardi B lead all artists with eight nominations each, while singer Camila Cabello looks to win her first ever American Music Award as a solo artist.

The Flash


8 p.m. on CW

Barry and Iris have to figure out a way to send an unanticipated guest, Nora West-Allen, back to the future without disrupting the

timeline, so they work with Team Flash to ameliorate the situation while fighting off another villainous meta.  (HD)

Gilda


8 p.m. on TCM

A wealthy man agrees to hire a gambler as the manager for his new casino in Buenos Aires, Argentina, but the employee soon realizes that his boss's new wife is a woman he knows from his past, leaving the old lovers to draw closer together.  (HD)

Black Lightning


9 p.m. on CW

The board mulls over passing a motion to shut down the school due to safety concerns, so Jefferson goes

to Napier Frank to sway the vote; Jennifer has a difficult time with her powers; Anissa gives back to Freeland; Lynn continues her quest.  (HD)

Lethal Weapon

9 p.m. on FOX

Cole tries to find a balance between the responsibilities as a parent and cop while he and Murtaugh investigate a gang's lottery scam; Murtaugh prepares to celebrate 30 years with the LAPD and gets an unexpected visit from his father-in-law.  (HD)

Mayans M.C.

10 p.m. on FX

Ezekiel "EZ" Reyes continues to try and prove his worth as a prospect for the

Mayans Motorcycle Club, as both sides of the border must grapple with some harsh realities. (HD)


The Purge

10 p.m. on USA

Joe manages to recollect the past; Henry finds himself confronted by Miguel; Jane uncovers sinister information about David Ryker. (HD)

New Amsterdam

10:01 p.m. on NBC

Reynolds starts to put his department together, while Dr. Sharpe faces skepticism from the parents of a patient; Max helps Bloom come up with a solution for a pregnant patient, while simultaneously avoiding the reality of his diagnosis.  (HD)

TUESDAY

SPOTLIGHT ON

BY DAN RICE

All Due Recognition

Who's bored? There are countless ways Americans can keep their wandering minds occupied these days, whether it's a form of entertainment, athletics, a personal quest or creating something for the enjoyment of others – all illustrated this week on television, one of the most common brain-sitters.

Airing Monday and Tuesday at 9 p.m. on PBS' "American Experience," the four-hour, two-part documentary "The Circus" explores the colorful history of this long-popular American form of entertainment, from the first one-ring show at the end of the 18th century to 1956, when the Ringling Bros. and Barnum & Bailey big top was pulled down for the last time. It was in an era when such stars as aerialist Lillian Leitzel and big-cat trainer Mabel Stark were among the most famous people in the world, and multitudes gathered to see the improbable and the impossible, the exotic and the spectacular. For more than a century, Circus Day was as anticipated as Christmas and the Fourth of July. It would crash into everyday life, colorful and brash, and then disappear, leaving many dreaming of another life. As the country grew, so did the circus, evolving into a gargantuan entertainment that would unite a far-flung nation of disconnected communities and dazzle not only Americans, but the entire world.

Premiering Tuesday at 7 p.m. on ESPN, the 10-part documentary "Bas-



Airing Monday and Tuesday at 9 p.m. on PBS' "American Experience," "The Circus" explores the colorful history of this popular American form of entertainment, in an era when such stars as big-cat trainer Mabel Stark were among the most famous people in the world.

ketball: A Love Story" consists of more than 60 interconnected "short stories" and features 165 exclusive interviews. The sweeping project, from Peabody Award-winning director Dan Klores, encompasses basketball's most prominent figures, from Bob Cousy, LeBron James, Kevin Durant, Dr. J, Yao Ming, Stephen Curry and Diana Taurasi, to Magic Johnson, Oscar Robertson, Bill Russell, Larry Bird, Chris Paul and Kobe Bryant. Klores' short stories explore the complex nature of love as it relates to the game and opens the win-

down to insights and perspectives about race, politics, media, art, business, style and entertainment. The episodes will feature different narrators: Chadwick Boseman, Julianne Moore, Chris Cuomo, Ashley Judd, Michael Che, Ansel Elgort, Ahmad Rashad, Robin Quivers, Daveed Diggs and Fisher Stevens.

Anglers' Alert: Premiering Friday at 10 p.m. on Nat Geo WILD, "Fish My City with Mike Iaconelli" follows the professional bass fisherman on his global search for the world's most iconic fish living alongside some of the world's busiest concrete jungles. On the debut episode, Iaconelli travels to London in search of three of the great city's rare species. One is a fearsome predator that will even devour birds, another is piscine royalty that is often known as "The Prince of the River" and last is a sentimental favorite that recovered from a devastating disease outbreak. To find them, he must explore London's many urban waterways and uncover this ancient city's long fishing history.

During each episode, Iaconelli guides viewers on an unpredictable journey through a different major city around the world, uncovering the often-un-told stories of strange and amazing fish lurking in ponds, canals, sewer systems and rivers. Other upcoming locations include Miami, New York, New Orleans, Taipei and Austin, Texas.

Of course, one of the most popular and varied pastimes these days for the young and the experienced is the hosting of an internet program, whether it's informative, sensational or just for fun. Premiering Friday at 8:30 p.m. on the Disney Channel, "Coop & Cami Ask the World," a live-action comedy for kids and families, follows siblings Cooper (Dakota Lotus) and Cameron (Ruby Rose Turner) Wrather, who co-host Coop's online show "Would You Wrather." The duo presents out-of-the-box questions and results to the show's millions of followers (aka Wratherheads) who help them solve life problems – both mundane and madcap.

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TUESDAY

Table with columns for time slots (11 PM to 5:30) and rows for various TV channels (ABC, CBS, FOX, etc.) and categories (BROADCAST, CABLE, SPORTS, NEWS, PREMIUM). Includes program titles and ratings.

WEDNESDAY HIGHLIGHTS

Riverdale

8 p.m. on CW

Archie makes an unexpected request regarding the rest of his summer as the jury deliberates during his trial; Betty deals with her issues directly subsequent to a confrontation with Alice; the Serpents defend against the Ghoulies' latest attack. **TV 14** (HD)

Empire

8 p.m. on FOX

Cookie and Lucious are determined to reintroduce themselves to the music game, but they must first get the support of the entire family and a few old allies; Andre comes up with a risky

plan to gain a reputation amongst his fellow inmates. **TV 14** (HD)

Game Night

8 p.m. on HBO

A group of friends' weekly game night gets more intense when a murder mystery party is arranged, but as the competitors work to solve the case, which includes a kidnapping, they figure out that things in the game are not what they appear to be.

SEAL Team

9 p.m. on CBS

Jason and the Bravo Team visit Saudi Arabia to deal with a group of extremists who have taken control of an underground water source that they plan to use to spread anthrax to the water supply; Ray thinks

about working with another team. **TV 14** (HD)

All American

9 p.m. on CW

An aspiring high school football player and dedicated student at South Crenshaw High named Spencer James is recruited by Beverly High School, so despite being conflicted, he moves in with his friend in Beverly Hills, an area he's not accustomed to. (HD)

Star

9 p.m. on FOX

Cassie joins forces with a businessman on a new venture that causes complications with Carlotta's work; Noah has difficulties while his father watches over a contract decision; Alex helps a fan who lost their

sister start a music career. **TV 14** (HD)

Criminal Minds

10 p.m. on CBS

Rossi, J.J. and Simmons work together to investigate a series of mummified remains, some of which date back over 20 years, that were found in an elderly couple's walls; Rossi attempts to reestablish a connection with his ex-wife, Krystall. **TV 14** (HD)

American Horror Story

10 p.m. on FX

In the aftermath of the Apocalypse, a group of survivors live together in an underground haven called Outpost Three, a refuge from the radiation fallout, where the Cooperative controls its inhabitants and punishes those who violate the rules. (HD)

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solution

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6	3	4	1	2	9	5	8	7
8	9	5	3	6	7	4	2	1
7	9	1	8	5	4	6	3	2
8	5	7	9	1	3	6	4	2
4	6	8	7	2	3	1	9	5

MOMENTS IN TIME

On Oct. 13, 1792, the cornerstone is laid for a presidential residence in the newly designated capital city of Washington. It was called the "White House" because its white-gray Virginia freestone contrasted strikingly with the red brick of nearby buildings.

On Oct. 10, 1845, The United States Naval Academy opens in Annapolis, Maryland, with 50 midshipmen students and seven professors.

WEDNESDAY



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THURSDAY HIGHLIGHTS

Love on Safari


6 p.m. on HALL

When a woman inherits an African wildlife reserve, she travels to her new property, where she meets a determined ranger, but when she is tempted to sell the reserve to a competitor, the ranger takes her on a safari to learn about the joys of nature. (HD)

Supernatural

8 p.m. on CW

Sam gets help in his attempt to find Dean, who could be anywhere; Castiel meets with an unreliable source; Jack adjusts to living life as a human, learns new skills, and tries to determine his

place in a world of hunters.  (HD)


The Foreigner

8:30 p.m. on SHOW

A quiet London businessman's secret past explodes in a revenge-filled odyssey when his teenage daughter is taken by political terrorists, and the British government official he seeks help from has his own past which may link him to the killers. (HD)

The First 48

9 p.m. on A&E

A teenager dies when he helps a friend by attempting to step in front of a shooter, and police are forced to try and locate the person who committed the crime; a man is shot dead and left in a church parking lot during the sale of a stolen car.  (HD)

Bite Club

9 p.m. on FOOD

Tyler Florence brings five of the best chefs in Nashville, Tenn., to compete in a modern Chinese restaurant, where they use massive woks and steam baskets for the first time and then the remaining chefs must mix dairy with fiery Asian ingredients. (HD)

A Nightmare on Elm Street

9 p.m. on PARMT

The monstrous spirit of a slain janitor seeks revenge by invading the dreams of teenagers whose parents were responsible for his untimely death, and after a few of the victims are found dead, one girl learns she must stay awake to stay alive. (HD)


Murphy Brown

9:30 p.m. on CBS

Murphy and the team consider the benefits and drawbacks of accepting the first interview with a former White House senior advisor who plans on promoting his controversial book; Avery moderates a passionate political discussion on his show. (HD)

Nightwatch Nation

10:01 p.m. on A&E

An opioid epidemic sweeps the nation, and emergency teams try to help; a heat-wave across the south causes a man to pass out from heat exhaustion; a man struggles to deliver a baby in the back of an ambulance to help a mother.  (HD)

COOKING HIGHLIGHTS

SUNDAY

9 p.m. **FOOD Halloween Wars**

The five teams compete by creating Halloween-themed displays that depict a battle between clowns and zombies; special guest judge is voice actor John Kassir. (N)

10 p.m. **FOOD Haunted Gingerbread Showdown**

Sandra Lee challenges the chefs to create gingerbread displays in honor of the 30th anniversary of the movie "Beetlejuice"; special guest judge Elvira. (N)

MONDAY

9 p.m. **FOOD Halloween Baking Championship**

The bakers work together to create a 3-D sketch of a monster out of pate a choux, then they have to make some giant-sized cupcakes, pies and cream puffs. (N)

TUESDAY

9 p.m. **FOOD Chopped** Four champions return to compete as examples of salty and sweet are in the second basket and a colorful and unconventional surprise is in the dessert basket. (N)

WEDNESDAY

9 p.m. **FOOD Guy's Grocery Games**

The teams must shop blindfolded for their childhood favorite, then Guy's Wheel of Opportunity determines which ingredient they must use in their decadent dish. (N)

THURSDAY

8 p.m. **FOOD Chopped** The chefs get a martini glass and macaroni and cheese, then a witch's cauldron has a green surprise and the final two chefs make a haunted gingerbread house.

9 p.m. **FOOD Bite Club** Tyler has five of the best chefs in Nashville, Tenn., compete in a modern Chinese restaurant, where they use massive woks and steam baskets for the first time. (N)

10 p.m. **FOOD Beat Bobby Flay** New York chef Anastacia Song and Southern chef Joey Ward compete for the chance to go up against Bobby Flay; Michael Strahan and Michael Symon serve as judges. (N)

10:30 p.m. **FOOD Beat Bobby Flay** Italian chef Pasquale Cozzolino and Canadian chef Ivana Raca, return for a shot at Bobby Flay; Iron Chefs Alex Guarnaschelli and Stephanie serve as judges.

FRIDAY

8 p.m. **FOOD Diners, Drive-Ins and Dives**

Guy Fieri travels all over northern and southern California, and makes some stops at a variety of restaurants who specialize in West Coast cuisine.

9 p.m. **FOOD Diners, Drive-Ins and Dives**

Guy Fieri stops by Coeur d'Alene, Idaho, for some chicken wings, then he goes to a barbecue restaurant in Nashville and has drumsticks and duck in Miami. (N)

9 p.m. **FOX Hell's Kitchen** The chefs are split into teams as they prepare lunches for a room full of hungry Marines; a dinner service results in one of the contestants walking out. (N)

9:30 p.m. **FOOD Diners, Drive-Ins and Dives** Guy Fieri goes to a spot in Chicago that serves Latin and Asian, then Nashville hot chicken in Seattle, and some guava ribs and tropical pizza in Kona, Hawaii.

10 p.m. **FOOD Diners, Drive-Ins and Dives** Guy travels the country in search of restaurants that specialize in meat, including burgers in Longmont, Colo., barbecue pizza in Dallas and chicken in Phoenix.

10:30 p.m. **FOOD Diners, Drive-Ins and Dives**

An Irish pub in Louisville, Ky., makes cottage pie and a lamb-cabbage dish; Charlotte, N.C., boasts a particular restaurant that serves Asian-barbecue fusion.

SATURDAY

1 p.m. **PBS Christopher Kimball's Milk Street Television** Milk Street cook Erika Bruce shows Chris how to make an easy French apple cake; cookbook author David Lebovitz shares his recipe for caramel-chocolate mousse. (N)

1:30 p.m. **PBS Martha Bakes** Martha reveals the secret behind last-minute hors d'oeuvres, raspberry mascarpone tarts, saucisson en croûte, and apple jalousie tarts. (N)

8 p.m. **FOOD Halloween Wars** Five remaining teams will create displays of the scariest haunted roadside motels that have been seen; one team will be eliminated after the judging is done.

9 p.m. **FOOD Halloween Wars** The final four teams create a Halloween display that captures the horror of a monster that has two faces; actress Carlson Young will help guest judge.

THURSDAY

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TV CROSSWORD 1



Across

- 1. "The ___ News Bears"
- 4. Metal door fastener
- 8. Cider containers
- 12. "Xanadu" rock group
- 13. Sheriff Taylor's son
- 14. European language: abbr.
- 15. 2016 movie, "___ You See Me 2"
- 16. Sound the alarm
- 17. Poet Angelou

18. David Spade on "Rules of Engagement"

- 20. Geoffrey, to Robert Barone
- 22. "O Brother, Where ___ Thou?"
- 23. Pro vote
- 24. Change
- 27. Orange Muppet
- 31. Actor Crosby
- 32. Leslie Winkle portrayal Gilbert
- 33. Assigns a role

- 35. 1988 movie, "Clean and ___"
- 36. "___ the West Was Won"
- 38. Outlaw
- 39. Tennis star Williams
- 42. Guarantee
- 46. Butter alternative
- 47. Hue
- 49. Stewart or Taylor
- 50. Consumer
- 51. "Giant" author Ferber
- 52. Down in the dumps
- 53. Disney's "___ and the Tramp"
- 54. Rachael and Aldo
- 55. Sheldon's significant other

Down

- 1. 2002's "___ It Like Beckham"
- 2. Felipe or Matty
- 3. Josh Hartnett film, "Black Hawk ___"
- 4. Bernadette's husband on 19-Down
- 5. In pieces
- 6. Round Table title
- 7. Kaley Cuoco on 19-Down
- 8. Shown, he's Sheldon Cooper: 2 wds.
- 9. Sundance Film Festival site
- 10. "Let's Get It On" singer Marvin
- 11. Side dish
- 19. "The Big ___"
- 21. Shoe width
- 24. Jimmy Kimmel's network

- 25. A female synth on "Humans"
- 26. Printer's measures
- 28. Capture
- 29. Anger
- 30. Notable feature on Spock
- 34. Sheldon, to Mary Cooper
- 35. Seasonal department store hires
- 37. Chris Pine's "Hell or High ___"
- 38. Big Band leader Goodman
- 39. "Stargy and Hutch" star David
- 40. "Born Free" lioness
- 41. "Sleepy Hollow" actress Nikki
- 43. Constellation, ___ Major
- 44. Gad about
- 45. Jeanette MacDonald costar Nelson
- 48. Actress Lupino

solution



FRIDAY

SATURDAY HIGHLIGHTS

Step Brothers

6:30 p.m. on PARMT

Two grown men who live with their single parents become step-brothers when their parents marry, and they are reluctantly forced to share a bedroom, but they soon discover similar interests, become best friends and help each other find jobs. (HD)

My Cat from Hell

8 p.m. on APL

Jackson heads to Philadelphia to help rebuild the confidence of a cat named Charlee, who is being bullied by his sister Frankie; a family with multiple cats turn to Jackson for help preventing their pets from peeing all over their apartment. (HD)

Dirty Dancing

8 p.m. on E!

While vacationing in the Catskills in 1963, a sheltered "daddy's girl" falls for a hotel's handsome dance instructor, but her father forbids her from seeing him again after he learns of his involvement with an illegal abortion. (HD)

Maze Runner: The Death Cure

8 p.m. on HBO

In order to save their friends and answer questions they've been asking since the beginning, Thomas leads some escaped Gladers on a dangerous mission to break into the Last City, a WCKD-controlled labyrinth that may be the deadliest maze of all.

The Fearless Vampire Killers or: Pardon Me, But Your Teeth Are in My Neck

8 p.m. on TCM

A bat expert and his assistant make bumbling vampire

hunters as they travel to a remote Transylvanian village looking for vampires; however, when the young girl with whom the assistant has fallen in love with is kidnapped, they must attempt a rescue. (HD)

Goosebumps

9 p.m. on FX

Upon moving, a boy learns that his pretty neighbor's father is R.L. Stine, author of the "Goosebumps" series, and when he accidentally releases the monsters from the books, they must all work together to return the monsters to where they belong. (HD)

Under the Autumn Moon

9 p.m. on HALL

When an executive convinces her boss to host their company retreats at a beautiful ranch, her plan is put in jeopardy after the ranch's owner refuses to

sell his property unless the executive can promise to preserve the history of the area. (HD)

Ghost Adventures

9 p.m. on TRAV

Zak Bagans and the crew continue their investigation of the Graveyard of the Pacific in Astoria, Ore., where they encounter a dark and dangerous presence, which is said to be unholy, in the historic Norblad Hotel that is located in downtown Astoria. (HD)

Die Hard 2

10 p.m. on CINE

Police detective John McClane arrives at the airport in Washington, D.C., to pick his wife up and learns that terrorists have taken over the control tower and are threatening to cause planes to crash if a drug kingpin is not released from custody. (HD)

	OCT. 13																											
	VEN	ENG	SAR	PC	ARC	SPG	SEB	IP	FIS	KIDS	NEWS	SPORTS	AFTERNOON SATURDAY					SPECIALS	MOVIES									
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30																
SPORTS	ESPN	ESPN2	FS1	FSSUN	FSN	GOLF	NBCSN						College Football: Teams TBA (Live) (HD)	Scoreboard	College Football: Teams TBA (Live)	College Football (HD)	Lightning	Lightning	Heat	Heat	Heat	Heat	Inside	Rays LIVE!	To Be Announced	Coll. Ftbl (HD)		
KIDS	DISN	NICK	TOON	CNBC	CNN	CSPN	FNC	MSNB	SNN	CMT	MTV	VH1	ENC	HBO	HBO2	HBO3	MAX	MMA	SHO	TMC								
NEWS																												
MUSIC																												
PREMIUM																												

MOVIES

A

About Time ★★★½ (13, Romance) Domhnall Gleeson. A man travels back in time for his love. (2:05) 'R' (AL, SC) (HD) HBO2 Tue. 9:40 a.m.

Act of Valor ★★★½ (12, Action) Rorke Denver. SEALS save kidnapped CIA agent. (2:00) 'R' (AL, GV) (HD) TNT Fri. 11:00 p.m., Sat. 3:00 p.m.

Adam ★★★ (09, Drama) Hugh Dancy. Man meets his beautiful new neighbor. (1:40) 'PG-13' (AL, MT, SC) (HD) HBO Thu. 1:05 p.m. HBO3 Tue. 6:05 a.m.

The Addams Family ★★★ (91, Comedy) Anjelica Huston. A con artist wants a family's fortune. (2:00) 'PG-13' (HD) FREE Mon. 9:00 p.m., Tue. 6:00 p.m., Next Sun. 12:00 a.m.

After Earth ★★★½ (13, Adventure) Jaden Smith. Father and son crash on savage Earth. (2:00) 'PG-13' (AC, V) (HD) FX Sat. 2:00 a.m.

Alice in Wonderland ★★★ (10, Fantasy) Johnny Depp. A young woman returns to Wonderland. (2:35) 'PG' (V) (HD) FREE Sun. 1:50 p.m.

Alice Through the Looking Glass ★★★½ (16, Fantasy) Johnny Depp. Alice must travel back in time. (2:15) 'PG' (AL, MV) TBS Sun. 2:00 p.m.

All Eyez on Me ★★★½ (17, Drama) Demetrius Shipp Jr. Rapper Tupac Shakur rises to fame. (2:20) 'R' (AC, AL, N, SC) (HD) CINE Wed. 8:00 p.m. CINE2 Fri. 10:55 p.m.

All of My Heart ★★★ (15, Romance) Lacey Chabert. Caterer and trader renovate house. (2:00) 'NR' (HD) HALL Fri. 4:00 p.m.

All of My Heart: Inn Love ★★★ (17, Romance) Lacey Chabert. Inn is in danger of not opening. (2:00) (HD) HALL Mon. 4:00 p.m.

All Saints ★★★½ (17, Drama) John Corbett. Pastor tries to save struggling church. (1:51) 'PG' (HD) ENCORE Mon. 10:06 a.m.

All Things Valentine ★★★ (16, Romance) Sarah Rafferty. Blogger is unenthusiastic about holiday. (2:00) 'NR' (HD) HALL Tue. 2:00 p.m.

Almost Famous ★★★½ (00, Drama) Patrick Fugit. Teen rock writer tours with a band. (2:06) 'R' (AC, AL, BN) (HD) ENCORE Tue. 9:09 a.m.

American Graffiti ★★★½ (73, Comedy) Richard Dreyfuss. Four young men cruise the town. (2:00) 'PG' (HD) SHOW Wed. 10:00 a.m.

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American Made ★★★ (17, Crime) Tom Cruise. Ex-pilot works for CIA, cartel & DEA. (2:00) 'R' (AL, N, SC) (HD) HBO3 Wed. 12:55 a.m.

The American President ★★★ (95, Romance) Michael Douglas. The U.S. president romances a lobbyist. (1:55) 'PG-13' (AL) (HD) CINE Wed. 8:10 a.m.

American Psycho ★★★½ (00, Thriller) Christian Bale. A materialistic banker murders by night. (2:12) 'R' (AL, SC, V) (HD) SYFY Sat. 9:59 a.m., Next Sun. 2:00 a.m.

American Sniper ★★★½ (15, Action) Bradley Cooper. Deadliest sniper questions kill shots. (3:00) 'R' (AL, GV, SC) (HD) TNT Fri. 8:00 p.m., Sat. 5:00 p.m.

Analyze This ★★★ (99, Comedy) Robert De Niro. A psychiatrist counsels a mafia boss. (1:45) 'R' (AL, SC, V) (HD) HBO Next Sun. 4:25 a.m. HBO2 Mon. 5:00 p.m. HBO3 Sat. 12:45 p.m.

Anthropoid ★★★½ (16, History) Cillian Murphy. Mission to kill Reinhard Heydrich. (2:10) 'R' (V) (HD) SHOW Thu. 1:45 p.m.

Anything For Love ★★½ (16, Romance) Erika Christensen. Executive plays down success in profile. (2:00) 'NR' (HD) HALL Wed. 12:00 p.m.

Appetite for Love ★★½ (16, Romance) Taylor Cole. Woman must convince ex-boyfriend. (2:00) 'NR' (HD) HALL Thu. 4:00 p.m.

Assassin's Creed ★★★ (16, Action) Brendan Gleeson. Man descended from secret society. (2:00) 'PG-13' (AL, V) (HD) CINE2 Sat. 1:15 a.m.

Assault on Precinct 13 ★★★½ (76, Thriller) Austin Stoker. L.A. police station besieged by gang. (1:35) 'R' (AC, AL, V) (HD) SHOW Thu. 3:05 a.m.

The A-Team ★★★ (10, Action) Liam Neeson. Soldiers are wrongly accused of a crime. (2:35) 'PG-13' (AC, AL, V) (HD) AMC Tue. 8:00 p.m., 10:35 p.m., Thu. 8:00 p.m., Fri. 5:25 p.m., Sat. 8:00 p.m., 10:30 p.m.

Atomic Blonde ★★★ (17, Action) Charlize Theron. Brit superspy hunts for vital dossier. (2:00) 'R' (AC, AL, GV, N) (HD) HBO2 Mon. 1:45 p.m., Thu. 5:05 p.m.

Atracción peligrosa ★★★ (10, Crimen) Ben Affleck. Lucha para reformarse. (2:30) 'R' (GL, N, SC, V) (HD) WVEA Sun. 7:30 p.m.

Austin Powers: International Man of Mystery ★★★ (97, Comedy) Mike Myers. A 1960s spy battles evil in the '90s. (2:00) 'PG-13' (AC, AH, N) TNT Mon. 2:00 a.m.

Austin Powers: The Spy Who Shagged Me ★★★ (99, Comedy) Mike Myers. An agent chases a villain into the past. (1:40) 'PG-13' (AH) (HD) CINE2 Thu. 4:45 a.m.

Autumn Dreams ★★★½ (15, Romance) Jill Wagner. Former couple must finalize annulment. (2:00) 'NR' (HD) HALL Mon. 2:00 a.m., Tue. 8:00 p.m.

Avatar ★★★½ (09, Science Fiction) Sam Worthington. Space marines colonize an alien world. (2:45) 'PG-13' (AC, AL, V) (HD) HBO2 Mon. 4:45 a.m.

B

Baby Driver ★★★½ (17, Action) Ansel Elgort. Getaway driver involved in doomed heist. (2:00) 'R' (AL, V) (HD) SHOW Fri. 11:00 a.m., 7:00 p.m., Sat. 12:15 a.m.

Backdraft ★★★ (91, Action) Kurt Russell. Firefighting brothers seek arsonist. (2:30) 'R' (AC, AL, SC) (HD) SHOW Sun. 9:00 a.m., Wed. 10:00 p.m.

Back to the Future ★★★★★ (85, Science Fiction) Michael J. Fox. A teen accidentally changes the past. (2:00) 'PG' (HD) CINE2 Thu. 1:20 p.m.

Back to the Future Part II ★★★½ (89, Science Fiction) Michael J. Fox. A teen travels into the future. (1:50) 'PG' (HD) CINE2 Tue. 2:45 a.m.

Back to the Future Part III ★★★ (90, Science Fiction) Michael J. Fox. A time-traveling teen heads West. (2:00) 'PG' (HD) CINE2 Wed. 10:05 a.m.

Bad Company ★★★ (02, Action) Anthony Hopkins. Wise guy negotiates nuclear arms deal. (2:00) 'PG-13' (AL, V) (HD) CINE Thu. 12:05 a.m., Sat. 6:00 p.m.

Bad Lieutenant ★★★ (92, Crime) Harvey Keitel. Police lieutenant reflects on misdeeds. (1:35) 'NC-17' (AC, AL, RP, SSC) (HD) SHOW Thu. 1:30 a.m.

Bajo la Misma Estrella ★★★½ (14, Romance) Shailene Woodley. Amor en un grupo de terapia. (2:30) 'PG-13' (AL, MT, SC) WVEA Sat. 9:00 p.m.

Bananas ★★★ (71, Comedy) Woody Allen. Man joins a Central American revolution. (1:25) 'PG-13' (AL, V) (HD) CINE2 Fri. 3:40 a.m.

The Barretts of Wimpole Street ★★★ (34, Romance) Norma Shearer. Romance between two poets. (2:00) 'NR' (HD) TCM Mon. 4:00 p.m.

Batman v Superman: Dawn of Justice ★★★ (16, Action) Ben Affleck. Batman decides to take Superman on. (3:00) 'PG-13' (AC, V) (HD) TNT Sun. 6:00 p.m., 11:00 p.m.

Democratic Congressman Cam Brady (Will Ferrell, left) runs against small-town tourism director Marty Huggins (Zach Galifianakis), backed by corrupt power brokers, in "The Campaign," airing Thursday at 9 p.m. on IFC.



Battle of the Sexes ★★½ (17, Comedy) Emma Stone. Drama precedes legendary tennis match. (2:05) 'PG-13' (BN, SC) (HD) HBO2 Fri. 3:55 p.m.

Being John Malkovich ★★★½ (99, Comedy) John Cusack. Hapless puppeteer finds secret portal. (1:55) 'R' (AL, SC) (HD) HBO2 Wed. 12:45 p.m.

The Belko Experiment ★★★ (17, Thriller) John Gallagher Jr. Forced participation in deadly game. (1:30) 'R' (AC, AL, GV, SC) (HD) HBO2 Tue. 2:45 a.m.

Big Fish ★★★½ (04, Drama) Ewan McGregor. A man's tall tales become his legacy. (2:05) 'PG-13' (AC, AL, BN, MV) (HD) CINE2 Fri. 7:00 a.m.

Big Trouble ★★★ (02, Comedy) Tim Allen. Oddballs seek a mysterious suitcase. (1:30) 'PG-13' (AC, AH, AL) (HD) CINE2 Sat. 12:15 p.m.

Billy Lynn's Long Halftime Walk ★★★ (16, Drama) Kristen Stewart. Private reveals what actually happened. (1:55) 'R' (AC, AL, SC, V) (HD) ENCORE Mon. 6:13 a.m.

Black Hawk Down ★★★½ (02, Action) Josh Hartnett. U.S. soldiers are cornered in Somalia. (3:05) 'R' (AL, GV) (HD) AMC Wed. 11:25 a.m.

Blade Runner 2049 ★★★★★ (17, Science Fiction) Ryan Gosling. Search for missing blade runner. (2:45) 'R' (AC, AL, N, V) (HD) HBO Fri. 3:50 p.m.

The Blind Side ★★★½ (09, Drama) Sandra Bullock. A family takes a boy into their home. (2:15) 'PG-13' (AS, MV) (HD) HBO3 Mon. 9:30 a.m.

Blood and Sand ★★★ (41, Romance) Tyrone Power. A bullfighter has romantic strife. (2:15) 'NR' (HD) TCM Mon. 10:00 a.m.

Blow ★★★½ (01, Drama) Johnny Depp. A smuggler brings cocaine to the U.S. (2:05) 'R' (AL, SC, V) (HD) HBO2 Fri. 2:20 a.m.

The Blues Brothers ★★★½ (80, Comedy) John Belushi. Two blues players save an orphanage. (2:15) 'R' (AC, GL, MV) (HD) SHOW Mon. 8:30 a.m.

Boiler Room ★★★ (00, Drama) Giovanni Ribisi. Man works for a corrupt brokerage firm. (2:05) 'R' (AC, AL) (HD) CINE Wed. 1:45 a.m.

Bolt ★★★ (08, Adventure) John Travolta. A dog undertakes a hazardous journey. (2:10) 'PG' (MV) (HD) FREE Fri. 4:10 p.m., Sat. 11:10 a.m.

The Book of Eli ★★★ (10, Drama) Denzel Washington. A nomadic stranger protects a rare book. (2:00) 'R' (AL, GV) (HD) CINE Fri. 9:35 p.m.

The Book of Life ★★★ (14, Comedy) Diego Luna. Young man must make important decision. (2:00) 'PG' (HD) FX Sat. 1:00 p.m.

Born on the Fourth of July ★★★ (90, Drama) Tom Cruise. A veteran becomes an anti-war activist. (2:25) 'R' (HD) CINE Sun. 9:35 a.m., Thu. 3:40 p.m.

The Bourne Identity ★★★ (02, Action) Matt Damon. An amnesiac flees from secret agents. (2:00) 'PG-13' (AL, V) (HD) CINE Mon. 12:25 p.m.

The Bourne Supremacy ★★★½ (04, Action) Matt Damon. Bourne is framed for murder. (1:50) 'PG-13' (AC, AL, V) (HD) CINE Mon. 2:25 p.m., Fri. 8:55 a.m.

The Boxtrolls ★★★ (14, Adventure) Ben Kingsley. Creatures raise courageous orphan. (2:00) 'PG' (HD) FREE Fri. 12:00 a.m., 2:00 p.m.

Boyz n the Hood ★★★½ (91, Drama) Ice Cube. Life in gang-ridden Los Angeles. (2:15) 'R' (AL, AT, V) (HD) TNT Thu. 10:30 p.m.

Breakdown ★★★ (97, Thriller) Kurt Russell. A man searches for his kidnapped wife. (1:45) 'R' (AC, AL, V) (HD) SHOW Fri. 9:15 a.m.

Bridal Wave ★★★½ (15, Romance) Arielle Kebbel. Fiancée has doubts about relationship. (2:00) 'NR' (HD) HALL Thu. 2:00 p.m.

Bridesmaids ★★★ (11, Comedy) Kristen Wiig. A lovelorn and broke maid of honor. (2:30) 'R' (AL, SC) (HD) USA Sat. 6:00 p.m.

Bridge of Spies ★★★½ (15, Drama) Tom Hanks. Lawyer must negotiate release of pilot. (3:00) 'PG-13' (AL, V) TNT Mon. 8:00 p.m.

A Brief History of Time ★★★ (92, Profile) Stephen Hawking. Physicist Stephen Hawking interviewed. (1:30) 'G' TCM Tue. 6:30 p.m.

Bruce Almighty ★★★ (03, Comedy) Jim Carrey. God gives complainer almighty powers. (2:00) 'PG-13' (AC, AL, V) (HD) USA Sat. 4:00 p.m.

C

The Cabin in the Woods ★★★ (12, Horror) Kristen Connolly. Vacationers come under attack. (2:00) 'R' (HD) SYFY Sun. 1:45 p.m.

The Candidate ★★★½ (72, Drama) Robert Redford. Idealist learns reality of politics. (2:15) 'PG' (HD) TCM Fri. 8:00 p.m.

Captain Fantastic ★★★½ (16, Drama) Viggo Mortensen. Father and kids must enter urban world. (2:00) 'R' (AL, N) (HD) SHOW Fri. 3:45 a.m.

Chance at Romance ★★★½ (13, Romance) Erin Krakow. A woman encounters a photographer. (2:00) 'NR' (HD) HALL Sun. 7:00 a.m., Wed. 2:00 p.m.

The Charge of the Light Brigade ★★★ (36, Action) Errol Flynn. The British cavalry's ill-fated attack. (2:00) 'NR' (V) (HD) TCM Wed. 8:15 a.m.

CHiPs ★★★½ (17, Comedy) Dax Shepard. Two policemen forced to work together. (1:45) 'R' (AC, AL, GV, N) (HD) HBO Sun. 5:30 p.m.

The Cider House Rules ★★★ (00, Drama) Tobey Maguire. A man sets out to explore the world. (2:15) 'PG-13' (AC, MT, N, SC) (HD) SHOW Wed. 1:45 p.m.

Clash of the Titans ★★★½ (10, Adventure) Sam Worthington. A Greek warrior battles monsters. (1:50) 'PG-13' (SC, V) (HD) CINE2 Sat. 3:25 p.m.

The Client ★★★ (94, Thriller) Susan Sarandon. Boy in danger after hearing mob secrets. (2:00) 'PG-13' (AL) (HD) CINE Sun. 12:00 p.m., Wed. 10:05 a.m., Next Sun. 12:05 a.m.

Clue ★★★ (85, Comedy) Eileen Brennan. Blackmail victims solve murder mystery. (2:00) 'PG' (AC, AL, MV) (HD) FREE Tue. 12:00 a.m.

Clueless ★★★ (95, Comedy) Alicia Silverstone. Girl helps friends improve their lives. (1:40) 'PG-13' (AL, AS) (HD) ENCORE Sat. 4:35 a.m., 1:00 p.m.

Collateral ★★★½ (04, Drama) Tom Cruise. Cabbie becomes hostage of busy hitman. (2:00) 'R' (AL, V) (HD) CINE Mon. 4:15 p.m., Fri. 6:00 p.m.

Con Air ★★★ (97, Action) Nicolas Cage. An airplane is hijacked by inmates. (2:30) 'R' (AC, AL, V) (HD) AMC Wed. 11:00 p.m., Thu. 2:25 p.m.

Contraband ★★★½ (12, Thriller) Mark Wahlberg. A man runs counterfeit money. (2:30) 'R' (AC, AL, V) (HD) TNT Tue. 5:30 p.m.

The Cooler ★★★ (03, Drama) William H. Macy. An unlucky man spoils winners' chances. (1:45) 'R' (AL, AS, N, SSC) HBO3 Wed. 10:10 a.m., Next Sun. 1:25 a.m.

A Country Wedding ★★★ (15, Romance) Jesse Metcalfe. Musician reconnects with childhood love. (2:00) 'NR' (HD) HALL Sat. 9:00 a.m.

Courage Under Fire ★★★ (96, Drama) Denzel Washington. Officer investigates pilot's death. (2:00) 'R' (AL, V) (HD) CINE2 Mon. 4:45 p.m.

Cover Girl ★★★ (44, Musical) Rita Hayworth. A beautiful chorus girl finds fame. (2:00) 'NR' (HD) TCM Tue. 11:45 p.m.

Cowboys & Aliens ★★★½ (11, Action) Daniel Craig. Aliens invade Old West desert town. (2:30) 'PG-13' (AH, AL, SC) (HD) TNT Next Sun. 1:30 a.m.

Creed ★★★★★ (15, Drama) Michael B. Jordan. Apollo Creed's son becomes a boxer. (3:00) 'PG-13' (AL, AS, V) (HD) PARMT Next Sun. 12:15 a.m.

D

Darkest Hour ★★★ (17, Drama) Gary Oldman. Britain faces threat of Nazi invasion. (2:05) 'PG-13' (HD) HBO Sun. 7:40 a.m. HBO3 Fri. 8:45 a.m., 9:00 p.m.

The Dark Knight Rises ★★★★★ (12, Action) Christian Bale. Batman protects Gotham from terrorist. (3:30) 'PG-13' (AL, SC, V) (HD) TNT Sun. 2:30 p.m.

Dark Shadows ★★½ (12, Comedy) Johnny Depp. Vampire meets his dysfunctional family. (2:40) 'PG-13' (AC, AL, SC, V) (HD) FREE Sun. 11:20 p.m., Mon. 6:30 p.m.

Date Night ★★½ (10, Comedy) Tina Fey. A couple gets in trouble with the mob. (1:30) 'PG-13' (AC, AH, AL, MV) (HD) CINE2 Tue. 4:15 p.m.

Dave ★★★ (93, Comedy) Kevin Kline. Man takes over for president. (1:55) 'PG-13' (AL, SC) (HD) CINE2 Mon. 12:35 p.m.

Dawn of the Planet of the Apes ★★★½ (14, Science Fiction) Andy Serkis. Genetically evolved apes vs. humans. (3:00) 'PG-13' (AL, V) (HD) FX Thu. 2:30 p.m., Fri. 9:00 a.m.

Dazed and Confused ★★★½ (93, Comedy) Jason London. Teens face the last day of high school. (1:45) 'R' (AC, AL) (HD) ENCORE Mon. 3:25 p.m., Tue. 2:12 a.m.

Deadpool ★★★★★ (16, Action) Ryan Reynolds. Man adopts antihero alter ego. (2:30) 'R' (AL, N, SC, V) (HD) FX Sun. 8:00 p.m., 10:30 p.m.

Dementia 13 ★★½ (17, Horror) Ana Isabelle. Ghost & axe-murderer threaten family. (2:01) 'NR' (HD) SYFY Wed. 11:57 p.m.

Despicable Me ★★★½ (10, Comedy) Steve Carell. A master thief plans his next big heist. (2:10) 'PG' (AH) (HD) FREE Thu. 8:50 p.m., Fri. 6:20 p.m.

The Devil's Bride ★★★ (68, Horror) Christopher Lee. Satanists target the Duke of Richeleau. (2:00) 'NR' TCM Wed. 8:00 p.m.

The Devil Wears Prada ★★★ (06, Comedy) Meryl Streep. A woman works for a demanding boss. (1:50) 'PG-13' (AS) (HD) HBO Mon. 10:10 a.m., Fri. 2:00 p.m.

Die Hard 2 ★★★ (90, Action) Bruce Willis. John McClane battles airport terrorists. (2:05) 'R' (HD) CINE Mon. 8:00 a.m., 11:35 p.m., Sat. 10:00 p.m.

Dinner for Schmucks ★★½ (10, Comedy) Steve Carell. The perfect guest for a party. (1:55) 'PG-13' (AL, BN, SC) (HD) CINE Thu. 6:05 p.m.

Doctor Zhivago ★★★½ (65, Drama) Omar Sharif. A doctor is torn between two women. (3:30) 'NR' (HD) TCM Wed. 4:30 p.m.

Dolphin Tale 2 ★★★ (14, Drama) Morgan Freeman. Medical team finds dolphin a companion. (1:50) 'PG' (HD) HBO Tue. 7:10 a.m. HBO3 Tue. 3:15 a.m.

El Dorado ★★★ (67, Western) John Wayne. An old gunfighter helps end a range war. (2:08) 'NR' (HD) ENCORE Thu. 11:08 a.m., Fri. 5:47 a.m.

Dracula ★★★½ (31, Horror) Bela Lugosi. A vampire moves to London. (1:16) 'NR' (HD) ENCORE Thu. 6:27 a.m.

Duplicity ★★½ (09, Thriller) Julia Roberts. Former lovers spy for rival companies. (2:05) 'PG-13' (AL, SC) (HD) HBO Mon. 5:25 a.m., Wed. 8:10 a.m. HBO3 Sat. 5:00 p.m.

E

Eagle Eye ★★★ (08, Thriller) Shia LaBeouf. Two strangers must run for their lives. (2:30) 'PG-13' (AL, V) (HD) TNT Tue. 3:00 p.m.

Eat Pray Love ★★½ (10, Drama) Julia Roberts. Woman searches for meaning in her life. (2:23) 'PG-13' (AC, AL, N) (HD) ENCORE Sat. 6:07 p.m.

Eddie the Eagle ★★½ (16, Comedy) Taron Egerton. Underdog competes in 1988 Olympics. (2:30) 'PG-13' (AC, N, SC) (HD) FX Mon. 9:30 a.m., Tue. 7:00 a.m.

Edge of Tomorrow ★★★½ (14, Science Fiction) Tom Cruise. Officer thrown into strange time loop. (2:30) 'PG-13' (AL, V) (HD) TNT Sat. 12:30 p.m.

Eight Below ★★★ (06, Adventure) Paul Walker. Sled dogs left behind in Antarctica. (2:05) 'PG' (AL) (HD) CINE2 Mon. 8:40 a.m.

The Emperor's Club ★★★ (02, Drama) Kevin Kline. Teacher challenged by unruly students. (1:55) 'PG-13' (SC) (HD) HBO2 Mon. 8:05 a.m.

Enemy of the State ★★★ (98, Thriller) Gene Hackman. A lawyer is framed for murder. (2:15) 'R' (AL, V) (HD) SHOW Mon. 2:30 p.m., Tue. 5:30 a.m., Sat. 12:15 p.m.

The Equalizer ★★★ (14, Action) Denzel Washington. Ex-commando tries to save young girl. (3:00) 'R' (AL, GV, SC) (HD) FX Tue. 5:00 p.m., Wed. 2:30 p.m.

Erin Brockovich ★★★ (00, Drama) Julia Roberts. A secretary's crusade brings out truth. (2:15) 'R' (AL) (HD) CINE Tue. 7:00 a.m., Sat. 6:40 a.m.

Escape From Alcatraz ★★★ (79, Drama) Clint Eastwood. A bank robber plots a prison escape. (2:30) 'PG' (AC, AL, V) (HD) AMC Mon. 9:25 a.m.



Max (Jason Bateman), Annie (Rachel McAdams) and their friends get together for competitive fun find themselves entangled in a real-life mystery in "Game Night," airing Wednesday at 8 p.m. on HBO.

Escaping Dad ★★★ (17, Thriller) Trevor Donovan. A runway wife must keep her kids safe. (2:00) (HD) LIFE Sun. 10:00 a.m.

Eternal Sunshine of the Spotless Mind ★★★½ (04, Romance) Jim Carrey. Ex-lovers want their memories erased. (2:00) 'R' (AC, AL, SC) (HD) SHOW Next Sun. 4:00 a.m.

E.T.: The Extra-Terrestrial ★★★½ (82, Science Fiction) Dee Wallace. A young boy befriends an alien. (1:55) 'PG' (HD) HBO Mon. 8:15 a.m.

Everything, Everything ★★★½ (17, Drama) Amandla Stenberg. Teen girl & new neighbor can only email. (1:40) 'PG-13' (AC) (HD) CINE2 Sun. 2:55 p.m.

Evil Dead ★★★ (13, Horror) Jane Levy. Friends in the woods are possessed. (2:00) 'R' (AL, GV, SC) (HD) FX Thu. 10:00 a.m., Fri. 7:00 a.m.

Executive Suite ★★★ (54, Drama) William Holden. Power struggles erupt at a huge company. (2:00) 'NR' TCM Mon. 2:00 p.m.

Extraordinary Measures ★★★½ (10, Drama) Brendan Fraser. A man seeks a cure for a rare disease. (2:00) 'PG' (AL, MT) (HD) SHOW Wed. 8:00 a.m.

F

Falling for Vermont ★★★ (17, Romance) Julie Gonzalo. Celebrity author gets amnesia. (2:00) 'NR' (HD) HALL Mon. 8:00 p.m.

Fantastic Beasts and Where to Find Them ★★★½ (16, Adventure) Eddie Redmayne. Wizard must recover magical creatures. (2:15) 'PG-13' (HD) HBO2 Sat. 12:45 a.m.

Fast Five ★★★ (11, Action) Vin Diesel. Former cop and ex-con team up. (2:30) 'PG-13' (AC, AL, SC, V) BRAVO Sat. 8:00 p.m., 10:30 p.m.

The Fate of the Furious ★★★ (17, Action) Vin Diesel. Mysterious woman seduces Dom into crime. (2:20) 'PG-13' (AC, AL, V) (HD) CINE2 Mon. 1:45 a.m., Wed. 11:00 p.m.

Father Figures ★★★ (17, Comedy) Owen Wilson. Brothers set out to find biological dad. (1:55) 'R' (AC, AL, SC) (HD) HBO3 Sun. 5:35 p.m., Thu. 9:40 a.m., 9:00 p.m.

The Fearless Vampire Killers or: Pardon Me, But Your Teeth Are in My Neck ★★★ (67, Horror) Jack MacGowran. Bumbling vampire hunters at work. (2:00) 'NR' (HD) TCM Sat. 8:00 p.m.

Ferdinand ★★★ (17, Comedy) John Cena. Giant bull tries to make his way home. (1:50) 'PG' (AH) (HD) HBO Sun. 12:15 p.m.

50 First Dates ★★★ (04, Comedy) Adam Sandler. Man falls for girl with memory loss. (1:45) 'PG-13' (AC, AH, AL, MV) (HD) CINE2 Wed. 7:15 p.m.

Fight Club ★★★ (99, Thriller) Brad Pitt. Forming of an underground fight club. (3:00) 'R' (AC, AL, GV, MT) (HD) WGN Mon. 12:00 a.m.

The Firm ★★★ (93, Thriller) Tom Cruise. Man finds what seems the perfect job. (2:37) 'R' (AL, V) (HD) ENCORE Fri. 4:14 p.m., Sat. 1:57 a.m.

First Blood ★★★ (82, Action) Sylvester Stallone. Arrest sets off Vietnam vet's rage. (2:05) 'R' (AL, BN, GV, V) (HD) AMC Fri. 12:45 p.m., Sat. 10:25 a.m.

Fist Fight ★★★½ (17, Comedy) Ice Cube. Teacher challenged to fist fight. (1:35) 'R' (AC, AL, N, SC) (HD) HBO2 Fri. 11:10 p.m.

5 Flights Up ★★★½ (15, Drama) Morgan Freeman. Moving out of long-time apartment. (1:35) 'PG-13' (AL, BN) (HD) HBO3 Sat. 6:00 a.m.

(500) Days of Summer ★★★½ (09, Comedy) Joseph Gordon-Levitt. A man wants a lady to believe in love. (1:40) 'PG-13' (AL, SC) (HD) CINE2 Thu. 9:00 p.m.

The Foreigner ★★★ (17, Action) Jackie Chan. Businessman-with-past seeks revenge. (2:00) 'R' (AL, SC, V) (HD) SHOW Thu. 8:30 p.m.

Forgetting Sarah Marshall ★★★ (08, Comedy) Jason Segel. Man encounters ex-girlfriend at resort. (2:30) 'R' (AL, N, SC) (HD) COM Sat. 4:30 p.m.

Fright Night ★★★½ (11, Horror) Anton Yelchin. A teen believes neighbor is a vampire. (2:20) 'R' (AC, AL, V) SYFY Sun. 11:25 a.m., Mon. 3:07 a.m.

From Hell ★★★ (01, Horror) Johnny Depp. Detective investigates grisly murders. (2:05) 'R' (AL, AS, GV, SC) (HD) HBO3 Fri. 3:45 a.m.

From Prada to Nada ★★★½ (11, Comedy) Camilla Belle. Two sisters discover they are poor. (1:50) 'PG-13' (AC, SC) HBO Fri. 8:30 a.m.

The Front Page ★★★ (31, Drama) Adolphe Menjou. Escaped convicted murderer's story. (2:00) 'NR' TCM Mon. 8:00 p.m.

Frozen ★★★½ (13, Adventure) Kristen Bell. Princess tries to break icy spell. (2:30) 'PG' (AH) (HD) FREE Fri. 8:30 p.m., Sat. 5:00 p.m.

The Fugitive ★★★½ (93, Action) Harrison Ford. A doctor seeks to clear his name. (2:15) 'PG-13' (AL, AS, V) HBO Mon. 12:30 p.m. HBO3 Wed. 8:00 a.m.

Funny People ★★★ (09, Comedy) Adam Sandler. A movie star has a fatal disease. (2:30) 'R' (AH, AL, SC) (HD) HBO2 Sat. 11:00 p.m.

G

Game Night ★★★ (18, Comedy) Jason Bateman. Friends try to solve a murder mystery. (1:45) 'R' (AC, AL, V) HBO Sun. 7:15 p.m., Wed. 8:00 p.m., Thu. 3:30 a.m., Sat. 4:00 p.m. HBO2 Fri. 11:35 a.m., 9:30 p.m.

Garden State ★★★ (04, Drama) Zach Braff. Emotionally-detached man returns home. (1:45) 'R' (AC, AL, SC) (HD) HBO2 Wed. 4:15 a.m.

Geostorm ★★★½ (17, Thriller) Gerard Butler. Earth threatened by climate disasters. (1:50) 'PG-13' (V) (HD) CINE Mon. 8:00 p.m., Fri. 4:10 p.m.

Get Hard ★★★½ (15, Comedy) Will Ferrell. Preparing for a prison sentence. (2:00) 'R' (AC, GL, N, SSC) (HD) USA Sat. 2:00 p.m.

Get Out ★★★½ (17, Horror) Daniel Kaluuya. Man discovers terrifying truth. (1:45) 'R' (AL, SC, V) (HD) CINE Sun. 9:45 p.m., Sat. 1:10 a.m.

Ghost ★★★½ (90, Romance) Patrick Swayze. A man's spirit protects his girlfriend. (2:09) 'PG-13' (HD) ENCORE Fri. 1:32 a.m., 6:51 p.m.

The Ghost Writer ★★★ (10, Thriller) Ewan McGregor. A writer probes a politician's life. (2:15) 'PG-13' (AL, BN, SC, V) (HD) HBO Wed. 3:15 p.m., Fri. 6:20 a.m.

Gilda ★★★ (46, Drama) Rita Hayworth. A casino owner weds a woman with a past. (2:00) 'NR' (MV) (HD) TCM Tue. 8:00 p.m.

The Girl Next Door ★★★ (04, Comedy) Emile Hirsch. Teen falls in love with porn star. (1:50) 'R' (AC, AL, SSC) (HD) CINE2 Thu. 11:30 a.m.

Girls Trip ★★★ (17, Comedy) Regina Hall. Four friends have party-filled weekend. (2:05) 'R' (AC, AL, BN, SSC) (HD) HBO3 Sun. 10:30 a.m., Tue. 6:55 p.m., Sat. 1:20 a.m.

Gizmo! ★★★½ (77, Comedy) Inventions fall short of expectations. (1:30) 'G' TCM Tue. 5:00 p.m.

GoodFellas ★★★ (90, Crime) Robert De Niro. A man becomes part of the Mafia. (2:30) 'R' (HD) HBO2 Tue. 11:45 a.m. HBO3 Thu. 11:00 p.m.

The Good Lie ★★★ (14, Drama) Reese Witherspoon. Orphaned Sudanese brought to America. (1:50) 'PG-13' (AC, AL, MT, V) (HD) HBO Thu. 2:45 p.m. HBO3 Thu. 12:30 a.m.

Goosebumps ★★★ (15, Comedy) Dylan Minnette. Monsters released from "Goosebumps.". (2:00) 'PG' (AC, AH) (HD) FX Sat. 7:00 p.m., 9:00 p.m.

The Graduate ★★★½ (67, Drama) Anne Bancroft. An affair with an older woman. (2:00) 'NR' (HD) TCM Next Sun. 4:15 a.m.

The Greatest Game Ever Played ★★★½ (05, Drama) Stephen Dillane. An unknown competes in the U.S. Open. (2:05) 'PG' (AL) (HD) CINE2 Tue. 12:40 a.m., Thu. 5:00 p.m.

The Greatest Showman ★★★ (17, Drama) Hugh Jackman. Master showman starts traveling circus. (1:45) 'PG' (AT, MV) (HD) HBO Tue. 8:00 p.m. HBO2 Wed. 10:30 a.m., Sat. 4:45 p.m.

The Great Wall ★★½ (17, Action) Matt Damon. Fight to keep monsters out. (1:45) 'PG-13' (V) (HD) CINE2 Mon. 10:55 p.m.

The Green Inferno ★★½ (15, Horror) Lorenza Izzo. Students in trouble in Amazon. (1:45) 'R' (AL, BN, GV, SC) (HD) CINE Thu. 2:05 a.m.

Green Zone ★★★ (10, Drama) Matt Damon. A soldier discovers lies in Iraq. (1:55) 'R' (AL, GV) (HD) CINE2 Mon. 9:00 p.m., Next Sun. 4:10 a.m.

Grosse Pointe Blank ★★★ (97, Comedy) John Cusack. Hit man attends his high school reunion. (1:50) 'R' (AL, AS, V) (HD) CINE Tue. 1:40 a.m.

Guardians of the Galaxy ★★★½ (14, Action) Chris Pratt. Man forms team with quartet of misfits. (2:30) 'PG-13' (AL, V) (HD) FX Sun. 5:30 p.m.

Gunga Din ★★½ (39, Adventure) Cary Grant. Three soldiers battle natives in India. (2:15) 'NR' (HD) TCM Sat. 12:00 p.m.

H

Happy Death Day ★★½ (17, Horror) Jessica Rothe. Woman keeps reliving her murder day. (1:40) 'PG-13' (AC, AL, BN, SC) (HD) CINE2 Tue. 7:20 p.m., Sat. 10:35 p.m.

Happy Gilmore ★★★ (96, Comedy) Adam Sandler. A man changes the face of golf. (2:00) 'PG-13' (HD) COM Sun. 7:00 p.m. PARMT Fri. 7:00 p.m., Sat. 4:30 p.m.

Harry Potter and the Chamber of Secrets ★★★½ (02, Fantasy) Daniel Radcliffe. Monster stalks school of magic. (3:50) 'PG' (AL, V) (HD) SYFY Sun. 7:15 p.m., Mon. 3:03 p.m.

Harry Potter and the Sorcerer's Stone ★★½ (01, Fantasy) Daniel Radcliffe. Orphan enrolls in school of magic. (3:30) 'PG' (MT) (HD) SYFY Sun. 3:45 p.m., Mon. 11:30 a.m.

Harvest Moon ★★★ (15, Romance) Jesse Hutch. Urbanite's unprofitable pumpkin farm. (2:00) 'NR' (HD) HALL Mon. 12:00 a.m.

A Harvest Wedding ★★★ (17, Romance) Jill Wagner. Wedding planner faces first love. (2:00) (HD) HALL Mon. 12:00 p.m., Thu. 8:00 p.m.

The Haunting in Connecticut ★★½ (09, Thriller) Virginia Madsen. Family terrorized by a former resident. (2:00) 'PG-13' (AS, V) (HD) SYFY Mon. 7:00 p.m., Tue. 12:30 p.m.

Hidden Figures ★★½ (17, Drama) Taraji P. Henson. Women cross gender and racial lines. (2:10) 'PG' (AL) (HD) CINE2 Tue. 12:15 p.m.

His Girl Friday ★★½ (40, Comedy) Cary Grant. An editor spars with his ex-wife. (2:00) 'NR' (HD) TCM Mon. 10:00 p.m., Thu. 8:00 p.m.

The Hitchhiker's Guide to the Galaxy ★★★ (05, Comedy) Sam Rockwell. Last surviving humans wander galaxy. (1:50) 'PG' (AL, AS, MV) (HD) SHOW Fri. 7:25 a.m.

Hitman: Agent 47 ★★½ (15, Action) Rupert Friend. Bioengineered assassin uncovers origins. (2:00) 'R' (AL, V) (HD) FX Tue. 3:00 p.m., Wed. 7:00 a.m.

The Hitman's Bodyguard ★★★ (17, Comedy) Ryan Reynolds. Protection agent must escort assassin. (2:00) 'R' (AL, V) (HD) HBO3 Sun. 2:05 p.m.

Hocus Pocus ★★★ (93, Comedy) Bette Midler. Witches return to Salem for revenge. (2:10) 'PG' (AL) (HD) FREE Sun. 4:25 p.m., Wed. 9:00 p.m., Thu. 6:40 p.m., Sat. 2:50 p.m.

Home by Spring ★★½ (18, Romance) Poppy Drayton. Event planner returns to her hometown. (2:00) 'NR' (HD) HALL Tue. 4:00 p.m.

Horrible Bosses ★★★ (11, Comedy) Jason Bateman. Friends plan to murder employers. (2:30) 'R' (AC, AL, SC) (HD) COM Sat. 11:00 p.m.

The Horror of Dracula ★★½ (58, Horror) Peter Cushing. A lawyer goes to Transylvania. (1:30) 'NR' TCM Wed. 10:00 p.m.

Hotel Transylvania ★★★ (12, Family) Adam Sandler. Monsters gather at a hotel resort. (2:00) 'PG' (HD) FX Fri. 8:00 p.m., Sat. 3:00 p.m.

Hotel Transylvania 2 ★★ (15, Comedy) Adam Sandler. Dracula's father comes for visit. (2:00) 'PG' (AH) (HD) FX Fri. 10:00 p.m., Sat. 5:00 p.m.

House of D ★★★ (04, Comedy) David Duchovny. A boy befriends a slow-witted janitor. (1:40) 'PG-13' (AC, AL, MT) (HD) HBO3 Tue. 7:50 a.m., Next Sun. 3:10 a.m.

The Hunchback of Notre Dame ★★★ (96, Family) Tom Hulce. Trio protects the grand cathedral. (2:00) 'G' (HD) FREE Sat. 12:00 a.m., 9:05 a.m.

The Hunt for Red October ★★½ (90, Action) Sean Connery. Soviet sub turns rogue on maiden voyage. (2:15) 'PG' (HD) SHOW Fri. 4:45 p.m., Sat. 3:45 a.m.

The Hurt Locker ★★½ (09, Drama) Jeremy Renner. Army bomb squad stationed in Iraq. (2:15) 'R' (HD) SHOW Fri. 1:30 a.m.

I

I Heart Huckabees ★★★ (04, Comedy) Jason Schwartzman. A man hires existentialist detectives. (1:50) 'R' (AH, AL, AS, N) (HD) HBO3 Wed. 6:10 a.m.

I Love You Again ★★★ (40, Comedy) William Powell. Amnesia recovery brings big changes. (2:00) 'NR' TCM Fri. 4:00 a.m.

I, Robot ★★★ (04, Science Fiction) Will Smith. Robot may be guilty of murder. (2:35) 'PG-13' (BN) (HD) AMC Thu. 10:35 p.m., Fri. 2:50 p.m.

Identity ★★★ (03, Horror) John Cusack. A group of stranded strangers. (1:30) 'R' (GL, V) (HD) HBO2 Wed. 12:35 a.m.

Identity Thief ★★½ (13, Comedy) Jason Bateman. A man searches for who stole his life. (2:30) 'R' (AL, SC) (HD) FX Mon. 3:00 p.m., Tue. 9:30 a.m.

Independence Day: Resurgence ★★½ (16, Action) Liam Hemsworth. Aliens invade once again. (2:30) 'PG-13' (AL, GV) (HD) FX Wed. 7:30 p.m., Thu. 5:30 p.m.

Inglourious Basterds ★★½ (09, Drama) Brad Pitt. Jewish-American soldiers kill Nazis. (2:45) 'R' (AL, GV, SC) (HD) SHOW Mon. 4:45 p.m., Tue. 12:30 a.m.

In the Land of Women ★★★ (07, Drama) Adam Brody. A young man learns about women. (1:40) 'PG-13' (AL, MT, SC) (HD) CINE2 Thu. 10:40 p.m.

Insidious ★★★ (11, Horror) Patrick Wilson. Evil spirits vie for comatose boy. (2:23) 'PG-13' (AL, MT, V) (HD) SYFY Sat. 12:11 p.m.

Insidious: Chapter 2 ★★★ (13, Horror) Patrick Wilson. Family haunted by supernatural activity. (2:26) 'PG-13' (MT, V) (HD) SYFY Sat. 2:34 p.m.

Insidious: Chapter 3 ★★★ (15, Horror) Dermot Mulroney. Helping a tormented teenage girl. (2:00) 'PG-13' (AL, MT, V) (HD) SYFY Sat. 5:00 p.m.

Insidious: The Last Key ★★½ (18, Horror) Lin Shaye. Medium's childhood home haunted. (1:45) 'PG-13' (AL, V) (HD) CINE Sun. 8:00 p.m., Sat. 10:45 a.m.

In the Valley of Elah ★★★ (07, Drama) Tommy Lee Jones. A couple seeks their vanished son. (2:05) 'R' (AT, GL, SC, V) (HD) CINE Wed. 2:00 p.m., Next Sun. 2:10 a.m.

Invictus ★★★ (09, Drama) Morgan Freeman. South Africa unites behind a rugby team. (2:15) 'PG-13' (AL) (HD) CINE2 Mon. 6:45 p.m., Fri. 11:00 a.m.

Invincible ★★★ (06, Drama) Mark Wahlberg. Bartender goes to tryout for NFL team. (1:45) 'PG' (AL) (HD) HBO2 Fri. 5:45 a.m.

Iron Man ★★½ (08, Action) Robert Downey Jr. An arms dealer becomes a superhero. (2:30) 'PG-13' (AC, V) TBS Sat. 12:00 a.m., 1:30 p.m.

Iron Man 3 ★★½ (13, Action) Robert Downey Jr. Tony Stark must protect loved ones. (2:30) 'PG-13' (AC, V) TBS Sat. 4:00 p.m., Next Sun. 1:30 a.m.

The Island ★★★ (05, Science Fiction) Ewan McGregor. Two people escape from Utopian society. (2:59) 'PG-13' (AL, SC, V) (HD) TNT Mon. 11:59 p.m.

It ★★½ (17, Horror) Bill Skarsgård. Bullied preteens battle a demonic clown. (2:15) 'R' (AC, AL, GV) (HD) HBO Fri. 1:30 a.m.

The Italian Job ★★★ (03, Action) Mark Wahlberg. Gang causes traffic jam to cover heist. (1:55) 'PG-13' (AL, V) (HD) CINE2 Sun. 7:05 p.m., Fri. 9:00 p.m.

It's Complicated ★★★ (09, Comedy) Meryl Streep. A divorced couple has a secret affair. (2:05) 'R' (AC, SC) (HD) HBO3 Fri. 3:45 p.m., 11:15 p.m.

J

The Jerk ★★★ (79, Comedy) Steve Martin. An eccentric seeks fame and fortune. (1:35) 'R' (HD) SHOW Mon. 6:55 a.m.

Jersey Boys ★★★ (14, Drama) John Lloyd Young. Four friends form The Four Seasons. (2:15) 'R' (AL) (HD) HBO3 Mon. 1:05 a.m.

John Wick ★★½ (14, Action) Keanu Reeves. Kingpin's son kills ex-hit man's pup. (2:30) 'R' (AC, AL, GV) (HD) PARMT Wed. 9:00 p.m., 11:30 p.m.

John Wick: Chapter 2 ★★½ (17, Action) Keanu Reeves. John Wick comes out of retirement. (2:05) 'R' (AL, BN, V) (HD) CINE Sat. 3:55 p.m.

Jumanji ★★★ (95, Fantasy) Robin Williams. An ancient, terrifying game traps a boy. (2:00) 'PG' (AL) TNT Sun. 10:00 a.m.

The Jungle Book ★★★ (16, Adventure) Neel Sethi. Boy must escape fearsome tiger. (2:00) 'PG' (MV) TBS Sun. 12:00 p.m.

Jupiter Ascending ★★½ (15, Adventure) Channing Tatum. Woman meant for much more. (2:10) 'PG-13' (BN, SC, V) (HD) CINE2 Sat. 6:50 p.m.

Jurassic Park ★★½ (93, Science Fiction) Sam Neill. Living dinosaurs escape captivity. (3:00) 'PG-13' (MT, V) (HD) FREE Tue. 3:00 p.m.

Justice League ★★★ (17, Action) Ben Affleck. Superheroes confront global threat. (2:00) 'PG-13' (V) (HD) HBO2 Sun. 1:00 p.m., Wed. 9:50 p.m.

K

K-19: The Widowmaker ★★★ (02, Drama) Harrison Ford. A nuclear submarine breaks down. (2:30) 'PG-13' (HD) **SHOW** Tue. 10:00 a.m.

Kalifornia ★★★ (93, Thriller) Brad Pitt. Couple travels with unstable passengers. (2:01) 'R' (HD) **ENCORE** Tue. 5:34 a.m.

Keanu ★★★ (16, Comedy) Jordan Peele. Men try to get stolen kitten back. (2:00) 'R' (AC, AL, N, SC) **TBS** Mon. 2:00 a.m.

King Arthur: Legend of the Sword ★★★ (17, Action) Charlie Hunnam. A young man grows up on the streets. (2:10) 'PG-13' (AC, AL, V) (HD) **CINE2** Fri. 6:50 p.m.

Kingdom of Heaven ★★★ (05, Drama) Orlando Bloom. Crusaders battle for Jerusalem. (2:25) 'R' (V) (HD) **CINE** Thu. 1:15 p.m.

King Lear ★★★ (71, Drama) Paul Scofield. A kingdom is divided amongst daughters. (2:30) 'NR' **TCM** Sat. 10:00 p.m.

Kingsman: The Golden Circle ★★★ (17, Action) Taron Egerton. Spies unite to battle crime syndicate. (2:30) 'R' (AC, AL, SC, V) (HD) **HBO** Wed. 1:45 a.m. **HBO3** Mon. 11:45 a.m., 9:00 p.m., Thu. 2:20 p.m., Sat. 2:35 p.m., 11:00 p.m.

Kissing Jessica Stein ★★★ (01, Comedy) Jennifer Westfeldt. Two women begin experiment relationship. (1:40) 'R' (AL, SC) (HD) **HBO2** Fri. 2:15 p.m.

Kiss Kiss, Bang Bang ★★★½ (05, Comedy) Robert Downey Jr. Thief helps investigate a murder case. (1:45) 'R' (AL, N, SC, V) (HD) **HBO2** Sun. 11:10 p.m. **HBO3** Wed. 2:55 a.m.

Knight and Day ★★★½ (10, Action) Tom Cruise. A woman and a rogue agent flee the CIA. (1:55) 'PG-13' (AL, V) (HD) **CINE2** Tue. 8:20 a.m.

Knocked Up ★★★ (07, Comedy) Seth Rogen. Pregnancy brings mismatches together. (2:00) 'R' (AL, AS, SC) **TBS** Mon. 12:00 a.m.

Kung Fu Panda 3 ★★★½ (16, Family) Jack Black. Po must train group of clumsy pandas. (2:00) 'PG' (AH, MV) (HD) **FX** Fri. 4:00 p.m., Sat. 9:00 a.m.

L

The Lady from Shanghai ★★★½ (48, Mystery) Rita Hayworth. A man is pulled into a murder mystery. (1:45) 'NR' (HD) **TCM** Tue. 10:00 p.m.

La La Land ★★★ (16, Musical) Ryan Gosling. Couple's love threatened by success. (2:10) 'PG-13' (AL) (HD) **CINE2** Wed. 6:00 a.m.

The Latin Explosion: A New America ★★★ (15, Documentary) Jennifer Lopez. History of Latino culture in the U.S. (1:05) (HD) **HBO2** Fri. 4:40 a.m., Next Sun. 4:15 a.m.

The Legend of Tarzan ★★★ (16, Action) Alexander Skarsgård. Tarzan must travel back to Congo. (2:30) 'PG-13' (AC, SC, V) (HD) **TNT** Sat. 8:00 p.m.

Lights Out ★★★ (16, Horror) Teresa Palmer. Danger for family when lights go out. (1:45) 'PG-13' (AC, MT, V) (HD) **SYFY** Wed. 7:15 p.m., 10:00 p.m.

The Lincoln Lawyer ★★★ (11, Drama) Matthew McConaughey. Attorney's unique business practice. (2:30) 'R' (AC, AL, SC, V) (HD) **TNT** Mon. 3:00 p.m.

A Little Chaos ★★★ (15, Romance) Kate Winslet. Female designs garden at Versailles. (1:55) 'R' (BN, SC) (HD) **HBO2** Thu. 3:50 a.m.

Logan ★★★ (17, Action) Hugh Jackman. Logan meets young mutant who needs help. (2:20) 'R' (AL, BN, GV) (HD) **CINE** Mon. 10:05 a.m., Thu. 9:25 p.m.

The Lone Ranger ★★★ (13, Action) Johnny Depp. Lawman teams up with a Native American. (3:30) 'PG-13' (V) (HD) **AMC** Mon. 11:55 a.m., Tue. 9:00 a.m.

The Lord of the Rings: The Fellowship of the Ring ★★★ (01, Fantasy) Elijah Wood. A hobbit must destroy a ring of power. (3:01) 'PG-13' (MT, V) (HD) **ENCORE** Tue. 2:31 p.m., Wed. 4:50 a.m.

Lord of War ★★★½ (05, Crime) Nicolas Cage. An arms dealer confronts his morality. (2:05) 'R' (AC, AL, GV, SC) (HD) **SHOW** Thu. 10:00 a.m.

The Losers ★★★ (10, Drama) Jeffrey Dean Morgan. Soldiers hunt the man who betrayed them. (1:40) 'PG-13' (AL, SC, V) (HD) **CINE2** Thu. 3:20 p.m.

The Lost Boys ★★★ (87, Horror) Corey Feldman. A teen's new friends are vampires. (1:40) 'R' (AL, V) (HD) **HBO2** Thu. 3:10 p.m.

Lost River ★★★ (15, Mystery) Christina Hendricks. Sympathetic boy finds underwater town. (1:35) 'R' (AL, GV, SC) (HD) **CINE** Tue. 3:30 a.m.

The Lost World: Jurassic Park ★★★ (97, Science Fiction) Jeff Goldblum. Experts study dinosaurs on an island. (3:00) 'PG-13' (V) (HD) **FREE** Wed. 3:00 p.m.

Love at First Dance ★★★ (18, Romance) Becca Tobin. Dancer instructs groom before wedding. (2:00) (HD) **HALL** Sat. 11:00 a.m.

Love Happens ★★★ (09, Romance) Aaron Eckhart. Widower finds new love but stirs past. (1:50) 'PG-13' (AL, SC) (HD) **CINE2** Thu. 9:40 a.m.

Love on Safari ★★★ (18, Romance) Lacey Chabert. Woman inherits wildlife reserve. (2:00) 'NR' (HD) **HALL** Thu. 6:00 p.m.

Love & Other Drugs ★★★½ (10, Comedy) Jake Gyllenhaal. A one-night stand develops into more. (1:55) 'R' (AC, AL, AT, N) (HD) **CINE2** Fri. 5:05 a.m.

Love Struck Café ★★★½ (17, Romance) Sarah Jane Morris. Architect develops hometown lake. (2:00) 'NR' (HD) **HALL** Mon. 8:00 a.m., Sat. 3:00 p.m.

Lowriders ★★★½ (17, Drama) Demián Bichir. Teen artist conflicted by car culture. (1:40) 'PG-13' (AC, AL, SC, V) (HD) **HBO3** Thu. 6:10 a.m.

M

Maleficent ★★★ (14, Fantasy) Angelina Jolie. Witch takes drastic action. (2:05) 'PG' (V) (HD) **FREE** Sun. 6:35 p.m.

Man on Fire ★★★½ (04, Drama) Denzel Washington. Former assassin protects child. (2:30) 'R' (AL, GV) (HD) **HBO** Tue. 12:25 a.m.

Man on the Moon ★★★ (99, Drama) Jim Carrey. Agony & ecstasy of an oddball comic. (2:05) 'R' (AL, N, SC) (HD) **HBO3** Sun. 6:55 a.m., Sat. 3:25 a.m.

The Mark of Zorro ★★★½ (40, Adventure) Tyrone Power. Zorro falls for his enemy's niece. (1:45) 'NR' (V) **TCM** Mon. 12:15 p.m.

Marrying Mr. Darcy ★★★½ (18, Romance) Cindy Busby. Couple has unpredictable engagement. (2:00) (HD) **HALL** Sun. 11:00 a.m., Wed. 6:00 p.m.

Marshall ★★★½ (17, Drama) Chadwick Boseman. Black attorney encounters racism. (2:00) 'PG-13' (AC, AL, SC, V) (HD) **SHOW** Sat. 6:00 a.m.

The Martian ★★★½ (15, Science Fiction) Matt Damon. Astronaut must survive on Mars. (3:00) 'PG-13' (AL, BN) (HD) **FX** Thu. 8:00 p.m., Fri. 12:00 a.m.

Maze Runner: The Death Cure ★★★ (18, Action) Dylan O'Brien. Thomas leads Gladers into the Last City. (2:25) 'PG-13' (AL, AT, V) **HBO** Sat. 8:00 p.m., Next Sun. 1:45 a.m.

Mechanic: Resurrection ★★★½ (16, Action) Jason Statham. Seemingly impossible assassinations. (2:00) 'R' (AL, V) (HD) **FX** Thu. 8:00 p.m., Wed. 5:30 p.m.

Meet the Parents ★★★ (00, Comedy) Robert De Niro. A man meets his girlfriend's parents. (1:50) 'PG-13' (AL, SC) **SHOW** Tue. 4:15 p.m., Wed. 12:30 a.m.

Megamind ★★★ (10, Comedy) Will Ferrell. A super-villain becomes a hero. (1:37) 'PG' (AL) (HD) **HBO** Sat. 7:23 a.m.

Memento ★★★ (01, Thriller) Guy Pearce. An amnesiac seeks his wife's killer. (2:00) 'R' (AC, AL, V) (HD) **SHOW** Sun. 11:30 a.m.

Middle School: The Worst Years of My Life ★★★½ (16, Comedy) Griffin Gluck. Boys versus middle school principal. (1:45) 'PG' (AH, AL) (HD) **SHOW** Wed. 12:00 p.m.

Minions ★★★ (15, Comedy) Pierre Coffin. The history of the Minions. (2:00) 'PG' (HD) **FX** Fri. 6:00 p.m., Sat. 11:00 a.m.

Mission: Impossible III ★★★ (06, Action) Tom Cruise. A former spy faces a weapons dealer. (2:30) 'PG-13' (V) (HD) **TNT** Sat. 10:00 a.m.

Monday ★★★½ (17, Comedy) Kevin David Lin. A young criminal encounters struggles. (0:20) 'NR' (HD) **CINE** Sat. 6:20 a.m.

A Monster Calls ★★★½ (17, Fantasy) Sigourney Weaver. Monster and boy embark on journey. (1:50) 'PG-13' (HD) **CINE2** Mon. 10:45 a.m.

Monster House ★★★ (06, Family) Mitchel Musso. Kids fear a spooky house is alive. (2:10) 'PG' (AH, AL) (HD) **FREE** Sun. 7:00 a.m.

Monsters, Inc. ★★★½ (01, Comedy) John Goodman. Monsters deal with a conspiracy. (2:05) 'G' (HD) **FREE** Sat. 7:25 p.m.

Monsters University ★★★ (13, Comedy) Billy Crystal. Mike and Sulley meet in college. (2:30) 'G' (HD) **FREE** Sat. 9:30 p.m.

Moonrise Kingdom ★★★½ (17, Drama) Bruce Willis. Love causes young couple to run away. (1:35) 'PG-13' (AC, SC) (HD) **SHOW** Thu. 8:25 a.m.

The More the Merrier ★★★½ (43, Comedy) Jean Arthur. A woman lives with two men during WWII. (2:00) 'NR' (HD) **TCM** Fri. 2:00 a.m.

Mother ★★★ (97, Comedy) Albert Brooks. A novelist moves in with his mother. (1:46) 'PG-13' **ENCORE** Sun. 11:49 a.m., Fri. 7:56 a.m.

The Mountain Between Us ★★★½ (17, Drama) Idris Elba. Pair must work together to survive. (2:00) 'PG-13' (AC, AL) (HD) **HBO** Tue. 9:00 a.m. **HBO3** Mon. 4:40 p.m., 11:25 p.m., Thu. 4:45 p.m., Sat. 10:50 a.m., 9:00 p.m.

Mrs. Doubtfire ★★★ (93, Comedy) Robin Williams. Disguised father becomes housekeeper. (3:00) 'PG-13' (AL) (HD) **FREE** Tue. 8:00 p.m., Wed. 6:00 p.m.



When the situation at her idyllic California home turns volatile, young Medina (Maika Monroe) attempts to surf her way to happiness in “The Tribes of Palos Verdes,” airing Friday at 9 p.m. on Showtime.

Mrs. Miniver ★★★½ (42, Drama) Greer Garson. A British housewife copes with WWII. (2:30) ‘NR’ (HD) TCM Sun. 12:00 p.m.

The Mummy ★★★ (99, Adventure) Brendan Fraser. An Egyptian priest comes back to life. (2:05) ‘PG-13’ (HD) HBO2 Wed. 2:40 p.m.

The Mummy ★★½ (17, Adventure) Tom Cruise. Ancient princess rises, bringing terror. (1:55) ‘PG-13’ (AC, BN, V) (HD) HBO2 Mon. 2:50 a.m., Tue. 10:40 p.m., Sat. 10:10 a.m.

Murder on the Orient Express ★★★ (17, Mystery) Kenneth Branagh. Race to find killer on luxury train. (2:00) ‘PG-13’ (AT, V) (HD) HBO Fri. 8:00 p.m. HBO3 Wed. 6:05 p.m.

My Man Godfrey ★★★½ (36, Comedy) William Powell. A hobo teaches an heiress about life. (2:00) ‘NR’ TCM Thu. 10:00 p.m.

N

Napoleon Dynamite ★★★ (04, Comedy) Jon Heder. Alienated teens band together. (1:35) ‘PG’ (AL, AT) (HD) HBO Thu. 9:45 a.m.

National Treasure ★★★ (04, Adventure) Nicolas Cage. Treasure hunter protects history. (3:00) ‘PG’ (V) (HD) PARMT Tue. 11:00 p.m.

Need for Speed ★★★ (14, Action) Aaron Paul. Ex-con seeks associate who framed him. (2:30) ‘PG-13’ (AL, N) (HD) TNT Wed. 8:00 p.m.

Nell ★★★ (94, Drama) Jodie Foster. Daughter of hermit tries to communicate. (1:55) ‘PG-13’ (N) (HD) CINE Fri. 7:00 a.m.

The Nightmare Before Christmas ★★★½ (93, Holiday) Chris Sarandon. Ghouls try to get the hang of Christmas. (1:35) ‘PG’ (HD) FREE Sat. 1:15 p.m.

A Nightmare on Elm Street ★★½ (84, Horror) John Saxon. A vengeful spirit terrorizes teens. (2:00) ‘R’ (HD) PARMT Thu. 9:00 p.m.

Nocturnal Animals ★★½ (16, Thriller) Amy Adams. Woman sees ex-husband’s novel as threat. (2:00) ‘R’ (AL, N, V) (HD) CINE Sun. 11:30 p.m.

Nosferatu ★★½ (22, Horror) Max Schreck. A vampire lord relocates to Germany. (2:00) ‘NR’ (HD) TCM Mon. 12:00 a.m.

O

October Kiss ★★★ (15, Romance) Ashley Williams. Nanny for widowed executive’s children. (2:00) (HD) HALL Mon. 10:00 a.m., Sat. 5:00 p.m.

Odds Against Tomorrow ★★★ (59, Drama) Harry Belafonte. Racial tensions complicate a bank heist. (2:00) ‘NR’ TCM Sun. 10:00 a.m.

One Foot in Heaven ★★★ (41, Drama) Fredric March. A minister’s family deals with change. (2:00) ‘NR’ (HD) TCM Mon. 6:00 p.m.

Open Range ★★½ (03, Western) Robert Duvall. Two cowboys encounter a corrupt town. (3:00) ‘R’ (V) HIST Sat. 2:00 p.m.

P

Paper Towns ★★★ (15, Romance) Cara Delevingne. Search for the missing girl next door. (2:30) ‘PG-13’ (AC, BN, SC) (HD) FX Mon. 7:00 a.m.

ParaNorman ★★½ (12, Family) Nicholas Guest. Local boy fights undead army. (2:00) ‘PG’ (AS) (HD) FREE Thu. 12:00 a.m., 4:30 p.m., Sat. 7:00 a.m.

Passengers ★★★ (16, Adventure) Jennifer Lawrence. Two must save everyone on spaceship. (1:59) ‘PG-13’ (N, SC) (HD) ENCORE Wed. 7:01 p.m., Thu. 3:20 p.m.

Patriots Day ★★★ (17, Drama) Mark Wahlberg. Manhunt for Boston Marathon bombers. (2:15) ‘R’ (AC, AL, V) (HD) SHOW Mon. 3:00 a.m.

Pauline at the Beach ★★★ (83, Comedy) Amanda Langlet. Teen’s holiday with her older cousin. (1:45) ‘R’ (AC, N) TCM Mon. 2:00 a.m.

The People vs. Larry Flynt ★★★ (97, Drama) Woody Harrelson. Pornographer fights for free speech. (2:15) ‘R’ (AC, AL, N, SSC) (HD) SHOW Tue. 3:15 a.m.

A Perfect Getaway ★★★ (09, Thriller) Steve Zahn. A hiking couple must run from killers. (1:40) ‘R’ (AL, AS, GV) (HD) HBO3 Tue. 12:55 p.m., 9:00 p.m., Thu. 11:35 a.m.

Phantom Thread ★★★ (17, Drama) Daniel Day-Lewis. Celebrity dressmaker meets muse & lover. (2:15) ‘R’ (AL) (HD) HBO Mon. 3:10 a.m., Thu. 5:15 p.m. HBO3 Tue. 2:35 p.m., Fri. 10:55 a.m.

Pirate Radio ★★★ (09, Comedy) Philip Seymour Hoffman. A pirate radio station broadcasts rock. (2:00) ‘R’ (AL, BN, GL, SC) (HD) CINE2 Sun. 12:55 p.m.

Pirates of the Caribbean: Dead Man’s Chest ★★★ (06, Action) Johnny Depp. Pirate tries to avoid paying debt. (3:00) ‘PG-13’ (V) (HD) WGN Fri. 7:00 p.m., Sat. 12:00 p.m.

Pirates of the Caribbean: On Stranger Tides ★★★ (11, Adventure) Johnny Depp. Pirate confused by woman from his past. (3:00) ‘PG-13’ (AC, SC, V) (HD) WGN Fri. 10:00 p.m., Sat. 3:00 p.m.

Pitch Black ★★★ (00, Science Fiction) Vin Diesel. Flesh-eating creatures pursue survivors. (2:00) ‘R’ (AC, AL, V) (HD) SHOW Mon. 12:30 p.m.

Pitch Perfect 3 ★★½ (17, Comedy) Anna Kendrick. Bellas perform for an overseas USO tour. (1:35) ‘PG-13’ (AH, AL, SC) (HD) HBO Mon. 6:25 p.m. HBO2 Thu. 9:10 a.m., 11:00 p.m.

The Possession ★★½ (12, Horror) Jeffrey Dean Morgan. Divorced couple’s possessed child. (2:00) ‘PG-13’ (MT, V) (HD) SYFY Wed. 4:00 a.m.

The Princess Bride ★★★½ (87, Comedy) Cary Elwes. A masked man rescues a princess. (1:45) ‘PG’ (HD) HBO2 Fri. 7:30 a.m.

Proof ★★★ (05, Drama) The death of a brilliant mathematician. (1:45) ‘PG-13’ (AC, AL, SC) (HD) CINE2 Sun. 9:00 p.m., Sat. 4:40 a.m.

Public Enemies ★★★ (09, Drama) Johnny Depp. An FBI agent seeks John Dillinger. (2:20) ‘R’ (AL, V) (HD) HBO Thu. 12:40 a.m. HBO3 Mon. 6:35 p.m.

Purple Noon ★★½ (60, Crime) Alain Delon. Man hired to find a European playboy. (2:15) ‘PG-13’ (MV) (HD) TCM Mon. 3:45 a.m.

Q

Quantum of Solace ★★★ (08, Action) Daniel Craig. Market corruption on natural resources. (1:50) ‘PG-13’ (SC, V) (HD) SHOW Wed. 6:10 a.m., 8:00 p.m., Thu. 4:40 a.m.

The Queen ★★★ (06, Drama) Helen Mirren. The Royals plan Princess Diana’s rites. (1:55) ‘PG-13’ (AL) (HD) SHOW Thu. 6:30 a.m.

Queen Christina ★★½ (34, Drama) Greta Garbo. A Swedish queen considers abdication. (1:45) ‘NR’ (HD) TCM Mon. 8:15 a.m.

The Quiet American ★★★ (03, Drama) Michael Caine. Love triangle in 1950s Saigon. (1:45) ‘R’ (AL, V) (HD) CINE2 Thu. 7:55 a.m.

R

Real Steel ★★★ (11, Science Fiction) Hugh Jackman. Former fighter designs a robot boxer. (2:30) ‘PG-13’ (AL, V) (HD) TNT Sun. 12:00 p.m.

The Ref ★★★ (94, Comedy) Denis Leary. Hostages ruin burglar’s holiday. (1:40) ‘R’ (AL) (HD) CINE2 Thu. 3:05 a.m., Sat. 1:45 p.m.

Repo Men ★★½ (10, Science Fiction) Jude Law. Corporate agents repossess organs. (1:55) ‘R’ (AL, GV, N, SC) (HD) CINE Tue. 11:50 p.m.

Resident Evil: The Final Chapter ★★½ (17, Action) Milla Jovovich. Final stand against Umbrella Corp. (1:47) ‘R’ (V) (HD) ENCORE Thu. 7:13 p.m.

Rio Bravo ★★½ (59, Western) John Wayne. A lawman seeks help from misfits. (2:30) ‘NR’ (HD) TCM Sat. 3:45 p.m.

R.I.P.D. ★★½ (13, Action) Jeff Bridges. Officers fight monstrous criminals. (2:00) ‘PG-13’ (AL, SC, V) (HD) PARMT Wed. 2:00 a.m.

The Rite ★★½ (11, Horror) Anthony Hopkins. American priest studies exorcisms. (2:30) 'PG-13' (AC, AL, AT, V) (HD) SYFY Tue. 4:30 p.m., Wed. 12:30 p.m.

A River Runs Through It ★★★ (92, Drama) Craig Sheffer. Two very different brothers bond. (2:05) 'PG' (AL, BN) (HD) SHOW Tue. 12:30 p.m.

RoboCop ★★★ (14, Action) Joel Kinnaman. Policeman transformed into super cop. (2:30) 'PG-13' (AC, AL, V) (HD) TNT Wed. 10:30 p.m.

Role Models ★★★ (08, Comedy) Seann William Scott. Reckless salesmen in mentoring program. (2:00) 'R' (AL, N, SC) (HD) COM Sat. 7:00 p.m.

Ronin ★★★ (98, Thriller) Robert De Niro. Intelligence team betrayed by insider. (2:05) 'R' (AC, AL, V) (HD) HBO2 Thu. 1:45 a.m.

The Rookie ★★★ (02, Drama) Dennis Quaid. A coach promises to fulfill his dream. (2:10) 'G' (HD) CINE2 Sun. 9:10 a.m.

The Royal Tenenbaums ★★★½ (02, Comedy) Gene Hackman. Estranged family of child prodigies. (1:50) 'R' (AL, N, SC) (HD) CINE2 Sat. 6:25 a.m.

Rudy ★★★½ (93, Drama) Sean Astin. Boy dreams of playing football. (1:56) 'PG' (AL, HD) ENCORE Next Sun. 2:32 a.m.

Runaway Jury ★★★ (03, Drama) John Cusack. Ambitious lawsuit against gun company. (2:10) 'PG-13' (AL, MT, V) (HD) HBO Thu. 5:10 a.m.

Rush Hour ★★★ (98, Action) Jackie Chan. LA cop and Hong Kong detective team up. (2:00) 'PG-13' (AC, AL, V) (HD) TNT Tue. 8:00 p.m., Wed. 4:00 p.m.

Rush Hour 2 ★★★ (01, Action) Jackie Chan. Detectives investigate a conspiracy. (1:35) 'PG-13' (AL, SC, V) (HD) CINE2 Tue. 5:45 p.m.

Rushmore ★★★½ (98, Comedy) Bill Murray. A man and a boy fight over a teacher. (1:40) 'R' (AC, AL, BN, MV) (HD) SHOW Fri. 5:45 a.m.

S

Safe House ★★★ (12, Action) Denzel Washington. A CIA rookie is left with a rogue agent. (2:30) 'R' (GL, GV) (HD) TNT Mon. 5:30 p.m., Thu. 8:00 p.m., Fri. 12:45 a.m.

Savages ★★★½ (12, Crime) Blake Lively. Men save shared girlfriend from cartel. (3:00) 'R' (AC, AL, GV, N) (HD) FX Wed. 9:00 a.m., Thu. 7:00 a.m.

Scream ★★★ (96, Horror) David Arquette. A killer stalks and slashes teenagers. (1:54) 'R' (AL, GV) (HD) ENCORE Tue. 7:06 p.m., Wed. 7:51 a.m.

The Sea Around Us ★★★ (52, Documentary) A look at life under the sea. (1:15) 'NR' TCM Tue. 2:00 p.m.

The Secret Land ★★★ (48, Documentary) An expedition maps the Antarctic. (1:30) 'NR' TCM Tue. 12:30 p.m.

Secret Window ★★★ (04, Horror) Johnny Depp. Madman accuses author of plagiarism. (1:40) 'PG-13' (AC, AL, SC, V) (HD) CINE Mon. 1:30 a.m., Fri. 10:45 a.m.

Selena ★★★ (97, Drama) Jennifer Lopez. A singer blossoms into a superstar. (3:00) 'PG' (AL, MT) BRAVO Fri. 6:30 p.m., 9:30 p.m.

Self/Less ★★★ (15, Thriller) Ryan Reynolds. Man's mind transferred to cadaver. (2:00) 'PG-13' (AL, SC, V) (HD) CINE2 Wed. 9:00 p.m., Next Sun. 12:15 a.m.

17 Again ★★★½ (09, Comedy) Zac Efron. Man gets second chance to be young. (1:45) 'PG-13' (AL, SC) (HD) HBO Wed. 12:00 p.m.

The Seventh Victim ★★★ (43, Horror) Tom Conway. Cult hunts woman's missing sister. (1:30) 'NR' TCM Sat. 2:15 p.m.

The Shape of Water ★★★ (17, Fantasy) Sally Hawkins. Woman bonds with marine creature. (2:10) 'R' (AL, N, SC, V) (HD) HBO Thu. 8:00 p.m., Sat. 5:50 p.m.

Sherlock Holmes ★★★½ (09, Action) Robert Downey Jr. Dead, killer occult leader returns. (2:10) 'PG-13' (AC, V) (HD) HBO2 Sun. 9:00 p.m., Wed. 5:50 p.m.

Shine ★★★½ (96, Drama) Armin Mueller-Stahl. Mentally ill man finds solace in music. (1:46) 'PG-13' (MT, N, SC) (HD) HBO Fri. 12:00 p.m.

Shooter ★★★ (07, Thriller) Mark Wahlberg. Sniper framed for dignitary's death. (3:00) 'R' (AL, GV) (HD) AMC Mon. 6:00 p.m., Tue. 2:30 p.m., Wed. 8:00 p.m., Thu. 5:00 p.m., Fri. 8:00 p.m., Sat. 5:00 p.m.

Show Boat ★★★ (51, Musical) Kathryn Grayson. Love and life aboard a showboat. (2:00) 'NR' TCM Fri. 4:00 p.m.

Sideways ★★★½ (04, Comedy) Paul Giamatti. Best friends embark on road trip. (2:10) 'R' (AC, AL, MV, N) (HD) CINE Tue. 9:40 p.m.

The Silence of the Lambs ★★★★★ (91, Thriller) Jodie Foster. An FBI agent seeks a psychopath's help. (2:00) 'R' (HD) HBO2 Tue. 4:00 p.m.

Sinister 2 ★★★½ (15, Horror) James Ransone. Young family's rural home is haunted. (1:40) 'R' (AL, GV) (HD) CINE2 Fri. 3:45 p.m.

Slap Shot ★★★ (77, Comedy) Paul Newman. Hockey coach changes strategy. (2:04) 'R' (HD) ENCORE Thu. 1:16 p.m.

Sleepy Hollow ★★★ (99, Horror) Johnny Depp. NYC investigator looks into beheadings. (1:48) 'R' (GV, SC) (HD) ENCORE Sun. 7:12 p.m., Mon. 4:25 a.m.

Sleight ★★★½ (17, Drama) Jacob Latimore. Boy must rescue his little sister. (1:35) 'R' (AC, AL, V) (HD) HBO2 Next Sun. 5:25 a.m.

The Smurfs ★★★½ (11, Family) Hank Azaria. Wizard chases tiny blue creatures. (1:45) 'PG' (AH) (HD) ENCORE Sat. 6:15 a.m., 4:22 p.m.

Something's Gotta Give ★★★ (03, Comedy) Jack Nicholson. Bachelor fond of girlfriend's mother. (2:10) 'PG-13' (AL, BN, SC) (HD) CINE Wed. 6:00 a.m.

Source Code ★★★½ (11, Thriller) Jake Gyllenhaal. Man has to race to stop terror plot. (2:00) 'PG-13' (AC, AL, V) TBS Mon. 4:00 a.m.

South Park: Bigger, Longer & Uncut ★★★½ (99, Comedy) Matt Stone. An ill-advised war threatens humanity. (1:25) 'R' (AC, AH, GL, V) (HD) ENCORE Wed. 1:05 a.m., 3:40 p.m.

The Spanish Earth ★★★ (37, Documentary) José Díaz. Immediate effects of Spanish Civil War. (1:15) 'NR' TCM Tue. 8:30 a.m.

Speed ★★★ (94, Action) Keanu Reeves. A bomber rigs a city bus to explode. (2:30) 'R' (AL, V) (HD) AMC Tue. 5:30 p.m., Wed. 2:30 p.m.

Splice ★★★½ (10, Science Fiction) Adrien Brody. Scientists create a lethal hybrid. (1:45) 'R' (AL, N, SSC, V) (HD) CINE Mon. 9:50 p.m., Fri. 2:25 p.m.

Split ★★★½ (17, Thriller) James McAvoy. Mentally ill man kidnaps three girls. (2:00) 'PG-13' (AL, V) (HD) CINE Fri. 12:25 p.m.

Spy ★★★½ (15, Comedy) Melissa McCarthy. CIA analyst goes undercover. (2:30) 'R' (AC, AH, AL, BN) (HD) FX Mon. 5:30 p.m., Tue. 12:00 a.m.

Spy Game ★★★ (01, Action) Robert Redford. A CIA agent tries to save his protégé. (2:15) 'R' (AL, SC, V) (HD) SHOW Tue. 7:45 a.m.

A Star Is Born ★★★½ (54, Musical) Judy Garland. A woman achieves success as an actress. (3:15) 'PG' (HD) TCM Sun. 2:30 p.m.

Star Wars: The Force Awakens ★★★★★ (15, Science Fiction) Daisy Ridley. Rise of a new regime threatens galaxy. (3:00) 'PG-13' (V) (HD) TNT Sat. 10:30 p.m.

Step Brothers ★★★ (08, Comedy) Will Ferrell. Two grown men must share a bedroom. (2:30) 'R' (AL, SC) (HD) PARMT Sat. 10:00 a.m., 6:30 p.m.

Step Up ★★★ (06, Drama) Channing Tatum. Teens share dancing and love. (1:45) 'PG-13' (AC, MV) (HD) HBO2 Fri. 12:35 a.m.

Straight Time ★★★ (78, Drama) Dustin Hoffman. Ex-convict attempts to be honest. (2:15) 'R' (AL, V) (HD) TCM Fri. 10:15 p.m.

Strange Days ★★★ (95, Science Fiction) Ralph Fiennes. Man is dragged into mystery & cover-up. (2:30) 'R' (GL, GV, SC) (HD) HBO3 Mon. 3:20 a.m.

Strangers on a Train ★★★½ (51, Thriller) Farley Granger. A psychopath plays a deadly game. (2:00) 'PG' (V) (HD) TCM Tue. 12:00 a.m.

Sweeney Todd: The Demon Barber of Fleet Street ★★★½ (07, Musical) Johnny Depp. A barber begins a musical murder spree. (2:40) 'R' (GV) (HD) FREE Sun. 8:40 p.m., Mon. 4:00 p.m.

Sweet Virginia ★★★½ (17, Thriller) Jon Bernthal. Two outsiders form loose alliance. (1:45) 'R' (AC, AL, SSC, V) (HD) SHOW Next Sun. 1:45 a.m.

Swimming with Sharks ★★★ (95, Drama) Kevin Spacey. An executive's assistant goes nuts. (1:35) 'R' (AC, AL, V) (HD) CINE Tue. 4:50 p.m.

T

The Taking of Pelham 123 ★★★½ (09, Action) Denzel Washington. Hijackers seize a New York subway. (2:35) 'R' (AL, V) (HD) AMC Mon. 3:25 p.m., Tue. 12:00 p.m.

Talladega Nights: The Ballad of Ricky Bobby ★★★ (06, Comedy) Will Ferrell. NASCAR star faces French driver. (2:30) 'PG-13' (AC, AH, AL, V) (HD) COM Sun. 4:30 p.m., 9:00 p.m.

10 Things I Hate About You ★★★ (99, Comedy) Julia Stiles. Girl seeks date for older sister. (1:35) 'PG-13' (AC, AL, MV) (HD) SHOW Sat. 4:10 p.m.

The Terminal ★★★ (04, Drama) Tom Hanks. A man is stranded inside NYC airport. (2:10) 'PG-13' (AL, MV) (HD) HBO Tue. 12:30 p.m. HBO3 Sun. 9:00 p.m.

Terminator Salvation ★★★ (09, Action) Christian Bale. Rebels battling robots meet a cyborg. (1:55) 'PG-13' (AL, GV, MT) (HD) CINE2 Tue. 10:25 p.m., Next Sun. 2:15 a.m.

Theodora Goes Wild ★★★½ (36, Comedy) Irene Dunne. Esteemed woman writes a scandalous book. (2:00) 'NR' TCM Fri. 12:00 a.m.



With fond memories of his childhood cross-country trip to Walley World, Rusty Griswold (Ed Helms) wants to recreate the experience for his own wife (Christina Applegate) and kids (Skyler Gisondo, Steele Stebbins) on their "Vacation," airing on USA Saturday at 11 p.m.

They Found Hell ★★½ (15, Horror) Chris Schellenger. Experiment traps students in hell. (2:00) 'NR' (HD) SYFY Wed. 6:30 a.m.

The Thomas Crown Affair ★★★ (99, Thriller) Pierce Brosnan. A man steals a painting for thrills. (2:00) 'R' (AL, SC) (HD) SHOW Fri. 2:45 p.m.

Thor: The Dark World ★★★ (13, Action) Chris Hemsworth. Thor is faced with a hazardous mission. (2:30) 'PG-13' (V) (HD) FX Sun. 12:00 p.m.

Three Billboards Outside Ebbing, Missouri ★★★ (17, Comedy) Frances McDormand. Mother clashes with police department. (2:00) 'R' (AC, AH, AL, V) (HD) HBO Wed. 5:30 p.m. HBO2 Fri. 6:00 p.m.

A Time to Kill ★★★ (96, Drama) Sandra Bullock. Attorney represents a vengeful father. (2:30) 'R' (GL, V) (HD) CINE2 Sun. 4:35 p.m., Wed. 12:20 a.m., Fri. 1:15 p.m.

The Time Traveler's Wife ★★★ (09, Romance) Rachel McAdams. Wary time traveler must save marriage. (1:50) 'PG-13' (MT, N, SC) (HD) CINE2 Fri. 12:20 a.m.

Titanic ★★★½ (97, Romance) Leonardo DiCaprio. Romance blooms on the doomed vessel. (4:30) 'PG-13' (AL, MT, N, V) (HD) E! Sat. 1:00 p.m., 10:00 p.m. SHOW Sun. 2:45 p.m., Sat. 9:00 a.m., 9:00 p.m.

Tombstone ★★★½ (93, Western) Kurt Russell. The Earp brothers fight the Clantons. (3:00) 'R' (V) (HD) HIST Sat. 5:00 p.m.

Tomorrowland ★★★ (15, Science Fiction) George Clooney. An idealist and a cynic team up. (2:45) 'PG' (AL, MV) TBS Sun. 4:15 p.m.

Tremors ★★★ (90, Horror) Kevin Bacon. People attacked by flesh-eating worms. (1:38) 'PG-13' (HD) ENCORE Sun. 8:22 a.m., 5:34 p.m.

Truly, Madly, Sweetly ★★½ (18, Romance) Nikki DeLoach. Baker and manager form partnership. (2:00) (HD) HALL Sun. 5:00 p.m., Fri. 8:00 p.m.

12 Strong ★★★ (18, Action) Chris Hemsworth. Green Berets try to capture Taliban city. (2:15) 'R' (AL, V) (HD) CINE2 Mon. 6:25 a.m.

U

El último castillo ★★★ (01, Acción) Robert Redford. El general Irwin se rebela. (2:30) 'R' (AL, V) (HD) WVEA Sun. 5:00 p.m.

Underworld ★★★ (03, Horror) Kate Beckinsale. Medical student sought in war of undead. (2:05) 'R' (AC, AL, V) (HD) HBO Tue. 4:25 p.m. HBO2 Tue. 12:40 a.m.

Underworld: Blood Wars ★★½ (17, Action) Kate Beckinsale. Selene tries to stop ongoing war. (1:34) 'R' (GV, SC) (HD) ENCORE Tue. 7:35 a.m., 5:32 p.m.

Unfaithful ★★★ (02, Drama) Diane Lane. A woman has an affair with a stranger. (2:06) 'R' (AL, SC, V) (HD) ENCORE Fri. 3:41 a.m., 11:06 a.m.

A United Kingdom ★★★ (17, Drama) David Oyelowo. Two face opposition to marriage. (1:55) 'PG-13' (AL) (HD) CINE2 Thu. 7:05 p.m.

U.S. Marshals ★★★ (98, Thriller) Tommy Lee Jones. A marshal seeks an escaped fugitive. (2:15) 'PG-13' (AC, AL, V) (HD) HBO Sat. 12:15 p.m. HBO3 Fri. 1:30 a.m.

V

Vacation ★★½ (15, Comedy) Ed Helms. Griswold goes on trip to Walley World. (2:04) 'R' (GL, MT, N) (HD) USA Sat. 11:03 p.m.

Vanilla Sky ★★★ (01, Drama) Tom Cruise. A rich man experiences lucid dreams. (2:20) 'R' (AL, SC) HBO Wed. 4:15 a.m. HBO3 Thu. 6:40 p.m.

Victoria and Abdul ★★★ (17, Drama) Judi Dench. Queen Victoria & servant become friends. (1:55) 'PG-13' (AL) (HD) HBO2 Tue. 7:45 a.m.

W

W. ★★½ (08, Drama) Josh Brolin. A film biography of George W. Bush. (2:15) 'PG-13' (AC, AL) (HD) CINE2 Mon. 2:30 p.m.

Waitress ★★★ (07, Comedy) Keri Russell. A pregnant waitress seeks a new life. (1:50) 'PG-13' (AL, MT, SC) (HD) HBO3 Sun. 11:15 p.m., Thu. 7:50 a.m., Sat. 7:10 p.m.

Waking Ned Devine ★★★ (99, Comedy) David Kelly. Lottery winner dies from shock. (1:35) 'PG' (AL, N) (HD) CINE Tue. 6:25 p.m.

Walking the Dog ★★★ (17, Romance) Jennifer Finnigan. Two opposing lawyers fall in love. (2:00) 'NR' (HD) HALL Fri. 2:00 p.m.

Walking Tall ★★½ (04, Action) Dwayne Johnson. A man combats drugs in his hometown. (2:00) 'PG-13' (AC, AL, SC, V) (HD) PARMT Thu. 2:00 a.m.

War for the Planet of the Apes ★★★ (17, Action) Andy Serkis. Apes fight humans for Earth's future. (2:25) 'PG-13' (AC, V) (HD) HBO Mon. 10:00 p.m. HBO3 Wed. 1:55 p.m.

Warm Bodies ★★★ (13, Romance) Nicholas Hoult. A zombie falls for a human. (2:00) 'PG-13' (AL, V) (HD) FREE Wed. 12:00 a.m.

The War of the Roses ★★★ (89, Comedy) Michael Douglas. Couple's home becomes a war zone. (2:00) 'R' (HD) CINE2 Tue. 10:15 a.m.

Watchmen ★★½ (09, Adventure) Malin Akerman. Superheroes investigate a sinister plot. (3:30) 'R' (AL, GV, N, SC) TBS Sat. 2:30 a.m.

The Waterboy ★★½ (98, Comedy) Adam Sandler. A simpleton becomes a football hero. (2:00) 'PG-13' (AC, AH, AL) (HD) PARMT Fri. 5:00 p.m., Sat. 2:30 p.m.

The Water Diviner ★★★ (14, Drama) Russell Crowe. Man looks for sons in Turkey. (1:55) 'R' (AC, V) (HD) CINE2 Fri. 9:05 a.m.

The Wedding Ringer ★★★ (15, Comedy) Kevin Hart. Groom hires fake wedding entourage. (2:00) 'R' (AC, AL, BN, SC) (HD) USA Sat. 12:00 p.m.

Wet Hot American Summer ★★½ (01, Comedy) Janeane Garofalo. Events of the last day at a summer camp. (1:39) 'R' (AL, AS, SC) (HD) ENCORE Tue. 12:33 a.m., 12:52 p.m.

What Lies Beneath ★★★ (00, Thriller) Michelle Pfeiffer. A house seems to be haunted. (2:13) 'PG-13' (AL, AS, SC, V) (HD) ENCORE Sun. 1:35 p.m.

Where the Heart Is ★★★ (00, Drama) Natalie Portman. Abandoned teen lives in store. (2:05) 'PG-13' (AL, MT, SC) (HD) CINE2 Tue. 4:35 a.m., Sat. 8:15 a.m.

Whiteout ★★½ (09, Thriller) Kate Beckinsale. Secrets in Antarctic risk woman's life. (1:45) 'R' (AL, BN, GV) (HD) HBO2 Mon. 12:00 p.m.

Why Did I Get Married? ★★½ (07, Comedy) Tyler Perry. Infidelity sobers a reunion's mood. (3:00) 'PG-13' (AL, AS, MT) (HD) BET Sun. 4:00 p.m.

Willy Wonka & the Chocolate Factory ★★½ (71, Musical) Gene Wilder. Boy wins tour of chocolate factory. (2:30) 'G' (HD) FREE Sun. 9:10 a.m.

The Wolfman ★★½ (10, Horror) Benicio Del Toro. A man is cursed to be a werewolf. (1:45) 'R' (GV) (HD) CINE2 Thu. 1:20 a.m.

X

X2 ★★½ (03, Adventure) Patrick Stewart. A madman plans mutant genocide. (2:15) 'PG-13' (AL, V) (HD) CINE Sun. 5:45 p.m., Thu. 11:00 a.m.

X-Men: Apocalypse ★★½ (16, Action) James McAvoy. Professor X and team must save mankind. (3:00) 'PG-13' (AL, V) (HD) FX Sun. 2:30 p.m.

X-Men: The Last Stand ★★★ (06, Action) Hugh Jackman. A "cure" for mutants provokes war. (1:46) 'PG-13' (AL, SC, V) (HD) ENCORE Sun. 3:48 p.m.

xxX ★★½ (02, Action) Vin Diesel. Outlaw agents battles Russian gang. (3:00) 'PG-13' (AC, AL, MV) (HD) AMC Wed. 5:00 p.m., Thu. 11:25 a.m.

Z

Zombieland ★★½ (09, Horror) Woody Harrelson. Gang kills zombies to find last refuge. (1:30) 'R' (AL, GV) (HD) ENCORE Sat. 8:30 p.m.

BREAST CANCER AWARENESS

OCTOBER 2018



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Many options locally for breast cancer treatment

By **DOROTHY L. HARRIS**
CORRESPONDENT



BOLLINGER

SEBRING — Dr. John William Bollinger works in Radiation Oncology at Florida Hospital Cancer Institute in Sebring. Primarily handling radiation treatment, Bollinger shared his office is able to do most everything needed from screening through follow up.

“Breast cancer is common in women as they get older but in some high risk patients, it can occur when they are younger,” he said.

Bollinger added how the medical community is much better at determining risk currently than in years past and how women reporting for a screening mammogram at Florida Hospital Heartland are offered a risk assessment.

“If there is a recent breast lump or an abnormal mammogram, diagnostic imaging will be performed,” he said.

or women with very dense breasts, a full breast ultrasound is offered. For women considered at highest risk due

to extremely dense breast tissue, a breast MRI is available.

If cancer is diagnosed, then staging is performed. Bollinger explained that staging the cancer consists of imaging and surgical lumpectomy or a mastectomy.

“Most patients are able to have lumpectomy if desired, though some with locally advanced disease may require chemotherapy first,” he said.

Bollinger added how lab testing has enhanced cancer treatment. “We now recognize at least four separate subtypes of breast cancer based on molecular testing of cancer cells. Each subtype is treated differently depending on stage or extent of disease,” he said.

As treatment planning and radiation delivery with image guidance has improved, Bollinger is also able to offer shorter treatment regimes.

“Lumpectomy followed by breast

radiation is equivalent to a mastectomy and newer studies allow many patients to be treated with a three week course of radiation instead of six weeks,” he said.

Bollinger said the data from many studies comparing the shorter treatment plan to the longer plan show cancer recurrence rates are just as low and the side effects are improved.

While Bollinger handles radiation oncology, Florida Cancer Specialists & Research Institute in Sebring offers chemotherapy and collaborates with Bollinger, home health, outpatient services and the Preserva Therapy Group.

Florida Cancer Specialist’s Head Nurse Shikha Masih explained the facility also offers lymphedema therapy and works with insurance providers for prosthetics.

“Prosthetics aren’t just cosmetic, but also important for maintaining good balance and body mechanics,” Masih said.

The group also added an oncology care manager last year for their

Medicare patients.

“The care manager helps the patient navigate the treatment process and provides a Survivorship Program,” she said.

Masih said many women feel lost while transitioning off of care and losing touch with the providers they’ve grown close to during treatment. “The oncology care manager helps them cut the proverbial umbilical cord and regain a sense of independence once again,” she said.

Masih added how the care manager also ensures proper adherence to follow up for routine screenings, scans and bloodwork. “The care manager helps them with what comes next and serves as a reminder so they don’t forget or grown complacent and neglect follow up care.”

With the collaborative efforts between Florida Cancer Specialists and Florida Hospital Heartland, the Highlands County area has the resources necessary to diagnose and treat all forms of breast cancer right here at home.



Cold cap therapy: a ‘hair-saving’ experience

By **DOROTHY L. HARRIS**
CORRESPONDENT

SEBRING — Cold caps, used before, during and briefly after chemotherapy, are allowing some women to retain the majority of their hair. Used during chemo

treatments, cold caps — or scalp cooling systems — restrict blood vessels in the scalp to limit the amount of chemotherapy medication reaching hair follicles. As cellular metabolism is slowed, full exposure to the drugs is reduced, allowing some hair follicles to survive. While they



Debbie McCullough is seen here at her second chemotherapy treatment wearing her rented cold cap.

may not work for all, it’s estimated well over half the women opting for cold cap therapy find success in retaining most of their locks.

Faced with chemotherapy for breast cancer, local resident Debbie McCullough discovered cold cap therapy via the Rapunzel Project online.

“My daughter was instrumental in researching this and really helped me every step of the way,” McCullough said. “She wanted me to have this option because personally I just didn’t want to look in the mirror

and see myself without hair.”

The website listed locations where cold cap therapy was available and McCullough traveled to Tampa to have her treatment.

With two options currently in use, scalp cooling systems or cold caps work in similar fashion, but are very different to experience. Worn before, during and briefly after chemo treatments, the helmet-like caps are typically rented for use.

Cold caps are chilled in special freezers or on dry ice. Frozen to 40 degrees below zero Fahrenheit, some women experience severe chill or headache from use. McCullough used warming blankets and took headache medication prior to her treatments as a precaution.

“I was fortunate,” she said. “I never had any pain and also I had three weeks between my chemo treatments so it wasn’t such a hardship.”

Utilizing a cold cap system, McCullough shared it took a team to ensure she was able to manage the caps being rotated during use as they warmed.

“My daughter and a friend went with me every treatment,” she said. “They worked as a team to prepare and switch out caps every 30 minutes because it has to stay frozen to work.”

McCullough rented her cap and then had to manage the transport of coolers and dry ice needed to maintain the deep chill required. Paying out of pocket, cold cap therapy is pricey and typically not covered by insurance.

“It costs about \$400 per treatment,” McCullough said, noting she was able to garner some support via an online program to help defray some of the cost. “I was also fortunate I only had four treatments.”

She had to baby her remaining hair during and after her chemotherapy too. “I lost about 40 percent and while some areas really weren’t pretty, I was thankful for what I retained.”

McCullough could not color, cut or blow-dry her hair due to how delicate it had become.

When McCullough underwent her treatments, nothing had yet been approved by the Food and Drug Administration. Scalp cooling systems, like the Dignicap, received FDA approval just a few years ago.

These silicone caps are gradually cooled to 32 degrees, providing more comfort during use. They also do not have to be changed out during treatment. Both methods of scalp cooling have proven results, but vary based on the type of chemotherapy the patient receives.



COURTESY PHOTOS

Even after four chemotherapy treatments, Debbie McCullough still had most of her hair thanks to cold cap therapy. McCullough’s daughter, Sabrena, helped facilitate her cold cap therapy.

Patients should talk to their oncologist when pursuing this option as there are still risks to consider based upon the staging of cancer and treatment being pursued.

Mayoclinic.org has a variety of podcasts discussing cold cap therapy and other innovative treatment options. For more information on cold cap therapy, see these websites for more details: rapunzelproject.org; hairtostay.org; and dignicap.com.

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The Highlands News-Sun (USPS 487-900-ISSN 2473-0068) is published daily by Tim Smolarick at the Highlands News-Sun, 315 U.S. 27 North, Sebring, FL 33870. Periodical postage paid at Lakeland, FL and additional entry office(s). All material contained herein is the property of the Highlands News-Sun, which is an affiliate of DR Media. Reproduction in whole or in part is forbidden without the written permission of the publisher. All material submitted for publication becomes the property of the newspaper and may be edited for clarity and space, as well as reprinted, published and used in all media. Postmaster: Send address changes to: Highlands News-Sun, 315 U.S. 27 North, Sebring, FL 33870.
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Navigating breast cancer

Your first mammogram ... What to expect?

The American Cancer Society recommends that all women ages 35 to 39 have one baseline screening mammogram. All women 40 and older should get a yearly screening mammogram for as long as a woman is in good health. However, if you have a family history of cancer, any new breast problem or other high-risk factors, it may be recommended to start screening at an earlier age.

For those who are scheduling their first mammogram, Highlands Today has compiled some information so that you know what to expect.

BEFORE YOUR MAMMOGRAM

1. Your doctor will place an order for your mammogram with a lab. Try to schedule the procedure during the point in your menstrual cycle when your breasts are the least tender.

2. You will not be able to wear deodorant or body powder or cream. Schedule an early morning test so you don't have to go all day without these necessities. Pack these items in your bag or purse so you can apply them after the procedure is over.

3. Be sure to specify whether you would prefer a male or female technician, or if you don't mind either way.

4. When getting dressed on the day of your mammogram, opt for pants or a skirt instead of a dress. You'll feel more comfortable dressed in your hospital gown if you have something to cover your bottom half.



TNS PHOTO/

It is recommended that all women ages 35 to 39 have one baseline screening mammogram. All women 40 and older should get a yearly screening mammogram for as long as a woman is in good health.

DURING YOUR MAMMOGRAM

1. The mammography technician is a trained, licensed X-ray technician who will position your breasts correctly and operate the machinery.

2. Your technician will ask you a few questions — your doctor's name, your

address, if you have any lumps in your breasts or have had breast surgery. If you have breast implants, let him or her know.

3. The technician might place stickers on your nipples and on any moles you may have on your breasts, so they are

easier to identify in the final images.

4. You'll take the test standing up. The height of the machine will be adjusted so you can easily place your breast onto the "shelf" of the machine. The technician will position your breast correctly as you lean in.

5. As the machine compresses your breast, you'll be asked to hold your breath. Just like any other X-ray, it takes only a few seconds for the image to be captured. As soon as it's captured, the machine will automatically release your breast. It might be uncomfortable, even a bit painful, but just know that it will last only a moment for each image.

6. A basic mammogram requires four images: one of each breast compressed from top to bottom and one of each breast compressed from side to side. The technician might take more if he or she sees a possible lump, or if the doctor has requested another angle.

AFTER YOUR MAMMOGRAM

1. Once all the images are captured, you'll be asked to head back to the waiting room.

2. Don't remove the gown just yet — the technician may need to capture another shot or angle. He or she will let you know when you can get dressed and leave.

3. Your technician cannot discuss your test results with you. They will be sent to your doctor, who will reveal the results and let you know any next steps you might need to take.

Source: www.webmd.com

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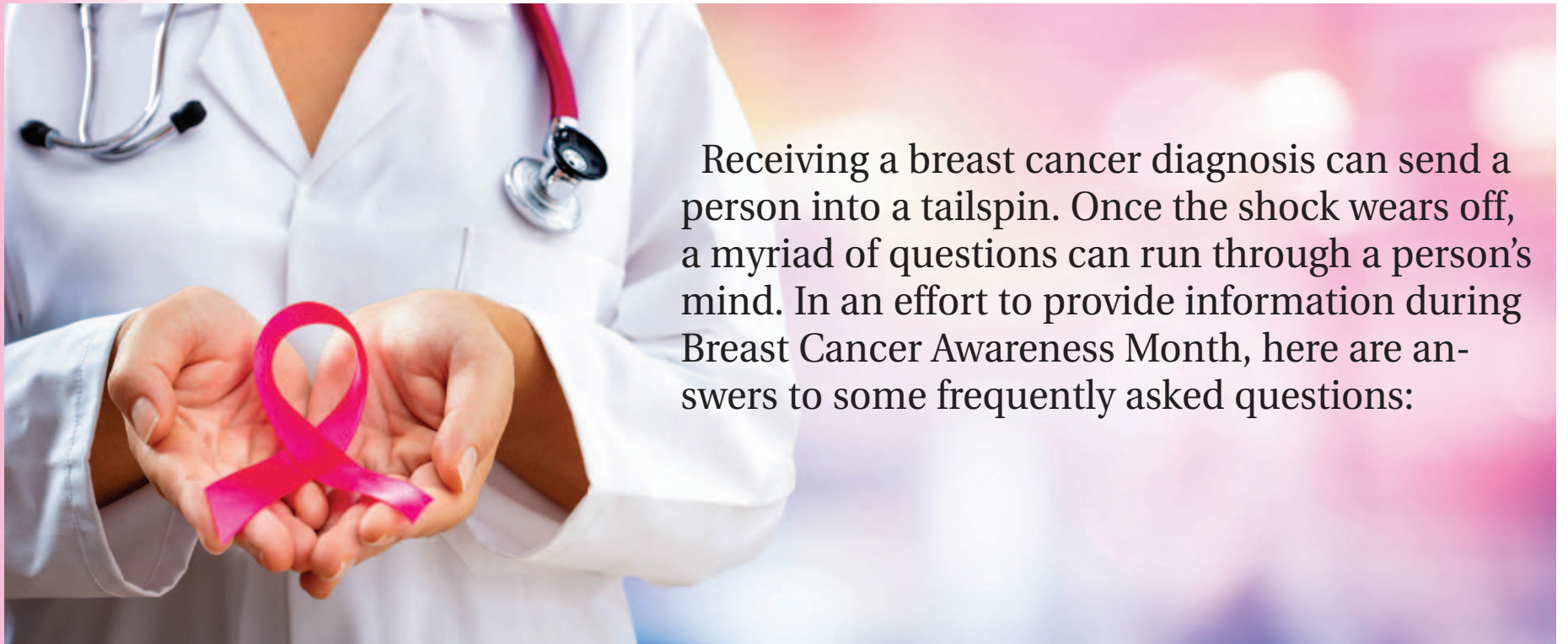
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Understanding

BREAST CANCER



Receiving a breast cancer diagnosis can send a person into a tailspin. Once the shock wears off, a myriad of questions can run through a person's mind. In an effort to provide information during Breast Cancer Awareness Month, here are answers to some frequently asked questions:

How many people get breast cancer?

One in every eight women and one in every 1,000 men will get breast cancer in their lifetimes. This year in the U.S. approximately 266,120 new cases of invasive breast cancer will be diagnosed in women, along with 63,960 new cases of non-invasive (in situ) breast cancer; an estimated 2,550 new cases will be diagnosed in men. According to BreastCancer.org, right now there are more than 3.1 million breast cancer survivors in the U.S.

How dangerous is it?

Even though mortality rates have declined nationwide, there are close to 40,000 people who die each year because of breast cancer.

Why is early detection important?

According to the National Cancer Database, survival rates depend in a large part on the stage at which breast cancer is detected. Women with cancer found at its earliest stages had up to a 93 percent survival rate, while patients with stage four breast cancer had only a 15 percent survival rate.

How often should I do a breast self exam?

Give yourself a breast self-exam once a month. Look for any changes in breast tissue, such as changes in size, feeling a palpable lump, dimpling or puckering of the breast, inversion of the nipple, redness or scaliness of the breast skin, redness or scaliness of the nipple/areola area, or discharge or secretions from the nipple.

If you discover a persistent lump in your breast or any changes, it is very important that you see a physician immediately. Though eight out of 10 lumps are benign, all require evaluation to confirm that they are not cancerous.

Women should perform their breast self exam 7-10 days after their

menstrual period starts, which is also when their breasts are the least tender and lumpy. If they are no longer menstruating, then she should select the same day of the month (first of the month for example) and mark it on the calendar to remind herself when to perform this self exam. What to look for is a change from last month's exam to this month's exam. It is not unusual to have lumpy or bumpy breasts.

All women should know the geography of their own breasts. If having trouble remembering, draw a diagram of where the lumps, bumps, grooves, and other findings are felt so that this can be used as a reminder from month to month. There is no added value in doing breast self exams more often than monthly. Also the findings may be different as well, in relationship to where a woman is in her menstrual cycle.

How often should I go to my doctor for a check-up?

You should have a physical every year, which should include a clinical breast exam and pelvic exam. If any unusual symptoms or changes in your

breasts occur before your scheduled visit, do not hesitate to see the doctor immediately.

Should I get annual screenings even if I don't feel a lump?

Breast cancer in its earliest stages may not present any symptoms. A mammogram can detect cancer even before you feel a mass.

Are mammograms painful?

Mammography does compress the breasts and can sometimes cause slight discomfort for a very brief period of time. Patients who are sensitive should schedule their mammograms a week after their menstrual cycle so that the breasts are less tender. Your doctor may say it is fine to take acetaminophen an hour before the X-ray is performed to prevent discomfort too.

If I don't have anyone in my family that has had breast cancer, do I still need to get a mammogram?

Yes. More than 85 percent of women who get breast cancer have no family history. Though having a close family member that has had breast cancer doubles a person's risk, only five to 10 percent of breast cancer cases are genetic mutations that are

hereditary.

Does my menstrual history affect my risk of getting breast cancer?

Starting your menstrual cycle before turning 12 years old or becoming menopausal after turning 55 years old can add to a woman's risk level, possibly because of a longer lifetime exposure to hormones.

Does having children affect my risk?

Women who have no children or didn't give birth until after they were 30 years old are at a higher risk.

Is there a link between oral contraceptives and breast cancer?

There is an increased risk of breast cancer for women who have been using birth control pills for more than five years. However due to the low amount of hormones in birth control pills today, the risk is relatively small. But if a young woman has a significant family history of breast cancer, her gynecologist may recommend taking a break for a year from the pill at the 5-year time frame then resuming again for another 5 years. Although evidence-based research data does not offer strong support for this standard of care, it has nevertheless become an increasingly common practice.

Is there a link between hormone replacement therapy (HRT) and breast cancer?

Yes, there is. HRT was added to the carcinogenic list by the American Cancer Society in the early 2000s. It is recommended that women with known risks not be placed on HRT to control menopausal symptoms. They should instead seek other safer alternatives.



Determining breast cancer stage

When receiving treatment for breast cancer, women will learn about cancer staging. According to the nonprofit organization Breastcancer.org, determining the stage of the cancer helps patients and their doctors figure out the prognosis, develop a treatment plan and even decide if clinical trials are a valid option.

Typically expressed as a number on a scale of 0 through IV, breast cancer stage is determined after careful consideration of a host of factors. The staging system, sometimes referred to as the TNM system, is overseen by the American Joint Committee on Cancer and ensures that all instances of breast cancer are described in a uniform way. This helps to compare treatment results and gives doctors and patients a better understanding of breast cancer and the ways to treat it.

Breastcancer.org notes that the TNM system was updated in 2018, but before then was based on three clinical characteristics:

- T: the size of the tumor and whether or not it has grown into nearby tissue
- N: whether the cancer is present in the lymph nodes
- M: whether the cancer has metastasized, or spread to other parts of the body beyond

the breast

While each of those factors is still considered when determining breast cancer stage, starting in 2018, the AJCC added additional characteristics to its staging guidelines, which make staging more complex but also more accurate.

- Tumor grade: This is a measurement of how much the cancer cells look like normal cells.
- Estrogen- and progesterone-receptor status: This indicates if the cancer cells have receptors for the hormones estrogen and progesterone. If cancer cells are deemed estrogen-receptor-positive, then they may receive signals from estrogen that promote their growth. Similarly, those deemed progesterone-receptor-positive may receive signals from progesterone that could promote their growth. Testing for hormone receptors, which roughly two out of three breast cancers are positive for, helps doctors determine if the cancer will respond to hormonal therapy or other treatments. Hormone-receptor-positive cancers may be treatable with medications that reduce hormone production or block hormones from supporting the growth and function of cancer cells.
- HER2 status: This helps doctors determine if the cancer cells are making too much of



METRO CREATIVE IMAGES

Typically expressed as a number on a scale of 0 through IV, breast cancer stage is determined after careful consideration of a host of factors.

the HER2 protein. HER2 proteins are receptors on breast cells made by the HER2 gene. In about 25 percent of breast cancers, the HER2 gene makes too many copies of itself, and these extra genes ultimately make breast cells grow and divide in ways that are uncontrollable. HER2-positive breast cancers are more likely to spread and return than those that are HER2-negative.

- Oncotype DX score: The oncotype DX score helps doctors determine a woman's risk of early-stage, estrogen-receptor positive breast cancer recurring and how likely she is to benefit from post-surgery chemotherapy. In addition, the score helps

doctors figure out if a woman is at risk of ductal carcinoma in situ recurring and/or at risk for a new invasive cancer developing in the same breast. The score also helps doctors figure out if such women will benefit from radiation therapy or DCIS surgery.

The following is a rundown of the various stages of breast cancer:

Stage 0

Non-invasive breast cancers are considered to be in stage 0. When doctors have determined the cancer is in stage 0, that means they have not seen any indication that the cancer cells or the abnormal non-cancerous cells have spread out of the

part of the breast in which they started.

Breast cancer patients may hear the term "five-year survival rate" when discussing their disease with their physicians. The five-year survival rate refers to the percentage of people who live at least five years after being diagnosed with cancer. According to the American Cancer Society, the five-year survival rate for women with stage 0 breast cancer is nearly 100 percent.

Stage I

Stage I refers to invasive breast cancer and is broken down into two categories: stage IA and stage IB. Stage IA refers to invasive breast cancers in which the tumor is up to two centimeters and the cancer has not spread outside the breast. The lymph nodes are not involved in stage IA breast cancers. In some stage IB breast cancers, there is no tumor in the breast but there are small groups of cancer cells in the lymph nodes larger than 0.2 millimeter but not larger than two millimeters. But stage IB breast cancers may also refer to instances when there is both a tumor in the breast that is no larger than two centimeters and small groups of cancer cells in the lymph nodes that are larger than 0.2 millimeter

STAGE | 10A



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FAQS

FROM PAGE 6A

How do I know if I have breast cancer?

The early signs and symptoms of breast cancer include: a lump or swelling in the breast or armpit, a change in the breast's shape, itching, pain, nipple discharge, skin dimpling, rash or redness.

What are some of the screening tests available?

Digital mammograms allow for a precise diagnosis with new digital technology.

Breast ultrasound can be used as a follow-up to mammograms or if a patient has dense breast tissue.

Biopsy is when a tissue sample is taken from the abnormal growth. This can be done as a core, skin or surgical biopsy or with a fine-needle aspiration.

Cyst aspirations is used for problematic polycystic breasts.

Galactography is a low-dose X-ray using mammography and a contrast material to get pictures of the inside of the milk ducts.

MRI uses a powerful magnet linked to a computer to make detailed images that show the difference between normal and diseased tissue.

What are the different types of breast cancer?

Breast cancer is categorized according to whether it started in the lobules (milk producing tissue) or the ducts (that carry the flow of the milk to the nipple).

Invasive lobular carcinoma

begins in the lobules and spreads. This form of cancer can be hard to find because it doesn't always form a lump or show up on mammograms.

Lobular carcinoma in situ is a precancerous condition that is caused by changes in the lobules' lining. The increased risk of cancer with this condition means getting tested more often.

Ductal carcinoma in situ is an early stage of cancer in the milk ducts.

Invasive ductal carcinoma is the most common type of breast cancer. It starts in the milk ducts and has spread.

Inflammatory Breast Cancer (IBC) is an aggressive cancer that doesn't appear as a lump. It grows in sheets that resemble a rash.

What are tumor markers?

Tumor markers are substances that are usually found in the blood or urine when cancer is present in the body. They give information on how likely the cancer is to grow, spread or reoccur.

Estrogen and progesterone receptors (ER/PR) can affect cancer growth. Human epidermal growth factor receptor 2 (HER2 protein) can indicate a faster spreading cancer with a higher likelihood of reoccurrence.

What is the difference between a benign and malignant tumor?

A benign tumor can be removed and usually won't come back. They are rarely life-threatening. Malignancies damage surrounding organs and tissues and can spread to other areas of the body.

What types of surgeries are available?

Lumpectomy is the surgical removal of the tumor and some of the tissue around it.

Mastectomy is a surgery to remove a breast, performed to treat or prevent breast cancer.

Total mastectomy is the removal of the breast and the nipple.

Modified radical mastectomy removes not only the breast but the lymph nodes and sometimes the lining of the chest muscles.

Prophylactic double mastectomy is a preventative surgery done when there is a high risk of developing breast cancer.

What kind of impact does stress have on breast cancer?

In 2012, some research studies have shown that factors such as traumatic events and losses can alter immune system functions, and when immune functions are altered cancer cells may have an

opportunity to become established within one's body. What has been shown is that it is not the fact that a major life crisis has occurred but instead how the individual reacted to this event and coped (or didn't cope). Therefore, identifying ways to keep your stress level in check is wise.

Are there risk factors that can be reduced by making changes in my lifestyle?

Since fat increases the body's production of estrogen, which can cause tumors to grow, losing weight and eating a nutritional low-fat diet may help reduce the risks associated with breast cancer.

Exercise also lowers estrogen levels. According to the National Breast Cancer Foundation, exercising as little as four hours a week can lower a person's breast cancer risk.

While there is no definitive link between breast cancer and smoking, the NBCF has suggested that "quitting can significantly increase survival rates."

Drinking alcohol increases breast cancer risk. The more consumed, the greater the risk.

While some risk factors like aging can't be changed, the best defense against developing breast cancer is to develop healthy habits, do monthly self-exams, and get regular screenings.

Sources: National Breast Cancer Foundation Inc., American Cancer Society, Medical News Today, Association for International Cancer Research



STAGE

FROM PAGE 7A

but no larger than two millimeters. The ACS notes that the five-year survival rate for stage I breast cancers is roughly 100 percent.

Stage II

Stage II breast cancers are also divided into two subcategories: stage IIA and stage IIB. Both subcategories are invasive, but stage II breast cancers are more complex than stage 0 or stage I breast cancers. Stage IIA describes breast cancers in which no tumor can be found in the breast, but cancer that is larger than two millimeters is found in one to three axillary lymph nodes (the lymph nodes under the arm) or in the lymph nodes near the breast bone. But an invasive breast cancer can still be considered stage IIA if the

tumor measures two centimeters or smaller and has spread to the axillary lymph nodes or if the tumor is larger than two centimeters but not larger than five centimeters and has not spread to the axillary lymph nodes.

Stage IIB breast cancer describes breast cancers in which the tumor is larger than two centimeters but no larger than five centimeters, and there are small groups of breast cancer cells in the lymph nodes. These small groups of cells are larger than 0.2 millimeters but no larger than two millimeters. Stage IIB may also be used to describe breast cancers in which the tumor is larger than two centimeters but no larger than five centimeters and the cancer has spread to between one and three axillary lymph nodes or to lymph nodes near the breastbone. Tumors that are larger than five centimeters but have not spread to the axillary lymph nodes may

also be referred to as stage IIB breast cancers. The five-year survival rate for stage II breast cancers is about 93 percent.

Stage III

Stage III cancers are invasive breast cancers broken down into three categories: IIIA, IIIB and IIIC. When patients are diagnosed with stage IIIA breast cancer, that means doctors may not have found a tumor in their breast or the tumor may be any size. In stage IIIA, cancer may have been found in four to nine axillary lymph nodes or in the lymph nodes near the breastbone. Tumors larger than five centimeters that are accompanied by small groups of breast cancer cells (larger than 0.2 millimeter but no larger than two millimeters) in the lymph nodes also indicate a breast cancer has advanced to stage IIIA. But stage IIIA may also be used to describe breast cancers in which the tumor is

larger than five centimeters and the cancer has spread to one to three axillary lymph nodes or to the lymph nodes near the breastbone.

A stage IIIB breast cancer diagnosis indicates the tumor may be any size and has spread to the chest wall and/or the skin of the breast, causing swelling or an ulcer. The cancer may have spread to up to nine axillary lymph nodes or may have spread to the lymph nodes near the breastbone.

In stage IIIC breast cancer, doctors may not see any sign of cancer in the breast. If there is a tumor, it may be any size and may have spread to the chest wall and/or the skin of the breast. To be categorized as stage IIIC, the cancer must also have spread to 10 or more axillary lymph nodes or to the lymph nodes above or below the collarbone or to the axillary lymph nodes or lymph nodes near the breastbone. The ACS notes that women

diagnosed with stage III breast cancer are often successfully treated and that the five-year survival rate is 72 percent.

Stage IV

Invasive breast cancers that have spread beyond the breast and lymph nodes to other areas of the body are referred to as stage IV. Stage IV breast cancer may be a recurrence of a previous breast cancer, though some women with no prior history of breast cancer receive stage IV diagnoses. The five-year survival rate for stage IV breast cancers is 22 percent.

Determining breast cancer stage is a complex process, but one that can help doctors develop the most effective course of treatment. More information is available at breastcancer.org.

Information provided by Metro Creative Content.

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Don't delay getting a mammogram



By **DOROTHY L. HARRIS**
CORRESPONDENT

SEBRING — Judy Gerber is a very lucky lady and wants other women to know it. In 2007, Gerber saw a nurse practitioner to get advice about a bothersome bunion. The physician, noticing she had just turned 40, asked if she had received her initial mammogram.

"I hadn't yet, so she gave me a bunion surgery referral and an order for my baseline mammogram," Gerber said.

After having bunion removal surgery, Gerber went for her mammogram. When the call came — on July 4 — she knew it was serious.

"Getting a call on the holiday, well, we immediately knew something was up," she said.

Scheduled for biopsy, Gerber was diagnosed with Ductal carcinoma in situ (DCIS). "Once you are diagnosed, the ball gets rolling pretty quickly," she said. A lumpectomy removed the mass, but margins were not clear.

"They suggested a second lumpectomy and still didn't like the margins," she said.

When a partial mastectomy was suggested, Gerber considered her family history and opted to have both breasts removed.

"Cancer runs in my family and I didn't want to go through all of this and still run the risk of having to do it all again in the future," she said.

Feeling it the most prudent choice, she's never

once regretted it. It also allowed her to avoid follow up mammograms every six months and radiation treatment.

Due to her young age and health, she opted for biweekly chemotherapy treatment to speed things up. "Treatment has likely changed, but I'd have intravenous chemo one day then return the next day for a shot. This went on for six months," she said.

The injection stimulated her bone marrow to produce white blood cells, but created painful body aches. With full support of her husband, Gerber took a break from her home-based employment to focus solely on healing.

"If you can do this, I recommend it," she said. "After all, you never know when you won't feel good and for me, taking the time to heal and get better was the right choice."

Keeping a sense of humor about her, when her hair fell out from the chemo she joked about buying stick-on eyebrows. "I told my husband I'd buy some Mr. Potato eyebrow stickers so he'd still be able to know what kind of mood I was in each day," she said.

Encouraging others to look at the

Gerber's first mammo yields unexpected outcome



COURTESY PHOTO

Judy Gerber's Cups Half Full team for the Susan G. Komen 3-Day walk included Eric and Vicki Peterson, Gerber and husband Dean and Joe and Donna Gurdgiel.

DID YOU KNOW?

Ductal carcinoma in situ generally has no signs or symptoms. A small number of people may have a lump in the breast or some discharge coming out of the nipple. According to the National Cancer Institute, about 80 percent of DCIS cases are found by mammography.

last chemo treatment and Gerber's hair was just starting to grow back. "Our team — Cups Half Full — was named by my husband," Gerber said.

She felt the team name was a perfect balance of humor and awareness. "A sense of humor is crucial," she said. "That and an amazing support system will get you through it."

In the years since her experience, Gerber provides other women with a listening ear or encouraging word. She urges women not to wait until age 50 for their first mammogram.

"I was 40 years old and it was my very first mammogram," she said. "I had no issues or problems. Absolutely do not wait."

She also encouraged regular self-breast exams. "If you find something before age 40, don't wait, go get it checked out. My husband and I joke I should write a book about how a bunion saved my life," Gerber said.

"If I hadn't gone to get that referral, well, this may not have had such a good ending."

upside, she added she didn't have to shave her legs for six months.

With no dedicated support group in her area at that time, Gerber relied on her husband, family and friends for ongoing encouragement. "I received a card nearly every single day from someone in our church family and it meant a lot," she said.

As she focused on healing and recovery, she signed up for the Susan G. Komen 3-Day walk. This 60-mile, fully-supported walk over three days raises money for breast cancer research and empowers participants. "I knew it would force me to start training and become active once again," she said.

It had been nine months since her

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Knotty Girl hosts annual retreat for breast cancer survivors



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MURPHY, NORTH CAROLINA — For the third year in a row, the non-profit organization known as Knotty Girl Loves Inc. hosted its annual Knotty Girl Mountain Retreat for breast cancer survivors over Labor Day weekend in Murphy, North Carolina with survivors from Highlands County and the Orlando area.

“I feel confident, assured and empowered! All of that has been possible because of (the women on this Retreat,” Kelleen Alleen, Knotty Girl Retreat guest and breast cancer survivor of four years, said.

With a week-end theme of “Reconnect, Relax and Exhale,” the breast cancer survivors and Knotty Girl team participated in activities such as zip lining, hiking, kayaking, art therapy and a fly fishing clinic that promoted wellness, teamwork and camaraderie. Paired with the mountains, water, fresh air and soothing environment the survivors finished up the weekend



COURTESY PHOTO/

Hiking to the waterfall at DeSoto Falls, from left: Bobbie Christopher, Diana Albritton, Kelleen Allen, Cindy Jenkins, Kristy Harris, Teresa Vicker and Jane Bayless.

feeling refreshed, centered and ready for the next step in their journey.

“I’m so honored to have created memories that will last a

mission is to educate on the importance of monthly breast self-checks.

Knowing how your body looks and feels will help to alert your health care provider with any changes you may notice between mammograms and annual wellness exams with your doctor. Early detection is the best prevention in the fight against breast cancer.

“There is not a spa on earth where I’ve been treated so special, so glorious, so spectacular than this Knotty Girl Retreat in the mountains,” Corine Fahlsing, a three year breast cancer survivor, said. “The attention to detail, the overwhelming support and love was something I will carry with me forever. I want every woman who has gone through the horrors of breast cancer to

allow someone to take care of them like this and remember Joy and just breathe!”

“My very first birthday after the prognosis and ‘cures’ I was asked ‘how are you going to celebrate, what do you want?’ I said, ‘I’m not going to have birthdays anymore. Every day I wake up and take a breath is a celebration of life! I don’t need to celebrate one particular day...I celebrate them all,’” Teresa Vicker, a 16 year breast cancer survivor, said.

For the third annual Knotty Girl Mountain Retreat, breast cancer survivors from Lunch Club Wednesday — an all ladies networking club based in Sebring — and the leadership from the Orlando Warriors on Water — an all breast cancer survivor Dragon Boat paddling team — were invited to submit an application to attend.

The group of survivors included

Bayless, Vicker, Fahlsing, Allen, Bobbie Christopher and Debbie Mayer. The survivors were hosted at Diana Albritton’s vacation home in the Smoky Mountains along with “staff” members Knotty Girl Graphic Designer and Social Media Coordinator Kristy Harris, Cindy Jenkins and breast cancer survivor Yvette MacQueen. With lodging covered, the Knotty Girl team was able to obtain sponsorships and donations to cover the remainder of the costs including travel, food and activities for all 10 women.

The Third Knotty Girl Mountain Retreat was sponsored by Walmart (Sebring, FL and Murphy, NC), Albritton Insurance Services, Folsom Construction Management, Heartland Triathlon, Kalos Services, Warriors on Water, Adventure from Home, Alan Jay Automotive Network, Gentle Foot Care Center, David E. Willey DMD PL, Kristy’s Kreatives, Kendra Scott, Whisker Wear, Coffee News, Wildwater, Lowe’s, Bella K’s Handmade Goods, The Daily Grind & Wine, Heartland Spring Water, Marketplace Antiques, Mary Kay with Cindy Maxon, Miller’s Central Air Inc., Parson’s Pub, Peace-Full Pieces Custom Jewelry, Peg’s Alterations, ShoeBooties Café, Serenity Mountain Gift Shop, Valley River Brewery, White Wolf Kayaking and Knotty Girl Friends & Family.

For more information about Knotty Girl and her mission, visit knottygirl.org as well as on social media at Facebook, Instagram, Twitter and Pinterest.



COURTESY PHOTO/

Knotty Girl retreat members toured Downtown Murphy, North Carolina. Top row, from left: Bobbie Christopher, Teresa Vicker and Kelleen Allen. Middle row, from left: Cindy Jenkins, Yvette MacQueen and Debbie Mayer. Bottom row, from left: Diana Albritton, Corine Fahlsing, Jane Bayless and Kristy Harris.

lifetime. Who says good things can’t come out of cancer — without cancer I would not have gained good friends,” Jane Bayless, a one year breast cancer survivor, said.

With her rope and knot body, Knotty Girl is a visual representation of what breast cancer can feel like — round and hard like a knot. Her



COURTESY PHOTO/

Jane Bayless gets casting tips from local Fly Fishing guide, Frank.



COURTESY PHOTO/

Retreat members hike to DeSoto Falls in the Chattahoochee National Forest.



Be empowered by awareness

Jan Heidel: 'don't be afraid to find out what it is'

By **DOROTHY L. HARRIS**
CORRESPONDENT

SEBRING — Jan Heidel, a medical professional, wants women to be aware.

"Do your routine checks and get regular 3D mammograms. Be mindful of any changes in your body," Heidel said. She stressed if you feel something different, you need to follow up.

"My most important message would be don't be afraid to find out what it is," she said. "Many times we don't want to admit to ourselves that it could be cancer so we don't go and get it checked out."

Following her breast cancer diagnosis, Heidel endured 12 weeks of chemotherapy with Taxol. Unfortunately she experienced a nerve and skin reaction.

"I looked like I was on fire from my elbows to my fingertips. I was fire engine red." She tried all sorts of medications, lotions and creams, but in the end, found perseverance was the only solution. "It was painful, but necessary so you just get through it," she said.

Heidel works a four-day work week as a physician for Cornerstone Hospice. Working Monday through Thursday, Heidel scheduled her treatment on Tuesdays.

"Ask your doctors and you will find they will work with you," she said. Taking prednisone to reduce some of the common side effects during treatment, she found the medication



DOROTHY L. HARRIS/CORRESPONDENT

ARNP Jan Heidel, second from left, is surrounded by fellow Cornerstone Hospice staffers, Linsey Pratts, Peggy Patton and Melissa Neeley. Heidel focused on her patients to keep her going during her breast cancer treatment.

keyed her up.

"I would be so jacked up; I couldn't sleep for two days." Unable to rest in any way, she'd work. "Sleep was impossible, but then on the weekends all I did was sleep," she said.

Come Monday, she'd pull herself out of bed and do it all over again. It was grueling, but focusing on those in need of her care, she kept going.

Following chemotherapy, Heidel had six weeks of radiation every morning at 7:30 a.m. in Lakeland. Her breast cancer turned out to be HER2 positive, so following these treatments she had targeted immunotherapy once a month for the next year.

HER2 is a gene that can impact how breast cancer evolves. When the genes go awry, as found in about 25 percent of breast cancers, it makes too many copies and is known as HER2 gene amplification.

Hormone receptors are proteins found within the breast. The receptors receive hormone signals that tell them to grow, divide and repair themselves. The extra HER2 genes cause breast cells to begin making too many

HER2 receptors, called HER2 protein overexpression. Making breast cells grow or divide faster or more erratically than they should, HER2 gene amplification, or HER2 protein overexpression, may lead to faster cancer growth or higher risk of return.

Since breast cancers can have one, both or none of the hormone receptors, biopsies determine if the cancer is hormone receptor-positive or hormone receptor-negative. Triple-positive cancers are those positive for estrogen, progesterone and HER2 proteins. Because of this, it is treated by drugs that target both hormones and HER2



Jan Heidel, a nurse practitioner for Cornerstone Hospice, urges women to be mindful of any changes in their bodies and to get breast-related concerns checked out immediately.

proteins.

If a cancer cell has no estrogen or progesterone receptors, it won't make the HER2 protein and is called Triple-negative breast cancer. It will be treated differently than a cancer that can be suppressed by hormone therapy.

Hormone receptor status guides treatment decisions as hormones like estrogen and progesterone can accelerate cancer growth when they attach to the receptors or proteins. Thankfully specific medications are used for each type of cancer and ongoing research provides better treatments every year.

For more information about Hormone receptor-positive, Hormone receptor-negative, Triple-negative, or Triple-positive breast cancer and treatment options, visit Cancer.org or Breastcancer.org.



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FIND NEW ROADS



Are you dense?

McCullough urges women to ask questions, stay informed

SEBRING — It was March, four years ago when local realtor Debbie McCullough felt a lump in her breast. Initially she wasn't too worried as she just had a routine mammogram that past October.

"I kind of blew it off at first," McCullough said, who had no risk factors or family history of breast cancer.

"I had been warned several years ago that I had extremely dense breasts and a mammogram might not necessarily detect cancer," she said. McCullough was soon scheduled for a follow up mammogram and ultrasound. The second mammogram detected nothing, but the ultrasound found a mass.

Cancer had already spread into McCullough's breast tissue from a nearby milk duct. She had already decided if there was ever anything in her body, she would opt for a double mastectomy. Six weeks after her procedure, McCullough had four rounds, or 12 weeks, of chemotherapy.

"From August to October I went for treatment." She also opted for cold cap therapy during chemo. "It helps you to keep your hair and I kept enough of mine that most people didn't even know I was undergoing treatment," she said.

McCullough had reconstructive surgery four months after chemotherapy and then endured nine months of intravenous treatment due to a triple positive cancer variant.

"About every three weeks I'd go in



COURTESY PHOTO

Seen here with her family, Debbie McCullough, second from left, has been influential in making strides to ensure women are notified of their breast tissue density and increased risk of breast cancer.

for my I.V. to shut down the protein related to my type of cancer," she said. "Thankfully there were no symptoms."

As life got back to normal, McCullough began to reach out to local politicians about the issue of preventative screening for those with dense breast tissue. "Other states had legislation in place, but not Florida. I contacted many legislators, but only Denise Grimsley responded."

McCullough applauded Sen. Grimsley's dedicated efforts sponsoring legislation requiring women with dense breast tissue be made aware of their risk factor.

"You would think it would be a no-brainer, but it was such a challenge to get the state to adopt this," McCullough said. The bill was finally passed and as of July 2018, women

with dense breasts will be notified of such on their mammogram report.

Grimsley explained that while it took quite a while to find a sponsor for this bill once that was in place it went right on through. "It was clear women need to know and our hospital informs them so they are aware they may need additional screenings due to personal risk

factors," Grimsley said.

The majority of states now require women to be notified of their breast tissue density. Six states also require insurance coverage for comprehensive ultrasound or MRI screenings for those with dense breasts. Florida unfortunately is not currently one of them. The state also does not yet mandate advisement of additional screening procedures or require insurance coverage for supplemental screening.

While insurance coverage varies, Grimsley notes how most physician offices and hospital staff work diligently to ensure any benefits available are in use for such screenings. She also mentioned there is a state consumer advocate for the department of insurance who can be reached via your local

legislator.

"Insurance can be hard to navigate, so work with your providers to ensure your benefits are fully utilized," Grimsley said.

Quick to admit dense breast awareness is now her personal soapbox, McCullough focuses on education, believing women are the last ones to take care of themselves. Urging those identified with dense breast tissue to be cognizant of their risk factors, she urged additional screening. Realizing expense may be a deterrent for many, her efforts to educate women on ultrasounds or breast MRIs continue. She also hopes to see such screenings be covered by Florida insurance providers.

This "fabulous journey," according to McCullough, seems odd when one speaks of a cancer experience, but McCullough is thankful.

"I was diagnosed, had my surgery, chemo and reconstruction without any complications," she said. "It turned out to be a wonderful ending."

While she'd like OB/GYNs to be more proactive in informing patients, McCullough urged women to ask questions about their breast tissue density and stay informed about screening options.

"A mammogram isn't always the solution and as a woman you need to know what's best for you."

WANT TO KNOW MORE?

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